BEST FOR SPORT, SKY & ON DEMAND

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14-20 FEBRUARY 2026

TV&Satellite week

TV TO GET EXCITED ABOUT!

EXCLUSIVE!

STREAMING PREVIEW

Peaky Blinders: The Immortal Man leads a star-studded spring line-up

PLUS

THE PITT

MARSHALS: A YELLOWSTONE STORY

SCARPETTA

HotList This week's 28

Saturday 14

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 8am*

As the Games continue in Milano Cortina, keep an eye on Swiss star Marco Odermatt (above) as he defends his men's giant slalom title today. *See Sport Week, p28*

FA Cup: Fourth Round

***FOOTBALL** BBC1, TNT Sports & Discovery+*

Today's coverage includes League One's Burton Albion v West Ham (k-o 12.15pm), and the all-Premier League tie between Aston Villa and Newcastle (k-o 5.45pm).

The Masked Singer

***ENTERTAINMENT** ITV1, 7pm*

We all need a bit of light entertainment amid the serious news headlines, and you can't get any lighter than the grand finale of the 'guess who?' contest, with Moth, Toastie and Conkers all up for the crown.

The 1% Club Valentine's Special

***GAME SHOW** ITV1, 8.30pm*

Host Lee Mack (above) is in a romantic mood for this edition of his game show featuring logic-testing questions. As usual, up to £100,000 is on offer.

■ Full listings start on **p35**

Sunday 15

***WINTER SPORTS** BBC2, TNT Sports & Discovery+, coverage from 8am*

Nine golds are on offer today, as well as the debut of the mixed skeleton event, featuring GB's Marcus Wyatt and Tabby Stoecker (both above). *See Sport Week, page 28*

FA Cup: Fourth Round

***FOOTBALL** TNT Sports & Discovery+*

There's a chance of a giant-killing today, with fixtures including Grimsby Town v Wolves (k-o 1.30pm) and Stoke City v Fulham (k-o 2pm). Macclesfield v Brentford closes out the round tomorrow (k-o 7.30pm).

Lord of the Flies

***DRAMA** BBC1, 9pm*

As the survival drama continues, divisions become more apparent, with a battle of wills between Jack (Lox Pratt) and Ralph (Winston Sawyers) for leadership on the island. *See feature, page 11*

Watson

***DRAMA** Sky Witness, 9pm*

As the mystery medical drama returns, Dr John Watson (Morris Chestnut, above) is still dealing with the fallout from Season 1's finale, only for the past to come knocking on his door... *See feature, page 8*

■ Full listings start on **p45**

Monday 16

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 8am*

Adele Nicoll makes her final runs in the women's monobob, and Anastasia Vaipan-Law and Luke Digby (both above) are in the pairs figure skating. *See Sport Week, p28*

Reality Check: Inside America's Next Top Model

***DOCUMENTARY** Netflix*

Exposé docuseries revealing some of the shocking truths and controversial moments of the modelling reality contest, which ran for 24 cycles from 2003.

Death in Paradise

***CRIME DRAMA** BBC1, 9pm*

In a surprise Monday-night appearance due to the FA Cup, Commissioner Selwyn (Don Warrington) is determined to win back the trust of the island after his period of absence. Continues on Friday.

Curfew

***CRIME DRAMA** 5, 9pm (box set, 5)*

In a world where men are banned from being outside at night, police detective Pamela Green (Sarah Parish) tackles a horrific murder. Continues to Wednesday.

• *Previously shown on Paramount+*

■ Full listings start on **p55**

Tuesday 17

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 9am*

Olympic debutante Mia Brookes (above) is a medal hope for Team GB in the women's snowboard slopestyle final. *See Sport Week, page 28*

Champions League: Play-offs 1st Leg

***FOOTBALL** TNT Sports & Prime Video*

Fixtures include Benfica v Real Madrid in a replay of their 4-2 thriller from the league phase (k-o 8pm, Prime Video). Qarabag v Newcastle is tomorrow.

The Tony Blair Story

***DOCUMENTARY** C4, 9pm (box set, Channel 4 Streaming)*

Three-parter examining the career of the ex-PM (above), from his political rise to his post-Downing Street life. Continues to Thursday. *See Documentaries, page 21*

Fukushima: Days That Shocked the World

***DOCUMENTARY** C4, 10.30pm*

Two-part documentary looking at the nuclear disaster that was triggered by a powerful earthquake and tsunami near Japan in 2011. Concludes tomorrow.

■ Full listings start on **p65**

WINTER OLYMPICS

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best shows

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Wednesday 18

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 8am*
It's a big day for British curling as the round-robin stage nears its conclusion, with the men's and women's teams facing critical matches. *See Sport Week, p28*

Being Gordon Ramsay
***REALITY** Netflix*
Cameras follow the chef as he balances family life as a husband and father of six with his biggest restaurant project to date – five culinary experiences in London's Bishopsgate. *See Your Watchlist, p14*

56 Days
***THRILLER** Prime Video*
Dove Cameron and Avan Jogia (both above) star as two strangers who start a secret affair – which ends with investigators discovering a brutally murdered body in their apartment. *See Your Watchlist, p16*

Alice Roberts: Our Hospital Through Time
***DOCUMENTARY** 5, 8pm*
The academic (above) explores the history of London's St Bartholomew's Hospital, the oldest hospital in Britain still operating at its original site, with a 900-year legacy.

■ Full listings start on **p75**

Thursday 19

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 9am*
Having never claimed an individual Olympic gold medal, Japanese figure skater Kaori Sakamoto (above) will be focused on a winning performance. *See Sport Week, p28*

The Night Agent
***THRILLER** Netflix*
As Season 3 launches, Peter Sutherland (Gabriel Basso) must hunt a Treasury agent who killed his boss, and soon teams up with a tireless journalist who has her own secrets... *See Your Watchlist, p17*

Dragons' Den
***FACTUAL** BBC1, 8pm*
Rapper Tinie Tempah is a guest Dragon alongside the regular panel, while potential investment opportunities include a sea-moss-powered wellness brand. *See feature, page 12*

Ed Stafford's Rite of Passage
***DOCUMENTARY** Discovery Channel, 9pm*
The adventurer experiences the coming-of-age rituals of indigenous cultures, starting with the Hamer people in Ethiopia. *See Documentaries, page 20*

■ Full listings start on **p85**

Friday 20

***WINTER SPORTS** BBC1, BBC2, TNT Sports & Discovery+, coverage from 9am*
Former sprinter Ashleigh Nelson makes her Winter Games debut, teaming up with Adele Nicoll in the two-woman bobsleigh. *See Sport Week, page 28*

The Last Thing He Told Me
***THRILLER** Apple TV*
Five years after he vanished, Owen (Nikolaj Coster-Waldau) returns – leaving Hannah (Jennifer Garner, above) and Bailey (Angourie Rice) questioning who to trust. *See Your Watchlist, page 16*

I Know What You Did Last Summer
***HORROR** Sky Premiere, 7.50am & 8pm*
A group of friends seek help from survivors of the original 1997 movie when they're targeted by a hook-wielding killer. Stars Madelyn Cline. *See review, page 23*

Walkers Unpacked: Inside the Crisp Factory
***DOCUMENTARY** C4, 8pm*
As one of Britain's most well-known crisp brands, Walkers, launches a new flavour, cameras follow the whole process – from potato to packet!

■ Full listings start on **p95**

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: CBS/PARAMOUNT+, COURTESY OF NETFLIX, CONNIE CHORNUK/PRIME, WARRICK PAGE/MAX. HOTLIST PHOTOS: ALAMY, GETTY, SHUTTERSTOCK

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Streaming preview

Your **ultimate guide** to the very best dramas, thrillers and sci-fi shows coming to screens soon...

New cast member Rebecca Ferguson

KILL JACKIE Prime Video

Catherine Zeta-Jones (above) stars as Jackie Price, a wealthy, globe-trotting art dealer who's put her past as an international drug smuggler behind her in this revenge thriller. But when a squad of the world's most terrifying assassins, The Seven Demons, come after her, Jackie embarks on a mission to take down the hitmen one by one.
Release date: To be announced

MARSHALS: A YELLOWSTONE STORY Paramount+

The latest spin-off from the Yellowstone franchise sees Luke Grimes (below, right) reprise his role as Kayce Dutton, who we follow as the cowboy rancher joins an elite unit of US Marshals tasked with protecting Montana.
Release date: Monday 2 March

SCARPETTA Prime Video

Medical examiner Dr Kay Scarpetta, the protagonist in a long-running series of crime novels by Patricia Cornwell, is brought to the screen in a chilling thriller starring Nicole Kidman in the title role. The story unfolds across two timelines – exploring Scarpetta's journey from her beginnings as a chief medical examiner in the late 1990s to her present-day return to her home town where she resumes her former position while investigating a grisly murder. Jamie Lee Curtis and Bobby Cannavale (pictured with Kidman) co-star.
Release date: Wednesday 11 March

YOUNG SHERLOCK Prime Video

The game's afoot in Guy Ritchie's series which tells the origin story of Sir Arthur Conan Doyle's detective. Sherlock Holmes, played by Hero Fiennes Tiffin (right), is an unruly student in the 1870s when he sets out to solve his first mystery. Joseph Fiennes (Fiennes Tiffin's uncle), Natascha McElhone and Max Irons are also in the cast.
Release date: Wednesday 4 March

WORDS: JUDY EWENS. PHOTOS: APPLE TV, ©2026 DISNEY+ AND ITS RELATED ENTITIES, MGM+, NETFLIX, PARAMOUNT+, PRIME VIDEO

PEAKY BLINDERS: THE IMMORTAL MAN Netflix

Oscar-winning *Oppenheimer* star Cillian Murphy returns to his iconic role of ruthless 1920s and 1930s Birmingham gangster Thomas Shelby in a film sequel to the acclaimed TV series. Written by the show's creator Steven Knight, it moves the action forward to World War Two when Tommy is no longer a criminal kingpin and is drawn into secret espionage missions based on real events. Rebecca Ferguson and Barry Keoghan join the cast.
Release date: Friday 6 March

IMPERFECT WOMEN Apple TV

A crime shatters a decades-long friendship between three women, played by *The Handmaid's Tale*'s Elisabeth Moss, *Scandal*'s Kerry Washington and *Pose*'s Kate Mara (all above). Based on Araminta Hall's novel, the psychological thriller explores guilt and retribution, love and betrayal.
Release date: Wednesday 18 March

OUTLANDER MGM+

The epic time-travel love story of Claire and Jamie Fraser (Caitríona Balfe and Sam Heughan) concludes in the eighth and final season. The couple are now confronted with the question of what they are willing to sacrifice for the place they call home and, more importantly, to stay together.
Release date: Saturday 7 March

ONE PIECE: INTO THE GRAND LINE Netflix

The second season of the fantasy adventure based on the manga series sees the Straw Hat Pirates, led by Monkey D Luffy (Iñaki Godoy, above), set sail for the Grand Line – a stretch of sea where there's both danger and wonder...
Release date: Tuesday 10 March

THE SAVANT Apple TV

Postponed from last year in the wake of the killing of US right-wing political activist Charlie Kirk, this thriller is inspired by the true story of an undercover online investigator. Oscar-winner Jessica Chastain (right) portrays Jodi Goodwin, a seemingly ordinary mother living in Ohio. But Jodi is leading a dangerous double life, infiltrating online hate groups in an effort to fight domestic extremists.
Release date: To be announced

DAREDEVIL: BORN AGAIN Disney+

In Season 2 of the Marvel series, Charlie Cox (right) returns as blind lawyer Matt Murdock, AKA vigilante Daredevil. This time, New York City mayor Wilson Fisk, AKA mob boss the Kingpin (Vincent D'Onofrio), is determined to gain the upper hand – can Daredevil tear down Kingpin's empire? Joining the cast is Krysten Ritter who reprises her role as Jessica Jones, who reunites with Daredevil after 2017 series *The Defenders*.
Release date: Wednesday 25 March

Turn the page for more brilliant shows »»»

Streaming preview *continued...*

THE MADISON
Paramount+

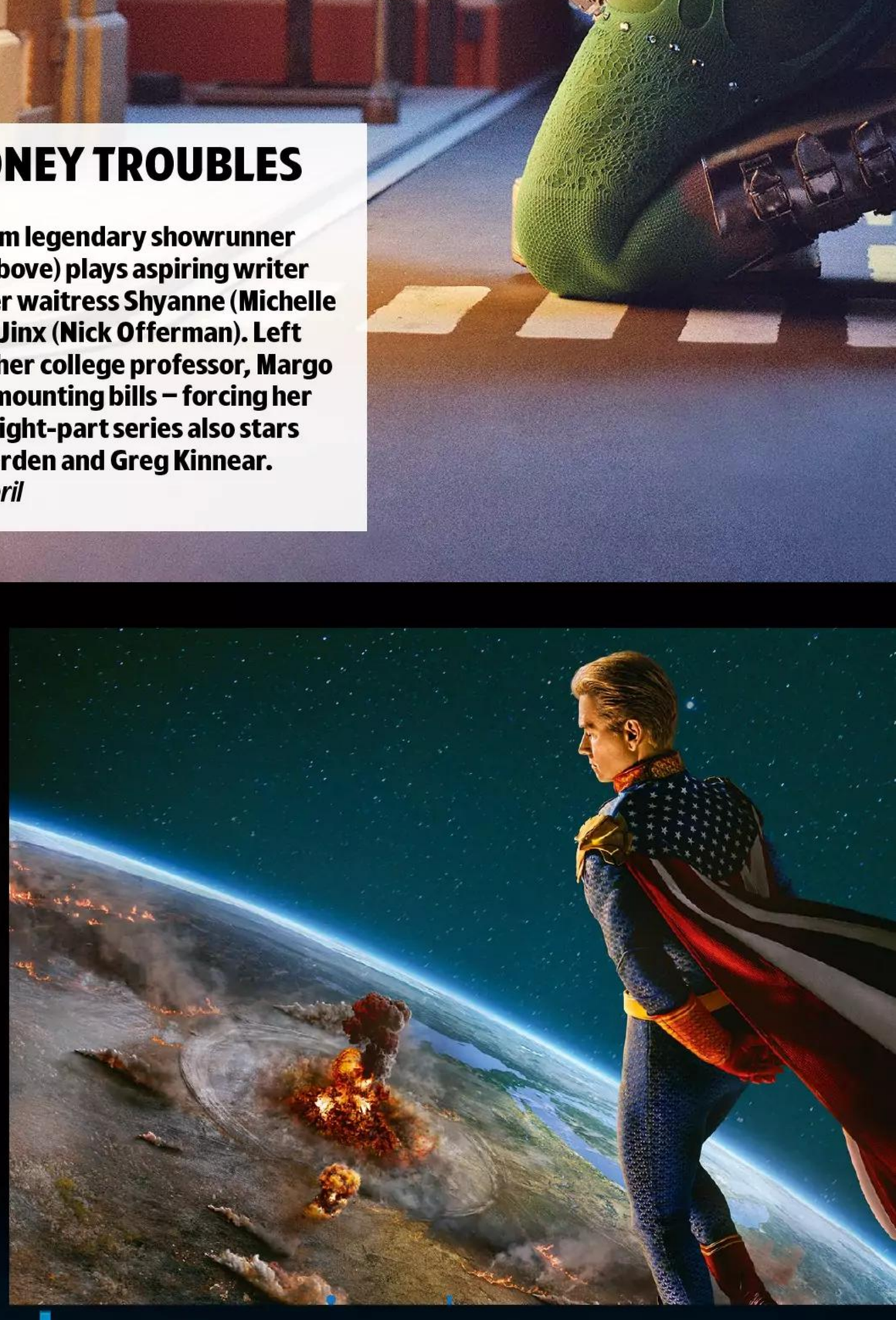
A spin-off from the Yellowstone franchise, this six-part drama introduces viewers to the Clyburn family as they relocate from New York City to the Madison River valley in Montana. Michelle Pfeiffer (left) plays grieving Stacy Clyburn, who embarks on a journey of healing with husband Preston (Kurt Russell).
Release date: Saturday 14 March

BAIT Prime Video
Oscar-winner Riz Ahmed shows off his comedy chops when he plays struggling British actor Shah Latif, who gets the opportunity of a lifetime when he lands an audition to play the next James Bond. The six-parter follows Shah as he's thrust into the media spotlight. *Stuffed*'s Guz Khan (above, with Ahmed) co-stars.
Release date: Wednesday 25 March

MARGO'S GOT MONEY TROUBLES
Apple TV

In a comedic family drama from legendary showrunner David E Kelley, Elle Fanning (above) plays aspiring writer Margo, the daughter of former waitress Shyanne (Michelle Pfeiffer) and ex-pro wrestler Jinx (Nick Offerman). Left pregnant after an affair with her college professor, Margo is faced with a new baby and mounting bills – forcing her to make a bold decision. The eight-part series also stars Nicole Kidman, Marcia Gay Harden and Greg Kinnear.
Release date: Wednesday 15 April

SOMETHING VERY BAD IS GOING TO HAPPEN Netflix
Described as a cross between *Carrie* and *Rosemary's Baby*, this eight-part horror series spans the course of a week as it follows loved-up couple Nicky and Rachel (Adam DiMarco and Camila Morrone, both above) in the lead-up to their wedding day. As the couple struggle with the usual worries, they must also battle a terrifying twist. The cast includes Jennifer Jason Leigh.
Release date: Thursday 26 March



WORDS: JUDY EWENS, RICHARD MCCLURE. PHOTOS: APPLE TV, HBO MAX, NETFLIX, PARAMOUNT+, PRIME VIDEO

Nicole Kidman

Get ready for...

HBO max

A new streaming service, HBO Max, arrives in the UK at the end of March, featuring a mix of brand-new shows and previously aired series such as *Game of Thrones*, *The Last of Us* and *Succession*.

We'll be providing a complete guide to HBO Max when it launches, but here's a taster of the best new shows to look out for...

THE COMEBACK

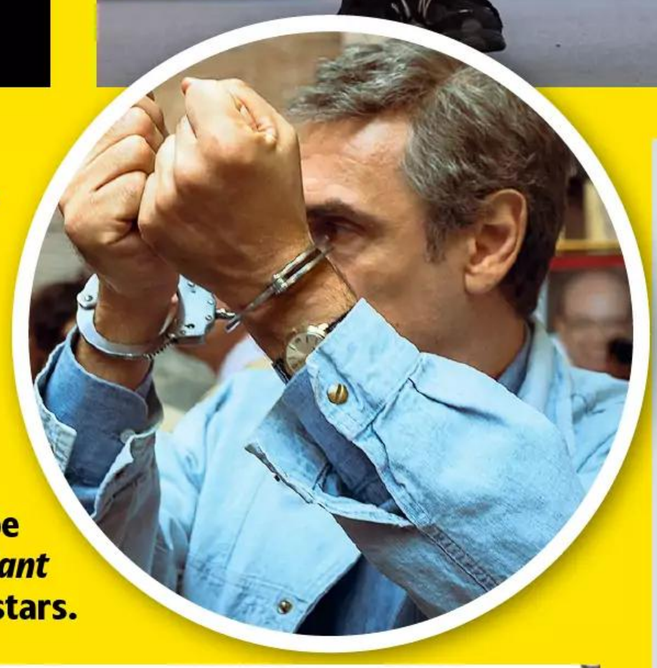
After an 11-year hiatus, the mockumentary about the entertainment industry – created by Lisa Kudrow (*Friends*) and Michael Patrick King (*Sex and the City*) – returns for its third season. Kudrow plays actor Valerie Cherish, who is cast in the first-ever sitcom written by AI. Damian Young (pictured above with Kudrow) returns as Valerie's husband, Mark.

THE PITT

Former *ER* star Noah Wyle (left) is once again caught up in life-and-death situations in the overwhelmed emergency room of a busy hospital in an Emmy-winning medical drama. Wyle plays Dr Michael 'Robby' Robinavitch, a senior attending physician at the Pittsburgh Trauma Medical Center, who remains deeply affected by his experiences during the COVID-19 pandemic while guiding his staff through traumas and crises.

PORTOBELLO

A blatant true-life miscarriage of justice is the subject of this Italian drama. Between 1977 and 1983, Enzo Tortora hosted Italian variety show *Portobello* until his career came to an abrupt halt when he was wrongly convicted of being a member of a Mafia-type criminal organisation. *My Brilliant Friend*'s Fabrizio Gifuni (right) stars.



THE SEDUCTION

The origin story of manipulative 18th-century Parisian socialite Isabelle, the Marquise de Merteuil, played by Glenn Close in 1989's *Dangerous Liaisons*, is told in this French drama. Anamaria Vartolomei (below) stars as the young Isabelle, who wants revenge after being conned and forms an unlikely alliance with the powerful Madame de Rosemonde (Diane Kruger).

THE BOYS

Prime Video

As the hit superhero drama reaches its epic fifth and final season, Homelander (Antony Starr, left) is in control of the US government – with the world at the mercy of his sadistic, egomaniacal whims. Meanwhile, with Hughie, Mother's Milk and Frenchie imprisoned in a 'Freedom Camp' after being arrested, Annie sets about mounting a resistance, and Butcher prepares to use the virus that will wipe all Supes off the map.

Release date: Wednesday 8 April

LANTERNS

The latest superhero series from the DC Comics universe centres on the Green Lanterns, who wear rings that give them extraordinary powers. Veteran Hal Jordan (Kyle Chandler) is approaching retirement and is training new recruit John Stewart (Aaron Pierre, above with Chandler) as his replacement. But when the pair investigate a murder in Nebraska, they get caught up in a mystery...

SHERLOCK surprise

Robert Carlyle brings the iconic sleuth back from the dead

NEW DRAMA

Watson

Sunday, 9pm, Sky Witness

From Basil Rathbone's pipe-puffing gent to Benedict Cumberbatch's high-speed genius, Sherlock Holmes has been continually reinvented. Now, Scottish star Robert Carlyle is picking up the magnifying glass for Season 2 of medical-mystery drama *Watson*.

The modern-day twist on Arthur Conan Doyle's tale follows Pittsburgh-based, rare-disease investigator Dr John Watson (Morris Chestnut), who begins the new 20-episode run dealing with difficult family dynamics when the mother of his ex, Dr Mary Morstan (Rochelle Aytes), accidentally poisons herself while suffering from a rare form of dementia.

RESURRECTED

All the while, John is still haunted by the aftermath of best friend Sherlock's death at the hands of Professor Moriarty (Randall Park). So when Sherlock resurfaces out of the blue, is John seeing a ghost?

'So many people have portrayed Sherlock Holmes through the years, but the most important thing for me was just to forget that,' says Carlyle, 64. 'This is an entirely different thing, and there are different aspects of Sherlock that hopefully people haven't seen before, including his sense of his own mortality.

'As you get older, you begin to question what your life is for'

ROBERT CARLYLE

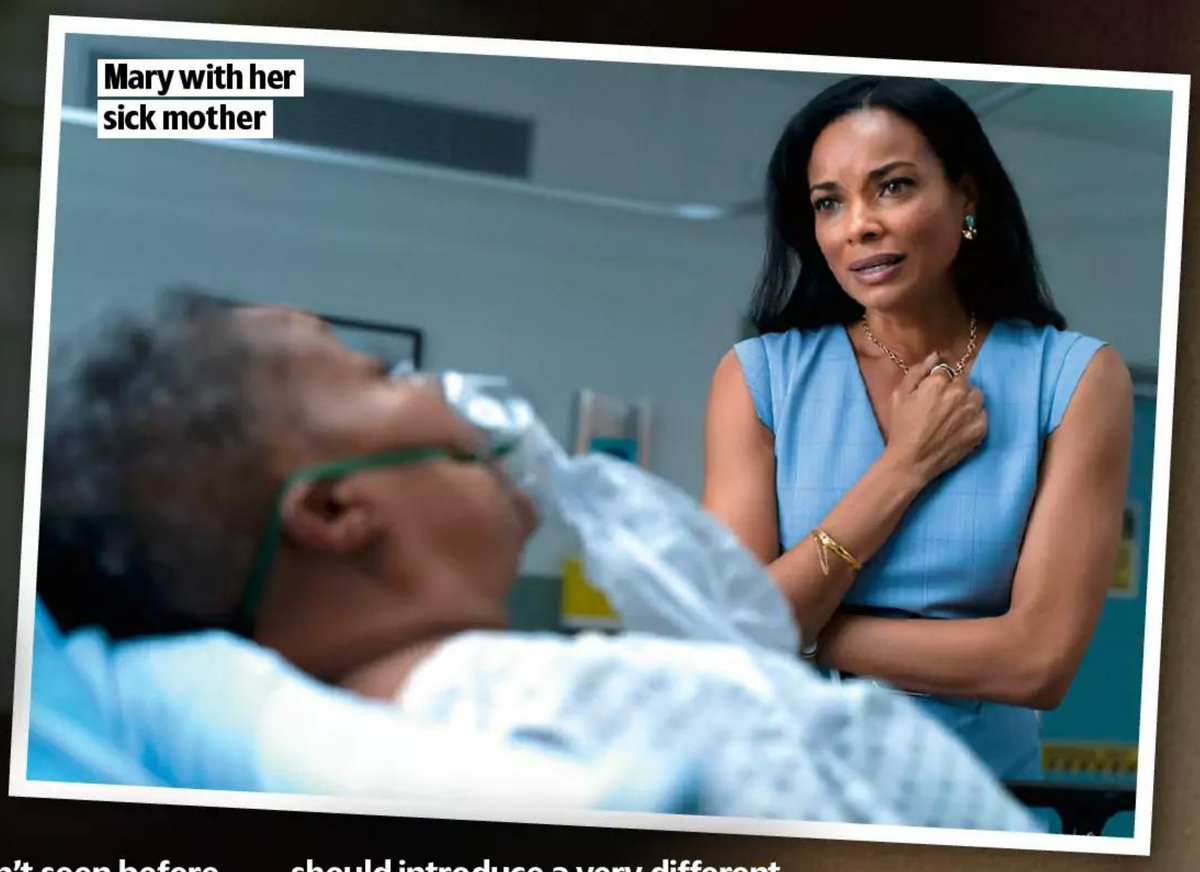
REFLECTIVE

'He's an older man who's aware that he's going to die one day, so what's he going to leave behind? As you get older, you begin to question what your life is for, what it's been about, and what you'll leave behind at the end. That's the kind of Sherlock we're talking about.'

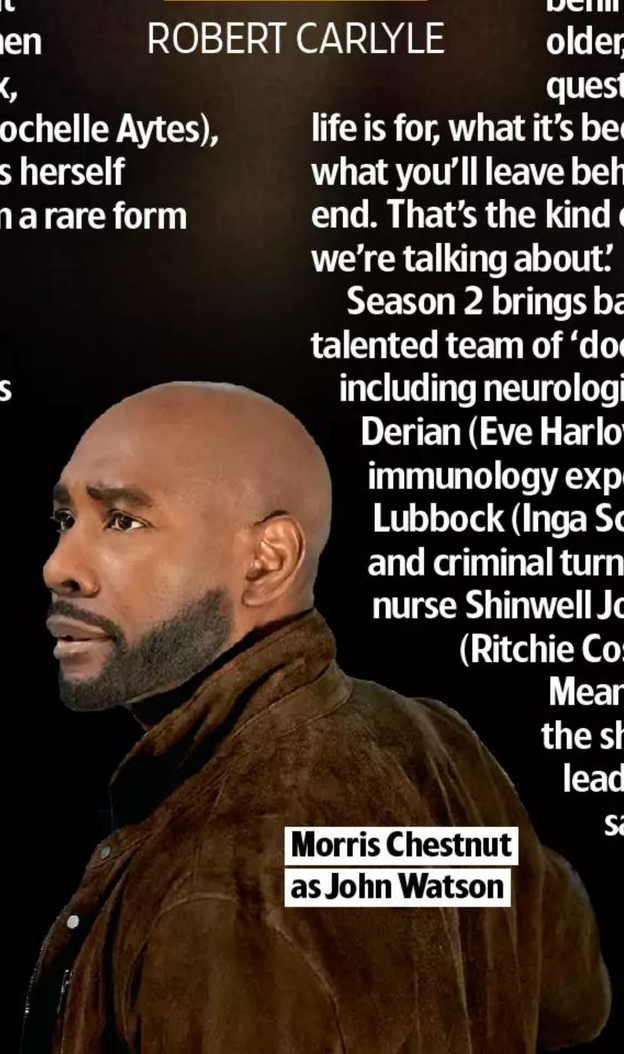
Season 2 brings back John's talented team of 'doc-tectives', including neurologist Ingrid Derian (Eve Harlow), immunology expert Sasha Lubbock (Inga Schlingmann) and criminal turned trainee nurse Shinwell Johnson (Ritchie Coster).

Meanwhile, the show's leading man says that Sherlock's resurrection should introduce a very different feel to the series.

'What I love about the dynamic of these two characters is that they're old friends, which we didn't get to explore in Season 1,' says Chestnut, 57. 'John was always dealing with a serious medical case and mentoring the team. But now, to have a friend, he can relax and have fun.'

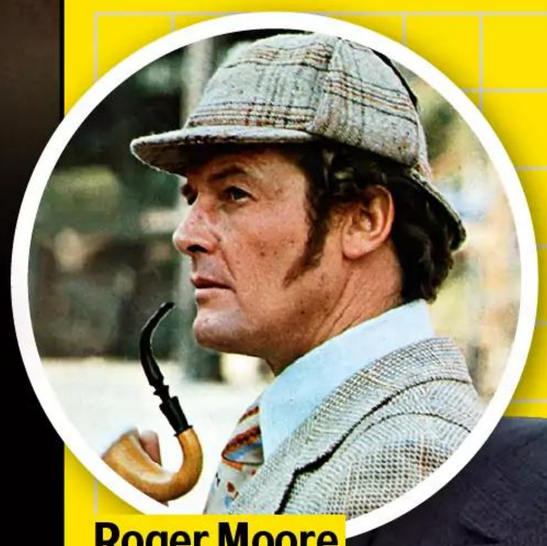


Mary with her sick mother



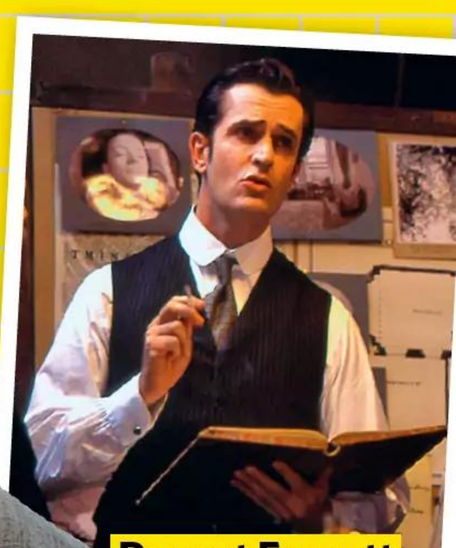
Morris Chestnut as John Watson

SUPER-SLEUTHS *Five of our favourite TV Sherlocks...*



Roger Moore
Sherlock Holmes in New York (1976)

Jeremy Brett
The Adventures of Sherlock Holmes (1984–94)



Rupert Everett
Sherlock Holmes and the Case of the Silk Stocking (2004)

WORDS: REBECCA MAHONEY, SIMON TIMBLICK. PHOTOS: ALAMY, BBC, ITV, SKY, CBS

Robert Carlyle as Sherlock Holmes

Jonny Lee Miller
Elementary (2012-19)

Benedict Cumberbatch
Sherlock (2010-17)

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Paddy is taken away by the police

EMMERDALE

Mandy Dingle returns home to murderous news!

» **Mandy Dingle is** finally back in the village from Ireland and is shocked to discover her husband Paddy, his dad Bear and their teenage lodger Dylan are at the centre of a murder investigation!

The character has been off-screen since late December, while *Emmerdale* star Lisa Riley was in Australia appearing on ITV1's jungle reality show *I'm a Celebrity… Get Me out of Here!*

This week, she hears Bear is in big trouble after confessing to killing nasty drug dealer/people trafficker Ray in self-defence. But Paddy and Dylan could also be facing time in prison if the police find out how they helped cover up the murder…

Bear continues to insist he acted alone but DS Walsh soon becomes suspicious about his contradictory statements.

Paddy is devastated when Bear is officially charged with manslaughter, and Bear tells his son he intends to plead guilty in court when the case goes to trial…

Mandy wants to help Paddy

It's a dramatic homecoming for Mandy! Can she stop her already fractured family from completely falling apart?

» **PLUS** Laurel is alarmed when her son Arthur quits his job and announces he is moving to Australia, Dawn tells Joe she might be pregnant, and married woman Rhona is surprised when ex Graham declares his love!

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Carl puts his plan into action to start a fire at the hotel (above), Sam's determined to expose Megan, Debbie's family reel from her shock revelation, plus a special flashforward episode reveals someone gets murdered – but who?

EASTENDERS

» Shock news reaches Zoe in prison that Jasmine has been arrested for murder (above), Max tells Lauren he has feelings for Linda, Callum receives divorce papers from Ben, and Sam prepares to leave Walford for Spain.

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TV WEEK

Divisions begin to increase among the boys

Leader of the pack

A **power-hungry Jack** brings turmoil to the island

DRAMA

Lord of the Flies

Sunday, 9pm, BBC1

He might just be starting out in his acting career, but Lox Pratt already looks like becoming one of TV's biggest young stars.

Last year, it was announced that the youngster had been cast as villainous Hogwarts schoolboy Draco Malfoy in a big-budget Harry Potter TV series, due on our screens next year.

Meanwhile, Pratt's *Lord of the Flies* character, Jack, takes centre stage in this week's episode of BBC1's gripping survival drama.

After finding himself stranded on an uninhabited island with his schoolmates following a plane crash, choirboy Jack is now embracing his new role as the group's chief hunter-gatherer.

STEPPING UP

But after returning empty-handed from his initial hunting trips, Jack decides that the boys need sharper tools and more effective camouflage if they are to bring back meat for the other survivors. His crew manage to slaughter a boar, but in the process, Jack neglects another of his vital duties, with massive repercussions for everyone…

'Jack's very narcissistic and arrogant – he knows that he's the best at everything,' says Pratt. 'He has a lot of rough edges and a very tricky background. Deep down, he's quite a scared little boy who lashes out easily.'

'Deep down, Jack's quite a scared little boy who lashes out'

LOX PRATT

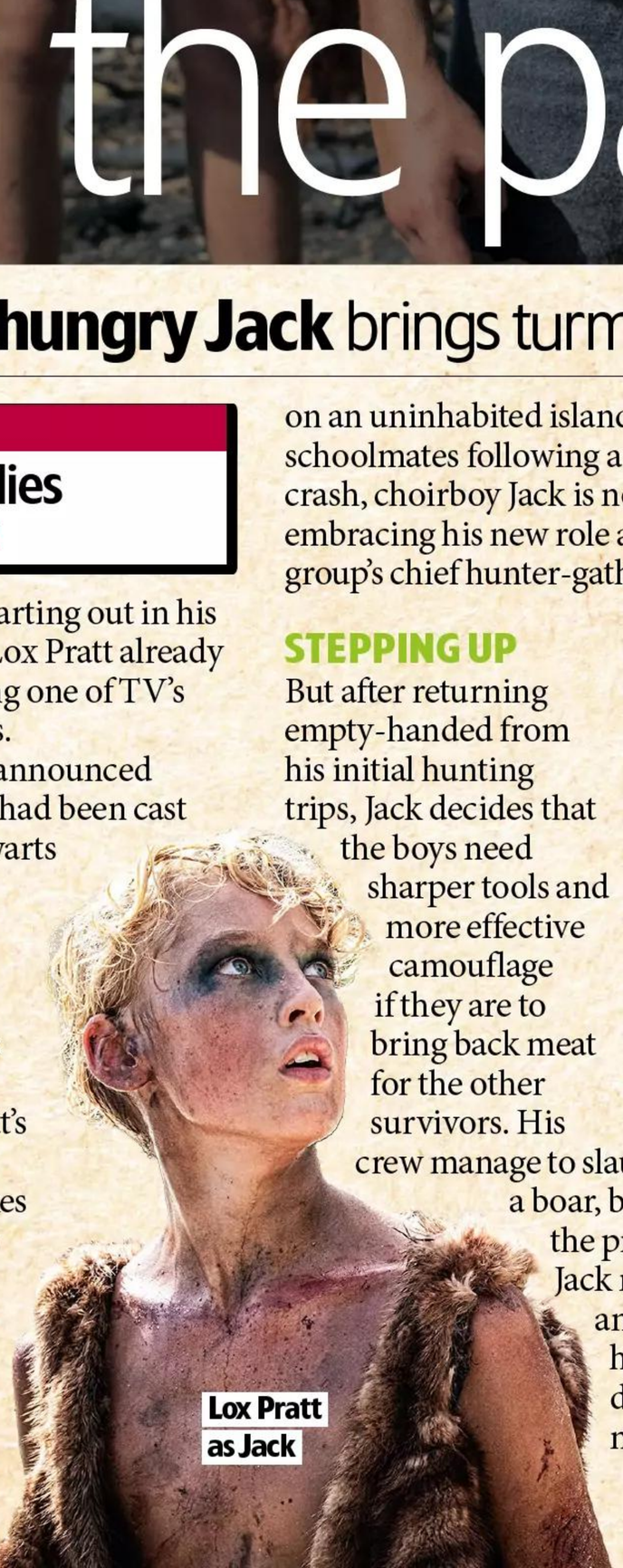
The fragile society on the island is already starting to fracture when elected leader Ralph (Winston Sawyers) and his right-hand man Piggy (David McKenna) call a meeting to discuss some important matters. Things disintegrate further when Jack and his followers make it clear that they have little interest in what the others have to say.

'Ralph is a good leader who prioritises the right things,' says Pratt. 'Jack doesn't, but the boys think he's more exciting than Ralph. They don't go to the side that's necessarily doing the right thing; they go to the one that'll give them excitement.'

The four-part adaptation of William Golding's 1954 novel is the TV debut for Pratt, and the young actor found the role of Jack to be a challenging experience.

'Most people wouldn't say I'm super like him,' he grins. 'I needed to learn to "put on" the character and then be able to take him off at the end of the day. I didn't want to take any of that negative energy home, because otherwise I'd have ended up quite sad.'

Piggy (second from right) and his fellow islanders



Lox Pratt as Jack

WORDS: STEVEN PERKINS. PHOTOS: BBC, ADOBE STOCK

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Julia Bradbury

NEW Julia Bradbury's Wonders of the Frozen South

Sunday, 12.45pm, ITV1

Born in Dublin in 1970, Julia Bradbury is a former presenter of *Watchdog* and *Countryfile*. She has also fronted several travelogues, including hikes around the UK in *Britain's Best Walks* and *Britain's Favourite Walks: Top 100*, along with trips further afield in *Australia with Julia Bradbury* and *The Greek Islands with Julia Bradbury*.

HER NEW SHOW

This week, Bradbury presents a new three-part travelogue as she highlights the extraordinary wildlife and environmental importance of the Falkland Islands, South Georgia and Antarctica. Her 4,000-mile trip starts in the rugged Falklands, where she's almost swept off her feet by a giant black-browed albatross and encounters hardy little rockhopper penguins. 'Hardly anyone visits this part of the world, and Antarctica has got to be on most people's bucket lists,' says Bradbury, 55. 'I want to highlight how remarkable the region is, and how much we need to protect it.'

Julia Bradbury

WORDS: CAREN CLARK, MICHAEL DARLING, HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: BBC, GETTY, ITV, SHUTTERSTOCK, SKY, CBS, SHOWTIME

Pitch perfect

Rapper **Tinie Tempah** is the latest guest Dragon to enter the Den

FACTUAL

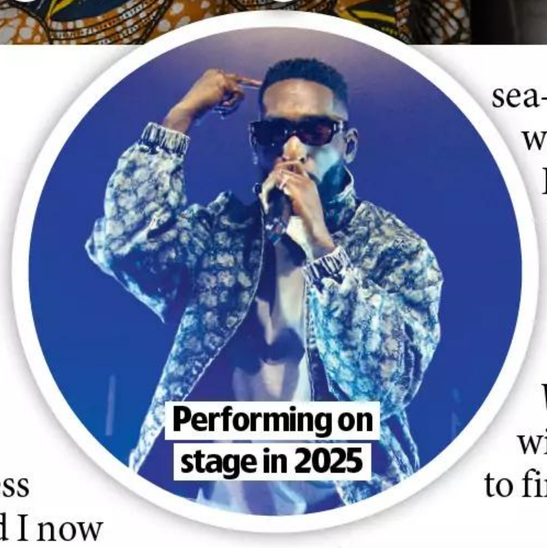
Dragons' Den

Thursday, 8pm, BBC1

As more entrepreneurs pitch for investments in *Dragons' Den* this week, they will be hoping to hit all the right notes when they find rapper Tinie Tempah on the panel. The award-winning artist is the latest guest Dragon to occupy the fifth chair alongside regulars Peter Jones, Deborah Meaden, Steven Bartlett and Touker Suleyman on BBC1's business showcase.

'I'm known as a creative, but I'm also a passionate entrepreneur and investor,' explains Tempah, who shot to fame in 2010 with No 1 hits *Pass Out* and *Written in the Stars*. 'My first business was a record label and I now invest in property, art, start-up tech and consumer brands.'

Among the pitches this week are a low-sugar cookie business, a sports events company and a sea-moss-powered wellness brand. But will any of them strike a chord with the newcomer? *TV&Satellite Week* caught up with Tempah, 37, to find out more…


Performing on stage in 2025

How did you find being in the Den? It was nerve-racking, but it was such an honour to hear from the Dragons and learn on the go. Getting opportunities for myself

John and Mehreen become closer

Test of *loyalty*

As the thriller concludes, **which side is Mehreen on?**

LAST ONE THRILLER

Betrayal

Sunday & Monday, 9pm, ITV1

Suspicions are rife and danger is mounting as ITV1 thriller *Betrayal* reaches a tense climax this week.

MI5 agent John Hughes (Shaun Evans) has been trying to foil a potential terror plot alongside colleague Mehreen Askari-Evans (Zahra Ahmadi), who has been seconded from MI6.

SUSPICIOUS

Last week, the pair survived a shoot-out with the security team of inscrutable Iranian general Qasem Asadi (Omid Djalili), who seems to have links to the possible threat.

But Mehreen subsequently

Touker Suleyman, Tinie Tempah, Steven Bartlett, Deborah Meaden and Peter Jones in the Den

Stepping up for a sporty challenge

and seeing how the Dragons do it was phenomenal.

Were you nervous about meeting the Dragons? I was super-excited to meet all of them. When you hear the word Dragon, you feel like you need to be a little bit scared, but I didn't feel like that around them.

Are you a fan of the show? I've been watching it for 10 years and one of the things I really like is that it's an educational show with a little bit of entertainment. It gives you a crash course on how businesses work. So if you're that way inclined, it's the perfect thing to watch.

What were you looking for in the pitches? I was very open-minded. I have a few specific areas that I'm more excited about and I'm always excited to follow the journey of a young entrepreneur.

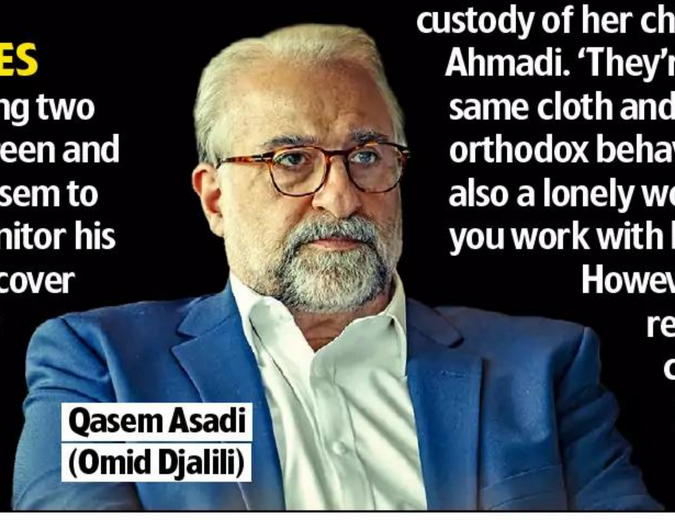
What advice do you have for entrepreneurs? It's not an easy feat. There will be trials and tribulations, and you will make mistakes, but that's all part of the journey.

received a secret phone call that implied to viewers she was working against John...

'I can't give much away but spy work is complex and lines are blurred,' says Ahmadi in an exclusive chat with *TV&Satellite Week*. 'Mehreen is enigmatic – you can't work out her motivations. There are shades of grey and betrayal is a broad term.'

TAKING SIDES

In the concluding two episodes, Mehreen and John follow Qasem to his hotel to monitor his actions and discover what he knows about the possible attack.



Qasem Asadi (Omid Djalili)

As events unravel, however, John starts to have doubts about Mehreen's motivations. Meanwhile, the chemistry between them also increases, particularly after John's marital woes are exacerbated. Can he work out where Mehreen's loyalties really lie and stop any attack?

'John has stuff going on in his relationship, while Mehreen is having a torrid time, too, after losing custody of her child,' reveals Ahmadi. 'They're cut from the same cloth and have a lack of orthodox behaviour. Spying's also a lonely world, so those you work with become close. However, personal relationships are challenged by professional ones...'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW The Rookie

Tuesday, 9pm, Sky Witness

As cop John Nolan (Nathan Fillion) and his LAPD colleagues return for Season 8, the team is working with the FBI and Interpol to target terrorists outside the US. John and Bailey accompany corrupt attorney Monica as she goes undercover in Prague to take down an arms dealer. Meanwhile, back in LA, Lucy and Tim have to confront their feelings.

Yellowjackets

NEW

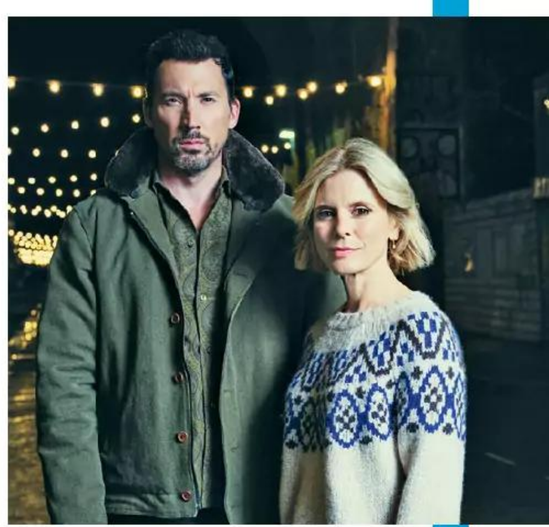
Sun, 10.15pm & 11.20pm, ITV1 (box set, ITVX)

The survival drama comes to free-to-air TV, with ITV1 showing the first two episodes on Sunday, and the first two seasons dropping on ITVX the same day. Starring Christina Ricci (right), it follows a girls' high-school football team who are left stranded after a plane crash, and also tracks their lives 25 years after the ordeal.

● *Previously shown on Sky Atlantic & Paramount+*

Silent Witness

Tuesday & Wednesday, 9pm, BBC1



In this week's two-part case, Jack (David Caves) and Nikki (Emilia Fox, pictured with Caves) are called to a building site where an elderly man has been found dead. Among the suspects are local crook Niamh (*Call the Midwife*'s Megan Cusack) and homeless man Ryan (*Adolescence*'s Joe Barber). Is the killing also linked to events at a mental hospital?

FBI

Thursday, 9pm, Sky Witness

Joining the cast this week is Juliana Aidén Martinez (right) as Special Agent Eva Ramos – and the newbie is soon in the thick of the action after a young man is found beaten to death in a gang-related murder. Stuart Scola discovers a link to a DEA agent, Bobby Galloway, who is in deep cover with the gang. But how far has Bobby gone to protect his identity?

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv

Pressure COOKER

Ramsay's chaotic work/life balance

Cameras follow **Gordon Ramsay** at work and at home in a new docuseries

Ramsay with daughter Tilly

NETFLIX Being Gordon Ramsay

NEW *Available: Wednesday 18 February*
Genre: Reality Season: 1 Episodes: 6

We're used to seeing Gordon Ramsay fronting a host of hit TV shows, from *Kitchen Nightmares* and *Next Level Chef* to his culinary road trips around the world.

Now, in his new six-part documentary series, the chef and restaurateur gives viewers an exclusive peek into his personal and professional lives.

Filmed over several months in the run-up to the launch of a new restaurant venture on the top floor of one of London's highest skyscrapers, 22 Bishopsgate, *Being Gordon Ramsay* follows him at work and at home with his family – wife Tana and their six children, including youngest kids Oscar, six, and two-year-old Jesse.

Here, Ramsay, 59, tells us more...

Why did you want to make this documentary series? It's a chance to give viewers a 360-degree perspective of the raw, unedited Ramsay family. Everybody has preconceived opinions. My time at home is very special for me and I want people to see that.

Would you describe your family as very tight-knit? I take my responsibility as a father very seriously and have always taught the kids to find their passion. I'm really proud to see them in their chosen career paths – Jack [26] in the Marines, Megan [27] patrolling the streets as a police officer, Holly [26, who married Olympic swimmer Adam Peaty in December] with her fashion business, and Tilly [24] following in my footsteps [as a chef in training].

How did you meet your wife Tana? We first met when I was 25 and Tana was 18. I was working as a chef at Aubergine and she was a Montessori teacher working out of a shed in Chiswick. We knew nothing back then, but we had each other. We were young and we were determined to do well for ourselves.

In the series, we see you get very emotional when you take your daughter Tilly to buy her first set of chef's whites... Oh, yes, I was a hot mess. There was this moment when she came out in her uniform looking like a chef and I saw me in her. The vulnerability, the excitement, this mini-me ready to go and attack the world. It was incredible.

We also see setbacks to the 22 Bishopsgate project. Did you regret having the cameras around then? There are ups and downs – these things are going to happen and I never wanted to edit that. Being the character I am, I can tackle most problems.

What we're watching...

The shows being enjoyed by the *TVSW* team

prime Steal

Genre: Thriller Season: 1
Episodes: 6

Game of Thrones' Sophie Turner (left) shines in an involving thriller that keeps the tension taut, the action fast-paced and the twists satisfying. She plays Zara Dunne, who works at a London pension-fund investment company alongside her friend Luke Selborn (Archie Madekwe) in fairly lowly jobs. Then one day, armed robbers burst into the office and the pair are forced at gunpoint to transfer billions of pounds from the pension funds into the thieves' accounts, and Zara's uneventful life takes a dramatic turn.

NETFLIX Kidnapped: Elizabeth Smart

Genre: Documentary
Episodes: One-off

The harrowing true story of Elizabeth Smart (right) who, in 2002, aged 14, was abducted from her bedroom and held captive for nine months by Brian Mitchell and his wife, Wanda Barzee.

Disney+ Springsteen: Deliver Me from Nowhere

Genre: Drama
Episodes: One-off

Jeremy Allen White (right) stars as Bruce Springsteen at a pivotal stage in the rocker's life, when he was on the cusp of global fame.

Now in production...

Three upcoming shows to look out for soon

NETFLIX Breakers

The Boys' Antony Starr (above) will head the cast of Netflix's Australia-set drama, which centres on two friends who are backpacking Down Under and become deeply involved with an apparently idyllic surfing community and its powerful and enigmatic leader.

tv Shrinking

Apple TV's comedy drama will return for a fourth series as widowed therapist Jimmy (Jason Segel) and his boss Paul (Harrison Ford, pictured with Segel), who is living with Parkinson's disease, deal with fresh challenges both personally and professionally.

prime Cameron Diaz

In Prime Video's as-yet-untitled romantic comedy, the actor (above) will play a down-on-her-luck stand-up comedian who needs health insurance and enters into a fake marriage with a hotel employee (Stephen Merchant) who requires a wife – but love blossoms.

WORDS: CAREN CLARK, JUDY EWENS, TESS LAMACRAFT. PHOTOS: APPLE TV, ©2026 DISNEY & ITS RELATED ENTITIES, GETTY, NETFLIX, PRIME VIDEO

Fugitive family

There's trouble for **Jennifer Garner** as the thriller returns

tv The Last Thing He Told Me

NEW *Available: Friday 20 February*
Genre: Thriller Season: 2
Episodes: 8 (released weekly)

The first season of thriller *The Last Thing He Told Me* followed sculptor Hannah (Jennifer Garner) after her husband, Owen (Nikolaj Coster-Waldau), went on the run when his software company was raided by the FBI.

Leaving only a note telling Hannah to protect his rebellious daughter Bailey (Hannah's stepdaughter), Owen vanished into thin air. By the end of the season, Hannah and Bailey had discovered that his life was a tissue of lies, and the finale left us on tenterhooks when a five-year time jump saw Hannah finally reunite with her fugitive husband at an art exhibition.

Now, as the drama returns, Owen's officially back in his wife's life, forcing Hannah and Bailey to decide if they can ever trust him again.

'I applaud Hannah for keeping it together in the finale and not punching Owen for putting her in that position,' smiles *Alias* star Garner, 53. 'But it also must have been like an oasis in the middle of a desert for her to feel him next to her for a moment.

'Owen asked Hannah to protect Bailey, and Hannah ended up doing just that – both physically and emotionally.'

Bailey and Hannah on the run

NEW THREATS

When Owen signals they're in danger, Hannah and Bailey's secure life is blown apart and they must go on the run, navigating new threats as they attempt to build a future. But will Owen be part of it?

'At the core of this is a love story between a stepmother and her stepdaughter, but it's also important that you believe in the love between Owen and Hannah,' explains Coster-Waldau, 55. 'However, viewers will question everything about Owen – is Hannah wrong to trust this guy?'

Crime of passion

A couple's steamy **romance turns deadly**

prime 56 Days

NEW *Available: Wednesday 18 February*
Genre: Thriller Season: 1 Episodes: 8

A whirlwind love affair becomes a lethal obsession in Prime Video's raunchy new psychological thriller *56 Days*.

Based on the bestselling novel by Catherine Ryan Howard, the gripping eight-parter begins when the mysterious Ciara (Dove Cameron) and charismatic Oliver (Avan Jogia) meet by chance in a Boston grocery store and embark on a rapid and intense romance.

'Ciara and Oliver are both deeply lonely people who are not just attracted to each other, but trauma-bonded, too,' reveals former Disney child star and singer Cameron, 30, who is engaged to Måneskin rock star Damiano David. 'Their romance is a chemical reaction fuelled by obsession and the hope of being understood.'

But the romance turns dark and menacing when a heavily decomposed body is found in Oliver's bathtub 56 days later. The murder victim's identity, however, remains a mystery. Is it Ciara, Oliver or someone else? Can homicide detectives Lee Reardon (Karla Souza) and Karl Connolly (Dorian Missick) crack the complex case?

'We don't know who the dead body is, just that something bad happened,' teases Cameron. 'There is real whodunnit suspense.'

Ciara and Oliver connect

WORDS: CAREN CLARK, RICHARD MCCLURE, VICTORIA WILSON. PHOTOS: APPLE TV, BBC, C4, NETFLIX, PRIME VIDEO, SKY

Stephen Moyer as The Father

Genesis Rodriguez as Isabel

Night TERROR

Gabriel Basso returns for an explosive new mission

Gabriel Basso as Peter Sutherland

NETFLIX The Night Agent

NEW *Available: Thursday 19 February*
Genre: Thriller Season: 3 Episodes: 10

Over the course of two seasons, we've seen Peter Sutherland (Gabriel Basso) go from an undervalued, low-level FBI agent manning the phones at the White House to a fully fledged Night Agent action hero who's saved the US President and foiled a deadly terror attack on the UN headquarters in New York.

Now, in the hit spy thriller's third season, there's more trouble for Peter when sinister new President Richard Hagan (Ward Horton) takes up residence in the Oval Office – and looks to be in the pocket of shady billionaire businessman Jacob Monroe (Louis Herthum).

'Peter falls in the middle of an awkward and uncomfortable place – he's between two very powerful people that may be up to no good,' reveals showrunner Shawn Ryan about the series. 'That will be an interesting question in Season 3. Who's really in control of that relationship – President Hagan or Jacob Monroe?'

DANGEROUS JOURNEY

Meanwhile, Peter also travels to Turkey on the trail of a Treasury analyst, Jay Batra (Suraj Sharma), who fled the US with sensitive information after a violent encounter with his boss.

As Peter uncovers secrets that could bring down the administration, he is targeted by hitmen and joins forces with tenacious journalist Isabel de Leon (Genesis Rodriguez), who must deal with her own past.

Also joining the cast is *True Blood*'s Stephen Moyer as assassin The Father, while *Once upon a Time*'s Jennifer Morrison plays First Lady Jenny Hagan, and *The Beast in Me*'s David Lyons is former spy Adam, who comes out of retirement.

'This season is an adrenaline-fuelled thrill ride across Istanbul, Mexico City, Washington, New York and the Dominican Republic,' promises Ryan. 'As Peter grapples with a conspiracy, there's a trail of bodies, old friends in danger and a collection of familiar and new foes – plus a new partner who could be Peter's salvation or his doom.'

Peter (centre) with colleagues Catherine (Amanda Warren) and Aiden (Albert Jones)

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

Secret Genius

In C4's search for the nation's top brainboxes, the contestants have to work in pairs to try to remember and replicate a series of ice-cream orders, while hosts Alan Carr and Susie Dent (both above) watch on from their observation room.

Our Yorkshire Pub Rescue

Jon Richardson (above) joins the battle to renovate and reopen The Plough in Fadmoor, North Yorkshire, in More4's series. Among the DIY novice's tasks is assisting with the demolition of the old toilet block.

Silent Witness

As the forensics drama returns for its 30th year on BBC1, Nikki (Emilia Fox) and the team relocate to Birmingham. Their first case, involving the murder of a Good Samaritan, proves challenging when they hear a startling confession...

Lost Grail with Alice Roberts

Sky History's docuseries sees the broadcaster (above) look into the legend that Joseph of Arimathea brought the Holy Grail to Britain and explore whether he could have buried the chalice near Glastonbury.

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ABTA
Travel with confidence

Pick of the new releases

The best new shows to enjoy this week on streaming services...

viaplay The Commoner – A Royal Dilemma

Saturday 14 February

Norwegian drama telling the real-life story of the current King of Norway, Harald V, and Queen Sonja. The then Crown Prince Harald (Sindre Strand Offerdal) met Sonja Haraldsen (Gina Bernhoft Gørvell) in 1959, but it was nine years before they were allowed to marry because she was a commoner.

4 Dangerous Liaisons

Saturday 14 February

Adaptation of the 18th-century novel about desire, jealousy and treachery among the French aristocracy that inspired the 1989 movie starring Glenn Close and John Malkovich. Alice Englert and Nicholas Denton star. Previously shown on Lionsgate+ in 2022.

itvX Yellowjackets

Sunday 15 February

The first two seasons of the psychological drama about a high-school girls' soccer squad surviving for 19 months in the wilderness after their plane crashed, and their lives 25 years later. Melanie Lynskey and Christina Ricci star. Previously shown on Paramount+.

NETFLIX Reality Check: Inside America's Next Top Model

Monday 16 February

Three-part documentary about the reality show, exploring how a series that started as a launch pad for aspiring models became known for its dramas, meltdowns and controversies. Contributors include the show's creator Tyra Banks as well as former contestants, judges and producers.

NETFLIX The Swedish Connection

Thursday 19 February

Swedish drama based on the true story of Gösta Engzell, a diplomat who helped save Jews in Nazi-controlled Norway and Denmark during World War Two.

NETFLIX Strip Law

Friday 20 February

Adult animated comedy. Uptight lawyer Lincoln Gumb, who is too boring to win cases in Las Vegas, teams up with a local magician called Sheila Flambé to bring some pizzazz to the city's stupidest cases. Featuring the voices of *Severance*'s Adam Scott and *Abbott Elementary*'s Janelle James.

itvX Will Trent

Wednesday 18 February

The first season of the crime drama starring Ramón Rodríguez as Will Trent, a special agent for the Georgia Bureau of Investigation, who is highly observant. But buttoned-down, dyslexic Will also bears the scars of his time in foster care. Previously shown on Disney+ in 2023.

NETFLIX Being Gordon Ramsay

Wednesday 18 February

Docuseries following Ramsay in the lead-up to his biggest restaurant venture to date – five culinary experiences in London's 22 Bishopsgate, the City of London's tallest building – while also showing how he balances his work commitments with being a husband and father of six. See feature, page 14.

prime 56 Days

Wednesday 18 February

Psychological thriller. After randomly meeting, Oliver (Avan Jogia) and Ciara (Dove Cameron) begin an intense relationship. Then 56 days later, police find the unidentified body of a murder victim in Oliver's apartment. Did he kill her? Did she kill him? See feature, p16.

NETFLIX The Night Agent

Thursday 19 February

In the third season of the action thriller, FBI agent Peter Sutherland (Gabriel Basso) is called in to track down a treasury agent who fled to Istanbul with sensitive government intel after killing his boss. See feature, page 17.

Paramount+ The Occupant

Thursday 19 February

To fund her sister's cancer treatment, Abby (Ella Balinska) takes a well-paid but high-risk job at a uranium mine in Georgia. Stranded in the Caucasus Mountains after her helicopter crashes, Abby finds hope in John (Rob Delaney), who, radioing from nearby, guides her through the wilderness until she learns a disturbing truth about her helper... See review, page 23.

Disney+ Girl on the Run: The Hunt for America's Most Wanted Woman

Thursday 19 February

True-crime documentary. When convicted double murderer Sarah Pender escaped from a maximum-security prison in Indiana in 2008, a nationwide manhunt was launched. But Pender had trusted ex-cons and a new, well-to-do boyfriend to help her...

tv The Last Thing He Told Me

Friday 20 February

In the second run of the thriller, Owen (Nikolaj Coster-Waldau) shows up after five years on the run. His other half Hannah (Jennifer Garner) and his daughter Bailey (Angourie Rice) must then try to figure out how to reunite their family before the past catches up with them. See feature, page 16.

4 Obsessed

Friday 20 February

French psychological drama from Walter Presents. A couple move into a new neighbourhood with their two teenage children and are befriended by their neighbour. But, little by little, his darker side begins to emerge. Could his increasing closeness be a desire to control, or even destroy, the family?

discovery+ Who Hired the Hitman?

Friday 20 February

US true-crime docuseries that delves into the motives of those behind murder-for-hire plots, beginning with the case of a farmer found dead on his kitchen floor. Everyone on the property becomes a suspect in an investigation that leads to a shocking discovery.

NETFLIX The Orphans

Friday 20 February

French action thriller. Two estranged childhood friends and orphans – a cop and a fixer – team up when their old flame dies in a suspicious car accident in order to protect her teenage daughter, who wants revenge.

Disney+ Watching You

Friday 20 February

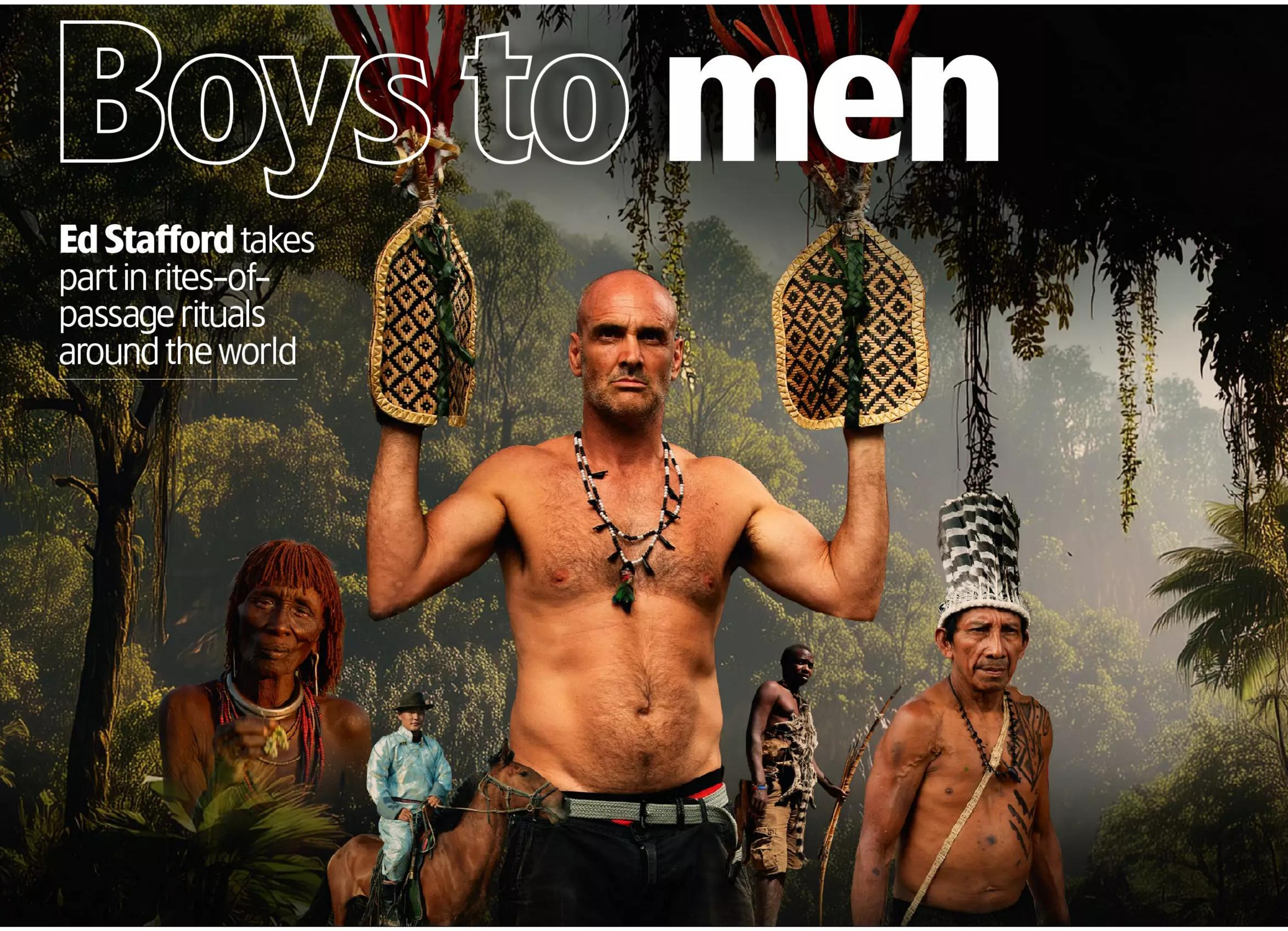
Australian drama. Engaged Lina (*Apple Cider Vinegar*'s Aisha Dee) discovers that her passionate one-night stand was secretly filmed and the footage is now being used to blackmail her.

WORDS: JUDY EWENS. PHOTOS: NETFLIX

Documentaries

Boys to men

Ed Stafford takes part in rites-of-passage rituals around the world



The Darkest Web

Tuesday, 10pm, BBC4

This *Storyville* film looks at the work of American agent Greg Squire (above) and his team of undercover investigators as they attempt to trace and catch serial paedophiles on the Dark Web. As they uncover encrypted forums in which images and videos are shared, it's a race to identify and protect potential victims.

Alice Roberts: Our Hospital Through Time

Wednesday, 8pm, 5

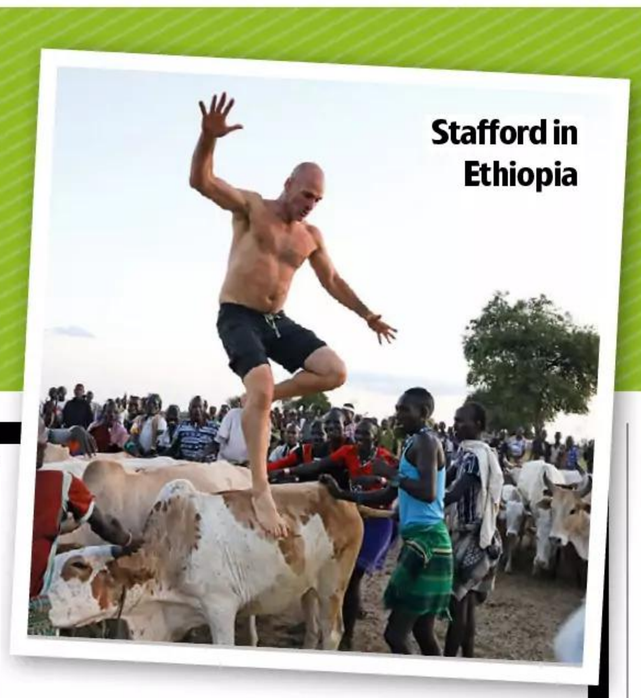
In this six-part series, Alice Roberts (right) looks back through centuries of history at Britain's oldest hospital, St Bartholomew's in London. Founded in 1123, Barts still has a medieval church on its grounds and has become a state-of-the-art centre of excellence for heart operations and cancer care.

Skegness Psycho: 28 Miles to Murder

Monday, 9pm, Crime + Investigation

The family of Bethany Vincent, who was killed in 2021 by ex-partner Daniel Boulton along with her nine-year-old son DJ, tell their story in this true-crime series. Boulton had a history of domestic violence, and a series of failings allowed him to be free to carry out his crime at Vincent's Lincolnshire home.

WORDS: IAN MACEWAN, SEAN MARLAND. PHOTOS: 5, ALAMY, BBC, CRIME + INVESTIGATION, DISCOVERY CHANNEL, GETTY


Stafford in Ethiopia

NEW FACTUAL

Ed Stafford's Rite of Passage

Thursday, 9pm, Discovery Channel

As a 50-year-old father of four, Ed Stafford might seem a little long in the tooth to be taking part in ceremonies that signify the transition from boy to man. But in a new six-part series, the explorer sets out to undergo the gruelling rites of passage practised by various indigenous people around the world.

'If I'm honest, I've never really grown up,' says Stafford, whose previous TV exploits include being the first person to walk the length of the Amazon river, and surviving 60 days on an uninhabited island with no food or equipment.

'But I believe many of us in the modern world have lost our sense of identity, and I'm hoping that, by immersing myself in the extreme trials young people face, I can figure out how these rituals make us better members of our communities.'

Taking him to remote parts of Africa, South America and Asia, the rites of passage involve everything from being stung by insects to grappling with Mongolian wrestlers and facing down a kung-fu master.

First up, Stafford stays with cattle herders the Hamer, who live in Ethiopia, where he must run across the backs of a row of bulls.

'Hamer boys do the bull jump naked, symbolically bringing nothing with them as they transition into adulthood,' he explains. 'Luckily, I was given a pass on being naked. I don't think anyone wants to see a 50-year-old bloke jumping in the nude.'

CULTURAL LEARNING

Another highlight was being taught how to control his qi, or life force, by a Shaolin kung-fu master in China. He also spends time with Tanzania's semi-nomadic hunter-gatherers the Hadza, who show him how to harvest honey from aggressive bees, while in Ecuador, the Waorani people teach Stafford to hunt with poison darts.

'The Hadza are among the happiest people I've come across, because they don't have stress, while, for the Waorani, it's about demonstrating you can provide for your family,' he explains. 'Overall, after making the series, I think wherever you are in life, putting yourself through periods of deliberate hardship is really quite a wholesome thing to do.'

The Surgeon

Wednesday, 9pm, 5

This medical series follows four of the country's top surgeons, offering a close-up look at their work. Episode 1 focuses on bowel-cancer specialist Daren Francis (above, centre), following him into the consulting room and operating theatre, where his patients include retired nurse Doris, whose 'tummy pains' require immediate surgery.

Crime of Passion? The Trial of Jane Andrews

Saturday, 9pm, 5

Ahead of upcoming true-life drama *The Lady*, this documentary recalls the case of Jane Andrews (above, left), former royal dresser and aide to the former Duchess of York (above, right), who was found guilty at the Old Bailey of stabbing her boyfriend, businessman Thomas Cressman, to death in 2000.

Cherie and Tony Blair in 1997

Downing Street days

The inside story of **Sir Tony Blair**'s 10 years as Prime Minister

NEW FACTUAL

The Tony Blair Story

Tuesday-Thursday, 9pm, C4 (box set, Channel 4 Streaming)

Sir Tony Blair is one of the most successful politicians in British history, winning three General Elections and serving as Prime Minister between 1997 and 2007.

Now, the story of his rise to power and time in Downing Street is told in a three-part documentary series that features an in-depth interview with the former PM and contributions from friends, allies and opponents.

This week's opening episode sees Blair elected to Parliament in 1983, becoming the Labour Party leader over a decade later when then-leader John Smith died from a heart attack in May 1994.

'A few weeks before John Smith passed, I told my wife Cherie I felt his heart condition could come back,' says Blair in the series. 'I knew I wanted to go for the leadership and I had a premonition with a degree of certainty.'

After 18 years of Conservative government, Blair won the 1997 General Election by a landslide, rebranding the party as New Labour, and fulfilling the dream of his barrister father, Leo, who'd held ambitions of becoming Prime Minister before suffering a stroke.

'All my dad's ambitions had failed because of his illness,' says Blair. 'But here was his son becoming Prime Minister. He was so proud and happy and I was happy for him.'

The series covers key moments from Blair's time in office and reveals how the 2001 terrorist attacks of 9/11 changed the course of his leadership as he supported the military actions of US President George W Bush.

'It was obvious America was going to act with a lot of force,' explains Blair in the series. 'If we didn't stand with them at that moment, then if we ever had a moment of national peril, why should they stand with us?'

However, Blair's popularity was greatly reduced by Britain's involvement in the Iraq War.

'The irony is that when I started off as Prime Minister, I was most popular and least capable,' says Blair. 'Then you end at your most capable, but least popular...'

With US President George W Bush

Films Our pick of this

THE HOUSEMAID

Amanda Seyfried and **Sydney Sweeney** star in this delightfully twisty tale

THRILLER

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

This ripe psycho thriller sees Amanda Seyfried and Sydney Sweeney go entertainingly head to head, recalling the genre's 1990s heyday (think *The Hand That Rocks the Cradle* and *Single White Female*). Based on the best-selling novel by Freida McFadden, the film finds Sweeney's recently paroled convict Millie faking her CV and blagging her way into a job as live-in housekeeper in the gated home of fabulously wealthy Long Island couple Nina (Seyfried) and Andrew Winchester (Brandon Sklenar).

The set-up looks perfect for everyone, but it isn't long before things take a dark turn. Given that the story is constructed out of Russian-doll-like layers of deception, it's best not to know much more about the plot. Suffice to say that it is deliciously twisty and very contrived.

Comedy director Paul Feig has shown he's also a dab hand at making clever, female-centred thrillers with *A Simple Favour* and its sequel. He doesn't match the tart wit of those films here, but he successfully leans into *The Housemaid*'s most trashy and far-fetched elements. And with Sweeney and Seyfried going full bore into the film's delirious insanity, his stars get the tone just right too. 2025, 15, 131MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner>>>

week's Best Movies

WORLD CINEMA

Sentimental Value

Available now, Mubi ★★★★★

Director Joachim Trier's follow-up to *The Worst Person in the World* is another extraordinary film, setting him apart as one of the finest film-makers around. Again he uses the remarkable Renate Reinsve, this time with her as a Norwegian actress grieving the death of her mother when her estranged, self-absorbed film director father (Stellan Skarsgård) turns up and offers her a part in his new project. Rejecting him and the role, she is shocked and confused when he fills it with a famous US star (Elle Fanning). A brilliant dissection of family and its countless obstacles and intricacies, *Sentimental Value* also uses the house in Oslo they grew up in as a repository for their memories. Quietly stunning, often very amusing, this is a movie that will sit with you for days. From Friday 13 Feb. Subtitled. 2025, 15, 133MIN

Family troubles: Stellan and Renate

The past is after them: Chase, Jonah, Madelyn and co

MYSTERY SLASHER

I Know What You Did Last Summer

Friday, 7.50am & 8pm, Sky Premiere ★★★

With the *Scream* franchise still pulling in the dough, it was inevitable that Hollywood would attempt the same with 1997's *I Know What You Did Last Summer*. Another sequel-cum-reboot (requel), this sees five youngsters (Chase Sui Wonders, Madelyn Cline, Jonah Hauer-King, Tyriq Withers and Sarah Pidgeon) terrorised by an unknown killer with a very large hook, due to their covering up of an accidental death a year previously. Original stars Jennifer Love Hewitt and Freddie Prinze Jr pop up, as does a spookily de-aged Sarah Michelle Gellar (she was killed in the 1997 movie), making for some throwback fun. This may lack the knowing meta nature of *Scream*, but the latest *IKWYDLS* is thoroughly entertaining, even setting up a potential sequel of its own. 2025, 15, 111MIN

THRILLER

Bone Lake

Saturday, 9.30pm, Sky Premiere ★★★

Due to a mix up, Maddie Hasson and Marco Pigossi discover their dream weekend by the lake has been double booked with glam pair Alex Roe and Andra Nechita. Deciding to share the (enormous) house, after some partying it's not long before secrets and lies spill forth from the couples. And there's something very off about Roe and Nechita... Before the ridiculously gnarly finale, there is lots of fun to be had as manipulation is the name of the game, creating what could be deemed a fun cringe thriller. 2024, 18, 94MIN

Midnight dip: Andra

SCI-FI SURVIVAL

The Occupant

From Thursday, Paramount+ ★★★

After her helicopter crashes in the wintry wilderness of the Georgian mountains near the Russian border, geologist Ella Balinska knows she's in trouble. Luckily, her radio picks up someone, a pilot (Rob Delaney) seemingly in a similar predicament, so she sets off to his location... It's an odd tale that combines sci-fi (magical rocks), survival (this was filmed on location) and a thriller element, all wrapped up in a drama about Balinska's dying sister back in the UK. It's overstuffed and veers off towards the end, but Balinska – who is in every scene – is utterly superb and keeps us engrossed in her plight. 2025, 15, 104MIN

In a lonely place: Ella

Films

COMEDY HORROR

Anaconda

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★

Back in the late 1990s, infamously bad killer-snake movie *Anaconda* was such a stinker it became an accidental comedy classic. More than a quarter of a century later, following a string of sequels and rip-offs, Hollywood goes back to the jungle.

This time, however, with stars Jack Black and Paul Rudd on board it's clear from the outset that the latest film is a comedy. The duo play would-be film-makers (Rudd's Griff is a struggling actor, Black's Doug directs wedding videos) who go to the Amazon, along with fellow childhood friends Claire (Thandiwe Newton) and Kenny (Steve Zahn), with the aim of rebooting the *Anaconda* franchise on the cheap. Of course, they run into real-life perils.

Co-writer-director Tommy Gormican made the brilliantly loopy Nicolas Cage meta comedy *The Unbearable Weight of Massive Talent*, but this works less well. There is one truly bonkers scene, which features Black, a wild hog, a dead squirrel and a massive anaconda, that successfully combines comedy and action, but for the most part laughs, scares and suspense are in rather short supply. 2025, 12, 99MIN

Crush on you: Paul and Jack

Hidden gems Great movies you might have missed...

SPORT BIOPIC

The Iron Claw

Netflix ★★★★

Triumph and tragedy form an inseparable tag team in writer-director Sean Durkin's engrossing and emotional chronicle of the close-knit Von Erich clan, sibling wrestlers Kevin, Kerry and David (played by Zac Efron, Jeremy Allen White and Harris Dickinson), who rose to prominence in 1980s Texas. The film calculates the cost the boys paid trying to live up to the exacting standards of their tyrannical father and coach (Holt McCallany). 2023, 15, 132MIN

COMEDY DRAMA

Lars and the Real Girl

Prime Video ★★★★

Despite being about an introverted young man who falls in love with a blow-up doll he has bought on the internet, this gentle comedy is no crude teen farce. In fact, this oddest of couples don't even share a bed. Ryan Gosling plays the lovestruck Lars, who convinces the rest of the citizens of his small town to accept his partner as he fumbles his way out of his strange delusion. The whimsical script by Nancy Oliver was nominated for an Oscar. 2007, 12, 106MIN

DRAMA

Women Talking

MGM+ ★★★★

In a confined religious community, a group of women have been secretly doped and raped at night for years. Should they face their attackers or flee after the temporary arrest of the guilty men? Mother Salome (Claire Foy) intends to fight, butting heads with Mariche (Jessie Buckley) who's equally certain flight is right. Also starring Frances McDormand and Rooney Mara, the film is austere, but also a daring and gripping tour-de-force. 2022, 15, 104MIN

Films Weekend movies

Saturday 14 February

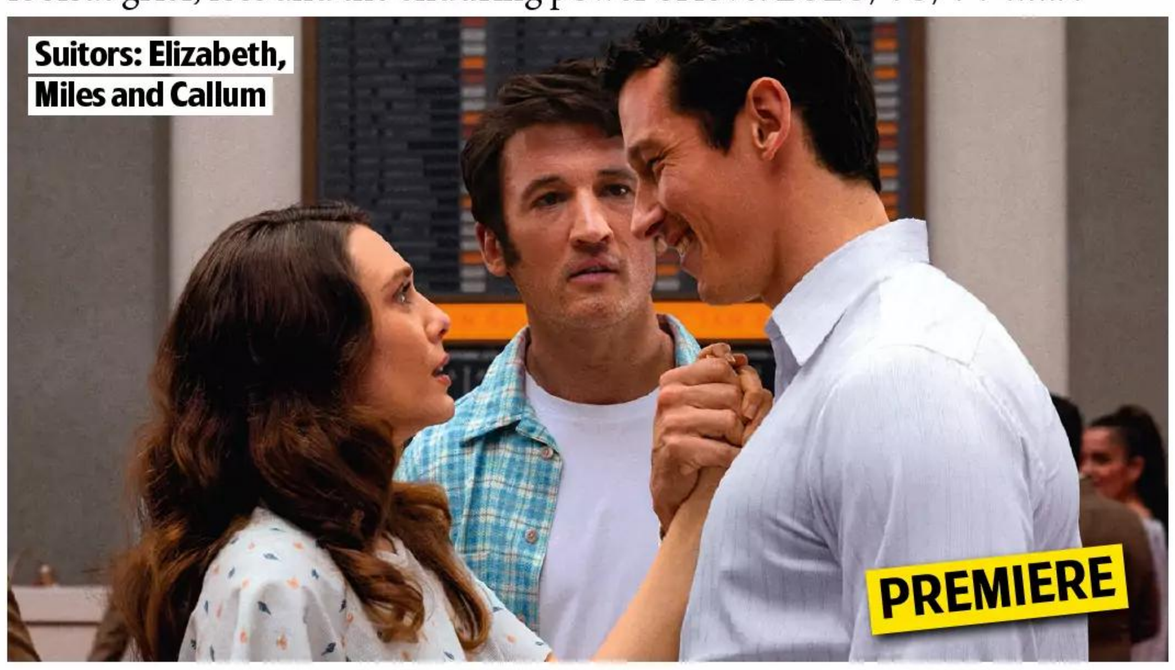
ROMCOM FANTASY

Eternity

Starts 13 February, AppleTV ★★★★

Sex ●●● Violence ●●● Language ●●●

In the afterlife, the departed (incarnated at the age when they were happiest) have a week to decide where to spend eternity – and with whom. But you can't change your mind. Elizabeth Olsen has to choose between husband of 65 years, Miles Teller, or her first husband, Callum Turner, who died in the Korean war and has been waiting decades to be reunited with her. The three leads are all excellent, aided by quirky support from Da'Vine Joy Randolph and John Early as their co-ordinators, in a surprisingly deep romcom that is played for screwball laughs before becoming a heartfelt look at grief, loss and the enduring power of love. 2025, 15, 114MIN



ROMANTIC DRAMA

One Day

6.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on David Nicholls' much-loved bestseller, this classy and bittersweet love story begins on 15 July, 1988, St Swithin's Day, with the meeting at university of working-class northerner Emma (Anne Hathaway) and posh southerner Dexter (Jim Sturgess). We then revisit the pair on the same day over the next 20 years as they lurch and stumble through their adult lives. Deftly adapted for the screen by Nicholls himself, well-acted by the leads and sensitively directed by Lone Scherfig, this is funny, romantic and deeply moving. 2011, 12, 108MIN

ROMCOM

Sleepless in Seattle

8pm, Sky Valentines & 9pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Sharply observed, hilariously funny, unashamedly slushy and with two appealing stars, this is one of cinema's great romances – even if writer-director Nora Ephron tantalisingly keeps the film's lovers apart for the vast majority of the film. Meg Ryan plays a journalist and hopeless romantic who is about to marry Bill Pullman's stuffy suitor – until she hears a heartfelt interview on the radio from Tom Hanks' grieving widower and decides that he might just be the man of her dreams. 1993, PG, 105MIN

WORLD CINEMA

The Taste of Things

9.35pm, BBC4 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE This mouth-watering period drama drops us into the creation of an incredible meal. It's 1885; Juliette Binoche's gentle Eugenie has cooked for wealthy gourmand Dodin (a lip-smacking Benoît Magimel) for two decades. But when she refuses his marriage proposal, he sets out to woo her by cooking an elaborate feast. The scoffing of oysters and caviar has never looked more erotic, Eugenie's sauce-skimming excellence is a work of art and a beef stew shows that even the simplest dish can be sublime if made with love. Subtitled. 2023, 12, 135MIN

ACTION

Bullet Train

10pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●●

Brad Pitt is a hoot as a hitman with a simple job – hop on Japan's fastest moving train to steal a briefcase. But it turns out to be a lot more complicated with a heap of shifty types (including Joey King, Brian Tyree Henry, Aaron Taylor-Johnson, Andrew Koji and Zazie Beetz) also on board. The plot, which goes off the rails with its twists and turns, is a bit flabby, but director David Leitch and his disposable A-list cast have a ball with this stylish, explosive mix of comedy and carnage. 2022, 15, 127MIN

Full listings start on p35

Sunday 15 February

FAMILY

IF

Starts Saturday, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

With her mother (Catharine Daddario) dead and her father (John Krasinski, who also co-wrote the script and directs) in hospital, 12-year-old Bea (Cailey Fleming) finds hope in the shape of some lost imaginary friends (IFs), which are all corralled by a curmudgeonly Ryan Reynolds' Cal. Krasinski's children's film may be corny, but it does blossom into something magical, helped by colourful visuals and a brilliantly starry voice cast of IFs, including Steve Carell, Phoebe Waller-Bridge, George Clooney, Brad Pitt, Emily Blunt and Blake Lively. The tender finale may even leave you with a tear in your eye… 2024, U, 104MIN

COMEDY

Beetlejuice

10.30pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Tim Burton's visually stunning and brilliantly inventive film gives the ideally cast Michael Keaton a fantastic part as the raucous and repulsive 'bio-exorciser' Betelgeuse, who can only be contacted when his name is pronounced correctly ('Beetlejuice') three times. Alec Baldwin and Geena Davis are a couple of nice newly-deads who call on him to scare off the obnoxious New York family – Jeffrey Jones, Catherine O'Hara (who died last month) and Winona Ryder – who have taken up residence in their lovely old New England home. 1988, 15, 92MIN

DRAMA

American Woman

12m't, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Sienna Miller is brilliant as a working-class woman in small-town Pennsylvania whose teenage daughter goes missing. Directed by Jake Scott (son of Ridley), the film spans some 11 years, during which Miller brings up her grandson and has relationships with variously dodgy men (including Aaron Paul), but grows from flighty and impulsive to mature and grounded. Along the way, Christina Hendricks and Amy Madigan provide solid support as her sister and mum. But this is Miller's show, and she's powerfully real and achingly honest from first to last. 2018, 15, 109MIN

ACTION FANTASY

Kraven the Hunter

12.50am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Aaron Taylor-Johnson certainly looks the part as Kraven, one of Marvel's most iconic antiheroes, a man who has the senses and strength of a variety of animals and a strict code of honour as he hunts down criminals. Sadly, the film itself is far less muscular, with dodgy CGI and a trite script being big liabilities. However, for the most part it's still a fun ride – a visceral, blood-soaked movie that positively revels in Russell Crowe (as Kraven's gangster father) and Alessandro Nivola (the big bad) chewing up the scenery. 2024, 15, 127MIN

ANIMATION

The Amazing Maurice

5.45am, Sky Adventure ★★★★

Sex ●●● Violence ●●● Language ●●●

Talking cat Maurice (voiced by Hugh Laurie) scams gullible folk by ridding them of an apparent rodent infestation with the aid of a clan of intelligent rats and a timid human (Himesh Patel). But they run into trouble when they arrive in Bad Blintz and find teen Malicia (Emilia Clarke) and a mysterious adversary. This pretty amazing version of Terry Pratchett's *The Amazing Maurice and His Educated Rodents* beautifully captures the author's ideas with its great gags and quirky characters. 2022, PG, 93MIN

Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 16 February

ROMANTIC DRAMA

Lost in Translation

12.10pm & 12.25am, Sky Drama ★★★★★

Sex ●○○ Violence ○○○ Language ●○○

In Japan to film a TV ad, cynical actor Bill Murray is killing time in his Tokyo hotel. Also out of place there is Scarlett Johansson, who's married to a man she has nothing in common with – showbiz photographer Giovanni Ribisi. The friendship that develops between the pair has a marvellous spontaneity – they're amused by each other's company, feel at ease together and just live happily in the moment. It's a story spun from virtually nothing and yet this modern classic works brilliantly. 2003, 15, 102MIN

Foreign bodies: Bill and Scarlett

ANIMATION

The Angry Birds Movie

4pm, Sky Animation ★★★

Sex ○○○ Violence ○○○ Language ○○○

The first feature film hatched from the videogame is a boisterous animation that has fun explaining why the game's flightless birds have been catapulting themselves at those egg-stealing green pigs. Some of the humour may fly over the heads of youngsters, but the exuberant silliness will go down a treat. Jason Sudeikis, Josh Gad, Danny McBride and Maya Rudolph lead the vocal talent. 2016, U, 97MIN

HORROR

MaXXXine

10.05pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●○

An adult-movie success, circa 1985, Maxine (Mia Goth) is chasing a legit acting career. But (real-life) serial killer the Night Stalker is killing sex workers she knows. Goth has fun in director Ti West's trilogy closer (following *X* and *Pearl*), while also relishing their roles are Michelle Monaghan, Bobby Cannavale, Kevin Bacon and Elizabeth Debicki. And if you've come for the carnage, you'll be happy. 2024, 18, 100MIN

CRIME DRAMA

True Romance

10pm, Sky Cult Classics ★★★★

Sex ●○○ Violence ●●● Language ●●○

Movie-obsessed Christian Slater works in a comic-book store. Meeting Patricia Arquette in a cinema is the beginning of a crazy turn of events, in which the ghost of Elvis Presley (Val Kilmer) dispenses advice, Gary Oldman plays a drug dealer and Dennis Hopper (as Slater's dad) faces up to Mob boss Christopher Walken. Written by Quentin Tarantino and directed by Tony Scott, this is electrifying stuff. 1993, 18, 118MIN

HORROR

Late Night with the Devil

11.05pm, Film4 ★★★★

Sex ●○○ Violence ●●○ Language ●●○

A 1970s TV talk show host unwittingly unleashes evil occult forces during a live special. Oozing fake sincerity, David Dastmalchian is spot-on as the host who can't imagine what lies in store when he invites parapsychologist Laura Gordon and her supposedly possessed teen patient (Ingrid Torelli) onto his show. A wicked little chiller. 2023, 15, 93MIN

■ Full listings start on **p55**

Tuesday 17 February

HORROR COMEDY

Renfield

9pm, Film4 ★★★★

Sex ○○○ Violence ●●○ Language ●●○

Positioning itself as a direct sequel to Universal's classic 1931 *Dracula*, this concentrates on Dracula's bug-eating familiar Renfield, played by a droll Nicholas Hoult, who is attending a support group to unpick his co-dependent relationship with his boss (a typically flamboyant Nicolas Cage). The fun plot also takes in traffic cops Awkwafina and Adrian Martinez, mob boss Shohreh Aghdashloo and Ben Schwartz's gang of drug dealers, with everybody comically mistaking everybody else. 2023, 15, 93MIN

Counting down: Nicholas

SUPERHERO

Wonder Woman

5.35pm, Sky Action ★★★★

Sex ○○○ Violence ●○○ Language ○○○

Gal Gadot is a hit as Wonder Woman/Amazon Diana in director Patty Jenkins' engaging origins tale. After growing up on her idyllic all-women island home, Diana leaves when Chris Pine's US spy pulls her into the wider world and into World War One. There's fun fish-out-of-water comedy in London as Diana gets to grips with a male-centred world before she impressively sets about the business of tackling the evil bad guys. 2017, 12, 141MIN

ANIMATION

The Lego Movie

6.15pm, Sky Adventure ★★★★★

Sex ○○○ Violence ○○○ Language ○○○

Utilising top-notch animation, this is a joyous, beguilingly bonkers and utterly irresistible comedy that slots together childhood innocence, adult irreverence and some brazen product placement. In a world made entirely from Lego bricks, Chris Pratt's Minifigure hero takes on Liam Neeson's good cop/bad cop and Will Ferrell's tyrant. The film's snarky jokes are tempered with genuine sweetness. 2014, U, 100MIN

CLASSIC ADVENTURE

Raiders of the Lost Ark

10.05pm, Sky Action ★★★★★

Sex ○○○ Violence ●○○ Language ○○○

Director Steven Spielberg's lavish homage to classic film serials of the 1930s rarely pauses for breath as archaeologist Indiana Jones (an iconic role for Harrison Ford, famously replacing Tom Selleck at the 11th hour) zips from America to Tibet to the Middle East in search of rollicking adventure, culminating in the opening of the Ark of the Covenant. 1981, PG, 115MIN

CLASSIC THRILLER

Bonnie and Clyde

11pm, BBC2 (not NI) ★★★★★

Sex ●○○ Violence ●●● Language ●○○

In Arthur Penn's classic thriller, young tearaways Bonnie (Faye Dunaway) and Clyde (Warren Beatty) go on a bank-robbing spree across Depression-era America. The stars are excellent, while there's first-class support from Gene Hackman, Michael J Pollard and Gene Wilder (in his screen debut). The infamous ending remains the very definition of 'overkill'. 1967, 15, 108MIN

■ Full listings start on **p65**

Wednesday

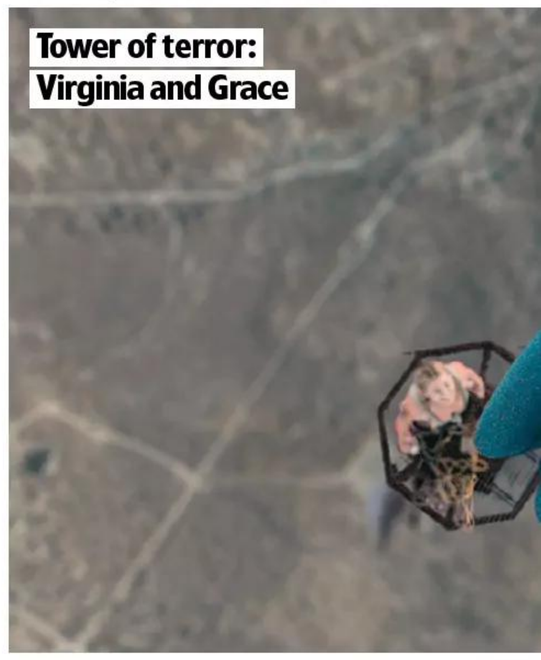
SURVIVAL THRILLER

Fall

12m't, BBC1 (not N Ireland, Scotland, Wales) ★★★

Sex ○○○ Violence ●●○ Language ●○○

High-concept survival thrillers don't come much higher than this white-knuckle adventure. Becky (Grace Caroline Currey) is struggling to get over a climbing tragedy a year earlier, so her daredevil



Tower of terror: Virginia and Grace

WEEPIE

Love Story

8am & 4am, Sky Drama ★★★★

Sex ○○○ Violence ○○○ Language ○○○

This definitive romantic drama is a real wallow and set the template for the modern weepie. Ryan O'Neal and Ali MacGraw are the lovestruck college kids whose time together is cut tragically short, while Francis Lai's Oscar-winning score and the pretty wintry locations help the tears along no end. As O'Neal's dad, Ray Milland adds acting weight and spot Tommy Lee Jones in his film debut. 1970, PG, 100MIN

FAMILY

Harold and the Purple Crayon

8.55am, Sky Family ★★★

Sex ○○○ Violence ○○○ Language ○○○

In this amusing film of the much-loved picture book of the same name, anything that Harold (Zachary Levi) draws with his magic crayon becomes real, much to the delight of his newfound young friend Mel (Benjamin Bottani). Director Carlos Saldanha's big-hearted, well put-together mix of live action and animation entertains the whole family with its colourful, chaotic slice of kid-friendly fun. 2024, PG, 90MIN

18 February

friend Hunter (Virginia Gardner) takes her to climb a 2,000ft abandoned TV tower in the California desert and plans to live-stream the event. It's a flimsy premise, but the desert scenery looks spectacular and all manner of perils, from broken ladders to vultures, make for a palm-dampening thrill ride. 2022, 15, 107MIN

MUSICAL

Wicked

11.20am & 8pm, Sky Adventure ★★★★

Sex ●●● Violence ●●● Language ●●●

The hit Broadway musical comes to the screen full of splashy pizzazz, giving us the backstory of the Wicked and Good witches from *The Wizard of Oz* as they meet at Oz's witch university. Cynthia Erivo delivers a powerhouse performance as outsider Elphaba, while Ariana Grande is a revelation as vain Galinda. It is long, but the performances and colourful song-and-dance numbers hold the attention. 2024, PG, 161MIN

CRIME CLASSIC

Taxi Driver

10.05pm, Sky Cult Classics ★★★★★

Sex ●●● Violence ●●● Language ●●●

Martin Scorsese's masterful depiction of urban alienation stars Robert De Niro as Vietnam vet-turned-vigilante New York taxi driver Travis Bickle. It's a defining performance, while equally remarkable is Jodie Foster as a child prostitute he wants to help. De Niro's infamous 'You talkin' to me?' soliloquy is one of cinema's most quoted scenes. 1976, 18, 110MIN

Full listings start on p75

Thursday 19 February

ROMCOM

Long Shot

11pm, BBC2 (not Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

About to announce a run for the US presidency, Charlize Theron plays a high-flying US politician, while Seth Rogen is a bolshie journalist with an unerring aim when it comes to shooting himself in the foot. She also happens to be his former teen babysitter and the sparks unexpectedly fly when he's brought in to punch up her speeches. The chalk-and-cheese stars hit it off hilariously and get strong support from O'Shea Jackson as Rogen's pal in a bright, witty film with a lot of heart. 2019, 15, 125MIN

Pair shaped: Seth and Charlize

ANIMATION

Fireheart

7.20am, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

In 1930s New York, 16-year-old Georgia (voiced by Olivia Cooke) is determined to be a fireman like her dad (Kenneth Branagh), but females aren't allowed in the service. So she dresses as a boy to get into the fire department, just as the Big Apple is experiencing some spooky, supernatural-tinged arson attacks. Helped by a stellar voice cast (including William Shatner), this cartoon entertains with its bright, peppy visuals. 2022, U, 92MIN

CRIME DRAMA

The Alto Knights

8pm, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

This true-story Mafia drama about rival Italian-American gang bosses in 1950s New York boasts impressive pedigree with director Barry Levinson and star Robert De Niro. As both warring mobsters – cool, cautious Frank Costello and lethal hot-head Vito Genovese – De Niro vividly brings his dual roles to life. It's a shame, then, that there are not more dramatic fireworks. Still, it's a handsome movie with a well told story. 2024, 15, 123MIN

HORROR COMEDY

The Lost Boys

6.15pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Kiefer Sutherland heads the great young cast in this winning horror comedy. Dianne Wiest and her sons (Jason Patric and Corey Haim) move to the seaside town of Santa Clara, where Sutherland and his ghoulish gang could have something to do with the fact it's the 'murder capital of the world'. Corey Feldman has his stake at the ready for the heart-stabbing climax. 1987, 15, 98MIN

THRILLER

Safe House

10.45pm, ITV1 (not STV, UTV) ★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds is a bored CIA agent in a safe house in Cape Town, keen to prove his worth. Step in Denzel Washington as a rogue spy, who no sooner turns up than the house comes under attack, leaving Reynolds on the run with Washington as his prisoner. A routine conspiracy plot is spiced up with pacy chases – and also benefits from the great cast. 2012, 15, 115MIN

Full listings start on p85

Friday 20 February

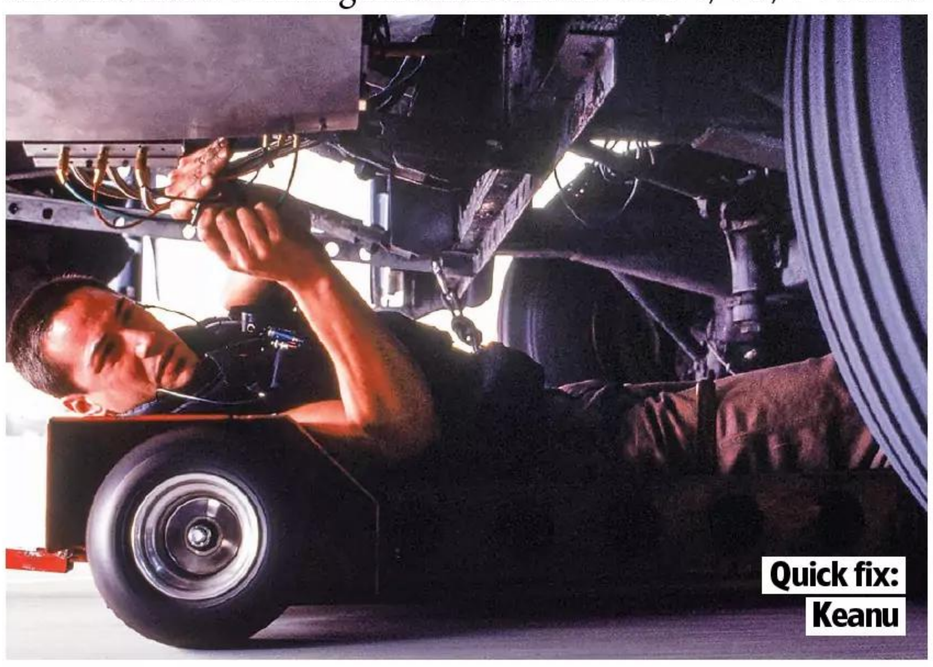
ACTION

Speed

9pm, GREAT! action ★★★★★

Sex ●●● Violence ●●● Language ●●●

As with all the best action films, this thriller revolves around a simple idea: mad bomber Dennis Hopper wires a city bus to explode if it slows to under 50mph and challenges maverick LA cop Keanu Reeves to defuse it. Reeves is ideal but it is Sandra Bullock who is the real star of the show, as the passenger thrust behind the wheel of the speeding vehicle. Perfectly plotted and breathlessly paced, director Jan de Bont's film builds up nail-biting tension and also has a winning line in humour. 1994, 15, 116MIN



Quick fix: Keanu

COMEDY

The 40-Year-Old Virgin

11.40am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

In the title role, Steve Carell's shop assistant inadvertently lets slip his inexperience with the ladies, leading well-meaning pals Paul Rudd, Seth Rogen and Romany Malco to help him kick-start his love life. Director and co-writer (with Carell), Judd Apatow ensures there is a stream of laugh-out-loud moments as well as a delightfully warm-hearted centre. 2005, 15, 116MIN

BIOPIC

The Damned United

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Michael Sheen is electrifying in the lead role of this absorbing account of legendary football manager Brian Clough's doomed 44-day tenure as manager of reigning champions Leeds United in 1974. The film's finely honed script provides delicate footwork through the difficult time-hopping structure and you don't have to be a football fan to thrill to this terrific tale of belligerence, brilliance and the beautiful game. 2009, 15, 97MIN

DRAMA

The Inspection

12.25am, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Elegance Bratton's semi-autobiographical boot-camp drama is a layered take on rejection and identity, anchored by Jeremy Pope's magnetic lead. It's circa 2005, he's gay and, rejected by his mother Gabrielle Union, he joins the Marines. His refusal to be broken by the likes of Bokeem Woodbine's sadistic sergeant is a measure of his determination to find himself, right up to the charged finale. 2022, 15, 95MIN

HORROR

From Dusk Till Dawn

2.15am, Sky Cult Classics ★★★★

Sex ●●● Violence ●●● Language ●●●

Vicious bank-robbing brothers George Clooney and Quentin Tarantino hijack clergyman Harvey Keitel's mobile home, taking him and his kids (Juliette Lewis and Ernest Liu) hostage. Then the group stops off at a Mexican nightclub – which is open from dusk till dawn – and the movie switches from road movie to outrageously ghoulish chiller. 1995, 18, 108MIN

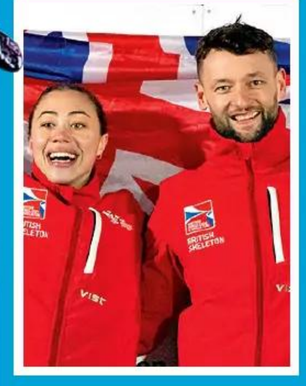
Full listings start on p95

Sport week

Your **ultimate guide** to the best of the w[illegible]'s live action

Team GB snowboarders take centre stage at Milano Cortina

Charlotte Bankes (left) at the 2022 Games



Winter Olympics

THE MAIN EVENT

Slopestyle star Mia Brookes

LIVE WINTER SPORTS

From Saturday, BBC1, BBC2, TNT Sports & Discovery+

Since snowboarding was first included in the Winter Olympics in 1998, Team GB has won two medals across the sport's various disciplines – from the daredevil tricks of big air, halfpipe and slopestyle to the high-speed spills and thrills of snowboard cross.

This week, we have a great chance to add to that tally when some of Team GB's most-fancied medal contenders compete in Milano Cortina.

On Tuesday, all eyes will be on former women's slopestyle world champion Mia Brookes. Aged just 19, the Cheshire snowboarder is making her Olympics debut but is among the favourites to top the podium after finishing first at the X Games in January and looks set to battle it out with New Zealand's reigning Olympic champion Zoi Sadowski-Synnott.

Also going for gold is snowboard-cross star Charlotte Bankes, a former world champion who has returned to form after breaking her collarbone last April. After racing in the individual women's event, she joins up with teammate Huw Nightingale for Sunday's mixed team event.

We caught up with Bankes, 30, to hear more…

Have you fully recovered from your injury? I needed two rounds of surgery and it's been tough. The bone has taken its time to heal and I haven't been able to train normally, so it has tested my patience. It's not been the ideal preparation, but to get back to my previous level is great.

You won world team gold with Huw in 2023. How does the team event differ from the individual? There is a lot of pressure as you want to perform even more for your teammate and it gives you that extra motivation to push harder. Last year didn't go the way we planned because of my injury, but we won World Cup gold in December in Italy and Huw has been riding really well.

This is your fourth Winter Games. Can you win your first Olympic medal? My goal is just to deliver a good race. I don't focus on the result; I focus on my riding. A race is never over until we get to that finish line and I never give up.

How do you relax away from snowboarding? Sailing is one of my big outlets to switch off. Also spending time with my dogs. I live in the Alps and I love the calmness that comes from being in the mountains.

Bankes with Huw Nightingale

WORDS: RICHARD MCCLURE. PHOTOS: ADOBE STOCK,

GOLDEN MOMENTS

SATURDAY
USA's 21-year-old speed skater Jordan Stolz (left) is tipped to be one of the stars of the Games. He's going for multiple medals, including the men's 500m on Saturday which takes just 34 seconds to complete.

SUNDAY
Skeleton's mixed team event is new to the Games this year and GB's Tabby Stoecker and Marcus Wyatt (both left) have an excellent chance to medal after clinching World Cup gold in Lillehammer in December.

MONDAY
Team GB has sent three alpine skiers to Italy, all of them competing in the men's slalom. Billy Major and Laurie Taylor will join veteran Dave 'The Rocket' Ryding (left) in his fifth and final Games.

TUESDAY
Germany claimed all three medals in the men's two-man bob in Beijing, but Team GB's Brad Hall and Taylor Lawrence (both left) have a genuine medal opportunity following some encouraging performances this season.

WEDNESDAY
Alpine skiing superstar Mikaela Shiffrin (left) of the USA crashed out of the women's slalom in 2022, but arrives at her fourth Games in superb form. Can the 2014 gold-medallist top the podium again?

THURSDAY
Ski mountaineering makes its Games debut with medals up for grabs in the women and men's sprints. Swiss star Marianne Fatton (left) and Spain's Oriol Cardona Coll are the respective world champions.

FRIDAY
Freestyle skiing's men's halfpipe looks set to be a high-octane showdown between New Zealand's teen world champion Finley Melville Ives (left) and US duo Nick Goepper and Alex Ferreira.

Macclesfield players celebrate their win in the third round

LIVE FOOTBALL

FA Cup: Fourth Round
Sat-Mon, BBC1, TNT Sports & Discovery+

BBC1's live-game pick is Saturday's tasty all-Premier League match between Aston Villa and Newcastle United (kick-off 5.45pm; also on TNT Sports 3 & Discovery+), while several of the other televised ties feature mouth-watering David-v-Goliath clashes (all on TNT Sports & Discovery+). Among the top-flight teams looking to avoid a potential away-day banana skin are struggling West Ham who visit League One's Burton Albion (Saturday, 12.15pm) while Sunday could see multiple giant-killings as Leeds United travel to Birmingham City (12noon), Wolves go to Grimsby Town (1.30pm), Sunderland visit Oxford United (2pm) and Fulham make the journey to Stoke City (2pm). On Monday, the heroes of sixth-tier Macclesfield seek another big-name scalp when they host Brentford (7.30pm) after dispatching holders Crystal Palace in the third round.

Villa goalkeeper Emiliano Martínez

Reece Walsh

LIVE RUGBY LEAGUE

World Club Challenge
Thu, kick-off 7.30pm, BBC3, Sky Sports+ & Sky Sports Mix

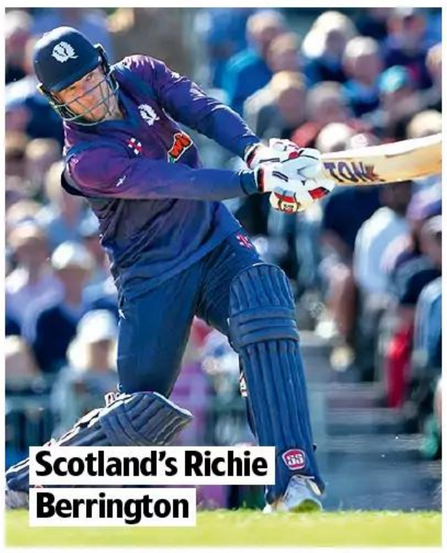
Despite winning the treble last season, Hull KR come into the annual showpiece as underdogs due to Brisbane Broncos' blistering performances in winning the NRL, with Reece Walsh excelling at full back. The match is being held at a sold-out MKM Stadium, home to the Robins' local rivals Hull FC, as Willie Peters' men bid to follow Super League sides Wigan Warriors and St Helens who lifted the trophy on the last two occasions.

Fly-half Finn Russell

LIVE RUGBY UNION

Six Nations
Sat & Sun, BBC1, ITV1, S4C & Premier Sports 1

Italy will be seeking a first Six Nations win in Dublin as the weekend action begins on Saturday (kick-off 2.10pm, ITV1). That's followed by England's trip to Murrayfield (k-o 4.40pm, ITV1), where Scotland's Finn Russell will want to redeem himself after missing a late kick in last season's Calcutta Cup defeat to England. 'Scotland had a tough set of results in the autumn, but it might just be the tonic needed for them to become a side capable of competing for the Championship,' predicts former England international and ITV pundit Topsy Ojo. On Sunday, champions France travel to Cardiff as Les Bleus bid for an eighth straight win against Wales (k-o 3.10pm, BBC1, S4C & Premier Sports 1).


Scotland's Richie Berrington

LIVE CRICKET

T20 World Cup
From Saturday, Sky Sports Cricket & Sky Sports Main Event

As the group matches conclude this week, highlights include the Group C contest between England and Scotland in Kolkata (Sat, play starts 9.30am), in only the sides' second T20 tie after their 2024 World Cup match was washed out in Barbados. Meanwhile, India take on Pakistan in Group A in Colombo (Sun, 1.30pm), having defeated their rivals to win the 20-overs Asia Cup in Dubai in September.

Sport A-Z and football planner »»

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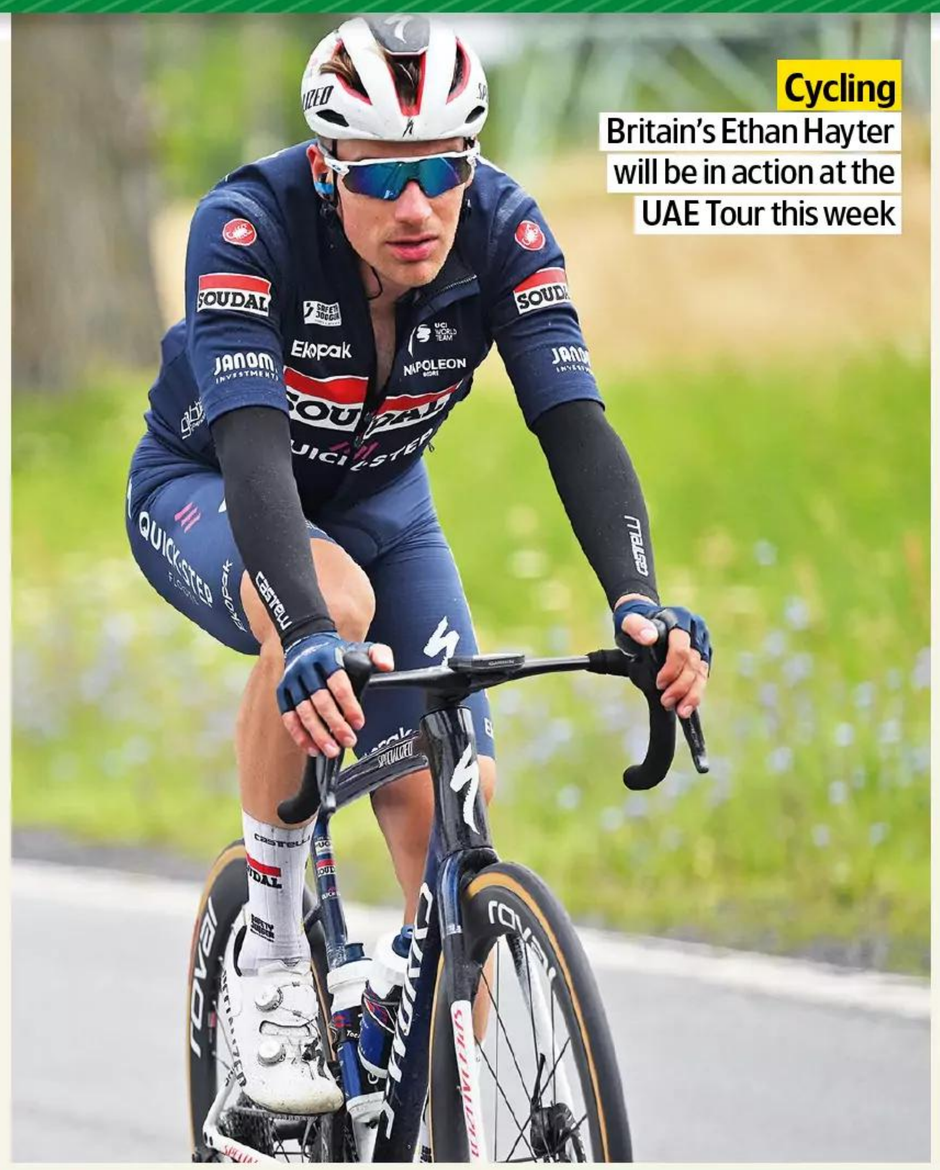
Sport week A-Z GUIDE



Cycling
Britain's Ethan Hayter will be in action at the UAE Tour this week

BASKETBALL

LIVE NBA
Sat 9.30pm Sky Sports Action
The All-Star Saturday Night event at Intuit Dome in California, including the NBA Slam Dunk Contest.

LIVE NBA
Sun 9.30pm Sky Sports Action & Sky Sports+
The All-Star Game from Intuit Dome in California, which features the league's best players taking part in a round-robin tournament as USA and Rest of the Word teams.

CRICKET

LIVE Ireland v Oman
Sat 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group B match at Sinhalese Sports Club, Sri Lanka.

LIVE England v Scotland
Sat 9am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group C game at Eden Gardens, Kolkata. See p29.

LIVE New Zealand v South Africa
Sat 1pm Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group D match.

LIVE West Indies v Nepal
Sat 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group C game.

LIVE USA v Namibia
Sun 9am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group A match.

LIVE India v Pakistan
Sun 1pm Sky Sports Cricket
Men's T20 World Cup Group A game at R. Premadasa Stadium. See p29.

LIVE Afghanistan v United Arab Emirates
Sun 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group D match.

LIVE England v Italy
Mon 9am Sky Sports Main Event & Sky Sports Cricket
The Men's T20 World Cup Group C game at Eden Gardens, Kolkata.

LIVE Australia v Sri Lanka
Mon 1pm Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group B match.

LIVE New Zealand v Canada
Mon 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group D game at MA Chidambaram Stadium.

LIVE Ireland v Zimbabwe
Tue 9am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group B game.

LIVE Scotland v Nepal
Tue 1pm Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group C match from Wankhede Stadium.

LIVE South Africa v United Arab Emirates
Tue 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group D game.

LIVE Pakistan v Namibia
Wed 9am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group A match.

LIVE India v Netherlands
Wed 1pm Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group A game.

LIVE West Indies v Italy
Wed 5am Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group C game.

LIVE Australia v India
Thu 8am TNT Sports 3
The second women's T20 game in the three-match series staged Manuka Oval in Canberra.

LIVE Sri Lanka v Zimbabwe
Thu 9am Sky Sports Main Event & Sky Sports Cricket
The Men's T20 World Cup Group B fixture.

LIVE Afghanistan v Canada
Thu 1pm Sky Sports Main Event & Sky Sports Cricket
The Men's T20 World Cup Group D match at MA Chidambaram Stadium, Chennai.

LIVE Australia v Oman
Fri 1pm Sky Sports Main Event & Sky Sports Cricket
Men's T20 World Cup Group B match.

CYCLING

LIVE Tour of Murcia
Sat 2.15pm TNT Sports 3
Second stage of the men's race.

LIVE Figueria Champions Classic
Sat 3pm TNT Sports 3
The one-day men's race in Portugal.

LIVE Almeria Classic
Sun 2.30pm TNT Sports 3
The one-day men's race in Spain.

LIVE UAE Tour
Mon 10.45am, Tue 9.45am, Wed-Fri 11.30am TNT Sports 1
Stages one to five of the race.

LIVE Jaen Classic
Mon 2.30pm TNT Sports 1
The men's one-day race in Spain.

LIVE Tour of Andalucia
Wed-Fri 1pm TNT Sports 1
Stages one to three of the race.

LIVE Tour of Algarve
Wed-Fri 3pm TNT Sports 1
Stages one to three of the race.

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action
Night three at OVO Hydro, Glasgow.

GOLF

LIVE Saudi Ladies International
Sat 9.30am Sky Sports Golf
From Riyadh Golf Club.

LIVE Pebble Beach Pro-Am
Sat 4.30pm & Sun 4pm Sky Sports Golf; Sat 5pm & Sun 7.30pm Sky Sports Main Event
Days three and four in California.

LIVE Women's Amateur Asia-Pacific Championship
Sat 12m't Sky Sports Golf
At Royal Wellington, New Zealand.

LIVE LIV Golf
Sat 12.30am TNT Sports 1
Day two of the second round of the season from Adelaide, Australia.

LIVE LPGA Thailand
Wed & Thu 3am, Fri 3.30am Sky Sports Golf; Thu 3am & Fri 3.30am Sky Sports Main Event
Days one to three.

LIVE Magical Kenya Open
Thu & Fri 10am Sky Sports Golf; Fri 10am Sky Sports Main Event
Days one and two from Nairobi.

LIVE Genesis Invitational
Thu & Fri 3.15pm Sky Sports Golf; Thu 11pm & Fri 10.30pm Sky Sports Main Event
Days one and two at Riviera Country Club in Pacific Palisades, California.

HORSE RACING

LIVE Ascot, Haydock Park and Wincanton
Sat 1pm ITV4

LIVE Southwell
Fri 5.15pm ITV4

ICE HOCKEY

LIVE Brynas v Djurgarden
Thu 5.55pm Premier Sports 1

MOTORSPORT

LIVE Formula E
Sat 4pm ITV4
Race two of the Jeddah ePrix race.

LIVE World Rally Championship
Sun 6.15am TNT Sports 3; Sun 9am & 11am TNT Sports 1
Rally Sweden special stages 16 to 18.

LIVE NASCAR
Sun 7pm Premier Sports 1
The Daytona 500 in Florida.

LIVE Formula 1
Wed-Fri 6.50am & 11.55am Sky Sports F1 & Sky Sports Mix
Pre-season testing in Bahrain.

LIVE World Superbikes
Thu 12.15am & 3.45am, Fri 11pm, 1.45am & 3.15am TNT Sports 3
First round of the season in Australia.

LIVE V8 Supercars Championship
Fri 8.45am TNT Sports 4
The Sydney 500 race.

RUGBY LEAGUE

LIVE Wests Tigers v Sydney Roosters
Sat 4.50am Sky Sports Action

LIVE Newcastle Knights v Canterbury-Bankstown Bulldogs
Sat 7am Sky Sports Action

LIVE St George Illawarra Dragons v South Sydney Rabbitohs
Sat 9.10am Sky Sports Action

LIVE Maori Women v Indigenous Women
Sat 2.20am Sky Sports Action & Sky Sports+

LIVE Maori Men v Indigenous Men
Sat 4.35am Sky Sports Action & Sky Sports+

LIVE Cronulla-Sutherland Sharks v Parramatta Eels
Sun 7am Sky Sports Action

LIVE Hull Kingston Rovers v Brisbane Broncos
Thu 7pm BBC3, Sky Sports+ & Sky Sports Mix (kick-off 7.30pm)
The World Club Challenge match from MKM Stadium. See p29.

LIVE New Zealand Warriors v Dolphins
Fri 7am Sky Sports Action

LIVE Wests Tigers v Penrith Panthers
Fri 9.10am Sky Sports Action

LIVE Bradford Bulls v Catalans Dragons
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match staged at Bartercard Odsal Stadium.

LIVE Cronulla-Sutherland Sharks v Canberra Raiders
Fri 4.50am Sky Sports Action

RUGBY UNION

LIVE Gloucester-Hartpury v Harlequins
Sat 11.30am TNT Sports 3 (kick-off 12noon) The Premiership Women's Rugby match.

LIVE Ireland v Italy
Sat 1pm ITV1 (kick-off 2.10pm) The Six Nations game at Aviva Stadium. See p29.

LIVE Bordeaux Begles v Castres
Sat 1.25pm Premier Sports 2

LIVE Perpignan v Pau
Sat 3.30pm Premier Sports 2

LIVE Scotland v England
Sat 4.10pm ITV1 (kick-off 4.40pm) The Six Nations match at Murrayfield. See p29.

LIVE Wales U20 v France U20
Sat 7.40pm S4C

LIVE Toulon v Clermont Auvergne
Sat 7.55pm Premier Sports 2

LIVE Wales v France
Sun 2.30pm BBC1, S4C & Premier Sports 1 (kick-off 3.10pm) The Six Nations game at Principality Stadium. See p29.

LIVE Wales U20 v Scotland U20
Fri 7pm S4C

LIVE Gloucester v Sale Sharks
Fri 7.30pm TNT Sports 1 (kick-off 7.45pm) Prem Rugby Cup match at Kingsholm Stadium.

SAILING

LIVE SailGP
Sat 3am TNT Sports 3

SNOOKER

LIVE Players Championship
Tue-Fri 12.30pm & 6.30pm 5; Tue-Thu 8pm 5Action
From Telford International Centre.

TENNIS

LIVE ATP Rotterdam Open
Sat 2pm & Sun 2.30pm Sky Sports Tennis
Semi-finals and final at Rotterdam Ahoy.

LIVE WTA Doha Open
Sat 3pm Sky Sports+, 4pm Sky Sports Tennis
The final at Khalifa International Tennis and Squash Complex in Qatar.

LIVE ATP Dallas Open
Sat 11pm Sky Sports+; Sat 11pm & Sun 7pm Sky Sports Tennis

LIVE WTA Dubai Championships
Sun 7am & 2.30pm, Mon 7am, Tue & Wed 7am & 3pm Sky Sports+; Sun 7am & 4.30pm, Mon 7am, Tue & Wed 7am & 3pm, Fri 1pm Sky Sports Tennis

LIVE ATP Buenos Aires Open
Sun 7pm Sky Sports+
The final of the event in Argentina.

LIVE ATP Doha Open
Tue & Wed 1pm Sky Sports Tennis; Wed 1pm Sky Sports+

Football planner >>>

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Football planner

Saturday 14

LIVE Melbourne Victory v Brisbane Roar
6am TNT Sports 4 (kick-off 6am)
The A-League match staged at AAMI Park in Melbourne.

LIVE Sydney FC v Adelaide United
8.30am TNT Sports 1 (kick-off 8.35am)
The A-League match at Allianz Stadium in Sydney, Australia.

LIVE Burton Albion v West Ham United
11.30am TNT Sports 1 (kick-off 12.15pm)
The FA Cup fourth-round match at Pirelli Stadium, as the League One hosts and their Premier League opponents meet for the first time ever in English football. See p29.

LIVE Stevenage v Huddersfield Town
12.20pm Sky Sports+ (kick-off 12.30pm)
The League One match staged at Lamex Stadium, as the teams meet for the second time this season.

LIVE Espanyol v Celta Vigo
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match staged at RCDE Stadium.

LIVE Aston Villa v Newcastle United
5pm TNT Sports 3 & 5.30pm BBC1 (kick-off 5.45pm)
The all-Premier League FA Cup fourth-round fixture staged at Villa Park. See p29.

LIVE Hamilton Academical v Inverness Caledonian Thistle
5.20pm BBC Alba (kick-off 5.30pm)
The Scottish League One game staged at Broadwood Stadium.

LIVE VfB Stuttgart v FC Cologne
5.20pm Sky Sports Football (kick-off 5.30pm)
Bundesliga match at MHP Arena.

LIVE Sevilla v Alaves
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga match at Estadio Ramón Sanchez Pizjuán.

LIVE Liverpool v Brighton & Hove Albion
7pm TNT Sports 1 (kick-off 8pm)
The FA Cup fourth-round match between the two Premier League sides staged at Anfield. See p29.

LIVE Inter Milan v Juventus
8pm TNT Sports 3
The Serie A match at San Siro.

LIVE Real Madrid v Real Sociedad
8pm Disney+ (kick-off 8pm)
The LaLiga match at Bernabeu.

LIVE Wellington Phoenix Women v Central Coast Mariners Women
3am TNT Sports 4 (kick-off 3am)
The A-League Women match held at Porirua Park in Wellington.

Sunday 15

LIVE Melbourne Victory v Melbourne City
6am TNT Sports 4 (kick-off 6am)
The A-League Women match at the Home of the Matildas in Melbourne.

LIVE Chelsea v Liverpool
11am Sky Sports Main Event, Sky Sports Premier League & Sky Showcase (kick-off 12noon)
The Women's Super League match staged at Kingsmeadow.

LIVE WSL
11am Sky Sports+ (kick-offs 12noon)

LIVE Manchester United v London City Lionesses
11am Sky Sports Mix (kick-off 12noon)
The Women's Super League match staged at Leigh Sports Village.

LIVE Feyenoord v Go Ahead Eagles
11.10am Premier Sports 1 (kick-off 11.15am)
The Eredivisie match staged at De Kuip in Rotterdam, Netherlands.

LIVE Birmingham City v Leeds United
11.30am TNT Sports 3 (kick-off 12pm)
The FA Cup fourth-round match staged at St Andrew's. See p29.

LIVE Real Oviedo v Athletic Bilbao
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga match.

LIVE Kilmarnock v Celtic
1pm Sky Sports Football & 2pm Sky Sports Main Event (kick-off 2pm)
The Scottish Premiership match staged at Rugby Park.

LIVE Grimsby Town v Wolverhampton Wanderers
1pm TNT Sports 1 (kick-off 1.30pm)
The FA Cup fourth-round match held at Blundell Park. See p29.

LIVE Oxford United v Sunderland
1.45pm TNT Sports 5 (kick-off 2pm)
The FA Cup fourth-round match staged at Kassam Stadium.

LIVE Stoke City v Fulham
1.45pm TNT Sports 6 (kick-off 2pm)
The FA Cup fourth-round fixture staged at bet365 Stadium. See p29.

LIVE Getafe v Villarreal
3.10pm Premier Sports 2 (kick-off 3.15pm) LaLiga.

LIVE Arsenal v Wigan Athletic
4pm TNT Sports 1 (kick-off 4.30pm)
The FA Cup fourth-round match from Emirates Stadium. See p29.

LIVE Rangers v Hearts
4.15pm Sky Sports Main Event & Sky Sports Football (kick-off 4.30pm)
The Scottish Premiership match between two of this season's three title-challengers at Ibrox.

LIVE Levante v Valencia
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga game at Estadio Ciudad de Valencia.

LIVE Napoli v AS Roma
7.30pm TNT Sports 1 (kick-off 7.45pm)
The Serie A match staged at Stadio Diego Armando Maradona.

LIVE Mallorca v Real Betis
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga match held at Estadi Mallorca Son Moix.

LIVE CHAMPIONSHIP

Coventry City v Middlesbrough

Monday, kick-off 8pm, ITV4 & Sky Sports Football & Sky Sports Main Event

As the two sides fight it out for the Championship title, Frank Lampard's Coventry would be happy to repeat their 4-2 away victory in November when Ellis Simms (above) and Liam Kitching both scored twice.

LIVE CHAMPIONS LEAGUE

Qarabag v Newcastle United

Wednesday, kick-off 5.45pm, TNT Sports 1

Eddie Howe's men will need to overcome the Azerbaijan champions over a two-legged play-off if the Magpies are to join the other five English clubs in the knockout stage. Qarabag held Chelsea to a draw in Baku during the league phase.

LIVE CONFERENCE LEAGUE

Zrinjski Mostar v Crystal Palace

Thursday, kick-off 5.45pm, TNT Sports 3

Having missed out on qualifying automatically, Palace must negotiate a tricky two-legged play-off against Herzegovinan opponents to advance to the last 16. New signing Jørgen Strand Larsen could join Yeremy Pino (above) in the line-up.

LIVE Boca Juniors v Platense
10.25pm Premier Sports 2 (kick-off 10.30pm)
The Argentine Primera Division game at Estadio Alberto J Armando.

Monday 16

LIVE Macclesfield FC v Brentford
6.30pm TNT Sports 1 (kick-off 7.30pm)
The FA Cup fourth-round match at Leasing.com Stadium. See p29.

LIVE Coventry City v Middlesbrough
7pm Sky Sports Main Event & Sky Sports Football, 7.30pm ITV4 (kick-off 8pm)
The Championship match between the title contenders staged at Coventry Building Society Arena.

LIVE Girona v Barcelona
7.55pm Premier Sports 1 (kick-off 8pm) The La Liga match staged at Estadi Montilivi.

Tuesday 17

LIVE Sydney FC v Auckland FC
8am TNT Sports 3 (kick-off 6am)
A-League fixture at Leichardt Oval.

LIVE Galatasaray v Juventus
5.30pm TNT Sports 1 (kick-off 5.45pm)
The Champions League knockout phase first-leg play-off match staged at Rams Park.

LIVE Benfica v Real Madrid
7pm Prime Video (kick-off 8pm)
The Champions League knockout phase play-off round first-leg match from Estádio da Luz.

LIVE Blackpool v Mansfield Town
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The League One fixture staged at Bloomfield Road.

LIVE Bristol City v Wrexham
7.35pm Sky Sports+ (kick-off 7.45pm)
Championship at Ashton Gate.

LIVE Monaco v Paris Saint-Germain
7.45pm TNT Sports 1 (kick-off 8pm)
The Champions League knockout phase first-leg play-off game at Stade Louis II, featuring two sides who play in Ligue 1 in France.

LIVE Borussia Dortmund v Atalanta
8pm TNT Sports 3 (kick-off 8pm)
The Champions League knockout phase first-leg play-off game staged at Signal Iduna Park.

Wednesday 18

LIVE Qarabag v Newcastle United
5pm TNT Sports 1 (kick-off 5.45pm)
The Champions League knockout phase first-leg play-off game at Tofiq Bahramov Republican Stadium.

LIVE Levante v Villarreal
6.55pm Premier Sports 1 (kick-off 7pm) The LaLiga match.

LIVE Wolverhampton Wanderers v Arsenal
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match staged at Molineux.

LIVE Bodo/Glimt v Inter Milan
8pm TNT Sports 1 (kick-off 8pm)
The Champions League knockout phase first-leg play-off game.

LIVE Club Brugge v Atlético Madrid
8pm TNT Sports 3 (kick-off 8pm)
The Champions League knockout phase first-leg play-off match.

LIVE Champions League
8pm TNT Sports 4

LIVE Arsenal v OH Leuven
8pm Disney+ (kick-off 8pm)
The Women's Champions League knockout play-off second leg staged at Meadow Park.

Thursday 19

LIVE Fenerbahce v Nottingham Forest
5pm TNT Sports 1 (kick-off 5.45pm)
The Europa League knockout phase first-leg play-off game staged at Sukru Saracoglu Stadium.

LIVE Zrinjski Mostar v Crystal Palace
5pm TNT Sports 3 (kick-off 5.45pm)
The Conference League knockout phase first-leg play-off fixture staged at Bijeli Brijeg Stadium.

LIVE Celtic v VfB Stuttgart
7.45pm TNT Sports 1 (kick-off 8pm)
The Europa League knockout phase first-leg play-off at Celtic Park.

LIVE Lille v Red Star Belgrade
7.55pm TNT Sports 5 & 8.15pm TNT Sports 3 (kick-off 8pm)
The Europa League knockout phase first-leg play-off match staged at Stade Pierre-Mauroy.

LIVE Ludogorets v Ferencvaros
7.55pm TNT Sports 7 (kick-off 8pm)
The Europa League knockout play-off first-leg game staged at Huvepharma Arena in Bulgaria.

LIVE Manchester United v Atlético Madrid
8pm Disney+ (kick-off 8pm)
The Women's Champions League knockout play-off second-leg match held at Old Trafford.

LIVE Atletico Paranaense v Corinthians
10.25pm Premier Sports 1 (kick-off 10.30pm) The Brasileiro Serie A fixture at Arena da Baixada.

Friday 20

LIVE Adelaide United v Perth Glory
8.30am TNT Sports 3 (kick-off 8.35am)
A-League at Coopers Stadium.

LIVE Mainz v Hamburg
7.30pm BBC iPlayer (kick-off 7.30pm)
Bundesliga match at Mewa Arena.

LIVE Raith Rovers v St Johnstone
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship game.

LIVE Blackburn Rovers v Preston North End
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The Championship match staged at Ewood Park.

LIVE Athletic Bilbao v Elche
7.55pm Premier Sports 1 (kick-off 8pm) LaLiga.

LIVE Boca Juniors v Racing Club
10.55pm Premier Sports 1 (kick-off 11pm)

LIVE Wellington Phoenix v Auckland FC
4am TNT Sports 1 (kick-off 4am)

LIVE Canberra United v Western Sydney Wanderers
5.30am TNT Sports 4 (kick-off 5.30am) A-League Women.

PHOTOS: GETTY

Winter Olympics A-Z GUIDE

The BBC, TNT Sports and Discovery+ will show extensive action from northern Italy. Daily coverage from Milano Cortina will begin at 9am and run throughout the day. BBC will provide free-to-air coverage on BBC1 and BBC2, plus a second live stream via BBC iPlayer and the BBC Sport website.

ALPINE SKIING

Venue: Stelvio Ski Centre

Saturday 14 February
10am Men's Giant Slalom (Run 1)
1.30pm Men's Giant Slalom (Run 2)
Sunday 15
10am Women's Giant Slalom (R1)
1.30pm Women's Giant Slalom (R2)
Monday 16
10am Men's Slalom (Run 1)
1.30pm Men's Slalom (Run 2)
Wednesday 18
10am Women's Slalom (Run 1)
1.30pm Women's Slalom (Run 2)

BIATHLON

Venue: Antholz-Anterselva Biathlon Arena

Saturday 14
1.45pm Women's 7.5km Sprint
Sunday 15
10.15am Men's 12.5km Pursuit
1.45pm Women's 10km Pursuit
Tuesday 17
1.30pm Men's 4x7.5km Relay
Wednesday 18
1.45am Women's 4x6km Relay
Friday 18
1.35pm Men's 15km Mass Start

BOBSLEIGH

Venue: Cortina Sliding (Eugenio Monti track)

Sunday 15
9am Women's Monobob (Heats)
Monday 16
9am 2-man Bobsleigh (Heats)
6pm Women's Monobob (Heats)
Tuesday 17
6pm 2-man Bobsleigh (Heats)
Friday 20
5pm 2-woman Bobsleigh (Heats)

CROSS-COUNTRY SKIING

Venue: Tesero Cross-Country Skiing Stadium

Saturday 14
12noon Women's 4x7.5km Relay
Sunday 15
12noon Men's 4x7.5km Relay
Wednesday 18
9.45am Women's Team Sprint (Qualifying)
11.45am Women's Team Sprint (Finals)
10.15am Men's Team Sprint (Qualifying)

CURLING

Venue: Cortina Curling Olympic Stadium

Women's Competition

Saturday 14
8.05am Round-robin Matches: Italy v China; Great Britain v Canada; Switzerland v Japan
6.05pm Round-robin Matches: Canada v Switzerland; Japan v United States; Korea v Denmark; Italy v Sweden
Sunday 15
1.05pm Round-robin Matches: Japan v Korea; Denmark v Italy; Great Britain v Sweden; United States v China
Monday 16
8.05am Round-robin Matches: Sweden v Switzerland; China v Canada; Denmark v Great Britain
6.05pm Round-robin Matches: United States v Italy; Korea v China; Switzerland v Great Britain; Japan v Canada
Tuesday 17
1.05pm Round-robin Matches: Sweden v Canada; Italy v Japan
1.05pm Round-robin Matches: Denmark v Switzerland; China v Korea
Wednesday 18
8.05am Round-robin Matches: Great Britain v Japan; Canada v Korea; Sweden v China
6.05pm Round-robin Matches: Switzerland v Korea; United States v Denmark; Japan v Sweden
Thursday 19
1.05pm Round-robin Matches: Canada v Japan; Korea v Italy; Great Britain v China; Switzerland v Denmark
Friday 20
8.05am Women's Semi-finals
6.05pm Women's Bronze-Medal Match

Men's Competition

Saturday 14
1.05pm Round-robin Matches: Czechia v Great Britain; Sweden v China; Switzerland v Canada; Germany v United States
Sunday 15
8.05am Round-robin Matches: United States v Sweden; Germany v Great Britain; Norway v Italy
6.05pm Round-robin Matches: China v Canada; Norway v United States; Italy v Czechia; Great Britain v Switzerland
Monday 16
1.05pm Round-robin Matches: Great Britain v Norway; Czechia v Canada; Sweden v Germany; Italy v China
Tuesday 17
8.05am Round-robin Matches: Switzerland v Sweden; United States v China; Czechia v Germany

Alysa Liu of the United States

FIGURE SKATING

Venue: Milano Ice Skating Arena

Sunday 15
9.45am Pair Skating: Short Program
Monday 16
10am Pair Skating: Free Skating (Medal Event)
Tuesday 17
8.45am Women Single Skating: Short Program
Thursday 19
9am Women Single Skating: Free Skating (Medal Event)

6.05pm Round-robin Matches: Italy v Switzerland; Germany v China; Norway v Sweden; United States v Great Britain
Wednesday 18
1.05pm Round-robin Matches: Norway v Switzerland; Canada v Great Britain; Italy v USA; China v Czechia
Thursday 19
8.05am Round-robin Matches: Germany v Switzerland; Great Britain v United States; Sweden v Norway
6.05pm Men's Semi-finals
Friday 20
1.05pm Men's Bronze-Medal Match

FREESTYLE SKIING

Venues: Livigno Aerials & Moguls Park/ Snow Park

Saturday 14
10.30am Women's Dual Moguls Final
Sunday 15
10.30am Men's Dual Moguls Final
Monday 16
7.30pm Women's Freeski Big Air Final
Tuesday 17
7.30pm Men's Freeski Big Air Final
Wednesday 18
11.30am Women's Aerials Final
Thursday 19
10.30am Men's Aerials Final
Friday 20
11am Women's Ski Cross Final
6.30pm Men's Freeski Halfpipe Final

ICE HOCKEY

Venues: Milano Santagiulia Ice Hockey Arena and Milano Rho Ice Hockey Arena

Monday 16
3.40pm Women's Semi-final 1
8.10pm Women's Semi-final 2
Tuesday 17
11.10am Men's Qualification Play-off 1
11.10am Men's Qualification Play-off 2
3.40pm Men's Qualification Play-off 3
8.10pm Men's Qualification Play-off 4
Wednesday 18
1.10pm Men's Quarter-final 1
3.40pm Men's Play-offs Quarter-final 2
5.10pm Men's Play-offs Quarter-final 3
8.10pm Men's Play-offs Quarter-final 4
Thursday 19
1.40pm Women's Bronze Medal
6.10pm Women's Gold-Medal Game
Friday 20
3.40pm Men's Play-offs Semi-final 1
8.10pm Men's Play-offs Semi-final 2

NORDIC COMBINED

Venues: Tesero Cross-Country Skiing Stadium and Predazzo Ski Jumping Stadium

Sunday 15
8am Large Hill: Official Training 2
Monday 16
8am Large Hill: Official Training 3
Tuesday 17
8.10am Individual Gundersen Large Hill/10km: Ski Jumping Trial Round
9am Individual Gundersen Large Hill/10km: Ski Jumping Competition Round
12.45pm Individual Gundersen Large Hill/10km: Cross-Country 10km (Medal Event)
Wednesday 18
8am Large Hill: Official Training
Thursday 19
8.10am Team Sprint: Ski Jumping Trial Round
9am Team Sprint: Ski Jumping Competition Round
1pm Team Sprint: Cross-Country

SKELETON

Venue: Cortina Sliding Centre (Eugenio Monti)

Saturday 14
8.30am Men's Skeleton: Heat 3
10.15am Men's Skeleton: Heat 4 (Medal Event)
1.30pm Women's Skeleton: Heat 1
3.15pm Women's Skeleton: Heat 2
Sunday 15
1.30pm Women's Skeleton: Heat 3
3.15pm Women's Skeleton: Heat 4 (Medal Event)
Monday 16
1.30pm Mixed Team Skeleton: Heat 1
2.45pm Mixed Team Skeleton: Heat 2 (Medal Event)

SKI JUMPING

Venue: Predazzo Ski Jumping Stadium (Giuseppe Dal Ben)

Saturday 14
8am Women's Large Hill: Official Training 2
4.30pm Men's Large Hill Individual: Trial Round

Saturday 14 continued...
5.45pm Men's Large Hill Individual: 1st Round
6.57pm Men's Large Hill Individual: Final Round (Medal Event)
Sunday 15
10.30am Men's Large Hill: Official Training 3
4.30pm Women's Large Hill Individual: Trial Round
5.45pm Women's Large Hill Individual: 1st Round
6.57pm Women's Large Hill Individual: Final Round (Medal Event)
Monday 16
5pm Men's Super Team: Trial
6pm Men's Super Team: 1st Round
6.43pm Men's Super Team: 2nd Round
7.20pm Men's Super Team: Final Round (Medal Event)

SKI MOUNTAINEERING

Venue: Stelvio Ski Centre

Thursday 19
8.50am Women's Sprint Heats
9.30am Men's Sprint Heats
11.55am Women's Sprint Semi-finals
12.25pm Men's Sprint Semi-finals
12.55pm Women's Sprint Final
1.15pm Men's Sprint Final

SPEED SKATING LONG-TRACK

Venue: Milano Ice Skating Arena

Saturday 14
10am Men's 500m
Sunday 15
10am Women's 500m
Tuesday 17
7.30am Men's & Women's Team Pursuit Finals
Thursday 19
9.30am Men's 1500m
Friday 20
9.30am Women's 1500m

SPEED SKATING SHORT-TRACK

Venue: Milano Speed Skating Stadium

Saturday 14
7.15pm Men's 1500m: Quarter-finals
7.59pm Women's 1000m: Heats
8.44pm Men's 1500m: Semi-finals
9pm Women's 3000m Relay: Semi-finals
9.27pm Men's 1500m: Final B
9.34pm Men's 1500m: Final A (Medal Event)
Monday 16
10am Women's 1000m: Quarter-finals
10.18am Men's 500m: Heats
10.55am Women's 1000m: Semi-finals
11.04am Men's 5000m Relay: Semi-finals
11.36am Women's 1000m: Final B
11.42am Women's 1000m: Final A (Medal Event)
Wednesday 18
7.15pm Men's 500m: Quarter-finals
7.42pm Men's 500m: Semi-finals
7.50pm Women's 3000m Relay: Final B
7.59pm Women's 3000m Relay: Final A (Medal Event)
8.24pm Men's 500m: Final B
8.29pm Men's 500m: Final A (Medal Event)
Friday 20
7.15pm Women's 1500m: Quarter-finals
8pm Women's 1500m: Semi-finals
8.17pm Men's 5000m Relay: Final B
8.29pm Men's 5000m Relay: Final A (Medal Event)
8.56pm Women's 1500m: Final B
9.03pm Women's 1500m: Final A (Medal Event)

LUGE

Venue: Cortina Sliding Centre

This discipline concluded last week.

SNOWBOARDING

Venue: Livigno Snow Park

Sunday 15
12.45pm Mixed Team Cross QF
1.15pm Mixed Team Cross SF
1.35pm Mixed Team Snowboard Cross Finals (Medal Event)
Monday 16
9.30am Women's Snowboard Slopestyle Qualification
1.00pm Men's Slopestyle Qualification
Tuesday 17
12noon Women's Snowboard Slopestyle Final (Medal Event)
Wednesday 18
11.30am Men's Snowboard Slopestyle Final (Medal Event)

PHOTOS: GETTY

Saturday

14 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 8am

Domen Prevc of Slovenia is the hottest name in ski jumping, and will be one to watch out for in the men's large-hill final.

Football

FA Cup: Fourth Round

BBC1, TNT Sports & Discovery+

Coverage includes Burton Albion v West Ham and the top-tier tie between Aston Villa and Newcastle (BBC1, k-o 5.30pm).

Entertainment

The Masked Singer

ITV1, 7pm

Who out of the final three – Moth, Toastie and Conkers – will be crowned the winner and, more importantly, who are they??

Game Show

The 1% Club Valentine's Special

ITV1, 8.30pm

Lee Mack plays Cupid, as contestants play for big money, with a dose of love.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 5.30 Match of the Day: The FA Cup – Live		8.00 Gladiators		9.00 The Weakest Link	9.45 Casualty		10.35 News
	102 BBC2	◂ 6.00 Winter Olympics – Live: Concluding coverage of day eight						10.00 Love Songs at the BBC	
	103 ITV1	7.00 The Masked Singer			8.30 The 1% Club Valentine's Special		9.35 The Jonathan Ross Show		10.35 It'll Be...
	104 CHANNEL 4	7.00 Sailing the Shipping Forecast with the...		8.00 The Great Icelandic Swim with Ross...		9.00 The Roman Empire by Train with Alice...		10.00 Film: Bullet Train	
	105 5	◂ 6.40 William & Catherine: Putting Family...		8.00 Secrets of the Royal Traditions		9.00 Crime of Passion? The Trial of Jane Andrews			10.30 Most Shocking...
	106 SKY SHOWCASE	7.00 Landscape Artist of the Year		8.00 Rob & Romesh vs Team GB: Winter...		9.00 Film: The Matrix			
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.35 Gavin & Stacey		9.35 Mrs Brown's Boys		10.35 Dinosaur
	116 BBC4	7.00 Meet the...	7.30 Great British...	8.00 The Good Old Days		8.45 Hetty Wainthropp Investigates	9.35 Film: The Taste of Things		
	118 ITV2	◂ 5.35 Film: Marley & Me		7.50 Film: Dirty Dancing				10.00 Love Island All Stars: Unseen Bits	
	136 MORE4	◂ 6.55 Four in a Bed		7.55 24 Hours in A&E					
	135 E4	◂ 6.50 Film: Sister Act 2: Back in the Habit				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Law & Order: Criminal Intent		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.55 Game of Thrones				9.00 True Detective: Night Country		10.10 Under Salt Marsh	
	110 U&GOLD	7.00 dinnerladies		8.20 Victoria Wood as Seen...		9.00 Victoria Wood's All Day Breakfast		10.10 Victoria Wood as Seen on TV	
	111 U&DAVE	7.00 Gavin & Stacey		8.20 QI		9.00 Not Going Out			
	119 ITV3	◂ 5.55 Midsomer Murders						10.00 Vera	
	120 ITV4	7.00 American Pickers				9.00 English Football League Highlights		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Shanghai Noon			
	152 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 A League of Their Own: European Road Trip						10.00 Peacemaker	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Father Brown		10.00 Death in Paradise	
	124 SKY ARTS	7.00 Wuthering Heights				9.00 Queen: Rock the World			10.20 Greatest Guitar Riffs
	132 U&W	7.00 Nurses on the Ward				9.00 The Catherine Tate Show			
DOCUMENTARY	125 DISCOVERY	7.00 Scrapyard Dynasty		8.00 Secrets Underground		9.00 Ed Stafford: Man Woman Child Wild		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 World War II: Secrets from Above		8.00 Hitler's Last Stand				10.00 No Man Left Behind	
	123 SKY HISTORY	7.00 Beyond the Myth: The SS Unveiled				9.00 Hitler's Holocaust Railways with Chris Tarrant			10.40 Hells...
	155 U&YESTERDAY	7.00 Classic Car Kings		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	◂ 6.50 The Barry White Story: Let the...		8.00 Luther: Never Too Much				10.00 Love to Love You, Donna Summer	
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 The Naked Gun			9.30 Bone Lake		
	302 VALENTINES	◂ 6.10 Lost in Translation		8.00 Sleepless in Seattle				10.00 Fifty Shades of Grey	
	303 ADVENTURE	◂ 6.00 The Golden Compass		8.00 Spider-Man: Into the Spider-Verse				10.00 How to Train Your Dragon	
	304 GREATS	◂ 6.25 Big Daddy		8.00 The Wedding Singer			9.40 American Pie		
	305 ANIMATION	◂ 5.45 The Garfield Movie	7.35 The Pirates! In an Adventure with Scientists			9.15 Riverdance: The Animated Adventure			
	306 FAMILY	◂ 6.00 Charlie and the Chocolate Factory		8.00 How to Train Your Dragon				10.10 Paul Blart: Mall Cop 2	
	307 ACTION	◂ 5.35 The Matrix Reloaded		8.00 The Matrix Revolutions				10.15 The Matrix: Resurrections	
	308 COMEDY	◂ 6.00 White Chicks		8.00 Ace Ventura Pet Detective			9.35 Ace Ventura: When Nature Calls		
	309 THRILLER	◂ 5.40 The Bourne Legacy		8.00 Jason Bourne				10.10 Nightcrawler	
	310 DRAMA	◂ 6.00 Escape to Victory		8.00 Empire of the Sun					10.35 Legends...
	311 SCI-FI	◂ 6.10 Mad Max Beyond Thunderdome		8.00 Furiosa: A Mad Max Saga					10.30 Mad Max...
	313 FILM4	◂ 6.55 One Day				9.00 Sleepless in Seattle			
SPORT	401 MAIN EVENT	◂ 6.00 PGA Tour Golf – Live: The AT&T Pebble Beach Pro-Am							
	402 PREMIER LEAGUE	◂ 6.00 Premier League Years		8.00 PL Review		9.00 PL Stories	9.30 Big Interview	10.00 PL Review	
	403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL Cup Highlights		8.30 WSL	9.00 EFL Cup Highlights		10.00 WSL	10.30 EFL Highlights
	405 CRICKET	◂ 6.00 ICC Men's T20 World Cup						10.00 Best of ICC...	10.30 ICC Men's T20...
	410 TNT SPORTS 1	7.00 Emirates FA Cup – Live: Liverpool v Brighton & Hove Albion (Kick-off 8.00)							
	411 TNT SPORTS 2	◂ 6.30 Winter Olympic Games – Live: The fourth heat of the women's skeleton; Freestyle Skiing at 7.45; Short Track Speed Skating at 8.45							10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition (S)
11.30 **Bargain Hunt** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **LIVE Winter Olympics** Jeanette Kwakye presents coverage of day eight of the 25th staging of the Games, including men's curling, as Great Britain face Czechia in their latest round robin match at Cortina Curling Olympic Stadium, and the men's 500m speed skating final at Milano Speed Skating Stadium. *Coverage continues on BBC2. See feature, page 28.* (S)
4.30 **Final Score** A round-up of the results and news from the FA Cup, EFL and Scotland. (S)
5.10 **BBC News** (S)
5.20 **Local News** (S)

9.00 The Weakest Link

6 PM

5.30 **LIVE Match of the Day: FA Cup Football** Aston Villa v Newcastle United: Kelly Cates presents coverage of the fourth-round tie at Villa Park. The Villans claimed a 2-1 away win against Totttenham Hotspur in the previous round, and the Magpies are also playing in their second successive all-Premier League tie after prevailing on penalties at home to Bournemouth following a 3-3 draw. Kick-off is at 5.45. (S)

7 PM

8.00 **Gladiators** New edition 5/11. Bradley and Barney Walsh host the last round of the heats. There is controversy on Crash Course, and Mark Clattenburg gets a new assistant. (S)(AD)

8 PM

9.00 **The Weakest Link** Series finale 12/12. With Tasha Ghouri, Patsy Kensit, Ignacio Lopez and Colson Smith. (S)
9.45 **Casualty** *Learning Curve – Part Six:* Jacob is furious when Ashley arrests his son. (S)(AD)

9 PM

10.35 **BBC News** (S)
10.55 **Match of the Day: FA Cup** Action from fourth-round ties, including Burton Albion v West Ham United, and Burnley v Mansfield Town. (S)
■ More tomorrow at 10.30pm
12.15 AM **The Football Interview** (S)
12.30 **The Kingdom: Kansas City Chiefs** New editions 3/6. The Chiefs face off against AFC rivals, the Buffalo Bills. (S)(AD)
1.20 4/6. An injury to quarterback Patrick Mahomes puts more pressure on the defence. (S)(AD)
2.10 **Weather for the Week Ahead** Seven-day forecast. (S)
2.15 **to 6.00** AM **BBC News** (S)

10 PM

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Children's Programmes**
8.00 **LIVE Winter Olympics** Hazel Irvine presents coverage of the eighth day of the 25th staging of the Games, including the men's giant slalom, women's 4 x 7.5km relay, women's dual moguls and curling. *See feature, page 28.* (S)
1.00 PM **FILM A Shaun the Sheep Movie: Farmageddon** Animation. (S)(AD) (2019, U, 80min) ★★★★
2.20 **Homes Under the Hammer** (S)(R)
3.20 **Money for Nothing** (S)(R)
3.45 **Flog It!** From Aberystwyth. (S)(R)
4.30 **LIVE Winter Olympics** Jeanette Kwakye presents continued coverage of day eight of the 25th staging of the Games, featuring the concluding two runs in the women's skeleton at Cortina Sliding Centre. (S)

6.00 Winter Olympics

6 PM

6.00 **LIVE Winter Olympics** Clare Balding presents concluding coverage of the eighth day of the 25th staging of the Games, including the closing stages of the women's skeleton, the men's 1500m short track speed skating final, and the women's freestyle skiing Big Air qualification. Great Britain will hope for success in the women's skeleton final at Cortina Sliding Centre with Amelia Coltman and Tabby Stoecker pushing for a place on the podium, while Kirsty Muir could be among the leading competitors in the Big Air at Livigno Snow Park, after finishing fifth in 2022 at the age of 17. (S)

7 PM

8 PM

9 PM

10.00 **Love Songs at the BBC** A selection of romantic songs, including tracks by Celine Dion, Joe Cocker and Jennifer Warnes, Jason Donovan and Kylie Minogue, 10cc, Lionel Richie and Chaka Khan. (S)(R)
11.00 **Love Songs at the BBC: Volume 2** Featuring Nat King Cole, Shania Twain and Ed Sheeran. (S)(R)
12.00 M'T **Love Songs at the BBC: Volume 3** Featuring Meat Loaf, Sting and Harry Styles. (S)(R)
1.00 AM **FILM Margrete: Queen of the North** Danish drama starring Trine Dyrholm and Morten Hee Andersen. Subtitled. (2021, 15, 115min) ★★★
2.55 **Sign Zone: Industry** (S4) (S)(R)
3.55 **to 6.10** AM **Previews** (S)

10 PM

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **In for a Penny** (S)(R)(AD)
6.40 **FILM Shrek Forever After** Animated adventure sequel. (S)(AD) (2010, U, 105min) ★★★★
8.25 **Prue Leith's Cotswold Kitchen** New edition With Ellie Simmonds.
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
12.00 NOON **Ainsley's Taste of the Bahamas** New edition (S)
12.30 PM **ITV News; Local News** (S)
1.00 **LIVE Rugby Union: Six Nations** Ireland v Italy: Jill Douglas presents coverage of the match from Aviva Stadium. Kick-off is at 2.10. (S)
4.10 **LIVE Rugby Union: Six Nations** Scotland v England: Mark Pougatch presents coverage of the second-round match from Murrayfield. Kick-off is at 4.40. (S)

8.30 The 1% Club Valentine's Special

6 PM

LIVE Rugby Union: Six Nations (started at 4.10pm)

7 PM

7.00 **The Masked Singer** Series finale 8/8. Joel Dommett hosts as the three finalists compete to be crowned the winner, with actor and singer Samantha Barks joining regular panellists Maya Jama, Jonathan Ross, Davina McCall and Mo Gilligan. (S)(AD)
8.30 **NEW The 1% Club Valentine's Special** Lee Mack hosts a romantic edition of the quiz in which 100 contestants – couples and singles – play with the possibility of finding love on their way to winning big money. (S)(AD)
9.35 **The Jonathan Ross Show** New edition Jonathan is joined by comedian Alan Carr, actor Neve Campbell, stand-up Rob Beckett and his author wife Lou, and actor Archie Madekwe, while there is music from Mumford & Sons. (S)
10.35 **It'll Be Alright on the Night** Tom Allen presents a collection of clangers, featuring Ryan Gosling, Stephen Fry, Alan Titchmarsh, Amanda Holden and more. (S)(R)(AD)
11.00 **ITV News** (S)
11.20 **English Football League Highlights** Recent action. (S)
12.20 AM **Teleshopping**
3.00 **Devil in Disguise: John Wayne Gacy** 3/8. (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.00 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.20 AM **The King of Queens** (S)(R)(AD)
7.10 **Everybody Loves Raymond** 13&14/24. (S4) (S)(R)(AD)
8.00 **The Simpsons** (S)(R)(AD)
9.50 **FILM Dora and the Lost City of Gold** Live-action adventure starring Isabela Merced. (S)(AD) (2019, PG, 125min) ★★★
11.55 **Come Dine with Me: The Professionals** (S)(R)
12.55 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.25 **Kirstie and Phil's Love It or List It** In Lancashire. (S)(R)(AD)
4.25 **Location, Location, Location** House-hunting in south London with two couples. (S)(R)
5.30 **Protein: Everything You Need to Know** Gemma Atkinson discusses the consumer health obsession surrounding protein. (S)(R)

8.00 The Great Icelandic Swim

6 PM

6.30 **News** (S)

7 PM

7.00 **Sailing the Shipping Forecast with the Rev Richard Coles** 2/4. Richard goes line fishing with a third-generation fisherman and discovers how faith has helped the community in the Faeroes area. (S)(R)(AD)
8.00 **The Great Icelandic Swim with Ross Edgley** New edition 2/3. As storms roll in from the Arctic, Ross faces currents that send him backwards and freezing waters fed by melting ice sheets. (S)
9.00 **The Roman Empire by Train with Alice Roberts** New edition 2/6. Alice heads seven miles south of Naples to Herculaneum, a town that, like Pompeii, was buried in volcanic ash in 79 CE. (S)(AD)

8 PM

9 PM

10.00 **FILM Bullet Train** Comedy thriller starring Brad Pitt, Joey King and Aaron Taylor-Johnson. Five assassins aboard a swiftly moving train discover their missions have something in common. (S)(AD) (2022, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **FILM The Predator** Sci-fi thriller starring Boyd Holbrook and Trevante Rhodes. (S)(AD) (2018, 15, 105min) ★★★
2.15 **Ramsay's Kitchen Nightmares USA** The chef visits a Danish restaurant in Florida. (S)(SL)(R)
3.05 **The Simpsons** (S)(R)(AD)
5.00 **to 5.55** AM **Location, Location, Location** (S)(R)

10 PM

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.05 **Tales from the Riverbank** Exploring the River Wye. (S)(R)
9.50 **Ben Fogle: New Lives in the Wild** Triple bill. (S)(R)
12.50 PM **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall helps a Hungarian Vizsla. (S)(R)
1.45 A security dog finds his job confusing. (S)(R)
2.45 **Catching Up with the Royals with Rev Richard Coles** New edition The latest news about the Royal Family. (S)
3.45 **Our Yorkshire Farm** The family struggle through two storms. (R)
4.45 Sydney goes on a mission to save a newborn lamb. (S)(R)
5.45 The Owen family purchase a derelict farmhouse. (S)(R)

9.00 Crime of Passion?

6.35 **News** (S)(R)
6.40 **William & Catherine: Putting Family First** A look at how the Prince and Princess of Wales are revolutionising the Royal Family by prioritising their family above duty to the crown, an act of rebellion brought through quiet acts of revolution behind the palace doors that breaks centuries of royal tradition. (S)(R)

8.00 **Secrets of the Royal Traditions** New edition A look at why every monarch is expected to produce at least two offspring, a tradition known as the Heir and a Spare. (S)
9.00 NEW **Crime of Passion? The Trial of Jane Andrews** A look at the case of Jane Andrews, a former aide to Sarah Feguson, who was found guilty of murdering her millionaire boyfriend Thomas Cressman in September 2000. (S)
10.30 **Most Shocking Celebrity Moments** The very worst celebrity career catastrophes, including Kendall Jenner's tone-deaf Pepsi advert. (S)(R)
12.30 AM **Bargain-Loving Brits in the Sun** A tapas tour. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Susan Calman's Grand Week by the Sea** (S)(R)
3.50 **Save Money on Your Supermarket Shop** (S)(R)
4.40 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Monkey Life** (S)(R)
7.00 **Super Shark Highway** (S)(R)
9.00 **Boss Shark** (S)(R)
10.00 **The Simpsons** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** Following the pre-match build up with the Soccer Saturday panel.
3.00 PM **Gillette Labs Soccer Saturday** The latest updates from this afternoon's football.
5.00 **The Simpsons** *I'm with Cupid:* Valentine's Day-themed edition, which sees Apu shower his wife with gifts, making all the other men look bad. (S)(R)
5.30 *The Blue and the Grey:* Marge decides to embrace life by allowing her hair to turn grey, while Homer tries to help Moe boost his love life. (S)(R)

8.00 Rob & Romesh vs Team GB

6.00 **The Simpsons** *Homer Scissorhands:* Homer opens a hair salon that becomes very popular. (S)(R)
6.30 *Bart's Friend Falls in Love:* Milhouse falls in love with a new girl. (S)(R)
7.00 **Landscape Artist of the Year** Stephen Mangan hosts the fifth heat aboard HMS *Wellington* at Temple Pier in Westminster. (S)(R)(AD)
8.00 **Rob & Romesh vs Team GB: Winter Special** The comedians conclude their foray into the world of winter sports at the World Curling Championships in Fredericton. (S)(R)(AD)
9.00 FILM **The Matrix** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. A computer hacker learns that he is destined to save humanity from enslavement by a network of artificially intelligent computers. With Hugo Weaving and Joe Pantoliano. (1999, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **Never Mind the Buzzcocks** Comedy music quiz hosted by Greg Davies, with Beth Ditto, Megaman, Nick Grimshaw and Kimberly Wyatt. (S)(R)(AD)
12.30 AM **The Office (US)** (S2) (S)(R)
2.00 **The Force: North East** Officers race to save a man threatening to kill himself. (S)(R)
3.00 **Brit Cops: War on Crime** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.10pm Sportscene: Open All Mics (S) **12.15am** Sportscene: Premiership Highlights (S)(R) **1.00** The Football Interview (S) **1.15** The Kingdom: Kansas City Chiefs New editions (S)(AD) **2.55** Weather for the Week Ahead (S) **3.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
2.20pm Money for Nothing (S)(R) **2.45** Flog It! (S)(R) **3.30** SOS: Extreme Rescues (S)(R) **4.00-4.30pm** Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Dreigiau Cadi **10.15** Stori'r Iaith **11.15** Dim Byd i'w Wisgo **11.45** Ffermio **12.20pm** Busnes Bwyd **1.20** Am Dro! **2.20** Alun, Chris a Kiri yn Seland Newydd **3.20** Prosiect Pum Mil **4.20** Adre **4.50** Iaith ar Daith (AD) **5.50** Cynefin **6.55** Stiwdio24/7 **7.25** Newyddion a Chwaraeon **7.40** LIVE Clwb Rygbi Rhyngwladol **10.05** Amour & Mynydd **11.05-11.40pm** Après: Amour & Mynydd

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **Doctor Who** *The God Complex:* 11/14. The Tardis lands in a mysterious hotel. **7.50** *Closing Time:* 12/14. The Cybermen take over a department store. (S6)
8.35 **Gavin & Stacey** (S2)
9.35 **Mrs Brown's Boys** 1/6.The family await the fruits of their fraud after faking Grandad's death. **10.05** 2/6. Agnes throws Trevor a party. (S2)
10.35 **Dinosaur** New episodes 3/6. Nina's 'work husband' Clay puts a strain on things between her and Lee. **11.05** 4/6. After a drunken mistake, Nina must battle a number of different challenges to try to make up for her error. (S2)
■ Entire series on BBC iPlayer
11.35 **Only Child** 3&4/6. (S1)
12.35 AM FILM **I Give It a Year** Romantic comedy starring Rose Byrne and Rafe Spall. (2013, 15, 97min) ★★★
2.05 **Dinosaur** 2&3/6. (S2)
3.00 **to 4.00** AM **Gavin & Stacey**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **Meet the Ancestors**
7.30 **Great British Railway Journeys** Michael Portillo learns about the HS2.
8.00 **The Good Old Days** Featuring Bernard Cribbins, Bill Pertwee and Des Lane.
8.45 **Hetty Wainthropp Investigates** *Poison Pen:* Robert and Geoffrey embark on a case of their own.
9.35 FILM PREMIERE **The Taste of Things** French romantic drama starring Juliette Binoche, about the relationship between a cook and her employer of the past 20 years. Subtitled. (2023, 12, 135min) ★★★★
11.45 **Juliette Binoche: This Cultural Life**
12.15 AM **Parkinson: The Interviews**
12.55 **Hetty Wainthropp Investigates** As 8.45pm.
1.45 **The Good Old Days**
2.30 **Great British Railway Journeys** As 7.30pm.
3.00 **to 3.30** AM **Meet the Ancestors**

MORE4

136/137 127 | 147 | 18 | 124 | 15

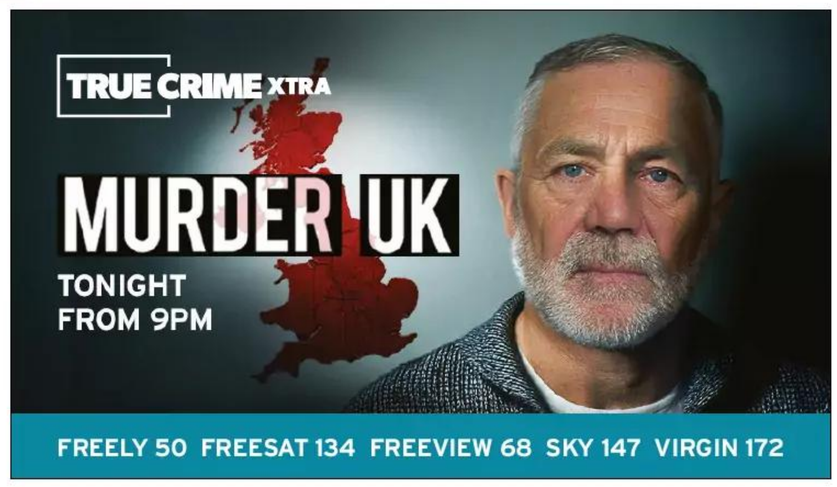
8.55 AM **Four in a Bed**
11.30 **A Place in the Sun**
2.40 PM **Come Dine with Me** Five editions from Newcastle.
5.15 **Four in a Bed** A shorter competition this week begins at the Tiger Inn in Merthyr Tydfil, Glamorgan. **5.50** Tina and Alex host the second visit of the week at Hill House in Bath. **6.20** Kristina and Hanne host the final visit of the week at Romney Marsh Shepherds Huts in Kent.
6.55 **Four in a Bed** The B&Bers fight it out for the prized plaque on payment day. **7.25** Looking back at some of the best and worst accommodation.
7.55 **24 Hours in A&E** A woman is airlifted to hospital after being involved in a road traffic collision. **9.00** A teenager has a life-threatening bleed on the brain, while a 10-year-old gymnast sustains an injury to her wrist. **10.00** A 75-year-old man who fell out of bed is suspected of having a stroke.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia**
7.40 **Modern Family**
8.05 **Ramsay's Kitchen Nightmares USA**
12.00 NOON FILM **Annie** Musical starring Quvenzhané Wallis. (2014, PG, 115min) ★★★
2.20 PM **The Simpsons** Nine episodes, including at: **5.50** *Friend with Benefit:* Lisa becomes friends with a new girl at school. **6.20** *Halloween of Horror:* Lisa is traumatised at Krustyland Horror Night.
6.50 FILM **Sister Act 2: Back in the Habit** Comedy sequel starring Whoopi Goldberg. Las Vegas singer Deloris Van Cartier gets back into a nun's habit to become the music teacher of a failing ghetto school. With Maggie Smith and Kathy Najimy. (1993, PG, 107min) ★★
9.00 **Celebrity Gogglebox** Opinions on *Too Hot to Handle, Only Connect, Smile* and *The Deepest Breath.*
10.00 **Gogglebox** *The Guest, Stranded on Honeymoon Island, The Inheritance* and *The Dog House* are appraised.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.20 **Gogglebox** Double bill.
4.05 **Don't Spook the Bride**
5.00 **to 6.00** AM **Don't Tell the Bride**

primetime



★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: America's Front Line**
8.00 **Customs UK**
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Rapid Response**
12.00 NOON **Caught Red Handed**
2.00 PM **Police 24/7** A policeman has a dilemma concerning a man and a stolen gun. **3.00** A crime prevention unit's car is rammed. **4.00** A man tries to get his car back from the impound yard.
5.00 **Nothing to Declare**

10.00 **Law & Order: SVU**

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

9 PM

9.00 **Law & Order: Criminal Intent** *Alpha Dog:* 15/16. Goren and Eames investigate the death of a popular model. (S8)

10 PM

10.00 **Law & Order: Special Victims Unit** *Rorschach:* 6/22. A woman is found gravely injured in a remote campground. (S26)
11.00 **The Equalizer** 6/10. (S1)
12.00 M'T **Law & Order: Criminal Intent** 6&7/16. (S8)
2.00 AM NEW SERIES **Watson** 1/20. Mystery drama. (S2)
3.00 **Road Wars**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Game of Thrones** (S8)
1.25 PM **Game of Thrones** Six episodes, including at: **3.40** 3/10. Ned finally takes up his role in the king's court. **4.45** 4/10. Ned looks for the truth about Jon Arryn's death. **5.50** 5/10. A suspicious death threatens to overshadow the tournament. **6.55** 6/10. Ned investigates rumours and Tyrion tries to escape the Eyrie. (S1)

10.10 **Under Salt Marsh**

7.55 **Game of Thrones** *You Win or You Die:* 7/10. House Lannister prepares for conflict, Ned confronts Cersei about Jon Arryn's death, and Khal Drogo vows revenge. (S1)

9.00 **True Detective: Night Country** 3/6. Navarro and Danvers get a tip about another former Tsalal worker. (S4)

10.10 **Under Salt Marsh** 4/6. Jackie struggles after her estranged sister returns and reignites years of guilt and betrayal. (S1)
11.10 **Euphoria** 3/8. Rue pursues a new business venture. **12.20** AM 4/8. Nate and Maddy speak face to face. (S2)
1.30 **Game of Thrones** (S1)
3.45 **In Treatment**
4.15 **Fish Town**
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S10)
11.00 **Flintoff's Road to Nowhere**
1.00 PM **Flintoff: From Lord's to the Ring** Triple bill.
4.00 **A League of Their Own: European Road Trip** Jamie Redknapp and Andrew Flintoff head across the Channel in a sailing race. **5.00** Jamie Redknapp and Andrew Flintoff race through Paris on its Formula E circuit. **6.00** Jamie and Andrew head to Monaco to play tennis, and meet Novak Djokovic.

10.00 **Peacemaker**

7.00 **A League of Their Own: European Road Trip** Jamie and Andrew head to Italy, where they take on a pasta-making challenge.

8.00 **A League of Their Own: European Road Trip** Previously unseen clips from the duo's adventure.

9.00 **A League of Their Own: European Road Trip** Highlights of Andrew Flintoff and Jamie Redknapp's adventures.

10.00 **Peacemaker** *Need I Say Door:* 4/8. Harcourt receives an offer from Flag, which comes at a cost to Peacemaker. (S2)
10.55 **Peacemaker** 5/8. Peacemaker makes a decision as his friends try to keep the gang together. **11.45** 6/8. Flag holds Peacemaker accountable. John Cena stars. (S2)
12.35 AM **The Force: North East**
2.45 **Brit Cops: War on Crime**
3.50 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Totally Bonkers Guinness World Records**
7.40 **The Only Way Is Essex**
10.40 **Deal or No Deal**
1.45 PM **The Floor**
2.45 **Ant & Dec's Limitless Win**
3.45 FILM **Hotel Transylvania 2** Animated comedy sequel with the voice of Adam Sandler. (2015, U, 89min) ★★★
5.35 FILM **Marley & Me** Comedy drama starring Owen Wilson and Jennifer Aniston. (2008, PG, 115min) ★★★

7.50 **Dirty Dancing**

7.50 FILM **Dirty Dancing** Romantic musical drama starring Patrick Swayze as a dance instructor at a stuffy Catskills resort who teaches an idealistic teenager about life and love. With Jennifer Grey. (1987, 12, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Love Island All Stars: Unseen Bits** New edition Maya Jama reviews the highlights from the last seven days in the villa.
11.05 **Family Guy** 13/20. Peter is identified as transgender. (S17)
11.35 **Family Guy** 8/20. (S17)
12.05 AM **American Dad!** (S20&14)
1.05 **Bob's Burgers** 12/22. (S12)
1.35 **Olivia Attwood: Getting Filthy Rich**
2.30 **to 3.00** AM **Plebs**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.25 FILM **Carry On Follow That Camel** Comedy starring Jim Dale and Kenneth Williams. (1967, PG, 90min) ★★★
12.10 PM **Rosemary & Thyme**
2.10 **Midsomer Murders** *Murder on St Malley's Day:* A public schoolboy is murdered. **3.50** *A Talent for Life:* A glamorous senior citizen and a distinguished doctor are killed. **5.55** *Painted in Blood:* Barnaby investigates the death of amateur artist Ruth Fairfax.

8.00 **Midsomer Murders**

Midsomer Murders (started at 5.55pm)

8.00 **Midsomer Murders** *A Tale of Two Hamlets:* A stately home is turned into a theme park celebrating the work of local horror writer Ellis Bell, but the opening ceremony is marred by a murder. Guest stars Beth Goddard.

10.00 **Vera** *Dark Angel:* The detective investigates the drug underworld of Newcastle to discover the identity of a man found dead in the river, which leads her back to the site of a 13-year-old murder.
11.55 **Inspector Morse** *Promised Land:* Lewis and Morse pursue a former supergrass all the way to the Australian Outback.
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** A look at the action from the latest matches.
8.00 **Icons of Football** The life and career of striker Steve Archibald.
8.30 **Sacked in the Morning** With Viv Anderson.
9.00 **The Chief** 3/4. A potential newspaper scoop threatens Miekelson's career. **9.30** 4/4. Miekelson dusts off his old charm and gets set to explore the singles scene. (S1)
10.00 **Meet the Buchanans** The inauguration of the newly confirmed chief of Clan Buchanan.
11.30 PM **to 12.00** M'T **The Entertainment Mix** Culture and arts news, presented by Michelle McManus.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
10.30 **Ballers** 7-10/10. (S2)
12.55 PM **Sex and the City**
3.45 **Community** (S5&6)
6.30 **The Office (US)** 20/22. Dwight discovers marijuana in the company car park. **7.00** 21/22. Michael takes over conflict resolution duties. **7.30** 22/22. Dunder-Mifflin hosts a charity casino night. (S2) **8.00** 1/25. Michael lets slip that one of his colleagues is gay. **8.30** 2/25. Ryan goes on a double date. (S3)
9.00 **Josh Widdicombe: Bit Much.** Stand-up show at the London Palladium.
10.15 FILM **The Edge of Seventeen** Comedy drama,starring Hailee Steinfeld. (2016, 15, 104min) ★★★★
12.15 AM **And Just Like That...** 5&6/11. (S2)
2.15 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti in Central Park**
8.15 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.10 PM FILM **Sherlock Holmes and the Secret Weapon** Sherlock Holmes thriller. (1942, b/w, PG, 68min) ★★
2.30 FILM **The Barefoot Contessa** Drama. (1954, PG, 127min) ★★★
5.00 **Landscape Artist of the Year** HMS *Wellington*.
6.00 **Hugh Grant: Love Language**
7.00 **Wuthering Heights** Adaptation of Emily Brontë's classic at Bristol's Old Vic.
9.00 **Queen: Rock the World** Documentary following the band.
10.20 **Greatest Guitar Riffs**
1.20 AM **God Bless Ozzy Osbourne**
3.05 **ZZ Top Live from Texas**
5.05 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security USA**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Africa's Hunters**
5.00 **Africa's Claws and Jaws**
6.00 **Wild Dogs: Pack vs Pride** Double bill.
7.00 **Dogs: An Amazing Animal Family** Patrick Aryee heads to the Americas, home to tree-climbing canines, a bizarre jungle dog and the majestic grey wolf.
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.
9.00 FILM **Charming the Hearts of Men** Drama with Kelsey Grammer. (2021, 12, 107min) ★★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **In with a Shout** Game show hosted by Joel Dommett.
4.00 **Time Is Money** Sara Davies hosts the quick-fire quiz show.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **In with a Shout** The Coburn-Hughes family from South Wales and the Browns from Essex try to answer questions, the correct responses to which are hidden within a montage of moving images.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
11.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** Loft conversions.
12.00 NOON **Kirstie and Phil's Love It or List It**
1.00 PM **George Clarke's Amazing Spaces**
2.00 **Location, Location, Location** Property series.
3.00 **A Place in the Sun**
8.00 **Kirstie and Phil's Love It or List It**
9.00 **Location, Location, Location** House-hunting in south London.
10.00 **First Dates: Be My Valentine**
11.05 FILM **Queenpins** Crime comedy. (2021, 15, 110min) ★★★★
1.15 AM **Gogglebox**
2.15 **The Great Icelandic Swim with Ross Edgley**
3.20 **Sailing the Shipping Forecast with the Rev Richard Coles**
4.15 **to 4.40** AM **Find It, Fix It, Flog It**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Big Match Revisited**
8.25 **The Sweeney**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **The Motorbike Show**
12.30 PM **River Monsters**
1.00 **LIVE Racing** From Ascot, Haydock Park and Wincanton.
4.00 **LIVE Formula E** The Jeddah E-Prix race two at Jeddah Corniche Circuit in Saudi Arabia. Start-time is at 5.05.
6.35 **River Monsters**

6.35 River Monsters

7.00 **American Pickers** Mike Wolfe and Frank Fritz find a vintage guitar during their search through a pile of junk.
8.00 **American Pickers** Mike Wolfe and Frank Fritz pick through the junk at an airport and are tempted by vintage pedal cars.
9.00 **English Football League Highlights** Action from the latest EFL matches, including Portsmouth v Sheffield United.
10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.05 AM **Dark Side of the Ring** The case of Chris Benoit, who murdered his wife and son.
1.00 **Minder**
1.55 **The Sweeney**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster movie starring Christopher Lloyd. (2014, PG, 120min) ★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 25/26. Picard is stunned by a pulse of energy from a mysterious probe. (S5)
6.00 **Star Trek: Voyager** 14/16. B'Elanna is subjected to genetic experiments. (S1)

11.00 Zodiac

7.00 **Star Trek: Voyager** *Jetrel:* 15/16. The inventor of a weapon that nearly wiped out the Talaxian species arrives on the ship.
8.00 **Star Trek: Voyager** *Learning Curve:* 16/16. Tuvok instructs Maquis crew members in Starfleet protocol. (S1)
9.00 **Star Trek: Voyager** *The 37s:* 1/26. The crew stumble across an aircraft from Earth stranded on a planet.
10.00 **Star Trek: Voyager** *Initiations:* 2/26. Chakotay unwittingly condemns a child to death by refusing to fight back. (S2)
11.00 **Westworld** 6/10. Elsie discovers evidence that could point to sabotage.
12.00 M'T 7/10. Delores and William continue to tread into dangerous territory.
1.00 AM 8/10. Maeve looks to change her script.
2.00 9&10/10. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **The Doctor Blake Mysteries**
12.00 NOON **Inspector George Gently** *Son of a Gun.*
2.00 PM **Father Brown** Four episodes, including at: **4.00** *The Requiem for the Dead:* A killer is murdered. **5.00** *The Children of Kalon:* The clerical sleuth must investigate a new chapter of the Church of Apollo.
6.00 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away. (S2)

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 2/10. A role-playing battle in the woods goes wrong. (S2)
8.00 **Death in Paradise** *Murder from Above:* 1/8. A billionaire's fiancée falls from a balcony the day before her wedding. (S7)
9.00 **Father Brown** *The Flower and the Fairway:* A body is discovered in the reeds on a golf course near Kembleford.
10.00 **Death in Paradise** *The Stakes Are High:* 2/8. Jack and his team enter the world of poker when a player is poisoned. (S7)
11.00 **Father Brown** *The Menace of Mephistopheles:* Goodfellow turns to Father Brown for help when he witnesses Mallory frame an innocent man.
12.00 M'T **So Help Me Todd** (S2)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Are You Being Served?**
7.50 **Gavin & Stacey**
12.25 PM **Gavin & Stacey** Ten episodes, Including at: **3.40** Stacey returns to Essex to salvage her marriage. **4.25** First-ever episode starring Mathew Horne. **5.05** Gavin is beside himself with worry after the couple have their first lovers' tiff. **5.40** The couple celebrate their engagement with a party. **6.20** The Shipmans drive to Wales for the wedding fayre.

7.00 dinnerladies

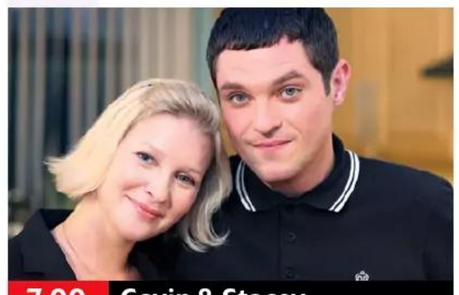
7.00 **dinnerladies** Work experience day leads to chaos for Bren. **7.40** Tony contemplates asking Bren to accompany him on a trip to Marbella.
8.20 **Victoria Wood as Seen on TV** Comedy sketches including Acorn Antiques and Seasons of Love.
9.00 **Victoria Wood's All Day Breakfast** The comedian's parody of daytime magazine programmes from 1992.
10.10 **Victoria Wood as Seen on TV** A camera crew follow a woman's attempts to light her boiler. **10.55** Questioning if Jane Austen would have used a food processor.
11.35 **Victoria Wood's All Day Breakfast** As 9.00pm.
12.40 AM **dinnerladies**
1.55 **Black Ops**
2.55 **to 4.00** AM **Victoria Wood as Seen on TV**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May on the Moon**
8.00 **Hairy Bikers' Best of British**
9.00 **Rick Stein's Long Weekends**
10.00 **Top Gear** Double bill.
12.00 NOON **World's Most Dangerous Roads** Double bill.
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Would I Lie to You?** Six episodes, including at: **5.40** With guests Kevin Bishop, Brian Blessed, Kate Williams and Josh Widdicombe. **6.20** With Rhod Gilbert, Tracy-Ann Oberman, Jamie Laing and Claudia Winkleman.


7.00 Gavin & Stacey

7.00 **Gavin & Stacey** Dave is unhappy to hear about Nessa's plans to visit Essex. **7.40** The Essex boys plan a big night out in Cardiff, but Smithy is concerned about seeing Nessa again.
8.20 **QI** With guest panellists Dara O Briain, Rich Hall and Arthur Smith.
9.00 **Not Going Out** Lee and Lucy make plans to vacate their suburban 'empty nest' property. **9.40** Lee accidentally brings home a second-hand sex doll from the tip. **10.20** Lee borrows an aged campervan to take Lucy away for a weekend.
11.00 **Would I Lie to You?** With Mel Giedroyc and David Haye.
11.40 **Would I Lie to You?**
1.00 AM **QI** As 8.20pm.
1.40 **Dave Gorman: Modern Life Is Goodish** Double bill.
3.35 **to 4.00** AM **James May at the Edge of Space**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S6)
2.00 PM **NCIS** Seven episodes, including at: **6.00** *Sharif Returns:* 13/24. A terrorist threatens to unleash a chemical attack. **7.00** *Blowback:* 14/24. An arms dealer steals secret launch codes. **8.00** *Friends & Lovers:* 15/24. A sailor's body is discovered in a disused restaurant. (S4)
9.00 **Instinct** *Big Splash:* 4/11. The stepmother of a girl celebrating her 16th birthday falls to her death. (S2)
10.00 **Law & Order: Special Victims Unit** *Plastic:* 11/24. A plastic surgeon is accused of rape. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&19)
1.50 **to 3.50** AM **Murder, She Wrote**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Home and Away**
10.00 **Shoplifters: Caught Red Handed** Double bill.
12.00 NOON **Nightmare Tenants, Slum Landlords** Four editions.
4.00 PM **Fare Dodgers: At War with the Law**
7.00 **FILM 50 First Dates** Romantic comedy starring Adam Sandler. A philandering Hawaii vet falls for a woman who suffers short-term memory loss and finds that he has to woo her afresh every day. (2004, 12, 99min) ★★★
9.00 **FILM Fifty Shades of Grey** Adult drama starring Jamie Dornan. (2015, 18, 120min) ★★
11.35 **Accused** 12&13/15. (S1)
1.30 AM **Murder Suspect No 1** Documentary.
2.25 **Forensics: Murder Scene** Documentary.
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Winter Road Rescue**
9.45 **Police Interceptors**
11.45 **Motorway Cops: Catching Britain's Speeders** Five editions of the series, including at: **3.45** PM PC Martain Anderson stops a car thought to be linked to organised crime.
4.45 **FILM Sabata** Spaghetti western starring Lee Van Cleef. (1969, 12, 107min) ★★
7.00 **FILM Vera Cruz** Western starring Gary Cooper and Burt Lancaster. (1954, PG, 94min) ★★★
9.00 **FILM Sniper** Action thriller starring Tom Berenger and Billy Zane as a mismatched pair of assassins sent into the Panamanian jungle to eliminate a rebel leader.. (1992, 15, 97min) ★★★
11.00 PM **to 4.00** AM **Banged Up Abroad**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** Four editions, including at: **5.00** A doctor fights for his life after a head-on collision with a truck. **6.00** A minibus collides with a stolen car.
7.00 **Nurses on the Ward** Renal nurse Neil treats a dialysis patient. **8.00** Mahbuba treats a two-year-old with a high temperature.
9.00 **The Catherine Tate Show** Triple bill.
10.55 **Emergency: First Time Medics** It's the Reading Festival, and the junior doctors have no idea what's in store for them.
11.55 **Louis Theroux – A Place for Paedophiles**
12.55 AM **Louis Theroux: Gambling in Las Vegas**
1.45 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.05 AM **Birds of a Feather**
8.45 **Lovejoy**
12.15 PM **Father Brown**
1.15 **New Tricks**
3.55 **Jonathan Creek**
5.00 **The Marlow Murder Club** Mystery drama.
7.00 **The Brokenwood Mysteries** 6/6. (S8)
9.00 **Whitechapel** 1/6. Chandler and Miles investigate the deaths of four people. (S3)
10.00 **Catch Me a Killer** *The Phoenix Strangler – Part One:* 8/11. Micki heads to Durban after a series of bodies are found in fields. **11.00** *The Phoenix Strangler – Part Two:* 9/11. The case continues with more bodies being discovered. (S1)
12.00 M'T **The Inspector Lynley Mysteries**
2.00 AM **New Tricks**
3.05 **to 4.00** AM **Ladies in Black**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Flipping Bangers**
11.00 **Joanna Lumley's Silk Road Adventure**
1.00 PM **Canal Boat Diaries**
4.00 **Mediterranean with Simon Reeve**
5.00 **Simon Reeve's South America** Double bill.
7.00 **Classic Car Kings**
8.00 **Bangers & Cash** Paul and Charlie collect a Daimler Sovereign.
9.00 **Bangers & Cash: Restoring Classics** The team sniff out a bargain Porsche and do a DIY job on a Fiat.
10.00 **Bangers & Cash** Paul hits the road to collect an old navy ambulance. **11.00** Dave travels to Bedale to extract a barn find – a 1984 Manta GTE.
12.00 M'T **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

SATURDAY Entertainment

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing** Katie Keat attempts to bring a wooden swivel seat back to its best. **7.00** A collection of glass jars keeps upcycling expert EJ Osborne busy. **8.00** Sarah Moore views a redundant desk.
9.00 **My Lottery Dream Home** A couple seek a deluxe city retreat. **9.30** A desert oasis.
10.00 **Celebrity IOU** New edition Tyra Banks plans a renovation for her best friend from school.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 4-8/22. (S7)
1.00 PM **Little House on the Prairie** Eight episodes of the series, including at: **7.00** *Make a Joyful Noise:* 15/22. Joe tries to change Hester Sue's mind. **8.00** *Goodbye, Mrs Wilder:* 16/22. Laura quits her job. (S7)
9.00 **Ruth Rendell Mysteries** *Harm Done:* A child goes missing shortly after a paedophile moves onto a local estate – and soon vigilante justice threatens to usurp the rule of law.
11.05 FILM **George and Mildred** TV comedy spin-off starring Yootha Joyce and Brian Murphy. (1980, PG, 93min) ★
1.05 AM **Home to Roost**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
10.20 FILM **40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
12.25 PM FILM **Rawhide** Western. (1950, b/w, PG, 86min) ★★
2.20 FILM **Yellow Sky** Western. (1948, b/w, PG, 98min) ★★★
4.35 FILM **Night Passage** Western drama. (1957, U, 90min) ★★
6.35 FILM **Gray Lady Down** Suspense drama. (1977, PG, 111min) ★★
9.00 FILM **Rambo: First Blood Part II** Action thriller sequel. (1985, 15, 96min) ★★★
11.05 FILM **Contract to Kill** Action adventure. (2016, 15, 90min) ★★
1.05 AM **The Baron**
4.00 FILM **Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
5.25 **to 6.00** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Police Ten 7**
8.30 **Diagnosis Murder**
9.30 FILM **Dead Over Diamonds** (2020) ★★
11.25 FILM **Her Last Breath** Thriller. (2019, PG) ★★
1.20 PM FILM **Lost Letter Mysteries for Christmas** Drama. (2014, PG) ★★
3.15 FILM **Murder Ever After** Thriller. (2021, PG) ★★
5.10 **Hailey Dean Mysteries**
7.05 FILM **Real Murders** Drama. (2015, PG) ★★
9.00 FILM **Nelly Knows: A Fatal Engagement** Crime mystery. (2024, PG, 89min) ★★
10.55 FILM **Guilty Until Proven Innocent** Thriller. (2016, PG, 85min) ★★
12.50 AM FILM **Crimes of Passion** (2005) ★★★
2.30 FILM **Dying for a Baby** Thriller. (2019, 12) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM FILM **Starting Up Love** Romantic comedy. (2019, PG, 77min) ★★
10.00 FILM **Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
12.00 NOON FILM **Royally Ever After** Comedy. (2018, PG, 85min) ★★
1.55 PM FILM **One Winter Proposal** Comedy. (2019, PG, 84min) ★★
3.50 FILM **It Was Always You** Drama. (2021, PG) ★★
5.45 FILM **Accidentally Engaged** (2016) ★★
7.40 FILM **The Engagement Dress** Romantic drama. (2023, PG, 90min) ★★
9.35 FILM **Frozen in Love** Romantic drama. (2018, PG, 84min) ★★
11.30 FILM **Baking Up Love** Drama. (2021, PG) ★★
1.30 AM FILM **One Winter Proposal** (2019) ★★
3.10 **to 5.00** AM **Highway to Heaven**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Lovers** (S2)
8.00 **The Top Secret Life of Edgar Briggs**
9.00 **The Fenn Street Gang**
10.30 **The Dustbinmen**
12.00 NOON **The Champions**
1.00 PM **Boon** 2/13. (S3)
2.00 **Wish Me Luck** (S1)
5.00 **The Fenn Street Gang**
6.00 **The Champions** 27/30.
7.00 **The Top Secret Life of Edgar Briggs** (S1)
8.00 **Boon** 2/13. (S3)
9.00 **Dark Skies** *The Last Wave:* 11/20. John and Kim meet Jim Morrison in Los Angeles. (S1)
10.00 FILM **Sex with the Stars** Erotic comedy. (1980, 18, 90min) ★
12.00 M'T **Stereo Underground**
1.00 AM **London in the Raw**
2.30 **The Lovers** (S2)
3.00 **The Prime of Miss Jean Brodie** 2/7. (S1)
4.00 **Dark Skies** 11/20. (S1)
5.00 **to 6.00** AM **Stereo Underground**

DMAX

158 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **The Snake Catcher**
2.00 **Outback Crystal Hunters** Double bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** The hoard amassed by a rock band's lead singer. **8.00** A man is given days to clear his 8ft-high mountain of belongings.
9.00 **Paranormal: Caught on Camera** A phantom monk roams around a 13th-century church.
10.00 **Ghost Adventures** A mansion soaked in tragedy and bloodshed. **11.00** Zak Bagans and the crew investigate a historic mansion in Montecito, California.
12.00 M'T **Unexplained: Caught on Camera**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Nadiya's Fast Flavours**
12.00 NOON **Nadiya's Time to Eat** Double bill.
1.00 PM **James Martin's French Adventure**
3.00 **Mary Berry's Quick Cooking** Six editions.
6.00 **Mary Berry's Simple Comforts** Behind the scenes at Heathrow.
7.00 **Secret Eats with Adam Richman** Double bill.
8.00 **Adam Richman Eats Italy** Adam tastes iconic foods in Florence. **8.30** Adam visits Milan to taste the city's food.
9.00 **Diners, Drive-Ins and Dives** Eight editions.
1.00 AM **Diners, Drive-Ins and Dives: Triple D Nation** Double bill.
2.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
9.00 **The Invaders** (S1)
2.00 PM FILM **Zulu** Historical action adventure. (1963, PG, 138min) ★★★★★
4.40 FILM **The Shooting** Haunting Western. (1966, 15, 82min) ★★★
6.15 FILM **The Lost Continent** Adventure. (1968, PG, 98min) ★★★
8.00 **The Twilight Zone** (S4)
9.00 FILM **Man of Tai Chi** Martial arts adventure starring Tiger Hu Chen and Keanu Reeves. (2013, 15, 100min) ★★★
11.05 FILM **The Asian Connection** Thriller starring Steven Seagal and John Edward Lee. (2016, 15, 90min) ★★
12.55 AM FILM **Outlaw** Thriller. (2006, 18, 104min) ★★
3.00 **to 5.00** AM FILM **The Shed** Horror. (2019, 15, 98min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 FILM **The Gambler III: The Legend Continues** Western drama sequel starring Kenny Rogers. (1987, PG, 240min) ★★
2.00 PM FILM **Super Cyclone** Disaster movie with Nicholas Turturro. (2012, 12, 90min) ★
4.00 **The Lost World** (S1)
9.00 FILM **The Mask of Zorro** Adventure starring Anthony Hopkins. (1998, PG, 137min) ★★★★
11.40 FILM **Acceleration** Action adventure starring Dolph Lundgren. (2019, 15, 85min) ★★
1.25 AM FILM **Curse of the Crimson Altar** Witchcraft horror thriller. (1968, 15, 87min) ★★
3.10 FILM **Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Hardcore Pawn**
7.35 **The Curse of Civil War Gold** Eight editions.
3.05 PM **What on Earth?**
6.00 **History's Greatest Mysteries** Examining the sacred Holy Grail. **7.00** Malaysia Airlines Flight 370, which disappeared in 2014. **8.00** A case involving the 1945 disappearance of five children in Fayetteville, West Virginia.
9.00 **Holy Marvels with Dennis Quaid** The actor marvels at the people who built Stonehenge and the Moai statues.
10.00 **Clash of Ancient Warriors** The Battle of Agincourt, contested in 1415 during the Hundred Years' War between England and France.
11.00 **The UnXplained with William Shatner**
1.00 AM **Strangest Things**
2.00 **to 6.00** AM **UFO Files**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
5.00 PM **Murder, She Wrote** *Portrait of Death:* Jessica's friend wins a fortune in a sweepstake. **6.00** *Deadly Assets:* Jessica helps to clear a fisherman of murder.
7.00 **Abandoned Engineering**
8.00 **Battle Front: WWII Road to Victory** An attack on the US Pacific fleet at Pearl Harbor. **8.30** The invasion of the Philippines the day after Pearl Harbor.
9.00 **The Great Escape: A Daring Plan** The story of the audacious World War Two prison break.
10.00 **The Great Escape: Breakout** The X Committee are devastated when their tunnel is discovered.
11.00 **The Great Escape: Capture** Documentary.
12.00 M'T **to 4.00** AM **Wentworth Prison**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase**
5.00 **The Chase Celebrity Special** With Nicholas Owen, Laila Rouass, Tim Vine and Vanessa Feltz. **6.00** With Ranvir Singh, John Sergeant, Mariella Frostrup and Ugo Monye.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Nick Hancock, Jenny Eclair, Michelle Collins and Rufus Hound take part in the quiz.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 24/24. Sheldon presses Leonard and Penny to choose a date for their wedding. (S8) **8.30** 1/24. Penny struggles with Leonard's confession that he kissed another woman. (S9)
9.00 FILM **Blades of Glory** Comedy with Will Ferrell and Jon Heder. Rival figure skaters discover a loophole enabling them to compete in the world championships as a same-sex pair. (2007, 12, 93min) ★★★
11.00 **Mock the Week**
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Friends** (S7&8)
12.00 NOON FILM **EDtv** Satirical comedy. (1999, 12, 123min) ★★★★
2.15 PM **Friends** (S8)
8.00 **Friends** 17/24. Joey tries to avoid Rachel. **8.30** 18/24. Monica is upstaged by Ross. (S8)
9.00 FILM **Shanghai Noon** Western comedy. (2000, 12, 109min) ★★★
11.10 **Kevin Bridges: A Whole Different Story**
12.10 AM **Al Murray Live – Barrel of Fun**
1.10 **Whose Line Is It Anyway? USA**
1.35 **8 Out of 10 Cats Uncut**
2.25 **Drunk History: Black Stories** Double bill.
3.20 **Dragony Aunts**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S8)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 2.00pm.
10.00 **Everybody Loves Raymond** (S8)
12.00 NOON **Friends** (S8)
2.00 PM **Michael McIntyre's Big Show** With guests Rylan, Joel Corry and Tom Grennan.
3.00 **Everybody Loves Raymond** (S8)
8.00 **Everybody Loves Raymond** 7/16. Debra invites her parents to Thanksgiving dinner. **8.30** 8/16. Marie displays favouritism toward Robert. (S9)
9.00 **Friends** (S8&9)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S8)
4.30 **Jimmy Carr's Am I the A**hole?** A man steals from shopping trollies.
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s**
8.30 **For the Love of Ada**
9.20 **Mr Bean** 2/14. (S1)
10.25 **Birds of a Feather**
2.10 PM **Steptoe and Son**
5.55 **Just Good Friends Christmas Special** (S2)
7.55 **Minder** 9/11. (S4)
9.00 **Benidorm** 1/7. The gang return for a goodwill stay at the Solana. Guest stars Sheridan Smith. (S3)
9.55 **Shameless** 2/8. Lip meets a new partner in crime. (S3)
10.55 **Man About the House**
11.25 **Rising Damp Christmas Special** 8/8. (S2)
11.55 **Benidorm** As 9.00pm.
12.55 AM **Shameless** (S3)
1.55 **The Kenny Everett Video Show**
2.20 **Man About the House**
2.45 **Duty Free** 2/7. (S2)
3.10 **The Osbournes** (S1)
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Trainspotting**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Teen Mom 2**
8.00 **16 and Pregnant**
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Fiendish Friends**
7.00 **Catfish: The TV Show** A woman is saving herself for a model she is dating online. **8.00** Stephanie has been talking to Danny for ten years but has never video chatted.
9.00 **True Life Crime UK** The disappearance of teenager Alex Davies.
10.00 FILM **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 102min) ★★★
12.00 M'T **Help! I'm in a Secret Relationship!**
1.00 AM **Caught in the Act: Unfaithful** Reality series.
2.00 **Black Ink Crew New York** Double bill.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

14 February **Saturday**

Discovery

125/126 138 177 320 325

6.00 AM **Expedition X**
12.00 NOON **Gold Rush** Tony Beets' dynasty hangs in the balance. **1.00** PM Parker decides to buy Dominion Creek. **2.00** The Klondike's gold miners battle nature's wrath. **3.00** Examining the biggest and toughest gold mining equipment on earth. **4.00** Chris Doumitt talks about his journey. **5.00** Parker hopes to bring more gold to Dominion Creek. **6.00** Rick Ness stakes new ground for his empire.

7.00 Scrapyard Dynasty

7.00 Scrapyard Dynasty Lyndsay boosts business at the on-site cafe, and the most expensive car in the yard falls from its rack.
8.00 Secrets Underground Rob Nelson investigates a network for major fault lines that could set off a mega-quake.
9.00 Ed Stafford: Man Woman Child Wild Ed takes his wife and their two-year-old son on an epic adventure.
10.00 Expedition Unknown Josh Gates joins a daring experiment using 3D scans to replicate the ancient pyramid build.
11.00 Expedition Files DNA finally reveals the ID of a body found on a beach over 80 years ago.
12.00 M'T **Moonshiners** Mark delivers a major blow, forcing Mike to rethink his strategy.
1.00 AM **Moonshiners** Double bill.
3.00 to 5.00 AM **Street Outlaws: Locals Only**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Crikey! It's the Irwins
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 The Zoo A sea lion falls ill after eating a foreign object. **4.00** Keepers notice a snow leopard is struggling to walk.
5.00 Treehouse Masters Pete Nelson creates a climber's haven for an arboreal couple.
6.00 Preposterous Pets The story of a couple who share their home with hippos.

7.00 How Do Animals Do That?

7.00 How Do Animals Do That? How a fish makes a weapon out of water. **7.30** Communication methods used by cats.
8.00 Extinct or Alive Biologist Forrest Galante explores the island of Java in Indonesia in search of the Javan tiger.
9.00 Alaskan Bush People: Bushcraft Chronicles The Browns reveal the means by which they power their settlement.
10.00 Tanked A tank with a *Wizard of Oz* themed interior that will have fish swimming down the yellow brick road.
11.00 Alaska: The Last Frontier
12.00 M'T **Edge of Alaska** Neil starts the first Motherlode tour. **1.00** AM Jeremy battles rising river levels to secure timber for the lumber project.
2.00 The Haunted Documentary.
3.00 Extinct or Alive
4.00 to 5.00 AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ultimate Supercar**
9.00 Car S.O.S Triple bill.
12.00 NOON **Engineering Europe**
1.00 PM **Air Crash Investigation**
2.00 Gladiators: Warriors of the Ancient World A Pompeii gladiator who survived the games, but not Vesuvius.
3.00 Vikings: The Rise and Fall
5.00 Destruction Decoded Forgotten shipwrecks to headline disasters at sea.
6.00 Air Crash Investigation A plane that crashed into the Himalayan foothills.

12.00 Engineering Europe

7.00 World War II: Secrets from Above Fighting breaks out in Stalingrad in the bloodiest battle of World War Two.
8.00 Hitler's Last Stand In 1944, it falls to a small group of US soldiers to capture the all-important Fort Koenigsmacker.
9.00 Hitler's Last Stand A non-combat adjutant ends up commanding on the front line during a battle on the Rhine.
10.00 No Man Left Behind Examining the story of the Battle of Mogadishu and a pilot who was held captive for 11 days.
11.00 Pole to Pole with Will Smith In the Kalahari Desert, Will aims to uncover the rich culture and ancient knowledge of the San people.
11.45 Air Crash Investigation
2.40 AM **Inside Airport Lost & Found** Double bill.
4.30 to 5.00 AM **Food Factory**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 Full Custom Garage
10.00 The Curse of Oak Island
11.00 Storage Wars Six editions.
2.00 PM **Digging for Britain** Life during the Bronze Age. **3.00** Stone Age ancestors. **4.00** Work being carried out in the east of England.
5.00 Lost Grail with Alice Roberts Exploring Britain's Holy Grail legend and sacred relics.
6.00 Gold Wars Downunder Three hardcore mining teams battle it out to unearth the most gold.

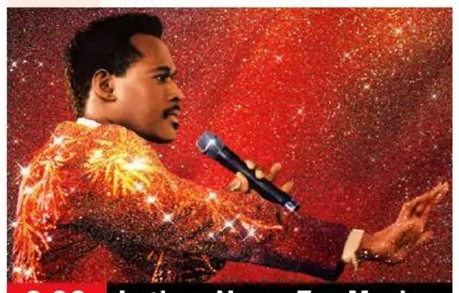
9.00 Hitler's Holocaust Railways

7.00 Beyond the Myth: The SS Unveiled How a small group of thugs rose to become the most feared organ in the Nazi state.
8.00 Beyond the Myth: The SS Unveiled Examining the life and nefarious career of Heinrich Himmler, who led the SS.
9.00 Hitler's Holocaust Railways with Chris Tarrant The use of trains in transporting millions of prisoners to ghettos and death camps.
10.40 Hells Angels: Kingdom Come A raging war with the Bandidos forces the Hells Angels to work with an old rival.
11.40 Storage Wars Brandi and Jarrod hit it big when they test the waters, while Mary cranks up her profit to the sweet sound of success.
12.10 AM **Full Custom Garage** Ian Roussel talks about past builds. **1.10** A unique fabrication.
2.10 Digging for Britain
5.00 to 6.00 AM **Lost Grail with Alice Roberts**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Tom Hanks**
7.00 Discovering: Denzel Washington A profile.
8.00 The Directors
9.00 Steve McQueen: The Lost Movie Documentary exploring an unfinished movie.
10.50 My Icon: Leon Pryce
11.00 I Am Raquel Welch
12.45 PM **My Icon: Denise Lewis**
1.00 Bardot Brigitte Bardot's life.
3.00 I Am Luke Perry
4.40 My Icon: Rachel Yankey
5.00 I Am Patrick Swayze A tribute to the actor.


8.00 Luther: Never Too Much

6.50 The Barry White Story: Let the Music Play The singer's life and career, including his decision to go into music.
8.00 Luther: Never Too Much The life of soul singer Luther Vandross, from his childhood musical talent to worldwide fame. Contributors include Jamie Foxx, Mariah Carey and Dionne Warwick.
10.00 Love to Love You, Donna Summer Profile of the singer, following her career from the avant-garde music scene in Germany, to the dance clubs in New York.
12.10 AM **Hitsville: The Making of Motown** The history and origins of the Motown record label.
2.20 The Legend of the Underground Documentary lifting the lid on the rampant discrimination in Nigeria.
4.00 to 6.00 AM **The Loneliest Whale: The Search for 52**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 Wheeler Dealers
3.00 PM **Shed and Buried**
7.00 Richard Hammond's Workshop Richard wants to take the business to a new level by using social media.
8.00 The Repair Shop Items include an alabaster light shade and a piano stool. **9.00** A Victorian portrait of a formidable woman is restored.
10.00 The Yorkshire Auction House Angus Ashworth helps a widower sell nautical treasures.
11.00 Outback Opal Hunters The Cheals are finally getting their second agitator up and running.
12.00 M'T **Treasure Hunters Down Under**
1.00 AM **Curse of the Bermuda Triangle**
3.00 to 5.00 AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops San Francisco**
7.00 Forensic Detectives
9.00 Cops UK: Bodycam Squad Double bill.
11.00 A Killer's Mistake
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Judge Rinder's Crime Stories** Six editions of real cases.
9.00 NEW SERIES **The Friday the 13th Murders** A Satan-obsessed teen stalks a Texas town.
10.00 Police 911: Michigan New edition Aspiring rapper Michael Munson is found shot in his car.
11.00 The Murder of Arthur Labinjo-Hughes: A Faking It Special
12.00 M'T **Murder on CCTV**
1.00 AM **The Grindr Killer: A Faking It Special**
2.00 Murder Comes to Town
3.00 to 4.00 AM **FBI Files**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 Judge Judy A US Coast Guard sues his ex-girlfriend for half the cost of a bulldog. **7.30** Judge Judy gets to the bottom of more emotional cases. **8.00** A woman accuses the father of her child of taking her car without permission and wrecking it while driving drunk. **8.25** A woman demands that her grandson's father pay for childcare costs and a loan – he claims it was all a gift. **8.50** Slapping an 11-year-old girl is the accusation laid against a man by his neighbour, so he countersues for harassment.
9.15 Judge Judy Real-life small-claims cases.
12.10 to 6.00 AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Facing Evil**
4.00 Crimes That Shook Australia Double bill.
6.00 The Black Widow Murders A Canadian woman leaves a trail of lovers falling victim to mysterious illnesses. **7.00** A murder scene is staged to look like a drug deal gone wrong. **8.00** A fire dispatcher is found dead after a fire.
9.00 Murder UK A vulnerable woman from the UK vanishes in 2019. **10.00** Faye finds the man of her dreams, until signs of abuse emerge. **11.00** Raneem Oudeh learns her husband is already married. **12.00** M'T A woman vanishes in 1998.
1.00 AM **The Black Widow Murders** Triple bill.
4.00 to 6.00 AM **Murder UK**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
8.00 Brit Cops: Law & Disorder Documentary.
9.00 Caught on Dashcam
10.00 Stop, Search, Seize
11.00 Police 24/7 Triple bill.
1.45 PM **Murder Uncut**
4.30 World's Most Evil Killers
5.30 How I Caught the Killer Anna Wilson's murder. **6.30** A woman becomes a suspect after her best friend is murdered.
7.30 Murders at the Boarding House The story of boarding house owner Dorothea Puente.
10.00 Charmed by the Devil Examining the crimes of serial killer Doug Gretzler.
11.45 World's Most Evil Killers
12.50 AM **Britain's Most Evil Killers** Stephen Farrow.
1.55 How I Caught the Killer
3.00 Murder Uncut
4.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Britain's Biggest Dig**
11.55 Lost Cities of Rome
1.00 PM **Mary Beard's Ultimate Rome: Empire Without Limit**
6.00 Lost Cities of Rome Exploring buried and forgotten cities of the ancient world.
7.00 Mary Beard's Ultimate Rome: Empire Without Limit The scholar explores the myths and revolutions of the Roman Empire. **8.15** A look at the physical world of the Roman Empire. **9.30** Examining identity and citizenship within the Roman Empire, including what it meant to become Roman. **10.45** How and why the Roman Empire fell.
12.00 M'T **Lost Cities of Rome** As 6.00pm.
1.05 to 2.00 AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY

Saturday

Sky Nature

145 113/114 189 354 369

6.00 AM **Mysteries of Evolution**
7.00 **Super Shark Highway**
10.00 **Snow Leopards with Dan O'Neill** Double bill of editions.
12.00 NOON **Extraordinary Animals**
1.00 PM **My Best Friend's an Animal**
2.00 **Bugs That Ruled the World**
4.00 **Europe's Amazon**
6.00 **David Attenborough's Dragons and Damsels**
7.00 **Attenborough's Journey** The making of David Attenborough's series *First Life*.
8.00 **Battle of the Alphas** The alphas are ready for battle. **8.30** A sandhill crane leads a deathly dance.
9.00 **Super Shark Highway** The northern team put a satellite tracker on a great white.
10.00 **Land of the Far North** Exploring the challenges for nature in the Arctic Circle. **11.00** Life in the Arctic Circle during the harsh winter months.
12.00 M'T **Battle of the Alphas**
1.00 AM **Super Shark Highway**
2.00 **Kingdom of the Tide**
3.00 **to 6.00** AM **Alien Abyss**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships**
10.00 **NEW SERIES The K-Gim Revolution** The thorough quality management systems of the Korean seaweed industry.
11.00 **The Great British Dig: History in Your Back Garden**
1.00 PM **Secrets of Great British Castles** The Tower of London.
2.00 **Ancient Aliens**
4.00 **Egypt's Unexplained Files**
5.00 **Ramses the Great: King of Ancient Egypt**
6.00 **Pharaohs at War**
7.00 **Queens of Ancient Egypt**
8.00 **History's Greatest Mysteries** The pyramids of Egypt.
9.00 **Ross Kemp: Mafia and Britain**
10.00 **WWII Battles in Colour**
11.00 **Ancient Aliens** Double bill.
1.00 AM **Behind History**
2.00 **Beyond the Myth: The SS Unveiled** Reinhard Heydrich.
3.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
4.00 **Hitler's Secret Bomb**
5.00 **to 6.00** AM **The Secret Nazi Expeditions**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
1.00 PM **How Do They Do It?**
2.00 **Truth Behind the Moon Landing** Double bill.
4.00 **NASA's Unexplained Files**
6.00 **How It's Made** Four editions.
8.00 **Paranormal Declassified** Paul looks for answers in a 60-year-old string of unsolved cattle mutilations across the US. **9.00** Paul searches for evidence of extra-terrestrials.
10.00 **Curse of the Bermuda Triangle** Experts investigate the disappearance of people who have gone missing swimming in the Bermuda Triangle. **11.00** Searching for the truth behind one of the Triangle's most infamous mysteries.
12.00 M'T **In Search of Monsters**
2.00 AM **The Alaska Triangle**
3.00 **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** True-crime.
3.40 PM **My Strange Arrest**
5.00 **Buried in the Backyard**
6.00 **The Real Murders of Atlanta** A young mother is assassinated by a disguised assailant in front of her toddler in a parking lot. **7.00** An 11-year-old boy finds his mother brutally slain.
8.00 **Killer Grannies** A grandmother found wounded on the roadside tells rescuers that her husband is missing.
9.00 **Murder on Trial** The discovery of three bodies in secluded parts of Daytona Beach.
10.00 **Don't Open the Door** Chilling true-crime tales of lives changed by a knock on the door.
11.00 **Fear Thy Neighbour**
1.00 AM **Sin City Gigolo: A Murder in Las Vegas**
2.20 **Hometown Tragedy**
3.15 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Animal Fight Club**
9.00 **Heartland Docs**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Ark of Stone: The Voyage of Sardinia** Documentary.
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Dr Erin removes mysterious mammary lumps from a hunting dog.
8.00 **Europe from Above** Exploring the impenetrable defences of Wales's biggest castle. **9.00** Aerial footage of the Greek Islands, including the Santorini skyline, Corfu's Venetian fortress and a summer festival with a fiery twist.
10.00 **Vanishing Kings: Desert Lions of Namib** Five young lions set out to establish their own kingdom in the unforgiving Namib Desert.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Fish Tank Kings**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Experts explore how close the Earth has come to destruction. **7.00** Experts explore the most astonishing discoveries of the Voyager spacecraft. **8.00** Some of the brightest minds on the planet explore the limits of human knowledge.
9.00 **Prehistoric** How giant serpents once fought in what is now Denver, Colorado, and dinosaurs battled in tropical rainforests. **10.00** How oversized armadillos, scimitar-toothed cats and the Tylosaurus, a large ocean-dwelling reptile, once roamed Dallas millions of years ago. **11.00** A clash of continents in prehistoric Los Angeles.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Sorry!** Six episodes.
1.00 PM **Sorry!** Back-to-back episodes, including at: **7.00** 1/6. Tim chances upon the extra-marital affair of a local businessman, who offers him a contract to write a book, as well as a large sum of money to keep quiet. **7.40** 6/6. Timothy is evicted from the family home for destroying his parents' car. (S5) **8.20** 3/6. Tim is reading a steamy book to a ward of male patients, and decides to donate the tome to the local hospital. **9.00** 4/6. A local widow attracts Father's attentions, and with Mother's constant harping about her intentions, Timothy bears the brunt of her worry. **9.40** 5/6. In the middle of an economy drive, Timothy's bank account comes under scrutiny. **10.20** 6/6. Timothy throws a party while his parents are attending a ball. (S4)
11.00 PM **to 6.00** AM **Sorry!**

+1 hour 266 376

ID

154 140 166

8.00 AM **Mean Girl Murders**
10.00 **Killer Unknown**
12.00 NOON **Mother, May I Murder?**
2.00 PM **Murder in the Heartland**
4.00 **Disappeared** Double bill.
6.00 **Who the (Bleep) Did I Marry?** The crimes of Adam Lynch. **6.30** A look into the crimes of gambler Ernie Scherer III. **7.00** The crimes of nursing assistant Halinton Williams. **7.30** The case of Kevin Cobb, who was convicted of molesting his daughter.
8.00 **Obsession: Dark Desires** How a jealous lover turned his rage on his girlfriend.
9.00 **Married to Evil** A woman plans to leave her controlling and violent husband.
10.00 **Who the (Bleep) Did I Marry?** Law enforcement student Amanda Sigers marries med student Sayantan 'Sy' Ghose.
11.00 **Love, Honor, Betray**
12.00 M'T **Fatal Affairs**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Bride Killa**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Kindig Customs**
10.00 **FourWheeler**
11.00 **Bad Chad Customs**
12.00 NOON **Sewer Divers**
5.00 PM **Texas Metal**
7.00 **Texas Metal** The team revamp a 1934 Buick into a lowrider.
8.00 **Garage Squad** A '57 Gasser that has been sitting for decades. **9.00** Having been seriously injured, a mechanic's life was turned upside down. Now his best friend wants the team to fix up his '93 Chevy Dually. **10.00** A twist of fate reunites a man with a truck he once bought from a former boss.
11.00 **Shed and Buried** Sheds full of classic bikes, vintage cars and extraordinary limousines. **11.30** A fanatical biker with a huge collection in Yorkshire. **12.00** M'T Henry and Sam visit a collector of Americana. **12.30** AM Henry and Sam visit the sheds of a bike builder with a collection of rare bikes.
1.00 **to 4.00** AM **Kindig Customs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.20 AM **Super Charlie** Family animation. (2025, PG, 82min)
7.50 **How to Train Your Dragon**
10.05 **Xeno** As shown at 1.00am.
11.55 **Neighborhood Watch** Thriller. (2025, 15, 92min)
1.35 PM **M3GAN 2.0** Thriller sequel. (2025, 15, 120min) ★★★
3.45 **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
5.45 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★

9.30 Bone Lake

8.00 **The Naked Gun** Comedy starring Liam Neeson. Following in the footsteps of his legendary father, Frank Drebin Jr must save his police department by solving a case. (2025, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **PREMIERE Bone Lake** Thriller starring Alex Roe. A couple's holiday is upended when they're forced to share a mansion with a mysterious couple. (2024, 18, 95min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Reckless** Comedy starring Scott Adkins and Vinnie Jones. (2026, 15, 105min)
1.00 AM **Xeno** Fantasy starring Lulu Wilson and Omari Hardwick. (2025, 15, 103min) ★★★
2.50 **The Toxic Avenger** Comedy horror starring Peter Dinklage. (2023, 18, 102min) ★★★
4.40 **to 6.30** AM **Neighborhood Watch** As shown at 11.55am.

Sky Cinema Adventure

303 303 403 503 517

6.00 AM **The Last Airbender** (2010)
7.50 **Journey to the Center of the Earth** As 2.25am.
9.35 **Spider-Man** As 12.15am.
11.45 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
1.45 PM **How to Train Your Dragon** As 10.00pm.
4.00 **Peter Pan** Fantasy adventure. (2003, PG, 113min) ★★★★
6.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★

8.00 Spider-Man: Into the...

8.00 **Spider-Man: Into the Spider-Verse** Animated adventure with the voice of Shameik Moore. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **How to Train Your Dragon** Fantasy adventure starring Mason Thames and Nico Parker. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Spider-Man** Adventure. (2002, 12, 121 min) ★★★★
2.25 **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★
4.05 **to 6.00** AM **The Last Airbender** Fantasy adventure. (2010, PG, 103min) ★★

Sky Cinema Drama

310 310 410 510 524

7.05 AM **Jerry Maguire** Comedy. (1996, 15, 139min) ★★★★
9.25 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
11.25 **It Ends with Us** Romantic drama. (2024, 15, 125min) ★★★
1.40 PM **Molly's Game** Drama. (2017, 15, 137min) ★★★★
4.05 **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
6.00 **Escape to Victory** World War Two drama starring Sylvester Stallone and Michael Caine. (1981, PG, 111 min) ★★
8.00 **Empire of the Sun** Drama starring Christian Bale as a young English boy who learns to survive in a Japanese internment camp in occupied China during World War Two. (1987, PG, 152min) ★★★★
10.35 **Legends of the Fall** Period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
12.55 AM **The Damned United** Sports biopic starring Michael Sheen. (2009, 15, 98min) ★★★★
2.40 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
4.55 **The Cinema List: Black British Actors**
5.10 **to 7.15** AM **Escape to Victory**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.45 AM **The Cinema List: Bingeable**
7.00 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
8.35 **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
10.20 **The Shining** Horror chiller. (1980, 15, 119min) ★★★★★
12.45 PM **I Am Legend** Sci-fi horror. (2007, 15, 101 min) ★★★★
2.30 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
4.20 **Mad Max 2** Thriller sequel. (1981, 18, 95min) ★★★★
6.10 **Mad Max Beyond Thunderdome** Thriller sequel. (1985, 15, 107min) ★★★
8.00 **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy. (2023, 15, 148min) ★★★★
10.30 **Mad Max: Fury Road** Thriller starring Tom Hardy. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★
12.35 AM **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
2.05 **AfrAId** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
3.45 **Us** Horror with Lupita Nyong'o. (2019, 15, 116min) ★★★★
5.45 **to 7.25** AM **Out of Darkness** Horror. (2022, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

8.00 AM **Teenage Mutant Ninja Turtles: Out of the Shadows**
10.00 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
12.10 PM **MouseHunt** Comedy. (1997, PG, 98min) ★★★★
1.50 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG) ★★★★
3.40 **Hook** Fantasy. (1991, U) ★★★
6.00 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.20 AM **Novocaine** As 12.45am.
8.15 **The Amazing Spider-Man 2** Adventure. (2014, 12) ★★★
10.40 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
12.30 PM **Transformers: Dark of the Moon** Adventure sequel. (2011, 12, 154min) ★★★
3.10 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
5.35 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **It's Complicated** (2009)
8.05 **Jackass Presents: Bad Grandpa** (2013, 15) ★★★
9.50 **Jackass Presents: Bad Grandpa .5** (2014, 15) ★★
11.20 **Team America: World Police** Comedy. (2004, 15) ★★★★
1.00 PM **Sausage Party** Animation. (2016, 15, 89min) ★★★
2.35 **Sex Tape** (2014, 15) ★★
4.15 **Daddy's Home 2** Comedy sequel. (2017, 12) ★★★
6.00 **White Chicks** (2004, 15) ★

Sky Cinema Thriller

309 309 409 509 523

7.30 AM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
9.30 **Collateral** As 2.05am.
11.40 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
1.40 PM **The Bourne Supremacy** Espionage thriller sequel. (2004, 12, 108min) ★★★★
3.40 **The Bourne Ultimatum** Thriller sequel. (2007, 12) ★★★★
5.40 **The Bourne Legacy** Thriller sequel starring Jeremy Renner. (2012, 12, 129min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.45 PM **Charade** Comedy thriller. (1963, PG, 114min) ★★★★
3.00 **Romancing the Stone** Romantic adventure. (1984, 12, 105min) ★★★★
5.05 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★★
6.55 **One Day** Romantic drama. (2011, 12, 107min) ★★★★

8.00 TMNT: Out of the Shadows

8.00 How to Train Your Dragon Fantasy adventure starring Mason Thames, Nico Parker and Gerard Butler. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Paul Blart: Mall Cop 2 Comedy sequel starring Kevin James and Raini Rodriguez. The bumbling security guard takes a holiday in Las Vegas, but is forced to prevent a heist. (2015, PG, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Smurfs** Family adventure. (2011, U, 103min) ★★
1.35 AM **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
3.25 **A Dog's Purpose** Comedy. (2017, PG, 100min) ★★★
5.15 **to 7.15** AM **The Portable Door** Fantasy adventure. (2023, PG, 130min) ★★★

3.10 The Matrix

8.00 The Matrix Revolutions Sci-fi action thriller sequel starring Keanu Reeves. As the machine army advances on the city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Matrix: Resurrections Thriller sequel starring Keanu Reeves. To find out if his reality is a physical or mental construct, Mr Anderson has to choose to follow the white rabbit once more. (2021, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Novocaine** Comedy. (2024, 15, 80min) ★★★
2.40 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
4.30 **to 6.40** AM **The Fall Guy** Comedy starring Ryan Gosling. (2023, 12, 126min) ★★★★

6.00 White Chicks

8.00 Ace Ventura Pet Detective Hit comedy starring Jim Carrey as a wacky Miami private detective who specialises in tracking down lost pets. With Courteney Cox. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 Ace Ventura: When Nature Calls Comedy sequel starring Jim Carrey as pet detective Ace Ventura, here searching for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Click** Comedy starring Adam Sandler and Kate Beckinsale. (2006, 12, 103min) ★★★★
1.15 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
2.45 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.25 **Sky Cinema Preview**
5.00 **to 6.35** AM **Kangaroo Jack** Comedy with Jerry O'Connell. (2003, PG, 89min) ★

11.40 The Bourne Identity

8.00 Jason Bourne Action thriller starring Matt Damon, Tommy Lee Jones and Alicia Vikander. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Nightcrawler Crime thriller starring Jake Gyllenhaal and Rene Russo. A TV cameraman prowls the streets of LA, looking for scoops to sell to TV stations. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Layer Cake** Gangster thriller starring Daniel Craig. (2004, 15, 105min) ★★★★
2.05 **Collateral** Michael Mann's thriller starring Tom Cruise. (2004, 15, 120min) ★★★★
4.10 **to 6.00** AM **Psycho** Horror thriller remake starring Vince Vaughn. (1998, 15, 100min) ★

6.55 One Day

One Day (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Sleepless in Seattle Romantic comedy starring Tom Hanks and Meg Ryan. A woman hears a grieving widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

11.10 **Fresh** Comedy horror starring Daisy Edgar-Jones. A woman battles to survive her new boyfriend's unusual appetites. (2022, 18, 114min) ★★★★
1.25 **to 3.25** AM **A Banquet** Thriller with Sienna Guillory. A mother is tested when her daughter insists her body is now serving a higher power. (2021, 15, 97min) ★★★

10 PM

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Valentines

302 302 402 502 516

6.40 AM **Summerland** Romantic drama. (2020, 12, 99min) ★★★
8.30 **You Can Live Forever** (2022)
10.15 **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
12.00 NOON **American Pie: The Wedding** Teen comedy sequel. (2003, 15, 96min) ★
1.45 PM **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★
4.05 **You've Got Mail** Romantic comedy starring Tom Hanks. (1998, PG, 114min) ★★★
6.10 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks, Meg Ryan and Bill Pullman. (1993, PG, 105min) ★★★★★
10.00 **Fifty Shades of Grey** Erotic drama starring Jamie Dornan. (2015, 18, 120min) ★★
12.15 AM **Fifty Shades Darker** Drama sequel. (2017, 18, 118min) ★
2.25 **Fifty Shades Freed** Romantic thriller. (2018, 18, 105min) ★
4.15 **Sky Cinema Preview**
5.05 **to 6.50** AM **You Can Live Forever** Romantic drama. (2022, 15, 96min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.20 AM **Tootsie** Comedy drama. (1982, 15, 116min) ★★★★
8.20 **See No Evil, Hear No Evil** Thriller. (1989, 15, 107min) ★★★
10.05 **48 Hrs** Comedy action thriller. (1982, 15, 97min) ★★★★★
11.45 **Police Academy** Comedy. (1984, 15, 95min) ★★★
1.25 PM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
3.00 **Police Academy 3: Back in Training** Wacky comedy sequel. (1986, PG, 82min) ★
4.35 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
6.25 **Big Daddy** Comedy with Adam Sandler and Kristy Swanson. (1999, 12, 95min) ★★★
8.00 **The Wedding Singer** Romantic comedy starring Adam Sandler. (1998, 12, 97min) ★★★★
9.40 **American Pie** Comedy starring Jason Biggs and Chris Klein. (1999, 15, 96min) ★★★★
11.20 **Billy Madison** Comedy starring Adam Sandler and Darren McGavin. (1995, PG, 90min) ★★
12.55 AM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★
2.50 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
5.05 **to 6.55** AM **Dumb and Dumber**

Sky Cinema Animation

305 305 412 500 514

6.55 AM **Smurfs** (2025, PG) ★★
8.35 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
10.15 **The Lego Batman Movie** Animation. (2017, U) ★★★★
12.15 PM **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
2.00 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
4.00 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
5.45 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
7.35 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
9.15 **Riverdance: The Animated Adventure** Animated adventure. (2021, U, 90min) ★★★
10.55 **Scooby-Doo! The Sword and the Scoob** Animated fantasy. (2021, PG, 76min) ★★★
12.25 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
1.50 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
3.35 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
5.05 **to 6.35** AM **Batman Unlimited: Mechs vs Mutants** Animation. (2016, PG, 72min) ★★★

Movies 24

312 313 419

7.00 AM **Our Take on Love** Drama. (2022, PG, 87min) ★★
9.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
11.00 **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Lost In Paradise** Romantic drama. (2026, PG, 84min) ★★
3.00 **Lease on Love** Romantic comedy with Rebecca Liddiard. (2022, PG, 86min) ★★
5.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
7.00 **A Very Venice Romance** Comedy starring Stephanie Leonidas. A restaurant employee enrols in an Italian chef's cooking school in the hope of persuading him to work for her company. (2023, PG, 84min) ★★
9.00 **Love's Greek to Me** Romantic drama starring Torrey DeVitto. (2023, PG, 90min) ★★
11.00 **Love Hacks** Romantic drama. (2022, PG, 90min) ★★
1.00 AM **Harmony From the Heart** Comedy with Jessica Lowndes. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Autumn at Apple Hill** Romantic comedy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life** Documentary.
6.15 **The Night Caller** Sci-fi thriller. (1965, b/w, 18, 82min) ★★
7.55 **The Black Arrow** 6/6. (S2)
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 56/60. (S2)
9.30 **The Roy Rogers Show** (S4)
10.00 **Stingray** 12/39. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 10/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **First Comes Courage** Drama. (1943, b/w, PG) ★★
1.45 PM **Dial 999** 1/39. (S1)
2.15 **Paratrooper** (1953, PG) ★★
4.00 **Whiplash** 4/34. (S1)
4.35 **Theirs is the Glory** (1945) ★★★
6.15 **Look at Life** Documentary.
6.25 **Scotland Yard** 30/39. (S1)
7.00 **Maigret** 8/13. (S3)
8.00 **A Family at War** 20/20. (S3)
9.00 **Sherlock Holmes: The Last Vampyre** Feature-length drama.
11.05 **The World of Hammer**
12.15 AM **Eurotrash**
12.50 **My Brother's Wife** Drama. (1966, b/w, 18, 61min) ★★
2.20 **The Wasp Woman** Horror. (1960, b/w, PG, 62min) ★★
3.50 **The Television Follies**
4.40 **The Adventures of Sir Lancelot**
5.10 **Stingray** 7/39. (S1)
5.45 **to 6.00** AM **Look at Life**

SATURDAY Sport 14 February

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup Ireland v Oman.** Coverage of the Group B match at Sinhalese Sports Club in Colombo, Sri Lanka.
9.00 **LIVE Men's T20 World Cup England v Scotland.** Coverage of the Group C match staged at Eden Gardens, Kolkata.
1.00 PM **LIVE Men's T20 World Cup New Zealand v South Africa.** Coverage of the Group D match from Narendra Modi Stadium.
5.00 **LIVE PGA Tour Golf** Coverage of the featured groups on the third day of the AT&T Pebble Beach Pro-Am staged at Pebble Beach Golf Links in California.
6.00 **LIVE PGA Tour Golf** Further coverage of the third day of the AT&T Pebble Beach Pro-Am from Pebble Beach Golf Links in California. Rory McIlroy won this title for the first time in his illustrious career last year, finishing two strokes clear of Shane Lowry.
12.00 M'T **Sky Sports Catch Up**
5.00 **to 6.00** AM **LIVE Men's T20 World Cup West Indies v Nepal.** Coverage of the Group C match from Wankhede Stadium, Mumbai.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Stories**
7.30 **The Big Interview**
8.00 **Premier League Review**
9.00 **Premier League Stories**
9.30 **The Big Interview**
10.00 **Saturday Social**
11.00 **Premier League One on One**
11.30 **Premier League Stories**
12.00 NOON **Gillette Soccer Saturday** Reports on the afternoon's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
6.00 PM **Premier League Years** Classic games, infamous blunders and moments of skill from the 2003/04 season, all set to a specially selected soundtrack.
8.00 **Premier League Review** Action from the top flight.
9.00 **Premier League Stories** Focusing on Andoni Iraola.
9.30 **The Big Interview**
10.00 **Premier League Review**
11.00 **Premier League Years**
1.00 AM **PL Retro** Manchester City v Queens Park Rangers from 2012.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **WSL** Man City v Leicester City.
6.30 **EFL** The 2013/14 play-offs.
8.30 **EFL Cup Highlights**
9.30 **WSL** Man City v Leicester City.
10.00 **Saturday Social**
11.00 **EFL Cup Highlights**
12.00 NOON **Gillette Soccer Saturday** Reports on the afternoon's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
5.20 PM **LIVE Bundesliga VfB Stuttgart v FC Cologne.** Coverage of the German top-flight match staged at MHP Arena. Kick-off is at **5.30pm**.
7.30 **EFL Cup Highlights** Manchester City v Newcastle United in the semi-final second-leg. **8.00** Action from Arsenal v Chelsea in the semi-final second-leg at Emirates Stadium.
8.30 **WSL** Manchester City v Leicester City staged at Joie Stadium.
9.00 **EFL Cup Highlights**
10.00 **WSL** Manchester City v Leicester City staged at Joie Stadium.
10.30 **EFL Highlights**
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup Ireland v Oman.** Coverage of the Group B match held at Sinhalese Sports Club in Colombo, Sri Lanka.
9.00 **LIVE Men's T20 World Cup England v Scotland.** The Group C match at Eden Gardens. Scotland recently replaced Bangladesh in the tournament due to security concerns, setting up this contest between the two countries. This is only the second ever T20 between the teams with the only other one coming in the 2024 T20 World Cup, a game that ended in a no result due to rain.
1.00 PM **LIVE Men's T20 World Cup New Zealand v South Africa.** Coverage of the Group D match from Narendra Modi Stadium.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup**
10.00 **Best of ICC WT20**
10.15 **Best of England v South Africa**
10.30 **Men's T20 World Cup**
5.00 **to 6.00** AM **LIVE Men's T20 World Cup West Indies v Nepal.** The Group C match from Wankhede Stadium.

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **You Can Play Golf**
6.30 **DP World Tour Golf**
9.30 **LIVE Ladies European Tour Golf** Coverage of the fourth and final day of the PIF Saudi Ladies International at Riyadh Golf Club.
1.30 PM **TGL Bitesize**
2.00 **LPGA Tour Golf**
4.00 **Beyond the Scorecard**
4.30 **LIVE PGA Tour Golf** Coverage of the featured groups on the third day of the AT&T Pebble Beach Pro-Am from Pebble Beach Golf Links in California.
6.00 **LIVE PGA Tour Golf** Further coverage of day three of the AT&T Pebble Beach Pro-Am at Pebble Beach Golf Links in California.
12.00 M'T **LIVE Golf** Coverage of the fourth and final day of the Women's Amateur Asia-Pacific Championship at Royal Wellington.
3.00 AM **Chronicles of a Champion**
4.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA & ATP Tennis**
2.00 PM **LIVE ATP Tennis** Coverage of the semi-finals on day six of the ATP Rotterdam Open staged at Rotterdam Ahoy in the Netherlands.
4.00 **LIVE WTA Tennis** Coverage of the WTA Doha Open final staged at Khalifa International Tennis and Squash Complex in Qatar.
5.00 **Rublev: Breaking Back**
5.30 **WTA & ATP Tennis**
6.30 **LIVE WTA & ATP Tennis** Coverage of the Tours, including the ATP Rotterdam Open and ATP Buenos Aires Open.
11.00 **LIVE ATP Tennis** Coverage of the semi-finals on the sixth day of the ATP Dallas Open from Ford Center at The Star in Frisco, Texas.
1.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.30 AM **Premier League Netbusters**
7.00 **Premier League: Big Interview**
7.30 **Premier League Review**
8.30 **LIVE Isuzu UTE A-League** Sydney FC v Adelaide United. Coverage of the Australian top-flight game at Allianz Stadium in Sydney. Kick-off **8.35am**.
10.30 **UEFA Champions League**
11.00 **FA Cup: The People's Story**
11.30 **LIVE Emirates FA Cup** Burton Albion v West Ham United. Coverage of the fourth-round match staged at Pirelli Stadium. Kick-off **12.15pm**.
3.00 **Goals Show Xtra**
5.45 **FA Cup: The People's Story**
7.00 **LIVE Emirates FA Cup** Liverpool v Brighton & Hove Albion. The fourth-round match from Anfield. The Reds have a good recent record against the Seagulls having won four of the last five meetings between the two teams. Kick-off **8.00pm**.
11.00 **LIV Golf** From Adelaide.
12.30 **to 6.30** AM **LIVE LIV Golf** Coverage from the fourth and final day of the second round of the season held at the Grange Golf Club in Adelaide, Australia.

TNT Sports 2

411 414 522 409 431

6.00 AM **Athletes to Watch**
6.30 **Winter Olympic Games**
7.30 **Buongiorno Milano**
8.30 **LIVE Winter Olympic Games – Alpine Skiing** Coverage of the opening run of the men's giant slalom. *See feature, page 28.*
11.00 Coverage from day eight.
11.45 **Alpine Skiing** The second men's giant slalom run.
2.15 PM **Curling** Czech Republic v Great Britain. The men's round robin match.
4.30 **Skeleton** Coverage of the third heat of the women's skeleton.
6.00 Day eight from Italy.
6.30 **Skeleton** The fourth heat of the women's skeleton.
7.45 **Freestyle Skiing** The women's freeski big air qualifying.
8.45 **Short Track Speed Skating** Coverage of day three.
10.30 **Ciao Cortina** The latest news.
11.00 **Winter Olympic Games – Alpine Skiing** Men's giant slalom.
12.00 M'T **Winter Olympic Games – Freestyle Skiing**
1.00 AM **Winter Olympic Games**
2.00 **Ciao Cortina** The latest news.
2.30 **Winter Olympic Games**
5.30 **to 6.00** AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.50 AM **My Icon** Shaun Gayle
7.00 **LIVE NRL** Newcastle Knights v Canterbury-Bankstown Bulldogs. From McDonald Jones Stadium. Kick-off is at **7.00am**.
9.00 **My Icon** Pam Cookey.
9.10 **LIVE NRL** St George Illawarra Dragons v South Sydney Rabbitohs. The pre-season challenge match at WIN Stadium. Kick-off **9.10am**.
11.15 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Super League**
3.45 **NFL Bitesize Highlights**
4.00 **Super League Highlights**
5.00 **Premier League Darts**
9.00 **NBA on Fire** The latest news.
9.30 **LIVE NBA Basketball** Coverage of the All-Star Saturday Night extravaganza at Intuit Dome.
1.00 AM **NFL Highlights**
2.00 **My Icon** Sporting influences.
2.20 **LIVE NRL** Maori v Indigenous. Women's All-Star game. Kick-off **2.30am**.
4.05 **NFL Bitesize Highlights**
4.35 **to 6.50** AM **LIVE NRL** Maori v Indigenous. Men's All-Star game. Kick-off **4.45am**.

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Gillette Labs Soccer Saturday**
12.20 PM **LIVE EFL** Stevenage v Huddersfield Town. The League One match at Lamex Stadium. Kick-off **12.30pm**.
2.30 **Gillette Labs Soccer Saturday**
3.00 **LIVE WTA Tennis** Coverage of the WTA Doha Open final staged at Khalifa International Tennis and Squash Complex in Qatar.
5.00 **Gillette Labs Soccer Saturday**
6.30 **LIVE WTA & ATP Tennis** Coverage of the Tours, including the ATP Rotterdam Open and ATP Buenos Aires Open.
11.00 **LIVE ATP Tennis** Coverage of the semi-finals on day six of the ATP Dallas Open from Ford Center at The Star in Frisco, Texas.
1.00 AM **Ladies European Tour Golf**
2.00 **EFL Greatest Games**
2.20 **LIVE NRL** Maori v Indigenous. Women's All-Star game at FMG Stadium Waikato. Kick-off is at **2.30am**.
4.05 **EFL Greatest Games**
4.35 **to 6.50** AM **LIVE NRL** Maori v Indigenous. Men's All-Star game. Kick-off **4.45am**.

Sky Sports Mix

416 412 510 429 449

6.00 AM **ATP Tennis** Montpellier Open.
7.00 **PGA Tour Golf**
9.00 **2025 F1 Season Review**
11.00 **My Icon** Sporting influences.
11.30 **Super Bowl LX Highlights**
12.30 PM **PGA Tour Golf**
2.30 **Women's Super League**
2.45 **Super League** A replay of York Knights v Hull Kingston Rovers.
6.00 Warrington v St Helens.
8.45 **My Icon** Solomon Wilcots.
9.00 **Premier League Darts** Another chance to see the second night at AFAS Dome in Antwerp.
1.00 AM **PGA Tour Golf**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **WPL Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling Pro Series**
7.00 **PREM Rugby Cup**
8.00 **LIVE Winter Olympic Games – Curling** Great Britain v Canada.
11.00 **TNT Sports Reload**
11.30 **LIVE Premiership Women's Rugby** Gloucester-Hartpury v Harlequins. Kick-off **12.00noon**.
2.15 PM **LIVE Men's Cycling Pro Series** Tour of Murcia stage two.
3.00 **LIVE Men's Cycling Pro Series** The Figueria Champions Classic.
5.00 **LIVE Emirates FA Cup** Aston Villa v Newcastle United. From Villa Park. Kick-off **5.45pm**.
8.00 **LIVE Serie A** Inter Milan v Juventus. The Italian top-flight game at San Siro.
9.45 **Europa & Conference League**
10.45 **World Rally Championship**
11.15 **Football** Highlights and features.
3.00 AM **LIVE SailGP** In Auckland.
4.30 **to 6.00** AM **Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE Isuzu UTE A-League** Melbourne Victory v Brisbane Roar. Kick-off is at **6.00am**.
8.00 **TNT Sports Reload**
8.30 **World Rally Championship**
9.00 **Athletes to Watch**
9.15 **LIVE Winter Olympic Games – Freestyle Skiing** Coverage of the women's dual moguls final.
11.00 **Cross Country Skiing** The women's 4x7.5km relay.
1.00 PM **Curling** Czech Republic v Great Britain.
4.00 **Athletes to Watch**
4.30 **LIVE Winter Olympic Games – Ski Jumping** Men's large hill.
8.00 **Ice Hockey** Coverage of the fourth women's quarter-final.
10.45 **TNT Sports Reload**
11.00 **Men's Cycling Pro Series**
1.00 AM **Isuzu UTE A-League**
3.00 **LIVE A-League Women** Wellington Phoenix v Central Coast Mariners. Kick-off **3.00am**.
5.00 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **Eredivisie Highlights**
8.00 **Asian Le Mans Series**
9.00 **The Rugby Pod**
10.30 **Coppa Italia Show**
11.00 **LaLiga** Elche v Osasuna.
12.55 PM **LIVE LaLiga** Espanyol v Celta Vigo. From RCDE Stadium. Kick-off **1.00pm**.
3.00 **Coppa Italia Show**
3.30 **Asian Le Mans Series** Highlights from Abu Dhabi.
4.30 **LaLiga Match Highlights**
5.25 **LIVE LaLiga** Sevilla v Alaves. The top-flight match from Estadio Ramón Sanchez Pizjuán. Kick-off **5.30pm**.
7.30 **Coppa Italia Show** A look back at this year's quarter-finals.
8.00 **Sporting Greats**
8.30 **LaLiga** Three match replays.
2.30 AM **Sporting Greats**
3.00 **NHL Specials** Florida Panthers.
4.00 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Motorsport**
7.00 **Transworld Sport** Magazine.
8.00 **Argentine Primera**
10.00 **Eredivisie** FC Volendam v PSV.
12.00 NOON **Transworld Sport**
12.55 PM **Top 14 Rugby Union**
1.25 **LIVE Top 14 Rugby Union** Bordeaux Begles v Castres. Coverage of the match at Stade Chaban-Delmas. Kick-off **1.30pm**.
3.30 **LIVE Top 14 Rugby Union** Perpignan v Pau. Coverage from Stade Aimé Giral. Kick-off **3.35pm**.
5.30 **Temples of Sport**
6.30 **Motorsport** Killarney Rally.
7.25 **Bike World** Magazine.
7.55 **LIVE Top 14 Rugby Union** Toulon v Clermont Auvergne. At Stade Mayol. Kick-off **8.00pm**.
10.00 **Temples of Sport**
10.30 **Bike World** Highlights.
11.00 **Top 14 Rugby Union**
3.00 AM **Temples of Sport**
3.30 **Bike World** Motorcycling.
4.00 **to 6.00** AM **Eredivisie**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** From Bahrain.
7.15 **Testing Wrap** Pre-season review.
7.45 **Ted's Notebook**
8.15 **Formula 1** Pre-season testing.
9.30 **Testing Wrap**
10.00 **Ted's Notebook**
10.30 **Formula 1** From Bahrain.
11.45 **Testing Wrap**
12.15 PM **Ted's Notebook**
12.45 **Formula 1** Highlights.
2.15 **Testing Wrap** From Bahrain.
2.45 **Ted's Notebook**
3.15 **Formula 1** Pre-season testing.
4.30 **Testing Wrap**
5.00 **Ted's Notebook**
5.30 **Formula 1** From Bahrain.
6.45 **Testing Wrap**
7.15 **Ted's Notebook**
7.45 **Formula 1** Highlights.
9.15 **Testing Wrap**
9.45 **F1 Features**
10.30 **Formula 1** Abu Dhabi Grand Prix.
12.00 M'T **to 6.00** AM **The Best of F1**

Sunday

15 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 8am

USA's Mikaela Shiffrin is the world's most decorated skier and will be hopeful of adding to her haul in today's Giant Slalom.

Football

FA Cup: Fourth Round

TNT Sports & Discovery+

Championship side Stoke City take on Premier League's Fulham (k-o 2pm) in one of today's potential giant-killing ties.

Drama

Lord of the Flies

BBC1, 9pm

Ralph's (Winston Sawyers) attempts to keep the peace on the island begin to crumble, as the survival drama continues.

Drama

Watson

Sky Witness, 9pm

As the medical drama returns for a second season, ghosts from Watson's (Morris Chestnut) past resurface.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES									
101	BBC1	7.00 MasterChef: The Professionals		8.00 Call the Midwife		9.00 Lord of the Flies		10.00 News	10.30 Match of the...
102	BBC2	◂ 6.00 Winter Olympics – Live: The concluding coverage of day nine						10.00 Gisèle Pelicot...	10.30 Film: Beetlejuice
103	ITV1	7.00 The Floor		8.00 Ant & Dec's Limitless Win		9.00 Betrayal		10.15 Yellowjackets	
104	CHANNEL 4	◂ 6.50 The Dog House	7.50 The Great Pottery Throw Down			9.00 Secret Genius		10.00 Gogglebox	
105	5	7.00 Weight Loss Scams: Don't Get Caught...		8.00 22 Kids & Counting		9.00 Rich House, Poor House			10.30 The Girl in...
106	SKY SHOWCASE	◂ 6.45 David Attenborough's First Life		8.00 A League of Their Own: The Rally		9.00 Film: The Dry			
ENTERTAINMENT									
115	BBC3	7.00 EastEnders				9.00 RuPaul's Drag Race UK vs the World		10.15 The Traitors Ireland	
116	BBC4	7.00 Antiques Roadshow		8.00 Eurovision Classical Concerts		9.00 British History's Biggest Fibs with Lucy...		10.00 The Master Builder	
118	ITV2	◂ 6.45 Film: Godzilla vs Kong				9.00 Love Island: All Stars		10.05 Olivia Attwood: Getting Filthy Rich	
136	MORE4	◂ 6.55 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
135	E4	7.00 The Simpsons				9.00 Film: The King's Man			
107	SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 Elsbeth	
108	SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 A Knight of the Seven...	9.40 Task		
110	U&GOLD	◂ 6.30 Victoria Wood's...	7.35 Victoria Wood as Seen on TV			9.00 Becoming Victoria Wood			
111	U&DAVE	◂ 6.40 Mortimer & Whitehouse: Gone...		8.00 Guy Martin: Proper Jobs		9.00 Have I Got a Bit More News for You		10.00 QI	10.35 Mock the...
119	ITV3	◂ 6.05 Agatha Christie's Marple		8.00 Midsomer Murders				10.00 Vera	
120	ITV4	◂ 6.25 Film: Casino Royale				9.00 Film: Under Siege 2			
112	COMEDY CENTRAL	7.00 Friends				9.00 Film: Crocodile Dundee			
152	SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
113	SKY MAX	7.00 Fear the Walking Dead				9.00 Evil			
109	U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise			
124	SKY ARTS	7.00 Film: Sherlock Holmes in Washington			8.20 Film: Paris When It Sizzles				10.25 Lennon's Last...
132	U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Young Midwives of Essex	
DOCUMENTARY									
125	DISCOVERY	7.00 Moonshiners				9.00 Barnwood Builders		10.00 Wheeler Dealers	
162	ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
129	NAT GEO	7.00 Tut's Toxic Tomb		8.00 Gladiators: Warriors of the Ancient...		9.00 The Lost Tomb of Alexander the Great		10.00 Kingdom of the Mummies	
123	SKY HISTORY	7.00 Egypt's Unexplained Files				9.00 Mafia: Most Wanted			
155	U&YESTERDAY	7.10 Robson Green's Weekend Escapes				9.00 Classic Car Kings		10.00 Bangers & Cash	
121	SKY DOCS	◂ 6.50 Lancaster				9.00 2000 Meters to Andriivka			
FILMS - Sky Cinema									
301	PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 King Ivory					10.20 Bone Lake
302	VALENTINES	◂ 6.10 50 First Dates		8.00 The 40-Year-Old Virgin				10.00 Big Daddy	
303	ADVENTURE	◂ 6.10 A Minecraft Movie		8.00 Spider-Man: Into the Spider-Verse				10.00 Men in Black	
304	GREATS	◂ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
305	ANIMATION	◂ 5.45 Flushed...	7.25 Spider-Man: Into the Spider-Verse			9.25 Noah's Ark			
306	FAMILY	◂ 6.00 Pokemon: Detective Pikachu		8.00 The BFG				10.05 The Smurfs 2	
307	ACTION	◂ 6.00 Kong: Skull Island		8.00 The Legend of Tarzan				10.05 Transformers: The Last Knight	
308	COMEDY	◂ 6.00 Instant Family		8.00 American Pie			9.40 Little Fockers		
309	THRILLER	◂ 6.00 The Bikeriders		8.00 The Accountant				10.10 Sleepers	
310	DRAMA	◂ 5.40 A Star Is Born		8.00 Valentine's Day				10.05 Cool Hand Luke	
311	SCI-FI	◂ 5.40 Nosferatu		8.00 A.I. Artificial Intelligence					10.30 Blade
313	FILM4	◂ 6.25 Battleship				9.00 The Last Stand			
SPORT									
401	MAIN EVENT	◂ 4.15 SPFL – Live	7.30 PGA Tour Golf – Live: The AT&T Pebble Beach Pro-Am						
402	PREMIER LEAGUE	7.00 PL Stories	7.30 Big Interview	8.00 Netbusters	8.30 PL Review		9.30 PL Stories	10.00 Big Interview	10.30 Netbusters
403	FOOTBALL	◂ 4.15 SPFL – Live	7.30 Hammer of Hibs	8.00 EFL Goals		9.00 EFL Highlights	9.30 WSL	10.00 EFL Highlights	
405	CRICKET	7.00 ICC Men's T20 World Cup							
410	TNT SPORTS 1	7.00 UEFA Magazine	7.30 Serie A – Live: Napoli v AS Roma (Kick-off 7.45)				9.45 The Emirates FA Cup		
411	TNT SPORTS 2	7.00 Winter Olympic Games – Live: Freestyle Skiing; Figure Skating at 8.45							10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning** New edition (S)
11.30 **Bargain Hunt** From Detling Antiques Fair in Kent. (S)(R)(AD)
12.00 NOON **Gladiators** 5/11. Bradley and Barney Walsh host the last round of the heats. (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Escape to the Country** Ginny Buckley helps a Slough couple relocate to Berkshire. (S)(R)(AD)
2.30 **LIVE Rugby Union: Six Nations** Wales v France: Coverage of the final match in the second round of fixtures staged at Principality Stadium. Kick-off is at 3.10. (S)
5.35 **BBC News** (S)
5.50 **Local News** (S)

8.00 Call the Midwife

6 PM

6.00 **Countryfile** New edition Datshiane Navanayagam and Hamza Yassin visit Milford Haven, 30 years on from the *Sea Empress* oil spill, to speak to those who led the emergency response. (S)

7 PM

7.00 **MasterChef: The Professionals** New edition 3/21. The first quarter-final sees the hopefuls cook a dish using king prawns as the main ingredient. (S)(AD)
■ Continues on Tuesday

8 PM

8.00 **Call the Midwife** New episode 6/8. The Nonnatus team help a young father come to terms with a life-threatening diagnosis, and Trixie uncovers a mystery illness. (S15) (S)(AD)

9 PM

9.00 **Lord of the Flies** New episode *Jack:* 2/4. Jack's determination to kill a pig leads him to neglect other duties, with grave consequences. *See feature, page 11.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day: FA Cup** Jason Mohammad presents action from the latest fourth-round ties, including Arsenal v Wigan Athletic and Birmingham City v Leeds United. (S)
11.40 **The Women's Football Show** Highlights of the weekend's matches in the Super League, including Manchester United v London City Lionesses. (S)
12.30 AM **Rugby Union: Six Nations** A round-up of action from the second round of fixtures. (S)
1.30 **Weather for the Week Ahead** Seven-day forecast. (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **Take a Hike** Five people showcase countryside walks in Northumbria. (S)(R)
6.40 **Match of the Day: FA Cup** Action from fourth-round fixtures. (S)(R)
8.00 **LIVE Winter Olympics** Hazel Irvine presents early coverage of the ninth day of the 25th staging of the Games from Milan and Cortina d'Ampezzo in Italy. (S)
1.00 PM **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day nine in the 25th staging of the Games from Italy. The mixed team snowboard cross final concludes at Livigno Snow Park. There is also more curling action, with Great Britain taking on Sweden in the round-robin stage of the women's event at Cortina Curling Olympic Stadium. (S)

10.30 Beetlejuice

6.00 **LIVE Winter Olympics** Clare Balding presents the concluding coverage of day nine of the 25th staging of the Games from Italy. Great Britain's men's curling team play their second round-robin match of the day when they take on Switzerland at Cortina Curling Olympic Stadium. The figure skating pairs event also gets under way at Milano Ice Skating Arena, a discipline that was won by China's Sui Wenjing and Han Cong on home territory four years ago. Plus, medals are up for grabs in the inaugural women's large hill individual competition at Predazzo Ski Jumping Stadium, and USA face Germany in Group C of the men's ice hockey at Milano Santagiulia Ice Hockey Arena. (S)

10.00 **NEW Gisèle Pelicot: Newsnight Interview** With the Frenchwoman who was the victim of mass rape. (S)
10.30 **FILM Beetlejuice** Fantasy comedy starring Michael Keaton. A newly dead couple summon up a 'bio-exorcist' to rid their home of its obnoxious new owners. (S)(AD) (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 **FILM Crimes of the Future** Sci-fi horror starring Viggo Mortensen. (S) (2022, 18, 100min) ★★★
1.35 AM **Sign Zone: Silent Witness** (R)
2.30 **Sign Zone: Small Prophets** (S)(R)
3.00 **Sign Zone: Question Time** (S)(R)
4.00 **to 6.05** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's Saturday Morning** With Marti Pellow. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.30 **Fletchers' Family Farm** New edition A new arrival keeps everyone on their toes. (S)(AD)
12.30 PM **ITV News** (S)
12.45 **NEW SERIES Julia Bradbury's Wonders of the Frozen South** Julia explores Antarctica. (S)
1.45 **Midsomer Murders** (S)(R)(AD)
3.35 **Tipping Point: Lucky Stars** (S)(R)
4.40 **The Chase Celebrity Special** With Yinka Bokinni, Tom Bosworth and Eamonn Holmes. (S)(R)(AD)
5.40 **ITV News** (S)
5.55 **Local News** (S)

8.00 Ant & Dec's Limitless Win

6.00 **The 1% Club Valentine's Special** Lee Mack hosts a romantic edition in which couples and singles play with the possibility of finding love on their way to winning big money. (S)(R)(AD)

7.00 **The Floor** New edition The competition is heating up with just 33 players left as Rob Brydon hosts another round of quiz duels, with each win expanding a player's territory. (S)(AD)

8.00 **Ant & Dec's Limitless Win** New edition Ant and Dec welcome firefighters Harry and Ben, who are confident they can handle the pressure of the Limitless Ladder to win a life-changing amount of money. (S)

9.00 **Betrayal** New episode *A Thing, Thing:* 3/4. With MI5 now finally on his side, John tracks the general to an upmarket hotel. *See feature, page 12.* (S1) (S)(AD)
■ Concludes tomorrow

10.00 **ITV News** (S)
10.15 **NEW SERIES Yellowjackets** *Pilot:* 1/10. Thriller with Juliette Lewis. A survivor of a plane crash decides to reconnect with old friends. (S1) (S)
■ Entire series on ITVX
11.20 **Yellowjackets** New episode 2/10. Misty uses her knowledge of first aid to tend to the injured, while Shauna meets an intriguing stranger named Adam. (S1) (S)
12.20 AM **Teleshopping**
3.00 **Prue Leith's Cotswold Kitchen** With Ellie Simmonds. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.55 AM **The King of Queens** (S)(R)(AD)
7.10 **Everybody Loves Raymond** 15-17/24. (S4) (S)(R)(AD)
8.25 **Frasier** 5-7/24. (S2) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Jay McGuiness, Suzi Ruffell and Ms Banks. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.20 **George Clarke's Amazing Spaces** A horsebox is turned into a mobile performance space. (S)(R)(AD)
3.25 **A Place in the Sun** A family plan to move to the Andalucían town of Cómpeta. (S)(R)
4.25 **Sandi's Great British Woodland Restoration** Spring finds Sandi Toksvig and her wife Debbie crafting wildlife ponds. (S)(R)(AD)
5.25 **Devon and Cornwall** A wheelwright and his team restore a Victorian bicycle. (S)(R)(AD)

9.00 Secret Genius

6.20 **News** (S)
6.50 **The Dog House** 2/4. Fox the abandoned Pomeranian meets a family looking for the missing piece of their puzzle and Narla the blind boxer has a puppy play date with Coconut. (S)(R)(AD)
7.50 **The Great Pottery Throw Down** New edition 7/10. The remaining potters create floral posies and vases, before guest judge Jo Taylor sets a surprise embellishing second challenge. (S)(AD)

9.00 **Secret Genius** New edition 4/6. In the final heat, 12 more contestants take on a dizzying anagram, a twist on Guess Who and a clock conundrum, but only three can go through to the finals. (S)(AD)

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week with cameras capturing their instant reactions. (S)(R)(AD)

11.00 **Gogglebox** (S)(R)(AD)
12.00 M'T **FILM American Woman** Drama starring Sienna Miller. (S)(AD) (2018, 15, 115min) ★★★★
1.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.45 **The Simpsons** (S)(R)(AD)
4.00 **Kirstie and Phil's Love It or List It** In Stockport. (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Cruising with Jane McDonald** Miami to Puerto Rico. (S)(R)
9.30 **Bargain-Loving Brits in the Sun** Double bill. (S)(R)
11.20 **Menorca: A Year in the Sun** (R)
12.20 PM **Malta: The Jewel of the Med** A tour of the popular Mediterranean island. (S)(R)
1.20 **Cruising with Jane McDonald**
3.20 **Inside the Tower of London** A look at the events of Platinum Jubilee weekend. (S)(R)
4.20 **The Prisoner Queens: Elizabeth & Anne** (S)(R)
5.25 **News** (S)(R)
5.35 **Secrets of Your Favourite Chocolate Bars** A look into how the nation's favourite confectionery is made. (S)(R)

7.00 **Weight Loss Scams**

Secrets of Your Favourite Chocolate Bars
(started at 5.35pm)

7.00 **NEW Weight Loss Scams: Don't Get Caught Out** A woman who bought four black-market skinny jabs for £80 online, but the injections sent her to hospital, putting her life at risk. (S)

8.00 **22 Kids & Counting** New edition Sue and Noel prepare to celebrate another year together with a break in the Lake District, but a financial windfall prompts them to revise their plans. (S)

9.00 **Rich House, Poor House** New edition Multimillionaire Poundland founder Steve Smith and his son Joe swap homes and lives with Jon and Kelly Deeming-Thomas and their five children. (S)

10.30 **The Girl in the Box: The Kidnapping of Stephanie Slater** 1/2. Exploring the story of the kidnapping of the 25-year-old in 1992. (S)(R)
11.30 **The Girl in the Box: The Kidnapping of Stephanie Slater** 2/2. Documentary. (S)(R)
12.30 AM **Car Pound Cops** (S)(R)
12.55 **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **Save Money on Your Supermarket Shop** (S)(R)
4.40 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Stop, Search, Seize** (S)(R)
9.00 **The Office (US)** (S2) (S)(R)
11.00 **LIVE Football: WSL** Chelsea v Liverpool: Coverage of the top-flight match at Kingsmeadow. Kick-off is at 12.00.
2.30 PM **The Simpsons** *Lisa Gets an A:* Lisa cheats in an exam. (S)(R)
3.00 *Radio Bart:* Bart tricks the townsfolk of Springfield. (S)(R)
3.30 *Lisa the Greek:* Lisa feels neglected by Homer. (S)(R)
4.00 *Homer Alone:* Marge has a nervous breakdown. (S)(R)
4.30 *Bart the Lover:* Mrs Krabappel looks for love. (S)(R)
5.00 *Homer at the Bat:* Homer joins a softball team. (S)(R)
5.30 **David Attenborough's First Life** 1/2. Exploring the origins of life on Earth. (S)(R)

8.00 **A League of Their Own**

6.45 **David Attenborough's First Life** 2/2. In the conclusion of the two-part documentary, the naturalist explores how evolution gained pace once creatures developed mouths and mobility, and reveals how animals began surviving on dry land. (S)(R)

8.00 **A League of Their Own: The Rally** 2/3. Romesh Ranganathan has more surprises for Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis as they visit the Alps. (S)(R)(AD)

9.00 **FILM The Dry** Crime drama starring Eric Bana and Genevieve O'Reilly. A federal agent returns to his drought-stricken home town after an absence of more than 20 years to attend a funeral, but his arrival opens up a decades-old wound – the unsolved death of a teenage girl. With Keir O'Donnell. (S)(AD) (2020, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **Evil** 12/13. Leland tries to get a conviction overturned. (S)(R)
12.10 AM 13/13. A pregnant woman claims one of the twins she's carrying is evil. (S1) (S)(R)
1.10 **Karl Pilkington: The Moaning of Life** Karl explores the impact of waste on our planet. (S)(R)
2.10 **The Force: North East** (S)(R)
3.05 **Brit Cops: War on Crime** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.40pm** Sportscene: Premiership Highlights (S)(R) **12.40am** The Women's Football Show (S) **1.30** Rugby Union: Six Nations (S) **2.30** Weather for the Week Ahead (S) **2.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Weather Watchers with Barra Best (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **11.30** Gladiators (S)(R)(AD) **12.30-1.00pm** Bear Grylls: Wild Reckoning New edition (S) **1.50** Best of Weatherman Walking (S)(R) **2.00-2.30pm** Scrum V Top 5 – Gavin Henson (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.30pm Cumasc: Seisiúin sa Black Gate New editions (S) **11.30** **FILM** George Best: All By Himself (S) (2016, 12, 90min) ★★★ **1.00am** Mortimer & Whitehouse: Gone Fishing (S)(R) **1.30-1.35am** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Am Dro! **10.00** Cynefin **11.00** Arfordir Cymru: Llyn **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Sgwrs Dan y Lloer **12.30pm** Cartrefi Cymru **1.00** Y Deis **1.30** Y Fets (AD) **2.00** Dim Cwsg i Quinnell (AD) **2.30** **LIVE** Clwb Rygbi Rhyngwladol **5.40** Ffermio **6.15** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Dwr Du: Trychineb y Sea Empress **9.00** Con Jones: Twyllwr Gorau'r Byd **10.00-11.45pm** Clwb Rygbi Rhyngwladol

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **EastEnders** Zoe comes face-to-face with Jake, and Honey tries to backtrack. **7.30** Ravi struggles to deal with recent events. **8.00** Linda confides in Max about Ollie's ordeal. **8.30** Linda and Max are giddy around each other, but Bea drops a bombshell.
9.00 **RuPaul's Drag Race UK vs the World** 3/8. The queens showcase their celebrity impressions and improvisation skills in the Snatch Game.
10.15 **The Traitors Ireland** 7/12. The players speculate at breakfast, and Siobhán McSweeney has a twist that leaves the Faithful reeling. **11.05** 8/12. The Traitors try to rebuild as suspicions and accusations run rife.
11.55 **FILM Queer** Romantic drama starring Daniel Craig and Jason Schwartzman. (2024, 18, 137min) ★★★
2.05 AM **The Kim Kardashian Diamond Heist**
2.50 **to 3.50** AM **Dinosaur**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Antiques Roadshow** Fiona Bruce presents from Portchester Castle, where items include punk clothing.
8.00 **NEW Eurovision Classical Concerts** Nicholas Collon presents from the Philharmonic Hall in Cologne as Marie Jacquot conducts the WDR Symphony Orchestra in Stravinsky's *Petrushka* and *The Enchanted Lake* by Lyadov.
9.00 **British History's Biggest Fibs with Lucy Worsley** 1/3. The historian explores how the past is a concoction of stories and untruths.
10.00 **The Master Builder** Michael Meyer's adaptation of Ibsen's play starring Leo McKern. A craftsman is haunted by fears that the next generation will knock him off his pedestal.
12.15 AM **The Australian Wars**
1.15 **Eurovision Classical Concerts** As 8.00pm.
2.10 **to 3.10** AM **British History's Biggest Fibs with Lucy Worsley**

MORE4

136/137 127 147 18 124 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
3.10 PM **Kirstie and Phil's Love It or List It** From Leeds.
4.15 **Location, Location, Location** Kirstie Allsopp and Phil Spencer are house-hunting in Croydon. **5.20** A couple go house-hunting in Nottingham.
6.25 **Four in a Bed** This week's competition kicks off at Watergate Yard in Sleaford. **6.55** From Birdholme Glamping, Nottinghamshire.
7.25 **Four in a Bed** The third visit is at Holly Hill Inn in Richmond, North Yorkshire. **7.55** The final visit of this week's competition is to Woodland Park Lakes Holidays in Windermere. **8.30** Payment Day arrives.
9.00 **999: On the Front Line** Paramedics treat a man who is high on drugs and has been found sitting in a doorway with a broken arm.
10.00 **24 Hours in A&E** A 27-year-old is brought in after being thrown from his motorbike at speed.
11.05 **24 Hours in A&E** A woman with an open ankle fracture.
12.10 AM **999: On the Front Line** As 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.30 **Modern Family**
10.00 **Don't Spook the Bride**
11.00 **Don't Tell the Bride**
12.00 NOON **Ramsay's Kitchen Nightmares USA**
3.55 PM **Rude(ish) Tube Shorts**
4.05 **FILM Home Alone 2: Lost in New York** Comedy sequel with Macaulay Culkin. Kevin McCallister is stranded in the Big Apple after being separated from his parents. (1992, PG, 120min) ★★
6.30 **The Simpsons** Five episodes, including at: **8.00** New episodes *Abe League of Their Moe:* Grampa and Moe bond when they're the only two spectators at a baseball game. **8.30** *Stew Lies:* Homer becomes obsessed with an extreme eating show.
9.00 **FILM The King's Man** Action adventure prequel starring Ralph Fiennes and Gemma Arterton. A secret spy network leaps into action when a mastermind orders the assassination of the Archduke Ferdinand. (2021, 15, 130min) ★★★
11.40 **Naked Attraction**
12.40 AM **Gogglebox**
2.45 **Naked Attraction**
3.35 **Don't Tell the Bride**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Border Security USA**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
12.00 NOON **UK Border Force**
1.00 PM **Nothing to Declare UK**
2.00 **The Best of Nothing to Declare** Double bill featuring highlights of the documentary.
3.00 **Police 24/7** Officers resort to extreme methods while trying to stop a fleeing suspect. **4.00** A man threatens to jump off the side of a building.
5.00 **Nothing to Declare**

9.00 Watson

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Game of Thrones** (S1&2)
2.25 PM **Game of Thrones** 5/10. Arya receives a favour from the man she freed. **3.30** 6/10. Qhorin gives Jon a chance to prove himself. **4.35** 7/10. Daenerys receives a useful invitation. **5.40** 8/10. Daenerys is presented with a dilemma. **6.45** 9/10. Tyrion defends King's Landing against Stannis Baratheon's naval assault. (S2)

7.50 Game of Thrones

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S10)
9.00 **A League of Their Own: European Road Trip**
3.00 PM **Fear the Walking Dead** 11/16. A mission is launched to replenish the Ranch's water supply by seeking the help of another community. **4.00** 12/16. The Ranch prepare for a threat greater than they have faced before. **5.00** 13/16. Alicia is thrust into a position of leadership. **6.00** 14/16. Alicia encounters a potential ally. (S3)

8.00 Fear the Walking Dead

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Totally Bonkers Guinness World Records**
8.00 **Buying the View**
8.30 **The Only Way Is Essex**
10.20 **Deal or No Deal**
12.20 PM **Celebrity Catchphrase**
1.25 **The Masked Singer**
2.55 FILM **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
4.50 FILM **Evan Almighty** Fantasy comedy sequel to *Bruce Almighty* starring Steve Carell. (2007, PG, 91min) ★★

6.45 Godzilla vs Kong

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.20 **Endeavour**
12.15 PM **Agatha Christie's Marple**
2.10 **Rosemary & Thyme** *Sweet Angelica:* A handyman is murdered at a school. **3.10** *A Simple Plot:* A blind professor is killed.
4.15 **McDonald & Dodds** 3/4. A social media influencer dies during a routine nose job. (S3)
6.05 **Agatha Christie's Marple** *The Blue Geranium:* The sleuth uncovers evidence that could avert a miscarriage of justice.

4.15 McDonald & Dodds

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

7.00 **Fear the Walking Dead** *Things Bad Begun:* 15/16. Strand's motives are made clear when Nick discovers a new threat.

6.45 FILM **Godzilla vs Kong** Sci-fi adventure with Alexander Skarsgård. King Kong and his protectors undertake a perilous journey to locate his true home, but find themselves in the path of Godzilla. (2021, 12, 113min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

Agatha Christie's Marple (started at 6.05pm)

8 PM

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

7.50 **Game of Thrones** *Valar Morghulis:* 10/10. Theon Greyjoy stirs his men into action, Daenerys enters the mysterious House of the Undying, and Jon proves his worth. (S2)

8.00 **Fear the Walking Dead** *Sleigh Ride:* 16/16. Strand's loyalty is tested when the dam clashes with an adversary. (S3)

8.00 **Midsomer Murders** *Birds of Prey:* The discovery of a book dealer's body sparks an investigation, and when a second body turns up, it is clear there is a murderer at large.

9 PM

9.00 NEW SERIES **Watson** *A Son in the Oven:* 1/20. The crime drama returns. Guest stars Robert Carlyle. *See feature, page 8.* (S2)

9.00 **A Knight of the Seven Kingdoms** *Seven:* 4/6. Dunk requests a trial by combat. (S1)
9.40 **Task** *All Roads:* 4/7. Tom questions the loyalty of the members of his task force. (S1)

9.00 **Evil** *Justice x 2:* 12/13. Kristen is in court when her daughter Laura needs emergency heart surgery.

9.00 **Love Island: All Stars** New edition Famous former Islanders are given another shot at finding love in the villa.

10 PM

10.00 **Elsbeth** *A Classic New York Character:* 2/10. The president of a luxury pre-war building falls off her balcony to her death. (S1)
11.00 **Fire Country** 5/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 9/16. (S8)
1.00 AM **Law & Order: Special Victims Unit** 6/22. (S26)
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

10.50 **Game of Thrones** *Valar Dohaeris:* 1/10. Jon Snow tries to earn the trust of Mance Rayder. (S3)
11.55 **Game of Thrones** (S3)
3.00 AM **A Knight of the Seven Kingdoms** New episode 5/6. Dunk's mettle is tested. (S1)
3.45 **Game of Thrones** (S8)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

10.00 **Evil** *Book 27:* 13/13. A pregnant woman claims that one of the twins that she is carrying is evil. (S1)
11.00 **The Force: North East** A high-speed chase ends with a sinister discovery in the fugitive's abandoned car. **12.00** M'T A burglar is arrested twice within days.
1.00 AM **Brit Cops: War on Crime** Triple bill of the documentary.
4.00 **to 6.00** AM **Sun, Sea and A&E**

10.05 **Olivia Attwood: Getting Filthy Rich** New edition 5/6. Olivia researches the strong women who are putting men in their place.
11.05 **Family Guy** (S17)
12.05 AM **American Dad!** (S14)
1.05 **Piglets** 5/6. (S2)
1.35 **Plebs** 4/6. (S1)
2.05 **Totally Bonkers Guinness World Records Christmas Special**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 **Vera** *Broken Promise:* The detective investigates when a student falls to his death in mysterious circumstances, so Vera turns to friends and family to glean all she can about the dead man.
11.55 **Betrayal** 1/4. Spy thriller starring Shaun Evans. **12.55** AM 2/4. John's relationship is on thin ice. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.30 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Action from the latest matches, featuring Kilmarnock v Celtic.
8.15 **The Repair Shop on the Road** The team try to revive Alloa Co-op Bowling Club's sign.
9.00 **Paramedics on Scene** Paramedics assist a man who is trapped under his own floorboards.
10.00 **Still Game** 3/6. Methadone Mick gets a makeover. (S7)
10.30 **Dinosaur** 3/6. Lee invites Nina to an open mic night. **11.00** 4/6. Nina tries to make up for a drunken mistake. (S2)
11.30 PM **to 12.00** M'T **The Sunday Show** The main issues from the world of politics.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
10.30 **Ballers** 1-4/10. (S1)
12.55 PM **Sex and the City**
4.00 **Community** (S6)
6.30 **The Office (US)** 3/25. Michael lands himself in trouble. **7.00** 4/25. Michael tries grief counselling. **7.30** 5/25. Dwight takes Ryan out on a call. **8.00** 6/25. Michael encourages everyone to celebrate Diwali. **8.30** 7/25. Michael learns the branch faces closure and embarks on a quest to keep staff morale high. (S3)
9.00 **Amy Schumer: Live at the Apollo** Stand-up comedy focusing on food, sex and getting in shape.
10.15 **Lucy Beaumont: Live from the Royal Court Theatre**
11.15 **And Just Like That...**
2.00 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Songs from My Heart**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
12.00 NOON **Landscape Artist of the Year**
1.00 PM FILM **Barefoot in the Park** Comedy. (1967, PG, 105min) ★★★★
3.05 **Freddie Mercury: The Tribute Concert**
5.00 **Classic Albums**
6.00 **Tea with Judi Dench**
7.00 FILM **Sherlock Holmes in Washington** Mystery. (1943, b/w, U) ★★
8.20 FILM **Paris When It Sizzles** Comedy. (1964, U, 106min) ★
10.25 **Lennon's Last Weekend**
11.55 **Dean Martin: A Legend in Concert**
12.55 AM **Michael Bolton Live at the Royal Albert Hall**
2.50 **Santana: Greatest Hits Live at Montreux**
4.30 **Discovering**
5.00 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security USA**
9.00 **Caught on Dashcam**
11.00 **Nothing to Declare**
1.00 PM **Border Security: Canada's Front Line**
2.00 FILM **Eat, Love, London** Drama. (2024, PG) ★★
4.00 **Arctic Secrets**
6.00 **Monkeys: An Amazing Animal Family**
7.00 **Caught Red Handed**
8.20 **Caught Red Handed** A house burglar who met his match at the foot of the stairs.
9.00 **Rob & Romesh vs Cricket: The Test** The duo watch England take on South Africa.
10.00 **Brassic** 6/6. Vinnie discovers that the car he nicked contains stolen antiques. (S1)
11.00 **Micky Flanagan: If Ever We Needed It**
12.30 AM **Caught on Dashcam**
1.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **In with a Shout** Game show hosted by Joel Dommett.
4.00 **Time Is Money** Quiz.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz show, in which Julie Hesmondhalgh and Tony Bellew answer questions to win cash for their chosen charities.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It** Triple bill of editions.
5.00 **A Place in the Sun** Triple bill, including at: **7.00** Finding a holiday home in Fuengirola on the Costa del Sol.
8.00 **George Clarke's Building Home** A couple plan to create a magnificent home of steel, glass and stone in Wales.
9.00 **Gogglebox**
10.00 **Michael Jackson: The Trial** How Jackson's first court appearance was turned into a circus. **11.05** Mass hysteria breaks out when the singer is found not guilty.
12.05 AM **999: What Happened Next**
1.05 **24 Hours in A&E**
2.10 **24 Hours in Police Custody** Documentary.
3.15 **Manhunt**
4.10 **to 5.00** AM **Sky Coppers**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Auto Mundial**
6.50 **Motorsport Mundial**
7.20 **Cadfael**
9.00 **English Football League Highlights** Recent action.
10.00 **The Big Match Revisited**
11.05 **River Monsters**
11.35 **Ninja Warrior UK**
12.35 PM **Ice Road Truckers**
2.35 **Cadfael**
4.10 **Hornblower** *The Frogs and the Lobsters:* The newly promoted lieutenant accepts a diplomatic commission.

6.25 Casino Royale

6.25 **FILM Casino Royale** James Bond spoof starring David Niven, Peter Sellers and Woody Allen. Bond passes on his licence to kill to his inept nephew. (1967, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Under Siege 2** Action thriller sequel starring Steven Seagal. A former naval commando-turned-chef thwarts a psychotic criminal who has hijacked a transcontinental train. (1995, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Shardlake** 2/4. Barak believes that there may be a cover-up at the monastery. (S1)
12.10 AM **Giant Lobster Hunters**
1.05 **Lost Car Rescue**
1.55 **Minder**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM America Is Sinking** Adventure starring Johnny Pacar. (2023, PG, 80min) ★★
1.00 PM **Stargate SG-1** Five episodes, including at:
4.00 13/22. Mysterious spirits foil mining plans.
5.00 14/22. The team uncover a sinister plot. (S2)
6.00 **Star Trek: Deep Space Nine** 22/26. The Defiant crew members find themselves stranded on a planet. (S5)

11.00 The Leftovers

7.00 **Star Trek: Deep Space Nine** *Blaze of Glory:* 23/26. Sisko releases Michael Eddington in a bid to stop a missile attack.
8.00 **Star Trek: Deep Space Nine** *Empok Nor:* 24/26. Garak appears to have become possessed by a Cardassian killer.
9.00 **Star Trek: Deep Space Nine** *In the Cards:* 25/26. Jake and Nog's innocent quest to lift Sisko's spirits goes badly wrong.
10.00 **Star Trek: Deep Space Nine** *A Call to Arms:* 26/26. The crew face a joint Dominion and Cardassian attack. (S5)
11.00 **The Leftovers** 6/10. Nora attends a Departure-related conference in New York.
12.00 M'T 7/10. Kevin leads a search party when his father escapes from the hospital.
1.00 AM 8/10. Kevin fears he is losing touch with reality.
2.00 9&10/10. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Alaska Daily** 11/11. Eileen and Roz race to find their lead. (S1)
5.00 **Shakespeare & Hathaway: Private Investigators** 1/10. A pampered dog runs away from a life of luxury. (S2)
6.00 **Father Brown** *The Two Deaths of Hercule Flambeau:* The sleuth tries to protect a crown that contains a nail from the crucifixion of Christ.

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *He Ain't Heavy He's My Brother:* 6/21. A Japanese scholar is kidnapped. (S19)
8.00 **Father Brown** *The Flower and the Fairway:* A body is discovered in the reeds on a golf course near Kembleford.
9.00 **Death in Paradise** *The Stakes Are High:* 2/8. DI Jack and his team enter the world of poker when a player is poisoned.
10.00 **Death in Paradise** *Written in Murder:* 3/8. A famous writer is stabbed through the heart. Guest stars Simon Callow. (S7)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Traces** 3/6. Julie tears into Emma for dragging up the past as McKinven's enquiries ruffle feathers, and Skye threatens Emma with a knife. (S1)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Gavin & Stacey**
12.35 PM **Gavin & Stacey** Nine episodes, including at:
3.50 The gang reunite for Neil's christening.
4.30 Pam and Mick host a beer and curry night.
5.10 Smithy worries about seeing Nessa again.
5.50 Pete and Dawn decide to renew their wedding vows.
6.30 **Victoria Wood's All Day Breakfast** The comedian's parody of daytime magazine programmes from 1992.

6.30 All Day Breakfast

7.35 **Victoria Wood as Seen on TV** A camera crew follow a woman's determined attempts to light her boiler.
8.15 **Victoria Wood as Seen on TV** Asking whether Jane Austen would have used a food processor.
9.00 **Becoming Victoria Wood** A portrait of one of Britain's most beloved entertainers, this one-off documentary uncovers the formative experiences and private struggles that shaped Victoria Wood's career.
11.00 **dinnerladies** Tony considers asking Bren to accompany him on a trip to Marbella.
11.40 **Victoria Wood as Seen on TV**
12.20 AM **Gavin & Stacey**
1.40 **Black Ops** Double bill.
2.45 **to 4.00** AM **Victoria Wood as Seen on TV**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Dave Gorman: Modern Life Is Goodish**
8.00 **Storage Hunters UK**
9.00 **Mortimer & Whitehouse: Gone Christmas Fishing**
10.20 **Guy Martin: Proper Jobs**
11.20 **Top Gear** Double bill.
1.20 PM **Richard Osman's House of Games** Double bill.
2.35 **Hairy Bikers' Best of British**
4.40 **Mediterranean with Simon Reeve** Simon explores Cyprus, Lebanon, Israel and Gaza.
5.40 Simon travels through Libya, Tunisia and Sicily.

8.00 Guy Martin: Proper Jobs

6.40 **Mortimer & Whitehouse: Gone Christmas Fishing** Bob and Paul have a festive fishing experience in Middlesbrough.
8.00 **Guy Martin: Proper Jobs** Series finale Guy Martin joins a family business that rescues HGVs.
■ Entire series on Box Sets
10.00 **QI** With Jo Brand and Fred MacAulay.
10.35 **Mock the Week** With Angela Barnes, Rhys James and Milton Jones.
11.20 **Mock the Week** Dara O Briain hosts, with Maisie Adam, Angela Barnes, Ed Gamble and Glenn Moore.
12.00 M'T **Live at the Apollo Christmas Special**
1.00 AM **QI XL**
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops**
9.20 **NCIS** 24/24. (S16)
10.10 **Blue Bloods** (S7)
1.00 PM **NCIS** Nine episodes of the drama, including at:
7.00 *In the Dark:* 22/24. A blind man unwittingly photographs evidence of a murder.
8.00 *Trojan Horse:* 23/24. Gibbs is made acting director while Jenny is attending an overseas conference.
9.00 *Angel of Death:* 24/24. Tony and Jeanne are held hostage. (S4)
10.00 **Law & Order: Special Victims Unit** *A Story of More Woe:* 13/24. Benson helps two girls whose father has been murdered. (S20)
11.00 **Law & Order: Special Victims Unit** (S20)
1.45 AM **Criminal Minds**
2.35 **Murder, She Wrote**
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
8.30 **Dogs Behaving (Very) Badly: Australia**
9.30 **Home and Away**
10.00 **Shoplifters: Caught Red Handed** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at:
8.00 Officers hunt for a thief who stole a 4x4.
9.00 **Beatrice and Eugenie: A Royal Dilemma** A profile of the sisters, who have been vilified, mocked and satirised.
10.35 **Forensics: Murder Scene** Forensic teams are called to investigate when a man is shot.
12.00 M'T **Murdered at First Sight** A home invasion turns into a massacre.
1.00 AM **My Lover, My Killer**
2.00 **Skin A&E**
2.45 **Plastic Surgery Knifemares**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
12.15 PM **Ice Road Truckers** A melting river crossing threatens to bring a journey to an early end.
1.15 Lisa must make a difficult choice..
2.15 Polar Industries sets out to defend its title.
3.15 Art Burke takes on one of the world's longest winter roads.
4.15 Art embarks on a rescue mission.
5.15 **FILM The Lone Gun** Western adventure. (1954, U, 78min) ★★
6.50 **FILM The Left-Handed Gun** Western starring Paul Newman. (1958, b/w, PG, 102min) ★★★
9.00 **FILM Red Dawn** Action adventure starring Charlie Sheen. (1984, 15, 113min) ★
11.20 **Extreme Tow Truckers**
3.25 AM **Cops**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet at Christmas 2019**
2.00 **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance**
8.00 **Inside the Operating Theatre** A woman has an operation on her wrist after waiting for almost a year.
9.00 A woman has gel removed from her eye to make her see again.
10.00 **The Young Midwives of Essex** Docu-reality series following midwives as they navigate life on and off the ward.
11.00 **Face to Face with Armageddon**
11.55 **Inside the Ambulance**
12.25 AM **Louis Theroux: Law & Disorder in Philadelphia**
1.45 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **The Bill**
12.45 PM **Call the Midwife**
3.25 **Catherine Cookson's The Tide of Life**
6.45 **Last Tango in Halifax**
8.00 **Sister Boniface Mysteries** *Let the Games Begin!:* 5/8. Sister Boniface investigates when a bucking bronco goes haywire on the set of a hit TV game show. (S4)
9.00 **Silent Witness** *Falling Angels:* Nikki and Jack investigate when a man is run down and killed by a Tube train. Emilia Fox and David Caves star.
11.15 **New Tricks** *The Russian Cousin:* UCOS looks into the murder of a private investigator who was stabbed in a suspected robbery gone wrong.
12.35 AM **Call the Midwife**
1.55 **A Small Light**
2.55 **to 4.00** AM **Copper**

+1hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Hitler's Supercars**
9.00 **Churchill's Bid to Abolish Britain**
10.00 **Churchill: Winning the War, Losing the Peace**
11.00 **Canal Boat Diaries**
2.00 PM **Motorhoming with Merton & Webster**
4.00 **FILM The Square Peg** Comedy with Norman Wisdom. (1958, b/w, U, 89min) ★★★
5.50 **Russia with Simon Reeve** The city of Irkutsk.
7.10 **Robson Green's Weekend Escapes**
9.00 **Classic Car Kings** Irv restores a 1970s Lamborghini Espada.
10.00 **Bangers & Cash** Paul and Charlie visit Northampton to extract a Daimler Sovereign.
11.00 PM **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

SUNDAY Entertainment

Sunday

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Fantasy Homes in the City** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **My Lottery Dream Home**
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** A footballer searching for his birth mother. **10.00** Two men hoping to find birth family.
11.00 **Help! My House Is Haunted** Investigating a house in Nottingham. **12.00** M'T Reports of paranormal activity in a pub in Calverton. **1.00** AM Investigating whether a woman has a demonic attachment.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.10 AM **Home to Roost** (S2)
8.40 **The Waltons** (S3)
4.40 PM **FILM George and Mildred** TV comedy spin-off starring Yootha Joyce and Brian Murphy. (1980, PG, 93min) ★
6.40 **FILM Twins** Action comedy starring Arnold Schwarzenegger and Danny DeVito. Two twins conceived in a genetic experiment meet for the first time since birth at the age of 35. (1988, PG, 107min) ★★★
9.00 **FILM Midnight Run** Comedy thriller starring Robert De Niro. A bounty tries to keep a fugitive embezzler safe from Mob assassins. (1988, 18, 122min) ★★★★
11.35 **M*A*S*H** 12-15/22. (S10)
1.35 AM **Home to Roost** (S2)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
10.20 **FILM Face of a Fugitive** Western drama. (1958, U, 81min) ★★
12.10 PM **FILM Waterloo** Historical drama. (1970, U, 132min) ★★★
3.00 **FILM The Professionals** Western adventure with Burt Lancaster (1966, PG, 117min) ★★★★
5.30 **FILM Ten Tall Men** Adventure. (1951, U, 97min) ★★★
7.45 **FILM Stagecoach** Western with Alex Cord. (1966, PG, 114min) ★★
10.10 **FILM Breakout** Thriller starring Brendan Fraser. (2013, 15, 85min) ★
12.10 AM **FILM The Trust** Thriller with Nicolas Cage. (2016, 15, 90min) ★★★
2.10 **The Baron** 4/30. (S1)
3.55 **FILM Storm Chasers** Action thriller. (1998, PG, 94min) ★★
5.35 **to 6.00** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM The Gourmet Detective** Mystery starring Dylan Neal. (2015, PG, 90min) ★★
11.00 **Murder, She Wrote** Ten episodes of the drama.
9.00 PM **FILM The Gourmet Detective: A Healthy Place to Die** Comedy sequel starring Dylan Neal and Brooke Burns. (2015, PG, 85min) ★★
10.55 **FILM Aurora Teagarden Mysteries: Til Death Do Us Part** Thriller starring Candace Cameron Bure. (2021, PG, 85min) ★★
12.50 AM **FILM The Daughter Stalker** Crime thriller starring Karynn Moore. (2020, PG, 86min) ★★
2.30 **FILM The Wrong Babysitter** Thriller starring Daphne Zuniga. (2017, 12, 90min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM **FILM Just My Type** Comedy. (2020, PG) ★★
10.05 **FILM Sealed with a Kiss** (2015, PG) ★★
12.00 NOON **FILM North to Home** (2022, PG) ★★
1.55 PM **FILM Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
3.50 **FILM Love, Game, Match** Romantic comedy. (2022, U, 91min) ★★
5.45 **FILM The Happiness Playbook** Comedy. (2023, U, 89min) ★★
7.40 **FILM A Slice of Romance** Drama. (2021, PG, 84min) ★★
9.35 **FILM The Love Gala** Romantic comedy. (2023, PG, 86min) ★★
11.35 **FILM The 27-Hour Day** Drama. (2021, PG) ★★
1.25 AM **FILM Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
3.10 **to 5.00** AM **Highway to Heaven**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Hank the Cowboy**
6.30 **Sherlock Holmes**
7.30 **The Top Secret Life of Edgar Briggs** (S1)
8.30 **The Fenn Street Gang**
9.30 **Bubblegum & Cheese**
10.30 **The Dustbinmen**
11.30 **That's My Dog**
12.00 NOON **The Champions**
1.00 PM **Boon** 3/13. (S3)
2.00 **The Prime of Miss Jean Brodie** 3/7. (S1)
4.00 **Last Days of Pompeii**
5.45 **Hank the Cowboy**
6.00 **The Champions** (S1)
7.00 **The Top Secret Life of Edgar Briggs** (S1)
8.00 **Boon** 3/13. (S3)
9.00 **Dark Skies** 12/20. (S1)
10.00 **FILM A Clock Work Blue** (1972, 18) ★★
11.45 **Stereo Underground**
12.45 AM **FILM Sex with the Stars** (1980, 18) ★
2.45 **Hank the Cowboy**
3.00 **The Prime of Miss Jean Brodie** 3/7. (S1)
4.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Ant Anstead: Born Mechanic** Double bill.
7.00 **Mysteries of the Deep** The mystery surrounding a stretch of water. **8.00** A preserved 140-year-old wreck.
9.00 **In Search of Monsters** Experts discuss theories related to Bigfoot. **10.00** Experts explore a new theory surrounding the Loch Ness Monster.
11.00 **Expedition X** Reports of a half-man, half-beast in Wisconsin are examined. **12.00** M'T A search for a werewolf-like creature in Wisconsin. **1.00** AM A supersonic craft flying Catalina Island in California.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
12.00 NOON **Adam Richman Eats Italy** Double bill.
1.00 PM **James Martin's French Adventure** **3.00** **The Great British Bake Off** Four editions of the contest, including at:. **6.00** Noel Fielding and Sandi Toksvig host Bread Week in the competition. **7.30** The remaining bakers face more tasks in Dairy Week.
9.00 **James Martin's Islands to Highlands** The chef goes on a journey around the UK, starting in the Isles of Scilly. **10.00** James is joined by Galton Blackiston for a tour of Cornwall.
11.00 **James Martin's French Adventure** Double bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
9.00 **The A-Team** (S4)
2.00 PM **FILM The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★
4.15 **FILM The Assassination Bureau** Black comedy adventure. (1968, PG, 110min) ★★★
6.20 **FILM The Curse of the Mummy's Tomb** Horror. (1964, 15, 80min) ★
8.00 **The Twilight Zone** (S4)
9.00 **FILM Cape Fear** Martin Scorsese's remake of the 1962 thriller. (1991, 18, 122min) ★★★★
11.30 **FILM The Replacement Killers** Action thriller. (1998, 18, 86min) ★★
1.20 AM **FILM Maximum Overdrive** Horror. (1986, 18, 97min) ★★★
3.15 **to 5.00** AM **FILM Demon Eye** Horror. (2019, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
12.00 NOON **FILM Malibu Shark Attack** Horror. (2009, 15, 90min) ★★
2.00 PM **FILM Memoirs of an Invisible Man** Comedy thriller. (1992, PG, 99min) ★★
4.00 **The Fall Guy** 1-5/23. (S2)
9.00 **FILM Danger Within** Wartime mystery with Richard Todd. (1959, b/w, U, 97min) ★★
11.00 **FILM The Football Factory** Violent drama starring Danny Dyer. (2004, 18, 91min) ★
1.00 AM **FILM Danger Within** As 9.00pm.
3.00 **FILM Zodiac: Signs of the Apocalypse** Thriller. (2014, PG, 90min) ★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Container Wars**
6.45 **Rust Valley Restorers**
7.30 **Junk & Disorderly**
10.10 **Flipping Bangers**
11.10 **Pawn Stars Do America**
1.05 PM **Pawn Stars**
2.05 **Auction Hunters**
4.05 **Storage Wars**
7.00 **Curse of Oak Island**
8.00 **Secrets in the Ice**
9.00 **Death Coast** A 12-week shipwreck search in the North Atlantic Ocean.
10.00 **Secrets of the Lost Liners** The disastrous fate of the *Andrea Doria*.
11.00 **Holy Marvels with Dennis Quaid** A look at Stonehenge and the statues of Easter Island.
12.00 M'T **History's Greatest Mysteries**
1.00 AM **Paranormal: Caught on Camera**
2.00 **My Paranormal Nightmare** Documentary.
3.00 **The Proof Is Out There**
4.00 **to 6.00** AM **Secret Restoration**

5SELECT

153 166 138 46 133 30

9.00 AM **Rob Bell's Engineering Reborn**
11.00 **Columbo** Four episodes.
7.00 PM **Columbo** *A Friend in Deed:* A high-ranking police officer helps a rich friend conceal a murder – but reckons without Columbo's timely intervention.
9.00 **When Classic Comedy Goes Horribly Wrong** A compilation of on-air disasters, featuring Monty Python, Vic and Bob, Peter Kay and Russell Howard.
11.00 **Taggart** *Violent Delights:* Jim investigates an undertaker's murder.
12.45 AM **The Princes in the Tower: A Damning Discovery** Documentary.
2.15 **The Great Flood of London** Documentary.
3.30 **Britain's Greatest Bridges** In Bristol.
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Rory Bremner, Laura Tobin and Deborah Meaden. **6.00** Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry play for charity.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Bradley Walsh hosts a charity edition.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase** Quiz.
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 20/24. Sheldon ends up spilling one of Leonard's secrets. **7.30** 21/24. A petty argument creates a rift among their friends. (S9)
8.00 **Georgie and Mandy's First Marriage** New episodes 9/22. Mandy ponders the strength of her marriage. **8.30** 10/22. Audrey and Mary go to war over CeeCee and Georgie. (S1)
9.00 **Mock the Week** New edition Topical comedy panel show.
10.00 **Mock the Week**
11.00 **Guz Khan's Custom Cars**
12.00 M'T **Young Sheldon**
12.30 AM **Dr Pimple Popper**
1.30 **Say Yes to the Dress**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Friends** (S8&9)
3.00 PM **FILM Jumanji** Comic fantasy starring Robin Williams. (1995, PG, 104min) ★★★★
5.00 **Friends** 7-14/24. (S9)
9.00 **FILM Crocodile Dundee** Comedy adventure starring Paul Hogan and Linda Kozlowski. (1986, 15, 102min) ★★★★★
10.55 **8 Out of 10 Cats Uncut**
11.45 **Whose Line Is It Anyway? USA**
12.15 AM **Kevin Bridges: A Whole Different Story**
1.15 **Al Murray Live – Barrel of Fun** Stand-up show.
2.15 **Demetri Martin: Standup Comedian**
3.15 **Dragony Aunts**
3.30 **Iain Stirling's Roast the Internet**
4.15 **to 5.00** AM **Bradley & Barney Walsh: Breaking Dad**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S9)
12.00 NOON **Criminally Funny**
3.00 PM **Friends** (S9)
5.10 **Criminally Funny**
9.00 **Friends** 18/24. Joey is nominated for an award. **9.30** 19/24. Monica's attractive cousin visits. **10.00** 21/24. Chandler struggles to write his marriage vows. **10.30** 22/24. Chandler reluctantly visits his estranged father. (S7) **11.00** 1/24. A pregnant Rachel contemplates her next move. **11.30** 2/24. Joey proposes to Phoebe. (S8)
12.00 M'T **Friends** (S8)
2.00 **New Girl** 3&4/23. (S3)
3.00 **The Daily Show**
4.55 **South Park** (S8)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s**
8.15 **On the Buses** 3/6. (S2)
9.20 **Birds of a Feather** (S11)
1.05 PM **Goodnight Sweetheart** 1/1. (S7)
1.40 **Steptoe and Son**
7.55 **Minder** 10/11. (S4)
9.00 **Benidorm** 2/7. Mick upsets Janice during a trip to the waterfalls and Brandy plays a practical joke on Martin. (S3)
10.00 **Shameless** 3/8. Kev gets a sure-fire tip for a horse, but has a hard time raising a stake. (S3)
11.00 **Man About the House**
11.35 **Rising Damp** 1/7. (S3)
12.10 AM **Benidorm** 2/7. (S3)
1.10 **Shameless** 3/8. (S3)
2.10 **The Kenny Everett Video Show**
2.35 **Man About the House**
3.00 **Duty Free** 3/7. (S2)
3.25 **The Osbournes**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Trainspotting**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom 2**
7.35 **16 and Pregnant**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **6.00** Robin is desperate to meet her long-distance love in person. **7.00** Nev and Max receive appeals for help from opposite sides of the same online romance. **8.00** The story of Ray, who is determined to meet his online love Lexi.
9.00 **Teen Mom UK** Amber and Ste have a final showdown.
10.00 **Dating Naked** Chris and Kerri try to put their respective feelings for each other aside.
11.00 **Ink Master: Angels**
12.00 M'T **Jersey Shore**
2.00 AM **Teen Mom Family Reunion**
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

15 February Sunday

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys share their family's journey from rural Washington state, and across southeast Alaska.
1.00 PM A woman in Hawaii watches her family's dream of a Big Island coffee farm fade due to several threats.
3.00 In Wyoming's Black Hills, Marty's back to help the Black family deal with their issues.
5.00 Camera follow an Arkansas family struggling to realise their off-grid dream.

7.00 Moonshiners

7.00 Moonshiners New edition Mark and Digger reintroduce their infamous corn liquor to the outlaw market.
8.00 Moonshiners New edition Mark, Digger and Tim reveal a moonshine-soaked conspiracy.
9.00 Barnwood Builders The team have to find some creative ways of pulling a cabin apart to preserve the logs.
10.00 Wheeler Dealers Mike Brewer takes a gamble on a TVR Griffith, which needs repaired by Marc 'Elvis' Presley.
11.00 Kindig Customs Dave and Kev attend Mecum Auction's biggest event of the year.
12.00 M'T **Overhaulin'** 1&2/2. The restoration of a 1972 Lotus.
2.00 AM Help for a man who loves his 2002 Ford Lightning.
3.00 to 5.00 AM **Street Outlaws: Locals Only**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Crikey! It's the Irwins
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 The Zoo Double bill.
5.00 Treehouse Masters Pete Nelson revisits two treehouses that are in need of some major makeovers.
6.00 Meet the Penguins Options are running out for a penguin with a dislocated knee.
6.30 The staff put a portly penguin on a strict diet.

8.00 Little Giants

7.00 How Do Animals Do That? Why moths are attracted to flames.
7.30 Why spiders don't get stuck in their webs.
8.00 Little Giants Profile of the giant horned lizard.
8.30 The team search for North America's grasshopper mouse.
9.00 Alaskan Bush People: Bushcraft Chronicles The Browns speak about defending themselves in the Alaskan wilderness.
10.00 Tanked The team are tasked with building a 6,000-gallon aquarium for the Ocean Casino Resort in Atlantic City.
11.00 Alaska: The Last Frontier Christmas sees the first-ever couples' Secret Santa.
12.00 M'T **River of No Return**
1.00 AM **Air Jaws: Back from the Dead** Great white sharks.
2.00 The Haunted
3.00 Little Giants Double bill.
4.00 to 5.00 AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
10.00 Yukon Rescue
11.00 Car S.O.S Double bill.
1.00 PM **Air Crash Investigation**
3.00 Inside Sydney Airport Lightning has struck a flight.
4.00 A plane is leaking a potentially dangerous liquid.
5.00 Seconds from Disaster The 1994 crash of an RAF Chinook helicopter in Scotland.
6.00 Tut's Treasures: Hidden Secrets The story behind two mummified babies found in Tutankhamun's tomb.

8.00 Gladiators

7.00 Tut's Toxic Tomb Part one of two. Ella Al-Shamahi begins to unravel the truth behind the legend of Tutankhamun.
8.00 Gladiators: Warriors of the Ancient World New edition An African-born hunter who slayed 20 predators in one day.
9.00 The Lost Tomb of Alexander the Great Pepi Papakosta goes in search of the conqueror's final resting place.
10.00 Kingdom of the Mummies Dr Ramadan Hussein examines a 12-tonne sarcophagus with its seal broken.
11.00 Kingdom of the Mummies Dr Ramadan Hussein and his team discover two priests that were buried side by side.
12.00 M'T **Air Crash Investigation** The crash of a Boeing 737 in a remote jungle in 1989.
1.00 AM **Construction Fails**
3.00 to 5.00 AM **Ancient X Files**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.00 The Proof Is Out There: Alien Edition Double bill.
9.00 Gold Wars Downunder
10.00 Ice Road Truckers
11.00 Pawn Stars Triple bill.
2.00 PM **Junk & Disorderly** Restoring a Triumph Trident.
3.00 A visit to the Fairford Steam and Classic Car Show.
4.00 Henry Cole visits Dorset.
5.00 Egypt's Unexplained Files Secrets of health and wealth.
6.00 Whether volcanoes toppled an ancient dynasty.

9.00 Mafia: Most Wanted

7.00 Egypt's Unexplained Files The truth behind the Ancient Egyptian superpower, starting with Giza's Great Pyramid.
8.00 Egypt's Unexplained Files An exploration of the ancient Egyptian obsession with both death and the afterlife.
9.00 Mafia: Most Wanted The workings of a family that made Toronto the global capital of a terrifying criminal organisation.
10.00 Mafia: Most Wanted How Toronto's most powerful mob bosses reestablished both their power and influence.
11.00 Mafia: Most Wanted The Mafia's power in Canada becomes increasingly clearer.
12.00 M'T **Pawn Stars** A collection of *Toy Story* items is examined.
1.00 AM More curios and memorabilia are appraised.
2.00 Items include a signed Jack Nicklaus golf glove.
3.00 to 6.00 AM **Junk & Disorderly**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Whoopi Goldberg**
7.00 Discovering: Jodie Foster
8.00 The Directors
9.00 I Am Alfred Hitchcock Profile of the film-maker.
10.45 Rise of the Superheroes
1.00 PM **Wild Wild Space**
2.50 My Icon: Shaun Gayle
3.00 FILM Apollo 11 Documentary marking the 50th anniversary of the moon landings. (2019, U, 93min) ★★★★★
4.50 Spitfire The story of British single-seat fighter plane.

9.00 2000 Meters to Andriivka

6.50 Lancaster The story of the legendary bomber synonymous with the Dambusters, the night raids against Germany and the men and women who made them possible.
9.00 2000 Meters to Andriivka Following a Ukrainian platoon as they traverse a heavily fortified mile of forest to liberate a strategic village from Russian forces.
11.15 Hijacked: Flight 73 The hijacking of Pan Am Flight 73.
1.15 AM **Surviving Ohio State**
3.15 FILM Dogtown and Z-Boys Documentary about the Zephyr Skateboard Team, a group of Californian surfers who started a massive craze for skateboarding in the mid 1970s. (2001, 15, 91min) ★★★
5.00 to 6.00 AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 Antiques Road Trip
2.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Triple bill.
8.00 The Repair Shop Julie and Amanda restore Klaus, an 88-year-old teddy bear from Berlin.
9.00 An electronic sound processor and a dog statue are restored.
10.00 A project to fix a treasured toy horse and clay sculptures.
11.00 The restorers set to work on a folk figurine, a rusty old vice and a stuffed monkey.
12.00 M'T The team bring four family heirlooms back to life.
1.00 AM **Massive Engineering Mistakes**
2.00 Destroyed in Seconds
4.00 to 5.00 AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops San Francisco** Documentary.
7.00 Forensic Detectives
9.00 Cops UK: Bodycam Squad Double bill.
11.00 A Killer's Mistake
12.00 NOON **FBI Files**
3.00 PM **Feuds Turned Fatal**
6.00 Twisted Sisters A case concerning two Southern sisters.
7.00 The plotting of Diane Hart and her sister.
8.00 Examining the case of Janece Cook.
9.00 A Killer's Mistake The murder of Ildiko Bettison.
10.00 Evil Lives Here People who discovered they lived with a killer.
11.00 Boris Johnson: A Faking It Special
12.00 M'T **Murder on CCTV**
1.00 AM **Faking It: Tears of a Crime** Documentary.
2.00 Murder Comes to Town
3.00 to 4.00 AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 Judge Judy An alleged assault during a custody exchange is disputed by a pair of divorcees.
7.30 A woman sues another woman for the cost to fix her vehicle.
8.00 A woman sues a man for crashing her car and making unauthorised charges on her credit card.
8.25 A woman sues her sister's ex-fiancé for a $5,000 unpaid loan.
8.50 A woman is suing her former friend for the return of her TV; her ex-friend claims it was stolen from her car.
9.15 A woman accused of stealing jewellery from her sister and pawning it.
9.40 Judge Judy Real-life small-claims cases.
12.10 to 6.00 AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 Teleshopping
11.00 Medical Detectives
12.00 NOON **48 Hours**
3.00 PM **Facing Evil**
4.00 Murder: Fight for the Truth Double bill.
6.00 The Black Widow Murders A man is found dead in an apartment.
7.00 When a storeowner is murdered, detectives question his ex-wife.
8.00 A voice from beyond the grave helps to solve a crime.
9.00 Murder UK A look at the crimes of Faria Khan.
10.00 Secrets of a Murder Detective The death of Miltiades Papadopoulos.
11.00 Fatal Fall: Murder or Accident? Documentary.
12.00 M'T **Cult Justice**
1.00 AM **The Black Widow Murders** Triple bill.
4.00 Murder UK As 9.00pm.
5.00 to 6.00 AM **Secrets of a Murder Detective**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
8.00 Brit Cops: Law & Disorder Documentary.
9.00 Caught on Dashcam
10.00 Police 24/7 Double bill.
12.00 NOON **World's Most Evil Killers**
1.00 PM **What the Killer Did Next** Double bill.
3.00 Killer in My Village
5.00 Britain's Most Evil Killers
7.00 Forensics: Catching the Killer A look at the murder of Carol Park.
8.00 A 16-year-old murdered just metres from her own home.
9.00 Britain's Most Evil Killers The 'Phantom of the Forest', Barry Prudom'.
10.00 Pillowcase Murders
1.25 AM **Killer in My Village**
2.20 Britain's Most Evil Killers
3.15 World's Most Evil Killers
4.10 The Force: Manchester
5.00 to 6.00 AM **Brit Cops: Rapid Response**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.55 Chernobyl: The New Evidence Double bill.
10.55 The Wheelchair President Double bill.
1.00 PM **Grand Tours of the Scottish Islands**
1.40 Mafia's Greatest Hits
7.10 Chernobyl: The New Evidence 1/2. Exploring the run-up to the 1986 nuclear disaster.
8.10 2/2. How far Soviet leaders were willing to go to cover up the disaster.
9.15 The Wheelchair President 1/2. The cover-up of American president Franklin Roosevelt's failing health.
10.20 2/2. A look at Roosevelt's leadership in World War Two.
11.20 Grand Tours of the Scottish Islands
12.00 M'T **to 2.00** AM **Chernobyl: The New Evidence**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SUNDAY

Sunday

Sky Nature

145 113/114 189 354 369

6.00 AM **Coastal Africa**
8.00 **Alaskan Summer**
9.00 **Australia's Hidden Islands**
11.00 **Wild Pacific Rescue**
2.00 PM **Extreme Animals: One Wild Day** Documentary.
3.00 **Wild Battlegrounds**
4.00 **Untamed Valley**
5.00 **My Best Friend's an Animal** New edition Following Shanet, who spends her days tending to the needs of a penguin.
6.00 **Extraordinary Animals** New editions How the animal inhabitants of Australia's landscapes rely on strategic behaviour to survive. **6.30** A look into the cannibalistic spider crab.
7.00 **Attenborough at 90: Behind the Lens** A profile.
8.00 **David Attenborough Meets Obama** An interview.
9.00 **World's Most Toxic Animals**
11.00 **My Best Friend's an Animal**
12.00 M'T **Extraordinary Animals**
1.00 AM **Wild Dogs: Pack vs Pride**
3.00 **to 6.00** AM **Kalahari: Land of Secret Alliances**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships** Double bill.
10.00 **WWII's Most Daring Raids**
11.00 **The Great British Dig: History in Your Back Garden**
1.00 PM **Secrets of Great British Castles** Warwick Castle.
2.00 **Ancient Aliens**
4.00 **Egypt's Unexplained Files**
5.00 **Ramses the Great: King of Ancient Egypt**
6.00 **Pharaohs at War**
7.00 **Queens of Ancient Egypt**
8.00 **History's Greatest Mysteries** Exploring Egypt's mighty Sphinx.
9.00 **Secrets in the Dark** The discovery of 17 'fairy coffins'.
10.00 **Royal B**tards: Rise of the Tudors** The Wars of the Roses and the Tudor dynasty.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Dark Marvels: Killing Machines** Booby traps.
2.00 **Beyond the Myth: The SS Unveiled** The Waffen-SS.
3.00 **Cracking the Code**
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Full Custom Garage**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
1.00 PM **How Do They Do It?**
2.00 **Savage Builds** Double bill.
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions.
8.00 **Legendary Locations** Josh Gates explores Pablo Escobar's secret Colombian hideaway. **8.30** Josh visits sites in Bolivia, French Guiana and Turkey. **9.00** Josh investigates the mystery of the crystal skulls in Belize, Spain and Scotland. **9.30** Josh explores three iconic monuments in New York, Istanbul and Honolulu.
10.00 **American Titans** A look into the influence of Andrew Carnegie and Henry Clay Frick.
11.00 **The Dino Hunters**
12.00 M'T **Truth Behind the Moon Landing** Double bill.
2.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **How Do They Do It?**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Murdertown**
8.00 **Nightmare in Suburbia**
10.00 **When Missing Turns to Murder**
12.00 NOON **Judge Rinder**
2.00 PM **Cops Gone Bad with Will Mellor** Double bill of editions.
4.00 **Killer Grannies** Triple bill.
7.00 **Killer Grannies** Crimes committed by older women.
8.00 **Homicide Squad: New Orleans** A woman is gunned down after a fist fight.
9.00 **Cold Case Files** New edition A small Pennsylvania town is shaken by a child's murder.
10.00 **Cold Case Files** The murder of 14-year-old Tina Faelz. **11.00** The clue that helps police solve a double murder.
12.00 M'T **Last Night Out**
1.00 AM **Cold Case Files**
2.00 NEW SERIES **Skegness Psycho: 28 Miles to Murder** The case of Daniel Boulton.
3.00 **Somebody's Hiding Something**
4.00 **to 6.00** AM **I Knew My Murderer**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **When Sharks Attack 360**
12.00 NOON **Antarctica**
2.00 PM **Europe's New Wild**
4.00 **Secrets of the Zoo**
6.00 **Critter Fixers: Country Vets**
7.00 NEW **Big Cat Planet** Cheetahs hunt from cars, jaguars stalk prey underwater, and India's lions prowl city streets.
8.00 **Way of the Cheetah** Following a cheetah and her four cubs as they navigate the plains of the Mara ecosystem and avoid being preyed on by male cheetahs.
9.00 **Untamed Philippines** With active volcanoes, forests and miles of coral reef, the Philippines is a place of wonder. **10.00** Featuring an island where people come to swim with whale sharks.
11.00 **Snakes in the City** Simon and Siouxsie spend a month hunting a cobra in a trailer park.
12.00 M'T **Lawless Island**
2.00 AM **Last of the Giants: Wild Fish** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **Prehistoric** Triple bill.
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** The history behind the Nazca Lines. **7.00** Experts investigate Alcatraz's remarkable engineering secrets and why it was so hard to escape from. **8.00** The secrets behind the world's oldest and most perfectly preserved mummy.
9.00 **Salvage Hunters: The Restorers** Upholsterer Craig works on a rare French chair, and lighting expert Jolene gets forceful with an old lantern. **10.00** Two automaton experts try to bring a 130-year-old magician back to life. **11.00** Blacksmith Nev is challenged to restore a German aircraft propeller from World War Two.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **The Life of Mammals**
11.00 **Attenborough's Wonder of Song** As shown at 7.00pm.
12.00 NOON **Attenborough and the Mammoth Graveyard**
1.00 PM **The Life of Mammals**
3.00 **Attenborough's Wonder of Song** As shown at 7.00pm.
4.00 **Attenborough and the Mammoth Graveyard**
5.00 **The Life of Mammals**
7.00 **Attenborough's Wonder of Song** Examining seven recordings of animals singing.
8.00 **Attenborough and the Mammoth Graveyard**
9.00 **The Life of Mammals** David Attenborough encounters vibrantly coloured monkeys. **10.00** Similarities between humans and great apes.
11.00 **Attenborough's Wonder of Song** As shown at 7.00pm.
12.00 M'T **Attenborough and the Mammoth Graveyard**
1.00 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 140 166

8.00 AM **Forbidden: Dying for Love**
10.00 **Murder Chose Me**
12.00 NOON **Who the (Bleep) Did I Marry?** Five editions.
3.00 PM **Twisted Love**
4.00 **Disappeared** Double bill.
6.00 **Murder in the Heartland** A good-natured casino worker is found dead in the woods. **7.00** The shooting of Robert and Norma Bean.
8.00 **On the Case with Paula Zahn** A romantic date at a high school Valentine's dance turns into a night of terror.
9.00 **The Murder of Gabby Petito: What Really Happened** When Gabby goes missing with her fiancé, the mystery goes viral.
10.00 **The Real Murders on Elm Street** A man claims he is responsible for the deaths of two teenagers.
11.00 **Signs of a Psychopath**
12.00 M'T **Evil Lives Here**
2.00 AM **Signs of a Psychopath**
4.00 **to 6.00** AM **People Magazine Investigates**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **World's Greatest Motorcycle Rides**
10.00 **FourWheeler** Double bill.
11.00 **Bad Chad Customs**
12.00 NOON **Roadworthy Rescues**
4.00 PM **Big, Big Bikes**
5.00 **Shed and Buried** Sheds full of classic bikes, vintage cars and extraordinary limousines. **5.30** A fanatical biker with a huge collection in Yorkshire. **6.00** Henry and Sam visit a collector of Americana. **6.30** Henry and Sam visit the sheds of a bike builder.
7.00 **Wheeler Dealers** Mike Brewer buys a Willys Jeep in America. **8.00** Mike and Elvis tackle a classic Toyota Landcruiser. **9.00** A Jeep CJ-7 Renegade. **10.00** Mike works on a Ford Bronco for Barrett Jackson. **11.00** Mike and Edd try to restore a 1970 Ford Bronco. **12.00** M'T Mike and Ant enter the market for American SUVs.
1.00 **to 4.00** AM **World's Greatest Motorcycle Rides**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Super Charlie** As 5.00am.
8.00 **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
10.00 **How to Train Your Dragon**
12.15 PM PREMIERE **King Ivory**
2.35 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
4.05 **Reckless** Action comedy. (2026, 15, 100min)
5.45 **How to Train Your Dragon** Fantasy adventure with Mason Thames and Nico Parker. (2025, PG, 125min) ★★★★

8.00 King Ivory

8.00 PREMIERE **King Ivory** Crime thriller starring James Badge Dale, Ben Foster and Michael Mando. A Tulsa drug cop teams up with allies to hunt down those responsible for his son's fentanyl addiction. (2024, 15, 130min)

10.20 **Bone Lake** Comedy thriller starring Alex Roe. A couple's holiday is upended when they're forced to share a mansion with a mysterious couple. (2024, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Neighborhood Watch** Thriller starring Jeffrey Dean Morgan. (2025, 15, 92min)
1.40 AM **Reckless** As 4.05pm.
3.20 **Bone Lake** As 10.20pm.
5.00 **to 6.30** AM **Super Charlie** Animation with the voices of Karen Ardiff and Alex Kelly. (2025, PG, 82min)

Sky Cinema Adventure

303 303 403 503 517

6.00 AM **Jack the Giant Slayer**
8.00 **Peter Pan** (2003, PG) ★★★★
10.00 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
12.05 PM **Teenage Mutant Ninja Turtles** As shown at 2.00am.
2.00 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
4.10 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
6.10 **A Minecraft Movie** Adventure. (2025, PG, 101 min) ★★★

6.10 A Minecraft Movie

8.00 **Spider-Man: Into the Spider-Verse** Animated adventure with the voice of Shameik Moore. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones. A New York cop joins a secret government agency that polices alien activity. (1997, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pacific Rim** Sci-fi adventure. (2013, 12, 126min) ★★★
2.00 AM **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101 min) ★★
3.45 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
5.45 **to 7.25** AM **The Amazing Maurice** Animated adventure. (2022, PG, 93min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **The Bridges at Toko-Ri**
9.15 **Golda** As shown at 3.55am.
11.00 **The Damned United** Biopic. (2009, 15, 98min) ★★★★
12.50 PM **Empire of the Sun** Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★
3.25 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
5.40 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
8.00 **Valentine's Day** Romantic comedy starring Ashton Kutcher, Jennifer Garner, Anne Hathaway and Julia Roberts. (2010, 12, 125min) ★★★
10.05 **Cool Hand Luke** Prison drama starring Paul Newman as a chain gang convict who becomes a hero to his fellow prisoners. With George Kennedy. (1967, 15, 126min) ★★★★★
12.15 AM **Dunkirk** Drama with Fionn Whitehead and Tom Hardy. (2017, 12, 106min) ★★★★★
2.05 **The Angels' Share** Ken Loach's whimsical crime caper comedy. (2012, 15, 96min) ★★★★
3.55 **Golda** Biopic starring Helen Mirren. (2023, 12, 100min) ★★
5.45 **to 7.40** AM **The Bridges at Toko-Ri** Korean War drama. (1954, U, 99min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **The Cinema List: Bingeable**
7.40 **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
9.20 **Mad Max 2** Action thriller sequel. (1981, 18, 95min) ★★★★
11.05 **Furiosa: A Mad Max Saga** Fantasy with Anya Taylor-Joy. (2023, 15, 148min) ★★★★
1.35 PM **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
3.40 **Godzilla x Kong: The New Empire** Fantasy adventure sequel. (2023, 12, 115min) ★★★
5.40 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
8.00 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment. (2001, 12, 145min) ★★★★
10.30 **Blade** Action adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior. (1998, 18, 121 min) ★★★
12.35 AM **28 Days Later** Horror. (2002, 18, 113min) ★★★★
2.35 **Heart Eyes** Comedy horror. (2025, 15, 97min) ★★★★
4.20 **A Quiet Place** Horror with Emily Blunt. (2018, 15, 90min) ★★★★
5.55 **to 7.35** AM **Timestalker** Fantasy. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.15 AM **Friend or Foe** As 2.00am.
8.35 **Peter Pan** As 12.00m't.
10.35 **Twist** Drama. (2021, 12) ★★★★
12.15 PM **Charlie and the Chocolate Factory** Fantasy. (2005, PG, 115min) ★★★★
2.15 **A Dog's Purpose** Comedy. (2017, PG, 100min) ★★★
4.05 **The Smurfs** Adventure. (2011, U, 103min) ★★
6.00 **Pokémon: Detective Pikachu** Fantasy adventure. (2019, PG, 100min) ★★★★

6.00 Pokémon

8.00 **The BFG** Fantasy adventure starring Mark Rylance, Ruby Barnhill and Penelope Wilton. An orphaned girl befriends a benevolent giant, who takes her off to a magical land. With Rafe Spall. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Smurfs 2** Comedy adventure sequel starring Hank Azaria and Neil Patrick Harris. The Smurfs and their human friends dash around Paris to thwart an evil wizard. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Peter Pan** Adventure. (2003, PG, 113min) ★★★★
2.00 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
3.20 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
4.55 **to 6.40** AM **Blueback** Drama. (2022, PG, 102min) ★★★

Sky Cinema Action

307 307 407 507 521

6.40 AM **A Fistful of Dollars** (1964)
8.40 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
11.00 **The Matrix Reloaded** Thriller sequel. (2003, 15) ★★★★
1.20 PM **The Matrix Revolutions** Sci-fi action thriller sequel. (2003, 15, 129min) ★★★
3.30 **The Matrix: Resurrections** Sci-fi action thriller sequel. (2021, 15, 148min) ★★★
6.00 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★

6.00 Kong: Skull Island

8.00 **The Legend of Tarzan** Action adventure starring Alexander Skarsgård, Margot Robbie and Samuel L Jackson. Years after leaving his old home behind, Tarzan is lured back to Africa. With Djimon Hounsou. (2016, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Transformers: The Last Knight** Adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Kraven the Hunter** Fantasy action adventure. (2024, 15, 127min) ★★★
3.00 **The Cinema List: Bingeable**
3.20 **A Fistful of Dollars** Western. (1964, 15, 96min) ★★★★★
5.05 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **Alfie** (2004, 15) ★★★
8.35 **My Dead Friend Zoe** Drama. (2024, 15, 102min) ★★★
10.25 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
12.35 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.10 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
3.55 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
6.00 **Instant Family** Comedy. (2018, 12, 118min) ★★★★

8.00 American Pie

8.00 **American Pie** Comedy starring Jason Biggs, Chris Klein and Natasha Lyonne. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Little Fockers** Comedy sequel starring Robert De Niro. A hapless male nurse must prove to his tough father-in-law that he is worthy of one day taking his place. (2010, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Semi-Pro** Sports comedy. (2008, 15, 87min) ★★
12.55 AM **Role Models** Comedy. (2008, 15, 99min) ★★★★
2.40 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
4.50 **Sky Cinema Preview**
5.40 **to 7.15** AM **Sausage Party** Animated comedy. (2004, PG, 95min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Borderline** As 5.00am.
7.40 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
9.40 **Bourne Supremacy** Thriller sequel. (2004, 12) ★★★★
11.30 **Bourne Ultimatum** Thriller sequel. (2007, 12) ★★★★
1.30 PM **Bourne Legacy** Thriller sequel. (2012, 12, 129min) ★★★
3.50 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★
6.00 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★

10.10 Sleepers

8.00 **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons and Cynthia Addai-Robinson. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Sleepers** Fact-based drama starring Kevin Bacon. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Hunt for Red October** Cold War suspense thriller starring Sean Connery. (1990, PG, 135min) ★★★★
3.00 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
5.00 **to 6.40** AM **Borderline** Horror. (2025, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Sherlock Holmes: Terror by Night** Murder mystery. (1946, b/w, U, 60min) ★★
12.20 PM **Think Like a Dog** Comedy. (2020, PG, 91min) ★★
2.05 **Kindergarten Cop** Comedy. (1990, 15, 111min) ★★★
4.15 **The Art of Racing in the Rain** Comedy with Milo Ventimiglia. (2019, PG, 110min) ★★★
6.25 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★

6.25 Battleship

Battleship (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Last Stand** Action thriller starring Arnold Schwarzenegger. An Arizona sheriff and his deputies try to stop a Mexican drug kingpin escaping over the border. With Forest Whitaker and Johnny Knoxville. (2012, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

11.10 **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. (2020, 15, 124min) ★★★
1.35 **to 3.50** AM **Lucky Break** Prison comedy starring James Nesbitt and Olivia Williams. (2001, 12, 107min) ★★★

10 PM

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Valentines

302 302 402 502 516

6.50 AM **The Edge of Seventeen** Drama starring Hailee Steinfeld. (2016, 15, 104min) ★★★★
8.40 **Big Daddy** As 10.00pm.
10.15 **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
12.15 PM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
2.05 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
4.05 **Blended** As shown at 11.40pm.
6.10 **50 First Dates** Romantic comedy starring Adam Sandler. (2004, 12, 99min) ★★★
8.00 **The 40-Year-Old Virgin** Comedy starring Steve Carell. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. (2005, 15, 116min) ★★★★
10.00 **Big Daddy** Comedy with Adam Sandler and Kristy Swanson. (1999, 12, 95min) ★★★
11.40 **Blended** Romantic comedy starring Adam Sandler, Drew Barrymore and Bella Thorne. (2014, 12, 117min) ★★
1.40 AM **50 First Dates** As 6.10pm.
3.30 **Cinema List: Risky Romance**
4.00 **to 6.25** AM **The 40-Year-Old Virgin** As shown at 8.00pm.

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Sixteen Candles** As 1.10am.
8.45 **Shirley Valentine** As 2.55am.
10.45 **In & Out** As 11.30pm.
12.30 PM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
2.15 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
4.30 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
6.10 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Judge Reinhold. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. The Detroit cop discovers that an LA theme park is a front for a counterfeiting gang. (1994, 15, 104min) ★★
11.30 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91min) ★★★
1.10 AM **Sixteen Candles** Comedy starring Molly Ringwald. (1984, 12, 89min) ★★★
2.55 **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
4.50 **Sky Cinema Preview**
5.40 **to 7.35** AM **Alfie** Comedy drama. (1966, 15, 114min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Spider-Man: Into the Spider-Verse** As 7.25pm.
8.45 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
10.35 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
12.15 PM **Turbo** (2013, U) ★★★★
2.00 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.45 **Flushed Away** Animation. (2006, U, 85min) ★★★★
7.25 **Spider-Man: Into the Spider-Verse** Animated adventure. (2018, PG, 117min) ★★★★★
9.25 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
11.15 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
12.45 AM **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
2.15 **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★
4.00 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
5.30 **to 6.55** AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★

Movies 24

312 313 419

7.00 AM **The Love Subscription** Comedy. (2023, PG, 86min) ★★
9.00 **Mystery Island: Play for Keeps** Drama. (2025, PG, 90min) ★★
11.00 **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
1.00 PM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **A Paris Proposal** Romantic comedy with Alexa PenaVega. (2023, PG, 84min) ★★
5.00 **Modeled with Love** Romantic drama. (2023, PG, 90min) ★★
7.00 **A Priceless Love** Romantic drama starring Erin Agostino. (2022, PG, 85min) ★★
9.00 **Savoring Paris** Drama starring Bethany Joy Lenz and Stanley Weber. A disillusioned woman makes a soul-searching journey to Paris where she navigates love, self-discovery and cheese. (2024, PG, 90min) ★★
11.00 **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
1.00 AM **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Love on Retreat** Romantic drama starring Ansley Gordon. (2023, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Ghosts on the Loose** Comedy. (1943, b/w, U) ★★
7.20 **The Son of Monte Cristo** Swashbuckling adventure. (1940, b/w, U, 102min) ★★
9.20 **The Capture** Crime drama. (1950, b/w, PG, 92min) ★★
11.05 **The Beverly Hillbillies** (S2)
11.35 **Hell Drivers** Action drama. (1957, b/w, PG, 104min) ★★★
1.45 PM **Batman** 51/60. (S2)
2.15 **Dangerous Cargo** Thriller. (1954, b/w, PG, 61min) ★
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 2/6. (S1)
7.00 **That's My Boy** 2/6. (S1)
7.30 **The Vise** 39/39. (S1)
8.00 **Memories of Making Sergeant Cork** Mishaps on set.
8.05 **Sergeant Cork** 4/13. (S3)
9.10 **When Eight Bells Toll** Thriller. (1971, 15, 94min) ★★
11.05 **The Best of the Adventurers**
12.45 AM **The Heritage Chart Show**
1.50 **My Outlaw Brother** Western. (1951, b/w, PG, 78min) ★★★
3.30 **The Rogues** 1/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 7/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

SUNDAY Sport

15 February

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup West Indies v Nepal.** The Group C match from Wankhede Stadium.
9.00 **LIVE Men's T20 World Cup USA v Namibia.** Coverage of the Group A match staged at MA Chidambaram Stadium, Chennai.
11.00 **LIVE WSL Chelsea v Liverpool.** Coverage of the top-flight match staged at Kingsmeadow. Kick-off **12.00noon**.
2.00 PM **LIVE SPFL Kilmarnock v Celtic.** Coverage of the Scottish Premiership match staged at the BBSP Stadium Rugby Park. Kick-off **2.00pm**.
4.15 **LIVE SPFL Rangers v Hearts.** Coverage of the Scottish Premiership match held at Ibrox. Kick-off **4.30pm**.
7.30 **LIVE PGA Tour Golf** Coverage of day four of the AT&T Pebble Beach Pro-Am from Pebble Beach Golf Links in California.
11.30 **Sky Sports Catch Up**
5.00 **to 6.00** AM **LIVE Men's T20 World Cup Afghanistan v United Arab Emirates.** The Group D match from Arun Jaitley Stadium, Delhi.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Review**
8.00 **Premier League Stories**
8.30 **The Big Interview**
9.00 **The Sunday Supplement**
11.00 **LIVE WSL Chelsea v Liverpool.** The top-flight match at Kingsmeadow. The last time these two sides met was just before Christmas in the League Cup as the hosts hammered Liverpool 9-1 in the quarter-final, a game in which six different players got on the scoresheet. Kick-off **12.00noon**.
2.30 PM **Premier League Review**
3.30 **Premier League Stories**
4.00 **The Big Interview**
4.30 **Netbusters** Midweek action.
5.00 **Premier League Years**
7.00 **Premier League Stories**
7.30 **The Big Interview**
8.00 **Netbusters** Midweek action.
8.30 **Premier League Review**
9.30 **Premier League Stories**
10.00 **The Big Interview**
10.30 **Netbusters** Midweek action.
11.00 **Premier League Years**
1.00 AM **PL Retro**
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
12.00 NOON **EFL Cup Highlights**
1.00 PM **LIVE SPFL Kilmarnock v Celtic.** Coverage of the Scottish Premiership match staged at the BBSP Stadium Rugby Park. Kick-off **2.00pm**.
4.15 **LIVE SPFL Rangers v Hearts.** Coverage of the Scottish Premiership match staged at Ibrox. Hearts won the first two league meetings between the teams this term, prevailing 2-0 here in September, and winning 2-1 at Tynecastle three months later. Kick-off **4.30pm**.
7.30 **John Robertson: Hammer of Hibs** Documentary.
8.00 **EFL League One Goals**
8.30 **EFL League Two Goals**
9.00 **EFL Highlights** Queens Park Rangers v Blackburn Rovers. **9.15** Highlights from Sheffield Wednesday v Millwall.
9.30 **WSL** Chelsea v Liverpool.
10.00 **EFL Highlights** Championship.
11.00 **SPFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2022/23 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup West Indies v Nepal.** Coverage of the Group C match from Wankhede Stadium, Mumbai.
9.00 **LIVE Men's T20 World Cup USA v Namibia.** Coverage of the Group A match from MA Chidambaram Stadium, Chennai.
1.00 PM **LIVE Men's T20 World Cup India v Pakistan.** Coverage of the Group A match at R.Premadasa Stadium. These two teams met in the group stages of the previous T20 World Cup with India coming out on top in a low-scoring game. India were bowled out for 119 in their 20 overs but restricted Pakistan to 113-7 in their reply, winning the contest by six runs.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup**
11.00 **Best of ICC WT20**
11.15 **Best of England v South Africa**
11.30 **Men's T20 World Cup**
5.00 **to 6.00** AM **LIVE Men's T20 World Cup Afghanistan v United Arab Emirates.** Coverage of the Group D match at Arun Jaitley Stadium.

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Recent action.
4.00 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day four of the AT&T Pebble Beach Pro-Am from Pebble Beach Golf Links in California.
6.00 **LIVE PGA Tour Golf** Further coverage of day four of the AT&T Pebble Beach Pro-Am at Pebble Beach Golf Links. Two of the last three winners of this tournament have been British, with 2023 champion England's Justin Rose and current title-holder Rory McIlroy of Northern Ireland prevailing either side of American Wyndham Clark's triumph.
11.30 **HotelPlanner Tour Golf**
12.00 M'T **Chronicles of a Champion**
1.00 AM **The Open – Official Films**
2.00 **PGA Tour Golf** Highlights.
4.00 **School of Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **Rublev: Breaking Back**
6.30 **WTA Tennis** Event review.
7.00 **LIVE WTA Tennis** Coverage of the opening day of the WTA Dubai Tennis Championships.
2.30 PM **LIVE ATP Tennis** Coverage of the Rotterdam Open final staged at Rotterdam Ahoy.
4.30 **LIVE WTA Tennis** Further coverage of day one of the WTA Dubai Tennis Championships.
7.00 **LIVE ATP Tennis** Coverage of the ATP Dallas Open final from Ford Center at The Star in Frisco.
9.00 **ATP Tennis** Rotterdam Open.
11.00 **WTA Tennis** Doha Open final.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

6.30 AM **Serie A** Inter Milan v Juventus.
7.30 **The Emirates FA Cup**
8.30 **UEFA Champions League**
9.00 **LIVE World Rally Championship** Special stage 17 of the Rally Sweden.
10.00 **The Emirates FA Cup**
11.00 **LIVE World Rally Championship** Special stage 18 of the Rally Sweden.
1.00 PM **LIVE Emirates FA Cup Grimsby Town v Wolverhampton Wanderers.** The fourth-round match from Blundell Park. Kick-off **1.30pm**.
4.00 **LIVE Emirates FA Cup Arsenal v Wigan Athletic.** The fourth-round match at Emirates Stadium. Kick-off **4.30pm**.
7.00 **UEFA Champions League**
7.30 **LIVE Serie A Napoli v AS Roma.** Coverage from Stadio Diego Armando Maradona. Kick-off **7.45pm**.
9.45 **The Emirates FA Cup**
12.45 AM **Serie A** Napoli v AS Roma.
1.45 **LIV Golf** Round two in Adelaide.
3.15 **TNT Sports Reload**
3.30 **Men's Cycling Pro Series**
5.30 **to 6.00** AM **UEFA Champions League Magazine**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Monuments**
6.30 **Winter Olympic Games**
7.30 **Buongiorno Milano**
8.30 **LIVE Winter Olympic Games – Alpine Skiing** The first run of the women's giant slalom.
11.00 Bobsleigh The second heat of the women's monobob.
12.00 NOON **Alpine Skiing** Coverage from the second run of the women's giant slalom.
2.15 PM **Biathlon** Coverage from the women's 10km pursuit.
2.45 Curling Great Britain v Sweden. Coverage of the match from the round robin stage of the women's event, which takes place at Cortina Curling Olympic Stadium.
4.30 Skeleton Coverage from the skeleton mixed team event.
7.00 Freestyle Skiing The men's freeski big air qualifying.
8.45 Figure Skating Coverage of the mixed pairs short program.
10.30 **Ciao Cortina** The latest news from day nine of Milano Cortina.
11.00 **Winter Olympic Games**
3.00 AM **Ciao Cortina**
3.30 **Winter Olympic Games**
5.30 **to 6.00** AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.50 AM **My Icon** Leon Pryce.
7.00 **LIVE NRL Cronulla-Sutherland Sharks v Parramatta Eels.** Coverage of the pre-season challenge match at Henson Park. Kick-off **7.00am**.
9.00 **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Super League** Huddersfield Giants v Leigh Leopards.
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **Premier League Darts** Another chance to see the second night staged at AFAS Dome in Antwerp, Belgium, with a format featuring quarter-finals, semi-finals and a final all in one night.
9.00 **NBA on Fire** The latest news.
9.30 **LIVE NBA Basketball** Coverage of the All-Star Game staged at Intuit Dome in California, as the NBA's best players grace the court for a match between the Eastern and Western Conference. Tip-off **1.00am**.
1.00 AM **NFL Highlights** Los Angeles Chargers v Pittsburgh Steelers.
2.00 **Super League**
5.00 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.50 AM **EFL Greatest Games**
7.00 **LIVE WTA Tennis** Coverage of the opening day of the WTA Dubai Tennis Championships staged at Aviation Club Tennis Centre.
11.00 **LIVE WSL** Simultaneous coverage of today's matches in the Women's Super League, as viewers get to see all the goals and talking points as they happen. Kick-offs are at **12.00noon**.
2.30 PM **LIVE WTA Tennis** Further coverage of day one of the WTA Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
7.00 **LIVE ATP Tennis** Coverage of the ATP Buenos Aires Open final, a clay-court tournament staged at Buenos Aires Lawn Tennis Club in Argentina.
9.00 **Sky Sports Catch Up**
9.30 **LIVE NBA All-Star Game** Coverage of the NBA All-Star tournament at the NBA All-Star Weekend staged at Intuit Dome in Inglewood, California.
1.00 AM **Ladies European Tour Golf** Review of the Women's Irish Open.
2.00 **to 6.00** AM **Premier League Darts**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Super League**
8.45 **My Icon** Rachel Yankey.
9.00 **2025 F1 Season Review**
11.00 **LIVE WSL Manchester United v London City Lionesses.** The Women's Super League match from Leigh Sports Village. Kick-off **12.00noon**.
2.30 PM **Premier League Darts**
6.30 **WTA Tennis** Doha Open final.
7.30 **EFL Greatest Games**
8.30 **WTA Tennis** Doha Open final.
9.30 The Cluj Open final.
10.30 **Super League** Another chance to see Warrington v St Helens.
1.15 AM **WTA Tennis** Ostrava Open.
2.15 **WPL** Action from the final.
3.15 **EFL Greatest Games**
4.00 **WTA Tennis** Doha Open final.
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **TNT Sports Reload**
6.15 **LIVE World Rally Championship** Rally Sweden.
7.30 **Discovery Golf**
8.00 **LIVE Winter Olympic Games – Curling** Germany v Great Britain.
11.00 **Premier League: Big Interview**
11.30 **LIVE Emirates FA Cup Birmingham City v Leeds United.** The fourth-round match from St Andrew's @ Knighthead Park. Kick-off **12.00noon**.
2.30 PM **LIVE Men's Cycling Pro Series** The Almeria Classic.
3.30 **Premiership Women's Rugby**
4.30 **LIVE Winter Olympic Games – Ski Jumping** The women's large hill individual event.
8.00 **LIV Golf** Round two in Adelaide.
9.30 **Formula E Highlights**
11.30 **World Rally Championship**
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **T20 International Cricket**
2.00 **to 6.00** AM **Isuzu UTE A-League**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE A-League Women Melbourne Victory v Melbourne City.** Kick-off is at **6.00am**.
8.00 **Premiership Women's Rugby**
9.00 **LIVE Winter Olympic Games – Bobsleigh** Women's monobob.
10.00 **Skiing** Highlights and features.
10.45 **LIVE Winter Olympic Games – Bobsleigh** Women's monobob.
12.00 NOON **The Monuments**
12.30 PM **LIVE Winter Olympic Games – Snowboarding** The mixed team snowboard cross final.
2.00 Curling Great Britain v Sweden.
4.00 Ice Hockey Canada v France. Men's match.
6.00 Curling Great Britain v Switzerland.
9.00 Ice Hockey USA v Germany. Men's match.
10.45 **Crouchy and Cole**
11.15 **Premiership Women's Rugby**
12.15 AM **TNT Sports Reload**
12.30 **to 6.00** AM **Highlights**

Premier Sports 1

419 551

6.00 AM **Asian Le Mans Series**
8.00 **LaLiga Highlights**
10.10 **Eredivisie Highlights**
11.10 **LIVE Eredivisie Feyenoord v Go Ahead Eagles.** The Dutch top-flight match staged at De Kuip. Kick-off **11.15am**.
1.15 PM **LaLiga Match Highlights**
1.30 **URC in 60** The 11th round.
2.30 **LIVE Guinness Six Nations Wales v France.** Coverage of the match from the second round of fixtures staged at Principality Stadium. Kick-off is at **3.10pm**.
5.30 **Top 14 Rugby Union Highlights**
6.00 **Motorsport** Killarney Rally.
7.00 **LIVE NASCAR** The Daytona 500 at Daytona International Speedway in Daytona Beach.
12.00 M'T **Bike World**
12.30 AM **Sporting Greats**
1.00 **Champions Cup Highlights**
2.00 **Asian Le Mans Series**
4.00 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Brasileiro Serie A**
8.00 **Top 14 Rugby Union**
10.00 **Bike World** Magazine.
10.30 **Football** Highlights and features.
12.55 PM **LIVE LaLiga Real Oviedo v Athletic Bilbao.**
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga Getafe v Villarreal.**
5.15 **LaLiga Match Highlights**
5.25 **LIVE LaLiga Levante v Valencia.**
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Mallorca v Real Betis.** At Estadi Mallorca Son Moix. K-o **8.00pm**.
10.00 **LaLiga Match Highlights**
10.25 **LIVE Argentine Primera Division Boca Juniors v Platense.**
12.30 AM **Temples of Sport**
1.00 **Bike World** Motorcycling.
1.30 **Top 14 Rugby Union**
3.30 **Temples of Sport**
4.00 **to 6.00** AM **Argentine Primera**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **2025 F1 Season Review**
8.00 **Formula 1** Pre-season testing.
9.15 **Testing Wrap**
9.45 **Ted's Notebook**
10.15 **Formula 1** From Bahrain.
11.30 **Testing Wrap**
12.00 NOON **Ted's Notebook**
12.30 PM **Formula 1** Highlights.
1.45 **Testing Wrap**
2.15 **Ted's Notebook**
2.45 **Toleman Story**
3.30 **Testing Wrap**
4.00 **Ted's Notebook**
4.30 **Formula 1** Pre-season testing.
5.45 **Testing Wrap**
6.15 **Ted's Notebook**
6.45 **Formula 1** From Bahrain.
8.00 **Testing Wrap**
8.30 **Ted's Notebook**
9.00 **Formula 1** Highlights.
11.00 **Jochen Rindt: Uncrowned Champion** A profile.
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

16 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 8am

After her historic three-medal haul in 2022, China's Eileen Gu defends her title in today's freeski Big Air finals.

Crime Drama

Death in Paradise

BBC1, 9pm

Commissioner Selwyn (Don Warrington) is still intent on winning back the trust of the island. Another episode on Friday.

Crime Drama

Curfew

5, 9pm (box set, 5 Streaming)

Sarah Parish stars as a detective investigating the murder of a woman in a society where men are under strict curfew.

OnDemand

NETFLIX

Reality Check: America's Next Top Model

Available today

An exposé on the reality contest.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Would I Lie... †	9.00 Death in Paradise		10.00 News; Local News	10.40 Industry †
	102 BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 10						10.00 Small Prophets	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Fletchers'...	8.00 Emmerdale	8.30 Coronation...	9.00 Betrayal		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie's Feasts for a Fiver		9.00 24 Hours in Police Custody		10.00 999: What Happened Next	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Curfew		10.00 Platoon 24/7	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Rise of Animals...		9.00 Film: Riddick			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		7.40 Film: A Shaun the Sheep Movie: Farmageddon		9.00 The Traitors Ireland			
	116 BBC4	7.00 Wild China		8.00 Call My Bluff	8.30 Face the Music	9.00 Horizon: The End of the Solar System		10.00 The Farthest: Voyager's Interstellar...	
	118 ITV2	7.00 Deal or No Deal		8.00 The Real Housewives of Orange County		9.00 Love Island: All Stars		10.05 The 1% Club Valentine's Special	
	136 MORE4	◂ 6.50 The Dog House Australia		7.55 The Dog House		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent				10.00 The Equalizer	
	108 SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 A Knight of the Seven...		9.45 The Iris Affair	
	110 U&GOLD	7.00 Porridge	7.35 Dad's Army		8.15 Victoria Wood as Seen on TV	9.00 dinnerladies			10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Will & Ralf Should Know Better	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Endeavour	
	120 ITV4	◂ 6.30 Formula E...	7.30 EFL – Live: Coventry City v Middlesbrough (Kick-off 8.00)						10.25 Film: Shaun of the...
	112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Michael McIntyre's The Wheel		10.00 Al Murray Live – Barrel of Fun	
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.25 The Leftovers
	113 SKY MAX	◂ 6.10 Friends: The Reunion		8.10 Never Mind the Buzzcocks		9.00 Last Week Tonight with...		9.45 Sport's Funniest Moments	
	109 U&ALIBI	7.00 Miss Fisher's Murder Mysteries		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: I Lost My Heart in Heidelberg				10.00 Mozart: Genius for Hire	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 The Supervet				10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrapyard Dynasty		9.00 Secrets Underground		10.00 Ancient Unexplained Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters: Out on a Limb		8.00 Air Jaws: Back from the Dead		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Yukon Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Gold Wars Downunder		10.00 Hells Angels: Kingdom Come	
	155 U&YESTERDAY	7.00 Great Canal Journeys		8.00 Wilderness with Simon Reeve		9.00 Indian Ocean with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Jinx Part Two		8.00 The Essex Murders					
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 M3GAN 2.0				10.10 King Ivory	
	302 CULT CLASSICS	◂ 6.10 Police Academy		8.00 Trading Places				10.00 True Romance	
	303 ADVENTURE	◂ 5.40 The Amazing Spider-Man		8.00 Batman					10.20 Shazam!
	304 GREATS	◂ 6.00 Shirley Valentine		8.00 An Officer and a Gentleman				10.10 Little Women	
	305 ANIMATION	◂ 5.45 The Angry...	7.30 Hotel Transylvania			9.10 Turbo			
	306 FAMILY	◂ 6.00 Peter Rabbit	7.40 Monster Trucks				9.30 The Borrowers		
	307 ACTION	◂ 5.55 Birds Of Prey And The Fantabulous...		8.00 Fast & Furious Presents Hobbs & Shaw					10.20 The Fall Guy
	308 COMEDY	◂ 6.20 Little Fockers		8.00 American Pie 2			9.50 Just Friends		
	309 THRILLER	◂ 6.05 Speak No Evil		8.00 Red Dragon				10.10 Oldboy	
	310 DRAMA	◂ 5.50 The Bodyguard		8.00 Jerry Maguire					10.20 About Time
	311 SCI-FI	◂ 6.10 Get Out		8.00 Edge of Tomorrow				10.05 MaXXXine	
	313 FILM4	◂ 6.50 The League of Extraordinary Gentlemen				9.00 M3GAN			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Coventry City v Middlesbrough (Kick-off 8.00)							10.30 Tennis – Live
	402 PREMIER LEAGUE	7.00 Football, Cancer and Me		8.00 Netbusters	8.30 Transfer 360		9.30 PL Stories	10.00 Big Interview	10.30 Netbusters
	403 FOOTBALL	7.00 EFL – Live: Coventry City v Middlesbrough (Kick-off 8.00)							10.30 Bundesliga...
	405 CRICKET	◂ 6.00 ICC Men's T20 World Cup						10.00 Best of ICC...	10.30 ICC Men's T20...
	410 TNT SPORTS 1	◂ 6.30 Emirates FA Cup – Live: Macclesfield FC v Brentford (Kick-off 7.30)							10.15 Sign Up – Into Football
	411 TNT SPORTS 2	◂ 6.15 Winter Olympic Games – Live: Coverage of Freestyle Skiing; Bobsleigh at 8.00; Figure Skating at 9.15							10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.00 **LIVE Winter Olympics** Hazel Irvine presents the opening coverage of the 10th day of the 25th staging of the Games with events coming from Milan and Cortina d'Ampezzo in Italy. (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 10, including Great Britain v Norway in a men's round-robin match. Plus, the first semi-final of the women's ice hockey tournament takes place at Milano Santagiulia Ice Hockey Arena (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

5.15 Pointless

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The Truemans prepare for an emotional day, Kat takes control of a situation, and Max tries to heal a growing rift. (S)(AD)

8.00 **Panorama: Framed For Murder?** New edition The case of a man who has spent 23 years in prison on doubtful evidence. (S)
8.30 **Would I Lie to You?** New edition With Jason Isaacs and Hannah Cockroft. (S)

9.00 **Death in Paradise** New episode 3/8. A pensioner is shot dead in his home, and an unassuming accountant was witnessed fleeing the crime scene. However, the suspect has a rock-solid alibi. (S15) (S)
■ Continues on Friday

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Industry** New episode *Dear Henry:* 6/8. Harper warns Yasmin that a storm is brewing, and Henry's suspicions about Whitney are piqued. (S4) (S)(AD)
11.40 **The Traitors Ireland** 9/12. Siobhán has a chilling revelation for the Faithfuls at breakfast. (S)(R)
12.30 AM 10/12. In the ultimate game of trust, the players decide who they distrust the most. (S)(R)
1.20 **The Graham Norton Show** With Stephen Graham, Kaley Cuoco and Adrian Lester. Plus, Gorillaz perform *Orange County.* (S)(R)
2.15 **Weather for the Week Ahead** Seven-day forecast. (S)
2.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.05 AM **A to Z of TV Gardening** (S)(R)
6.50 **Match of the Day** (S)(R)
8.00 **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 10 of the 25th staging of the Games, including the conclusion of the men's slalom. Clement Noel of France is the defending Olympic champion and is expected to be pushed hard by world title-holder Loic Meillard of Switzerland. (S)
2.00 **Unbeatable** Quiz show. (S)(R)
2.45 **Escape to the Country** (S)(R)
3.30 **Cities: Nature's New Wild** (S)(R)
4.30 **Flog It!** From Sheffield. (S)(R)

10.00 Small Prophets

5.15 **LIVE Winter Olympics** Clare Balding presents the concluding coverage of day 10 of the 25th staging of the Games. The women's Big Air final is held at Livigno Snow Park, and Great Britain's Kirsty Muir will have high hopes of claiming a medal after finishing fifth four years ago when just 17 years old. At Cortina Curling Olympic Stadium, Great Britain's women's team continue their defence of the title when they face Switzerland in a round-robin match. Plus, the second semi-final of the women's ice hockey takes place at Milano Santagiulia Ice Hockey Arena. The evening's action draws to a close in the figure skating at Milano Ice Skating Arena with the pairs free event. (S)

10.00 **Small Prophets** New episode 2/6. Michael converts his shed into an alchemist's laboratory, but Clive is getting suspicious. (S1) (S)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.00 **What We Do in the Shadows** New episode 10/11. The vampires go to an office party to celebrate Guillermo's promotion. (S)(AD)
11.25 Series finale 11/11. The film crew announce they have enough documentary footage. (S6) (S)(AD)
11.55 **FILM Let It Snow** Horror starring Ivanna Sakhno. Partially subtitled. (2020, 15, 85min) ★★
1.20 AM **Sign Zone: Countryfile** (S)(R)
2.15 **Sign Zone: Silent Witness** (S)(R)
3.15 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Stoke-on-Trent, with Tracy Thackray-Howitt assessing a collection of James Bond books and Mark Stevens splashing out a five-figure sum. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Betrayal

7.30 **Fletchers' Family Farm** Chicken pox has hit the household just as the family's flock of chickens arrive, while a neighbouring farmer helps Kelvin and Liz with their sheep shearing. (S)(R)(AD)

8.00 **Emmerdale** Bear confesses, while Cain has a bit of hope and Laurel is feeling guilty. (S)(AD)
8.30 **Coronation Street** Betsy is quizzed by the police about finding a body, and there are five potential victims. (S)(AD)

9.00 **Betrayal** Series finale *Soup to Nuts:* 4/4. If John is to stop the suspected attack on a university, he must escape without alerting the men who are holding him. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The British Airways Killer** 1/2. Documentary examining the disappearance of Joanna Simpson in 2010, the investigation that changed British legal history, and led to a tragic discovery. (S)(R)(AD)
11.40 **Long Lost Family** Sharon Thomas looks for the younger brother she didn't know existed until she was in her twenties. (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **The Summit** The Mountain's Keeper presents the group with a dilemma. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Shark! Celebrity Infested Waters** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 22-24/26. (S8) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 8-11/24. (S2) (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** Ben Hillman helps a finance officer find a home on Spain's Costa Almería. (S)(R)
4.00 **A New Life in the Sun** New edition A Plymouth couple renovate a house in France. (S)
5.00 **Chateau DIY: Win the Dream** New edition The high-stakes grand finale week begins. (S)(AD)
6.00 **A Place in the Sun** New edition Lucy Alexander helps a mother and son search for a holiday home in Fuerteventura. (S)

10.00 999: What Happened Next

7.00 **News** (S)

8.00 **Jamie's Feasts for a Fiver** New edition Jamie Oliver makes celeriac skewers, a spiced cauliflower bake with an edible lid, a winter chilli, crispy potato and chickpea parcels and tomato soup with borlotti beans. (S)(AD)

9.00 **24 Hours in Police Custody** Bedfordshire Police's largest ever operation into historic abuse continues with DS Rachael Foy spending three years working to persuade victims to testify against the suspect. (S)(R)(AD)

10.00 **999: What Happened Next** Series finale 4/4. In a small Staffordshire hamlet, a carjacking leads to a car chase and the clever use of CCTV. Meanwhile, in Sheffield, an 81-year-old man is killed crossing the road. (S)(AD)

11.05 **999: What Happened Next** A father and son go on the run after a late-night argument. (S)(R)
12.05 AM **Sky Coppers** (S)(R)(AD)
1.00 **Not Welcome: The Battle to Stop the Boats** (S)(SL)(R)(AD)
2.25 **Frontline: Our Soldiers Facing Putin** (S)(SL)(R)(AD)
3.20 **Location, Location, Location** (R)
4.15 **Sunday Brunch** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

7 PM
8 PM
9 PM
10 PM

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

16 February Monday

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** *Palma:* 4/8. A kidnap and ransom demand shatters a wedding party mood. (S1) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition John takes a well-earned break on a family excursion to a bird sanctuary. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition An edible forest garden in Holywood, Co Down. (S)
6.05 **The Motorway** A patrol team deal with a freak accident. (S)(R)
6.55 **News** (S)

10.00 Platoon 24/7

7.00 **Police Interceptors** Officers from the firearms squad respond to reports of a shotgun changing hands in the suburbs and when the team swoop in, the buyer and seller are surprised. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition Officers respond to a 999 call from a member of a public about an HGV that is all over the road, while a car goes straight through a red light. (S)
9.00 NEW SERIES **Curfew** 1/6.Crime thriller starring Sarah Parish. A detective investigates the murder of a woman at night in a society in which all men are bound by a 12-hour curfew. (S1) (S) ■ Continues tomorrow
10.00 **Platoon 24/7: Preparing for War** Series finale 3/3. The soldiers of 13 Platoon finally reach the end of their training, but ahead of them are the two biggest tests of the six months. (S)
11.05 **999: Police Hour of Duty** Officers search for a man reported missing. (S)(R)
12.05 AM **Traffic Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **Save Money on Your Supermarket Shop** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Separate Vocations:* Career aptitude tests have an unexpected effect on the Simpson kids. (S)(R)
5.30 **The Office (US)** 9/25. A new employee's prison record is accidentally revealed. (S)(R)
6.00 10/25. Part one of two. Michael's Christmas cards upset Carol, while tensions rise in the party planning committee. (S)(R)
6.30 11/25. Part two of two. Michael tries to deal with being dumped by Carol. (S3) (S)(R)

9.00 Riddick

7.00 **The Simpsons** *Dog of Death:* Convinced the family no longer love him, Santa's Little Helper runs away from home. (S)(R)
7.30 *Lard of the Dance:* Featuring the voice of *Friends* actor Lisa Kudrow. (S)(R)
8.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. The naturalist explores the evolution of vertebrates, with a look at how primitive fish made the move to land and the advent of flight. (R)
9.00 FILM **Riddick** Sci-fi thriller sequel starring Vin Diesel and Jordi Mollà. Stranded on a desert planet, space fugitive Riddick knows that his only hope of escape is to alert bounty hunters to his presence and use their craft to leave. Two teams of hunters duly arrive, but they little realise the perils in store for them. (S) (2013, 15, 122min) ★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.10 **Last Week Tonight with John Oliver** A satirical look at news and pop culture.(R)
11.55 **The Essex Murders** 2/3. The questions remain about the convictions of Michael Steele and Jack Whomes. (S)(R)(AD)
12.55 AM **The Force: North East** (R)
1.50 **Road Wars** Double bill. (S)(R)
3.10 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.30-9.00pm Banjo and Ro's Grand Island Hotel **10.40** Would I Lie to You? **11.10** Industry **12.10am** Scotcast **12.40** The Traitors Ireland **2.20** Weather for the Week Ahead **2.25-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm Jane Rea's Bloomin' Wild **8.30-9.00** Panorama: Framed for Murder? **10.40** True North: Staying at Georgie Best's **11.10** The Traitors Ireland **12.50-2.15am** Would I Lie to You?

WALES
Sky 965, Virgin 864, Freesat 965
8.00-8.30pm Scrum V Top 5 – Max Boyce **10.40** Panorama: Framed for Murder? **11.10** Industry **12.10am** The Truth About My Murder **12.50-1.20am** Rewind: 60 Years of Welsh Pop

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Cumasc: Seisiúin sa Black Gate **11.00** Small Prophets **11.30** What We Do in the Shadows **12.25am** Prairie Dogs: Talk of the Town – Natural World **1.15-1.20am** Barra on the Foyle

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Iaith ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar **8.25** Ciao! Colleen Ag Owain **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.33** Y Tywydd **9.35** Ralïo+ **10.05** Sgorio **10.35-11.40pm** Troseddau Cymru Gyda Sian Lloyd

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Hypnotising sharks in the Bahamas.
7.35 **Shaun the Sheep** A meteor shower is forecast to pass over Mossy Bottom.
7.40 FILM **A Shaun the Sheep Movie: Farmageddon** Animated comedy with the voice of Justin Fletcher. (2019, U, 86min) ★★★★
9.00 **The Traitors Ireland** New editions 9/12. Siobhán has a chilling revelation for the Faithfuls at breakfast. **9.55** 10/12. Players decide who they distrust the most.
10.45 FILM **Moulin Rouge!** Baz Luhrmann's romantic musical starring Ewan McGregor, Nicole Kidman, Jim Broadbent and John Leguizamo. An English writer falls in love with a beautiful courtesan in 1899 Paris. (2001, 12, 128min) ★★★★
12.45 AM **RuPaul's Drag Race UK vs the World**
2.00 **Dating Apps: The Inside Story** Documentary.
3.00 **to 4.00** AM **Top Gear**

MORE4

136/137 127 147 18 124 15

8.55 AM **Strangers on a Plane**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Tim Shaw and Fuzz Townshend get help from James Nesbitt. **5.50** Fuzz and Tim restore a 1965 German classic car.
6.50 **The Dog House Australia** A family of five are on a quest to find a new furry friend following the death of their beloved dog of 16 years.
7.55 **The Dog House** Retired flight attendant Andreas looks to exuberant cockapoo puppy Annie for some companionship.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** New edition Autumn turns to winter as the Owens prepare to say goodbye to a much-loved family pet, a farrier re-shoes the horses, and Amanda sets out for a canter in the Swaledale countryside.
10.00 **24 Hours in A&E** A doctor shares his story of leaving his family and newborn child during lockdown to keep them safe.
11.05 **24 Hours in A&E**
12.05 AM **Our Farm Next Door: Amanda, Clive and Kids**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Wild China** An examination of the country's heartland.
8.00 **Call My Bluff** With guests Patrick Mower, Russell Harty, Nanette Newman and Gabrielle Drake.
8.30 **Face the Music** With Polly Elwes, Richard Baker and John Julius Norwich.
9.00 **Horizon: The End of the Solar System** The story of how the Solar System will be transformed by the ageing Sun, before coming to an end in approximately eight billion years.
10.00 **The Farthest: Voyager's Interstellar Journey** The story of the twin *Voyager* probes, launched 16 days apart in 1977 and which beam back revolutionary information across unimaginable distances.
11.30 **Romancing the Stone: The Golden Ages of British Sculpture**
12.30 AM **Face the Music**
1.00 **The Australian Wars**
2.00 **to 3.00** AM **Wild China**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**
7.00 **Hollyoaks** A discovery sparks a police search at the school.
7.30 **The Simpsons** *Lisa with an S:* Lisa stays with a Broadway legend for a month.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With guests Jodie Whittaker, Paloma Faith, Munya Chawawa and Spencer Matthews.
9.00 **Gogglebox** The households' opinions on *Strictly Come Dancing*, *The Pet Show* and *How to Make It on OnlyFans*. **10.00** The armchair critics give their opinions on *The Masked Singer*, *Dragons' Den* and *Pam & Tommy*.
11.05 **Dating Naked UK**
12.10 AM **Naked Attraction**
1.15 **First Dates**
2.20 **Gogglebox** Double bill.
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Border Security USA**
10.00 **Border Security: Canada's Front Line**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 17/22. (S5)
1.00 PM **The Rookie** Triple bill of the crime drama. (S7)
4.00 **Law & Order: Criminal Intent** 20/22. The detectives investigate the deaths of a city auditor and his family. (S1)
5.00 **Nothing to Declare** Four editions of the documentary.

10.00 The Equalizer

7 PM
7.00 **Police 24/7** With the help of canines, officers track down a suspect in the woods and a traffic stop reveals drugs and guns.

8 PM
8.00 **Law & Order: Criminal Intent** *Revolution:* 16/16. A Wall Street executive is murdered during a kidnap attempt. (S8)

9 PM
9.00 **Law & Order: Criminal Intent** *Loyalty – Part One:* 1/16. Goren and Eames investigate an illegal arms deal. (S9)

10 PM
10.00 **The Equalizer** *The Room Where it Happens:* 6/10. A student is threatened by someone inside a politician's campaign. (S1)
11.00 **The Rookie** 17/22. (S4)
12.00 M'T **FBI** 14/22. (S5)
1.00 AM **Law & Order: Criminal Intent** 10/16. (S8)
2.00 NEW SERIES **The Rookie** (S8)
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **The Force: Manchester**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
7.55 **The Sopranos** (S5)
10.00 **House of the Dragon** (S1)
1.40 PM **House of the Dragon** 4/10. Rhaenyra continues her search for a suitable match.
2.55 5/10. Alicent seeks the truth about the princess.
4.10 6/10. Rhaenyra navigates speculation about her children.
5.30 7/10. King Viserys calls for an end to infighting. (S1)
6.45 **Game of Thrones** 1/10. First episode of the fantasy drama starring Sean Bean. (S1)

9.00 A Knight of the Seven...

7.55 **Game of Thrones** *The Kingsroad:* 2/10. Bran clings to life as Ned prepares to head south with the king – only for the youngster to come under attack again. (S1)
9.00 **A Knight of the Seven Kingdoms** New episode 5/6. Dunk's mettle is put to the test. (S1)
9.45 **The Iris Affair** 1/8. Thriller starring Tom Hollander and Niamh Algar.
10.45 2/8. Iris blackmails Teo into botching the police investigation. (S1)
11.45 **The Iris Affair** 3/8.Iris contacts conspiracy theorist Alfie and asks him to meet her in Rome.
12.45 AM 4/8. Iris is stripped of everything she has built. (S1)
1.50 **The Last of Us** 5/7. (S2)
2.55 **Game of Thrones** Double bill.
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highlights**
8.00 **The Flash** 10/13. (S9)
9.00 **Hold the Front Page**
10.00 **Rob Beckett's Smart TV**
11.00 **Karl Pilkington: The Moaning of Life**
12.00 NOON **The Flash** 11/13. (S9)
1.00 PM **Hold the Front Page**
2.00 **Rob Beckett's Smart TV**
3.00 **There's Something About Movies** Comedy panel show.
4.05 **A League of Their Own Road Trip: Southeast Asia**
5.10 **Karl Pilkington: The Moaning of Life**

6.10 Friends: The Reunion

6.10 **Friends: The Reunion** One-off special in which the show's stars get together to reminisce about the hit comedy.
8.10 **Never Mind the Buzzcocks** With guests Beth Ditto, Megaman, Nick Grimshaw and Kimberly Wyatt.
9.00 NEW SERIES **Last Week Tonight with John Oliver** A satirical look at news and pop culture.
9.45 **Sport's Funniest Moments** From football to F1 and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world.
11.45 **The Force: North East** The dog unit deals with a man who has barricaded himself in his house.
12.50 AM A trail of blood leaves officers puzzled.
1.55 **Road Wars**
3.00 **Brit Cops: War on Crime** Following police in Lincolnshire.
4.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **Deal or No Deal** Stephen Mulhern hosts as Ryan takes on the Banker for the chance to win life-changing money.
8.00 **The Real Housewives of Orange County** New edition Tamra tries to save her trip after an explosive dinner.
9.00 **Love Island: All Stars** New edition Famous former Islanders are given another shot at finding love in the villa.
10.05 **The 1% Club Valentine's Special** Lee Mack hosts an edition of the quiz in which couples and singles play, with the possibilty of finding love as they play.
11.05 **Family Guy** 15&10/20. (S17)
12.05 AM **American Dad!** New episode 17/22. (S20)
12.35 **American Dad!** 9/20. (S14)
1.05 **Bob's Burgers** 4&1/22. (S13)
2.05 **Plebs** 5/6. (S1)
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *The Killings at Badger's Drift:* Barnaby uncovers a web of secrets as he investigates a suspicious death in the woods.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Stop Gap:* A new bobby arrives in the village.

10.00 Endeavour

6.55 **Heartbeat** *Heirs Apparent:* A teenager shows up in the village looking for Ashfordly Hall. Guest stars Ophelia Lovibond.
8.00 **Midsomer Murders** *The Green Man:* The collapse of a tunnel exposes a collection of ancient skeletons and some more recent remains, leading the detectives to believe the bodies could be linked to a double shooting.
10.00 **Endeavour** *Lazaretto:* Morse becomes fixated on a series of mysterious deaths that have occurred in a hospital.
11.50 **Trial & Retribution** 3/10. Part one of two. A friend of Chief Supt Walker is found dead.
12.50 AM 4/10. Part two of two. The investigation becomes complex as details of Carlisle's private life emerge. (S11)
1.50 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Banjo and Ro's Grand Island Hotel**
2.30 **Sign Zone: Island Crossings** Documentary.
3.30 **Sign Zone: Eat the Town** From Stranraer.
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Darts Dreams**
8.00 **The Repair Shop on the Road** New edition Fixing the twin projectors of a derelict Prestwick art deco cinema.
8.45 **Beechgrove Repotted** Behind-the-scenes tours of some of Scotland's best-loved public gardens.
9.00 **Designing the Hebrides** Double bill.
10.00 **Scotland Stands Up**
10.30 **Two Doors Down** (S2)
11.00 **Scotcast** Current affairs.
11.30 PM **to 12.00** M'T **Limmy's Show**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **Ballers** 9&10/10. (S3)
10.15 **Sex and the City** (S3)
11.25 **Entourage** (S4)
12.30 PM **Will & Grace** (S5)
1.30 **Sex and the City** (S3)
2.40 **Ballers** 1&2/10. (S1)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S5)
6.45 **Community** (S6)
7.50 **Sex and the City** 3/18. Carrie bumps into Big's fiancée while shopping.
8.20 4/18. Guest stars Alanis Morissette. (S3)
9.00 **Real Time with Bill Maher** New edition
10.10 **And Just Like That** *The Last Supper – Part One: Appetizer:* 10/11. Carrie prepares to bid farewell to her apartment. (S2)
11.05 **Community** (S6)
12.15 AM **Entourage** (S4)
1.30 **Ballers** 1/10. (S1)
2.10 **Curb Your Enthusiasm**
3.40 **Silicon Valley** 3/10. (S4)
4.20 **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil: Kurios – Cabinet of Curiosities**
7.55 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Painting Birds with Jim and Nancy Moir**
3.00 **Landscape Artist of the Year** HMS *Wellington*.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: I Lost My Heart in Heidelberg**
10.00 **Mozart: Genius for Hire**
11.30 **Pavarotti: A Voice for the Ages**
12.50 AM **Hugh Grant: Love Language**
1.50 **SparkPlug**
3.20 **Landmark**
4.20 **Inside Art**
4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 1/20. (S1)
5.00 **Stargate SG-1** (S2)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** 9/26. (S7)
8.00 **Primeval** 3/6. The discovery of a diver's body confirms Claudia's suspicions. (S1)
9.00 **FBI** 17&18/22. (S5)
11.00 **Grimm** 14/22. (S5)
12.00 M'T **Wynonna Earp** (S4)
1.00 AM **Night Cops**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Quiz.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show hosted by Warwick Davis.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Tony Bellew and Julie Hesmondhalgh compete in the quiz show.
4.00 **Time Is Money** Quiz hosted by Sara Davies.
5.00 **Deal or No Deal** Sam tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the quiz hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Dion Dublin and Steph McGovern try to answer 15 questions correctly in the hope of winning one million pounds for charity.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
6.00 **Location, Location, Location** London.
7.00 **Kirstie and Phil's Love It or List It** Revisiting a Stockport couple confused about their six-bedroom home.
8.00 **Location, Location, Location** House-hunting in south London.
9.00 **24 Hours in A&E** A woman suffers an accident at a fun run.
10.00 **Secret Genius**
11.05 **Gogglebox** Double bill.
1.05 AM **The Great Icelandic Swim with Ross Edgley**
2.10 **Lake District Rescue**
3.10 **24 Hours in A&E**
4.05 **to 5.00** AM **Sandi's Great British Woodland Restoration**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **The Big Match Revisited**
8.50 **Magnum, PI**
9.50 **Kojak**
10.55 **Boon**
12.00 NOON **The Sweeney**
1.05 PM **Dempsey and Makepeace**
2.10 **Magnum, PI**
3.15 **Kojak**
4.20 **Boon**
5.25 **The Sweeney**
6.30 **Formula E Highlights** Action from the Jeddah E-Prix at Jeddah Corniche Circuit.

5.25 The Sweeney

7.30 **LIVE Football: EFL** Coventry City v Middlesbrough: Hugh Woozencroft presents coverage of the Championship match between the title contenders at Coventry Building Society Arena. Braces by Ellis Simms and Liam Kitching helped Coventry to a 4-2 win in November's reverse game at Riverside Stadium. Kick-off is at 8.00pm.

10.25 **FILM Shaun of the Dead** British horror comedy starring Simon Pegg and Nick Frost. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Lost** 8/25. Jack and Sayid torture Sawyer. (S1)
1.10 **Auto Mundial**
1.40 **The Sweeney**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 26/26. (S5)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 1/26. (S6)
2.00 **The Ark** 9&10/12. (S2)
4.00 **Stargate SG-1** 15/22. (S2)
5.00 **Star Trek: Voyager** 3/26. The crew abandon ship. (S2)
6.00 **Star Trek: The Next Generation** 26/26. Part one of two. Data travels back in time to San Francisco. (S5)

2.00 The Ark

7.00 **Star Trek: Deep Space Nine** *A Time to Stand:* 1/26. Sisko and his crew embark on a secret mission. (S6)
8.00 **Stargate SG-1** *A Matter of Time:* 15/22. A black hole threatens the team and planet Earth. (S2)
9.00 **Westworld** *Journey into Night:* 1/10. In the aftermath of Ford's party, the hosts hunt down the remaining humans while searching for a new purpose. (S2)
10.25 **The Leftovers** *Axis Mundi:* 1/10. Return of the mystery drama. (S2)
11.40 **True Blood** 5/12. Sookie and Alcide look for a way to thwart Russell Edgington's thugs. **12.40** AM 6/12. Russell orders Lorena to execute Bill. (S3)
1.40 **Wynonna Earp** 6/12. A child goes missing. (S3)
2.30 **The Ark** 9&10/12. (S2)
4.10 **Wynonna Earp** As 1.40am.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown**
10.00 **The Mentalist** 1/13. (S7)
11.00 **Hudson & Rex** 1/16. (S6)
12.00 NOON **Miss Fisher's Murder Mysteries** 5/8. (S3)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 1/13. (S7)
5.00 **Hudson & Rex** 1/16. (S6)
6.00 **Father Brown** *The Tree of Truth:* A case is reopened when a body is identified as a woman who went missing seven years earlier.

5.00 Hudson & Rex

7.00 **Miss Fisher's Murder Mysteries** *Death and Hysteria:* 5/8. Aunt Prudence opens her home to a natural healer. (S3)
8.00 **Death in Paradise** *She Was Murdered Twice:* 7/8. A company boss is killed during a team-building exercise. (S4)
9.00 **Death in Paradise** *Written in Murder:* 3/8. A famous writer is stabbed through the heart after a swim. (S7)
10.00 **Father Brown** *The Kembleston Olimpicks:* Rivalries escalate to murderous heights at the Kembleston Olimpicks.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **The Company You Keep** 10/10. Emma, Charlie and Daphne formulate a plan to take down the Maguires. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.20 **The Green Green Grass**
9.00 **Gavin & Stacey**
9.40 **Are You Being Served?**
10.20 **Porridge**
11.00 **Keeping Up Appearances**
11.40 **Last of the Summer Wine**
1.00 PM **The Green Green Grass**
1.40 **Gavin & Stacey**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **dinnerladies**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

6.20 Keeping Up Appearances

7.00 **Porridge** Godber gets into a fight a week before his parole board hearing.
7.35 **Dad's Army** Mainwaring tackles a suspected IRA terrorist by himself.
8.15 **Victoria Wood as Seen on TV** A paper clip goes on a journey undergoing 800 processes.
9.00 **dinnerladies** Tony thinks about asking Bren to accompany him on a trip. **9.40** Bren considers buying some new clothes for her holiday with Tony.
10.20 **Not Going Out** Guy's presence in the flat continues to rile Lee.
11.00 **Live at the Apollo** Stand-up comedy by Jason Manford, Chris Ramsey and Doc Brown.
12.00 M'T **Keeping Up Appearances** Hyacinth helps with an OAP day-trip.
12.40 AM **dinnerladies**
1.20 **Not Going Out**
2.00 **Live at the Apollo**
2.50 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Dave Gorman: Modern Life Is Goodish**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Bangers & Cash**
2.00 PM **Extreme Fishing with Robson Green** Stingray.
3.00 **Top Gear** With Hugh Grant.
4.00 **Top Gear USA Special**
5.00 **The Hairy Bikers' Chicken and Egg** From Morocco.
6.00 **Rick Stein's Long Weekends** Sampling the cuisine of Berlin.

10.00 Will & Ralf Should Know...

7.00 **Would I Lie to You?** With guests Clara Amfo, Tom Davis, Shaun Ryder and Henning Wehn.
7.40 **Richard Osman's House of Games** With Sian Gibson and Iain Stirling. **8.20** With Tim Key, Jamie Laing, Sunetra Sarker and Laura Whitmore.
9.00 **QI XL** Jo Brand, Rob Brydon and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry to answer questions.
10.00 **Will & Ralf Should Know Better** The duo get their hands dirty on a building site, and find their inner drag divas.
11.00 **Taskmaster** All contestants are in with a chance of victory.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? – The Unseen Bits**
1.20 **Would I Lie to You?**
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Monday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 15-17/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Requiem:* 7/19. Gibbs takes on a case connected to his dead daughter. **7.00** *Designated Target:* 8/19. An admiral is found executed by the side of the road. **8.00** *Lost and Found:* 9/19. The team look for a missing survivalist. (S5) **9.00** New episode *In from the Cold:* 5/20. An elderly former spy with dementia is thought to have some secrets. (S22)
10.00 **Law & Order: Special Victims Unit** *Brothel:* 15/24. Tutuola works to find the owner of a brothel. (S20)
11.00 **Law & Order: Special Victims Unit** (S20)
1.45 AM **Blue Bloods** (S9)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** The team struggle to clear a backlog of patients at Barnsley Casualty.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **Plastic Surgery Knifemares**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Winter Road Rescue**
9.45 **Police Interceptors**
11.50 **FILM Vera Cruz** Western adventure. (1954, PG, 94min) ★★★
1.45 PM **FILM Sabata** Spaghetti Western. (1969, 12, 107min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors** The team spring a trap on suspected drug dealers.
9.00 **Police: Hour of Duty** The 999 team receive a call from a woman who claims to have swallowed 40 pills.
10.00 **Police: Night Shift 999**
11.00 **Banged Up Abroad**
12.00 M'T **Extreme Tow Truckers** Documentary.
1.00 AM **Ice Road Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Pete meets Lurcher Terri, who's terrified of the world and must learn to trust again.
8.00 **The Supervet** Football pundit Lee Dixon brings his beloved rescue dog in for help with his limp. **9.00** The team treat a giant Newfoundland puppy with a painful knee and shoulder.
10.00 **One Born Every Minute** Double bill.
12.00 M'T **Inside the Ambulance**
12.30 AM **Louis Theroux: Life on the Edge**
1.40 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.35 **Doctors**
9.45 **Classic Holby City**
10.45 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **All Creatures Great and Small**
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Porridge**
6.00 **Last of the Summer Wine** Triple bill.
8.00 **Judge John Deed** (S4)
10.00 **New Tricks** *The Russian Cousin:* Steve rents out his flat.
11.20 **Shakespeare & Hathaway: Private Investigators** 5/10. (S1)
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **True Evil: The Making of a Nazi** Documentary.
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** Documentary.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Great Canal Journeys** Timothy West and Prunella Scales explore Canada's Rideau Canal.
8.00 **Wilderness with Simon Reeve** Simon treks the mountains and ice fields of Patagonia.
9.00 **Indian Ocean with Simon Reeve**
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering**
2.00 **to 3.00** AM **True Evil: The Making of a Nazi**

+1 hour 255 329

MONDAY Entertainment

Monday

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Sandbanks.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
5.00 **Long Lost Family**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip** An auction in Crooklands.
9.00 **Secret Life of the Auction House** A haul of Lego is valued.
10.00 **The Yorkshire Auction House** A widow clears out her Derbyshire home.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 19–21/22. (S7)
1.00 PM **The Waltons** (S3)
3.00 **Ballykissangel** (S2)
4.10 **Hamish Macbeth** (S3)
5.20 **Doctor Finlay** 4/6. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 2/16. A group of Marines celebrate Halloween at Rosie's. **8.00** 6/16. Hawkeye and Charles prove a point. **8.30** 9/16. Corporal Klinger makes enemies of his colleagues. **9.00** 10/16. A UN mission visits the camp. **9.30** 11/16. Hawkeye and BJ have some sleeping problems. (S11)
10.00 **M*A*S*H** 12&13/16. (S11)
11.00 **The New Avengers** (S2)
12.00 M'T **The Avengers** (S5)
1.00 AM **M*A*S*H** (S11)
2.25 **Home to Roost** (S3)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 5/30. (S1)
12.00 NOON **FILM The 300 Spartans** War drama. (1962, PG, 113min) ★★★
2.20 PM **FILM The Texas Rangers** Western. (1951, U, 75min) ★★★
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 6/30. (S1)
9.00 **FILM Rambo III** Violent action adventure sequel. (1987, 18, 101 min) ★★★
11.10 **FILM Half Past Dead** Action thriller. (2002, 15, 98min) ★★★
1.20 AM **The Baron** (S1)
2.20 **The Avengers** (S5)
3.20 **Police Ten 7**
3.45 **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Lost Letter Mysteries: The Road Less Travelled** Drama. (2018, U, 72min) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 14/23. (S6)
12.05 PM **FILM Ruby Herring Mysteries: Prediction Murder** (2020, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 15/23. (S6)
8.00 **Unforgettable** (S4)
9.00 **The Chronicle Mysteries: Deep End**
10.55 **FILM Martha's Vineyard Mysteries: Poisoned In Paradise** Thriller. (2021, PG) ★★
12.50 AM **FILM Nowhere To Be Found** Thriller. (2019, PG, 93min) ★★
2.35 **FILM Kill Thy Neighbour** Thriller. (2018, 12) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM **FILM Love's Sweet Recipe** (2021, PG) ★★
10.10 **FILM One Summer** Drama. (2021, PG) ★★
12.05 PM **FILM Fishing for Love** Romantic drama. (2021, U, 89min) ★★
2.00 **FILM The Wedding Ring** Romantic drama. (2020, PG, 86min) ★★
3.55 **FILM Sailing into Love** Drama. (2019, PG) ★★
5.50 **FILM Wedding Wonderland** Drama. (2017, PG, 92min) ★★
7.55 **FILM A Wedding to Remember** Drama. (2020, PG, 85min) ★★
9.55 **FILM Sweet Home Carolina** Drama. (2017, PG, 84min) ★★
11.50 **FILM Brimming with Love** (2017, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Wedding to Remember** Drama. (2020, PG, 85min) ★★

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 10/18. (S3)
12.30 PM **The Top Secret Life of Edgar Briggs**
1.00 **Wish Me Luck** (S2)
2.00 **The Champions**
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S2)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs** (S1)
7.30 **The Brian Conley Show**
8.00 **The Champions** (S1)
9.00 **Wish Me Luck** (S2)
10.00 **Drop the Dead Donkey**
10.30 **Stereo Underground**
11.30 **FILM Inseminoid** Horror. (1981, 15, 93min) ★
1.30 AM **Soap** 13&14/25. (S1)
2.30 **The Brian Conley Show**
3.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** Giant halibut.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An additional $15million in crab sends the fleet into a fishing frenzy. **8.00** Huge waves test rookie skipper Josh.
9.00 **My Deadly Face Tumour: Body Bizarre**
10.00 **World's Biggest Cyst: Body Bizarre**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Chef Grudge Match**
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **Great British Bake Off**
9.00 **Adam Richman Eats Italy** New editions Iconic foods in Parma. **9.30** Adam is in Venice to taste dishes that imbibe the city's soul.
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 6/26. (S5)
9.00 **The A-Team** 11/23. (S4)
10.00 **The Invaders** 9/17. (S1)
11.00 **FILM Flight World War II** Sci-fi action thriller. (2015, 12, 85min) ★★
12.55 PM **FILM The Odessa File** Suspense thriller. (1974, PG, 129min) ★★★
3.25 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
5.00 **Star Trek** 16/26. (S2)
6.00 **The Invaders** 10/17. (S1)
7.00 **The A-Team** 12/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Hitman** Thriller with Timothy Olyphant. (2007, 15, 100min) ★★★
10.55 **FILM Sabotage** Action thriller starring Arnold Schwarzenegger. (2013, 15, 107min) ★★
1.05 AM **FILM Villain** Drama. (2019, 18, 97min) ★★★
3.00 **to 4.50** AM **FILM American Siege** Thriller. (2021, 15, 91min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster movie. (2014, PG, 90min) ★
11.00 **The Lost World** (S1)
12.00 NOON **FILM Meteorites!** Thriller with Tom Wopat. (1998, PG, 85min) ★
2.00 PM **The Gambler Returns: The Luck of the Draw** 1&2/2.
4.00 **Walker, Texas Ranger**
5.00 **FILM Triassic Hunt** Action adventure starring Michael Paré. (2021, 15, 86min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 6/23. (S2)
9.00 **FILM The Kid** Western starring Chris Pratt. (2018, 15, 100min) ★★★
11.00 **FILM Jiu Jitsu** Thriller starring Nicolas Cage. (2020, 15, 102min) ★★
1.00 AM **FILM The Kid** (2018)
3.00 **FILM Triassic Hunt**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **NEW SERIES Canadian Pickers**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Deep Water Salvage**
12.10 PM **Salvage Kings**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Oak Island**
10.00 **Secrets in the Ice**
11.00 **Forbidden History**
12.00 M'T **Greatest Myths**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Deep Water Salvage**
3.45 **Salvage Kings**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: What Happened Next?**
11.00 **Ben Fogle: New Lives...**
12.00 NOON **World War II...**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **World War II: Secrets from Above**
8.00 **Ben Fogle: New Lives in the Wild** India.
9.00 **Susan Calman's Grand Day Out** The Midlands.
10.00 **Britain's Most Scenic Counties: Cheshire**
11.00 **Jane McDonald: Lost in Japan**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting at Christmas**
2.00 **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Gabby Logan and David Seaman compete in the quiz.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?**
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** A team of community nurses try to win a large cash prize.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** Ronni Ancona, Adam Gemili, Dave Johns and Joel Dommett play for good causes.
11.00 **Bullseye** Double bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 4/24. Howard and Bernadette decide they do not want to know the gender of their baby. **8.30** 5/24. Amy and Sheldon argue over their 'bathroom schedules'. (S10)
9.00 **Hollywood Demons** New edition The tragic tale of the famed Von Erich wrestling family.
11.00 **Death by Fame** The death of aspiring model Catherine Martinez.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 5–10/22. (S1)
12.50 PM **Impractical Jokers**
1.20 **Friends** 7–18/24. (S9)
7.25 **Friends** 19/24. Rachel joins Joey on the set of his soap opera. **7.55** 20/24. Joey throws a party for the cast of *Days of Our Lives*. **8.25** 21/24. Chandler and Monica visit a fertility clinic. (S9)
9.00 **Michael McIntyre's The Wheel** With Sue Perkins and Seann Walsh.
10.00 **Al Murray Live – Barrel of Fun** Stand-up show.
11.00 **Iain Stirling's Roast the Internet**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
3.30 **Michael McIntyre's The Wheel** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 3&4/22. (S1)
7.00 **Teleshopping**
9.00 **Spin City** 12&13/24. (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 12/24. Mike appears on television. **6.30** 13/24. Ashley dumps Mike. (S1)
7.00 **Everybody Loves Raymond** (S1)
10.00 **Friends** 7–12/24. (S9)
1.00 AM **Ricky Gervais Show**
2.00 **Utopia** 7/8. (S1)
2.30 **Teachers** 11/20. (S2)
3.00 **Reno 911!** (S4)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 1/6. (S2)
10.50 **Steptoe and Son** (S8)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 5/15. (S3)
2.45 **Minder** 7/13. (S3)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **You Rang, M'Lord?** (S2)
6.00 **That's 60s – Best Music Live!**
6.10 **Steptoe and Son** (S5)
6.50 **Rising Damp** 3/7. (S1)
7.20 **Whatever Happened to the Likely Lads?**
7.55 **Minder** 11/11. (S4)
9.00 **Benidorm** 3/7. (S3)
10.00 **Shameless** 4/8. (S3)
10.55 **Man About the House**
11.25 **Rising Damp** 2/7. (S3)
12.00 M'T **Benidorm** 3/7. (S3)
1.00 AM **Shameless** 4/8. (S3)
1.55 **Kenny Everett Show**
2.20 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: Worst Offenders**
9.00 **Catfish: Wannabees**
10.00 **Catfish: The TV Show**
4.00 PM **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Teen Mom UK: Mums Move In**
8.00 **Teen Mom UK**
9.00 **Ink Master: Angels** New edition The Angels drop a bomb on the city of Albuquerque.
10.00 **Tattoo Fixers**
11.00 **Black Ink Crew New York** New edition O'S***'s baby mamas face each other.
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

16 February **Monday**

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Diesel Brothers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** Arctic temperatures and a hungry grizzly wreak havoc on a struggling homestead. **6.00** The Raneys set out to help a troubled homestead that is threatened by heat, coyotes and even cows.

1.00 Deadliest Catch

7.00 **Wheeler Dealers** Auto enthusiast Mike Brewer and mechanic Edd China turn their attention to a vintage 1916 Cadillac V8.
8.00 **Scrapyard Dynasty** Terry makes a rogue purchase with a load of jewellery, and spends £16,000 on a new grabber for the yard.
9.00 **Secrets Underground** Ancient ruins that suggest Europeans arrived in America 1,000 years before Columbus.
10.00 **Ancient Unexplained Files** Archaeologists use technology to uncover the mystery behind human skulls from Chile.
11.00 **Expedition Unknown** Josh braves Puerto Rico's choppy seas to find a legendary missing plane.
12.00 M'T **Deadliest Catch**
1.00 AM **Secrets Underground**
2.00 **Ancient Unexplained Files**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** Unique aquariums.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** Double bill.
5.00 **Lone Star Law** Wardens question a felon suspected of illegally hunting with a firearm.
6.00 **Dr Jeff: Rocky Mountain Vet** A homeless man's puppy breaks its paw, so Dr Jeff puts the animal's welfare ahead of everything else.

6.00 Dr Jeff

7.00 **Treehouse Masters: Out on a Limb** Pete Nelson is tasked with designing a recording studio up in the trees.
8.00 **Air Jaws: Back from the Dead** Photographer Chris Fallows and filmmaker Jeff Kurr seek great whites in New Zealand.
9.00 **Alaska: The Last Frontier** For the first time since blasting Kilcher Road, Eivin tries to haul a pole barn to his homestead.
10.00 **Alaskan Bush People** The Browns head into unfamiliar terrain to find land, as they pledge to rebuild their homestead.
11.00 **Mountain Monsters** Residents of Perry County report a grassman seen in the woods.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters: Out on a Limb** As shown at 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Gladiators: Warriors of the Ancient World**
11.00 **Lost Ships of WW2**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Air Crash Investigation**
3.00 **World War II: The Apocalypse**
4.00 **Sea of Secrets: Drain the Oceans** The Black Sea.
5.00 **Ice Road Rescue** A landslip takes out an excavator.
6.00 **Construction Fails** A look at disasters involving cranes used in urban construction.

10.00 Yukon Rescue

7.00 **Air Crash Investigation** The 1996 collision between a Kazakhstan Airlines jet and a Saudi Airways plane at 14,000ft.
8.00 **Air Crash Investigation** New edition A Boeing 737 crashes moments after lifting off from an Algerian desert airport.
9.00 **Air Crash Investigation** The possibility that airlines are making fatal errors in calculating passengers' weight..
10.00 **Yukon Rescue** New edition Multiple 911 calls end up pushing Dawson City to the brink.
10.55 **Air Crash Investigation** A crash in Norway.
11.55 **Car S.O.S** Restoring a 1994 Vauxhall Cavalier Turbo.
12.55 AM **To Catch a Smuggler**
1.55 **Abandoned**
2.25 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **Gold Wars Downunder**
2.00 **American Pickers**
3.00 **Secrets Declassified with David Duchovny** Triple bill of the documentary series.
6.00 **American Pickers** Robbie becomes obsessed with getting a one-of-a-kind DeLorean knockoff.

10.00 Hells Angels

7.00 **Forged in Fire** The contest moves to a blacksmith's shop in the heart of North Carolina's Appalachian Mountains.
8.00 **American Pickers** New edition Mike and Robbie Wolfe revisit the picking grandpa they never had on his Kansas empire.
9.00 **Gold Wars Downunder** New edition Three hardcore mining teams battle it out to unearth the biggest gold nuggets.
10.00 **Hells Angels: Kingdom Come** New edition The twisted relationship between Greg Woolley and Marty Robert.
11.00 **History's Most Shocking** A construction worker is caught out on the ledge of a burning building.
12.00 M'T **Secrets Declassified with David Duchovny**
2.50 AM **Gold Wars Downunder**
3.40 **American Pickers**
4.25 **Pawn Stars** A ceramic owl.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Rolling Stone: Stories from the Edge**
7.00 **Discovering: Peter Ustinov**
8.00 **The Directors**
9.00 **Man Who Played with Fire**
10.00 **The Jinx Part Two**
11.00 **Kings from Queens: The Run DMC Story**
2.00 PM **Jealous Guy: The Assassination of John Lennon**
3.50 **My Icon: Natasha Jonas**
4.00 **Discovering: Peter Ustinov**
5.00 **The Directors**
6.00 **The Man Who Played with Fire** Olof Palme.

6.00 The Man Who Played...

7.00 **The Jinx Part Two** Robert Durst tells his version of events, but the prosecutor examines the story a bit more closely.
8.00 **The Essex Murders** The killing of three notorious criminals known as the Essex Boys, who were shot to death in 1995.
9.00 **The Essex Murders** A look at whether Michael Steele and Jack Whomes were really guilty of the Essex Boys murders.
10.00 **The Essex Murders** A look at the hunt for an alternative suspect in the Essex Boys murders.
11.00 **Meth Storm** Examining the impact of methamphetamine addiction in rural Arkansas.
1.00 AM **Twist of Faith** The case of an Ohio firefighter who sued church figures for abusing him as a child.
2.50 **My Icon: Shaun Gayle**
3.00 **Wirecard: A Billion Euro Lie**
5.00 **to 6.00** AM **Discovering: Peter Ustinov**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters Celebrity Special**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Guz Khan's Custom Cars** New edition Guz pushes his Honda S2000 to the limit by adding carbon fibre flair.
10.00 **Mock the Week** Comedy panel show.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops San Francisco** Documentary.
7.00 **Forensic Detectives**
9.00 **Cops UK: Bodycam Squad** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Murder in the Heartland**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Real Death in Paradise** A trip that turned into a nightmare.
10.00 **The Suitcase Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** The case of teenager Alex Davies, who was murdered by Brian Healless after the pair met on Grindr.
8.00 **48 Hours** New edition Authorities found Davis McClendon dead near his wrecked car.
9.00 **Storm of Suspicion** New edition The condition of a body found in 1996 leaves it unidentified for 10 years.
10.00 **Murder UK** Nurse Victorino Chua betrayed his oath by poisoning hospital patients.
11.00 **Bloodline Detectives** Carol Sue Klaber's death.
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Shocking Crimes: Murder Book**
10.45 **Teleshopping**
11.00 **48 Hours** Maria Muñoz.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** The murders of actor Sian Blake and her sons. **3.00** The 2013 murder of Champion Ganda.
4.00 **48 Hours** A look at the death of Megan Parra.
5.00 **Medical Detectives** The case of a man accused of killing his wife. **5.30** An investigator makes an impression of a print found in the snow. **6.00** Investigating fatalities in a hospital. **6.30** Investigators lift a print from a pillowcase.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Send in the Dogs**
9.00 **Brit Cops** Documentary.
10.00 **Police 24/7**
11.00 **World's Most Evil Killers**
12.00 NOON **What the Killer...**
1.00 PM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next** Joy Morgan.
6.00 **Killer in My Village**
7.00 **Most Evil Killers**
9.00 **The Real CSI: Miami**
10.00 **Murder Uncut**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil...**
1.00 AM **What the Killer...**
2.00 **Britain's Most Evil Killers** New edition
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Walking with the Ancients** As 10.20pm.
9.50 **The First World War: The People's Story**
10.55 **Lincoln: Divided We Stand** As 8.25pm.
11.55 **Mafia's Greatest Hits**
1.00 PM **Walking with the Ancients** As 10.20pm.
2.40 **Mafia's Greatest Hits**
3.40 **The First World War: The People's Story**
4.45 **Lincoln: Divided We Stand** As 8.25pm.
5.40 **Walking with the Ancients** As 10.20pm.
7.20 **The First World War: The People's Story**
8.25 **Lincoln: Divided We Stand** The beginning of Lincoln's presidency.
9.20 **Mafia's Greatest Hits**
10.20 **Walking with the Ancients** Evidence of early humans.
12.00 M'T **The First World War: The People's Story**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

MONDAY

Monday

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Wildlife ER**
12.00 NOON **Island of the Monsoon**
1.00 PM **Monkey Life**
2.00 **Africa's Underwater Wonders**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Island of the Monsoon**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Documentary.
9.00 **Extraordinary Animals**
10.00 **Island of the Monsoon**
11.00 **Wildlife Icons**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Documentary.
3.00 **Extraordinary Animals**
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Ultimate Mysteries**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **Secret Wars Uncovered**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **Secret Wars Uncovered**
8.00 **Combat Ships** How bad design, human error and the enemy sent great ships to tragic ends.
9.00 **History's Most Shocking**
10.00 **Death Coast** The team move further beyond the breakers in search of the *Neptune*.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Savage Builds**
12.00 NOON **Incredible Engineering Blunders: Fixed**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** Detachable IndyCar steering wheels.
6.30 How blast doors are made.
7.00 The creation of carbon fibre and hood ornaments.
7.30 A look at how sawhorses and toolboxes are made.
8.00 Creating sanders, solid terrain models and Stucco.
8.30 How pressed glass and utility knives are made.
9.00 **How the Universe Works** New discoveries surrounding the space between the stars.
10.00 New discoveries lead scientists to question if the Big Bang really happened.
11.00 **NASA's Unexplained Files**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Murdertown** Double bill.
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Somebody's Hiding Something**
6.00 **The First 48** A visit to Mobile ends in tragedy.
7.00 **Cold Case Files** A detective takes on the case that has haunted him since he was a kid.
8.00 **Meet, Marry, Murder** New edition True-crime.
9.00 **Skegness Psycho: 28 Miles to Murder** The case of Daniel Boulton, who murdered his ex-girlfriend and her son.
10.00 **The Serpent: Conversations with a Killer** Charles Sobhraj.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam** Double bill.
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Critter Fixers: Country Vets**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet**
7.00 **Yukon Vet Compilations** New editions Series highlights.
9.00 **Built to Survive** Phil Breslin heads into Australia's muddy mangroves.
9.30 Phil heads to the sea for an encounter with the ferocious tiger shark.
10.00 **Life Below Zero: First Alaskans** How the indigenous peoples of Alaska are turning to the values of the past.
11.00 **Ice Road Rescue**
12.00 M'T **Lawless Island**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** An injured caribou.
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Documentary.
1.00 PM **NASA's Unexplained Files**
2.00 **Hunting Atlantis**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Tony Robinson's VE Day: Minute by Minute** The key events that made VE Day such a momentous 24 hours.
9.00 **Secrets Underground** Tunnels under Denver's airport.
10.00 **How Do They Do It?**
11.00 **World's Greatest Motorcycle Rides** In the Welsh valleys.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Top Gear** Five editions.
2.00 PM **Top Gear** A parachutist tries to land in a car travelling at 50mph, and the team test cabriolets on the Isle of Harris.
3.00 Richard Hammond and James May test the Renault Scenic and the Ford C-Max. Guest stars Lionel Richie.
4.00 The Ford GT and the hybrid Toyota Prius are put through their paces.
5.00 **The Two Ronnies**
7.00 **TOTP2: 80s Special** Including music by Adam Ant, Kylie Minogue and Jason Donovan, Bucks Fizz, Yazz, Duran Duran, Wham! and Culture Club.
9.00 **The Two Ronnies** Stephanie Lawrence joins the duo.
10.00 Vintage comedy with music by Barbara Dickson.
11.05 **TOTP2: 80s Special**
1.05 AM **The Two Ronnies**
3.10 **TOTP2: 80s Special**
4.45 **The Two Ronnies**
5.35 **to 6.00** AM **Villages by the Sea**

+1 hour 266 376

ID

154 140 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Twisted Love**
11.00 **Disappeared**
12.00 NOON **Murder in the Heartland** Emily Murray.
1.00 PM **American Monster**
3.00 **Disappeared** Kortne Stouffer.
4.00 **Murder in the Heartland**
5.00 **Mean Girl Murders**
7.00 **Where Murder Lies** An unthinkable crime cuts short a man's quest for a better life.
8.00 A religious community mourns an elderly couple when they are killed in their home.
9.00 **Faking It: Tears of a Crime** When a vulnerable young woman disappears from a remote Scottish village, a 16-year-old story of abuse, fraud and murder emerges.
10.00 **The Curious Case of Natalia Grace: The Final Chapter**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Mean Girl Murders**
4.00 **to 6.00** AM **Where Murder Lies**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Sewer Divers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Workshop** Motoring series.
1.00 PM **Vintage Voltage**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sewer Divers**
4.00 **Big, Big Bikes**
5.00 **Motor Pickers** Double bill.
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** The boys visit Fuzz Townshend's friend and his Rover collection.
9.00 **Kevin Hart's Muscle Car Crew** Kevin surprises everyone.
10.00 **Sewer Divers** Documentary.
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic Cars** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Motoring series.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
8.20 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
9.50 **How to Train Your Dragon**
12.05 PM **King Ivory** As 10.10pm.
2.25 **Reckless** Action comedy. (2026, 15, 100min)
4.05 **The Cut** Sports thriller. (2024, 12, 99min) ★★★
5.45 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★

8.00 M3GAN 2.0

8.00 M3GAN 2.0 Sci-fi thriller sequel starring Violet McGraw and Allison Williams. Two years after a robot's rampage, her creator tries to resurrect the doll to take down a military-grade weapon. With Ivanna Sakhno. (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 King Ivory Crime thriller starring James Badge Dale, Ben Foster and Michael Mando. A Tulsa drug cop teams up with allies to hunt down those responsible for his son's fentanyl addiction. (2024, 15, 130min)

12.30 AM **Bone Lake** Comedy thriller. (2024, 18, 95min) ★★★
2.15 **The Toxic Avenger** Comedy. (2023, 18, 102min) ★★★
4.05 **Reckless** As 2.25pm.
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Adventure

303 303 403 503 517

7.25 AM **How to Train Your Dragon** Fantasy adventure. (2025, PG, 125min) ★★★★
9.40 **Shazam!** As 10.20pm.
11.55 **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★
1.45 PM **Men in Black** Comedy. (1997, PG, 94min) ★★★★
3.25 **Pacific Rim** Sci-fi thriller. (2013, 12, 126min) ★★★
5.40 **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★

3.25 Pacific Rim

8.00 Batman Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. With Kim Basinger. (1989, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Shazam! Adventure starring Zachary Levi. A youngster is chosen by the ancient wizard Shazam as his new champion, and receives various powers. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Aquaman** Superhero adventure starring Jason Momoa, Nicole Kidman, Willem Dafoe and Patrick Wilson. (2018, 12, 143min) ★★★
3.00 **The Amazing Spider-Man**
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.40 AM **Cool Hand Luke** Drama. (1967, 15, 126min) ★★★★★
9.50 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
12.10 PM **Lost in Translation** (2003)
1.55 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
4.00 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
5.50 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★

8.00 **Jerry Maguire** Comedy starring Tom Cruise as a sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★
10.20 **About Time** Romantic comedy fantasy starring Domhnall Gleeson. A young man inherits the ability to time-travel into his past. (2013, 12, 120min) ★★★
12.25 AM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★

2.10 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
4.20 **Sky Cinema Preview**
5.20 **to 7.10** AM **Peggy Sue Got Married** Romantic fantasy comedy with Kathleen Turner. (1986, 15, 104min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **The Cinema List: Bingeable**
7.50 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
9.30 **Die Alone** Zombie apocalypse drama. (2024, 15, 91min) ★★★★
11.15 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
1.10 PM **Nosferatu** Fantasy horror. (2024, 15, 132min) ★★★★
3.35 **A.I. Artificial Intelligence** Fantasy. (2001, 12) ★★★★

6.10 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
8.00 **Edge of Tomorrow** Adventure starring Tom Cruise. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
10.05 **MaXXXine** Thriller starring Mia Goth. In 1980s Hollywood, an adult film star and aspiring actor is stalked by a mysterious killer. (2024, 18, 110min) ★★★

11.55 **Pet Sematary** Supernatural thriller starring Dale Midkiff. (1989, 18, 103min) ★★★
1.40 AM **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
3.45 **to 6.05** AM **Pacific Rim** Sci-fi thriller starring Charlie Hunnam. (2013, 12, 126min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Jack the Giant Slayer**
8.40 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
10.25 **The Mountain** Comedy. (2024, PG, 89min) ★★★★
12.00 NOON **Pokemon: Detective Pikachu** (2019, PG) ★★★★
2.00 PM **The BFG** Adventure. (2016, PG, 117min) ★★★★
4.00 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
6.00 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

9.30 The Borrowers

7.40 **Monster Trucks** Fantasy adventure starring Lucas Till. A teenager befriends a monster which feeds on oil. With Jane Levy. (2016, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Borrowers** Adventure starring John Goodman and Jim Broadbent. The little people who live under the floorboards are thrown into panic when the family upstairs have to move house. (1997, U, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★
12.35 AM **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
2.15 **Spy Kids 2: Island of Lost Dreams** Adventure sequel. (2002, U, 100min) ★★★★
4.00 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel. (2003, U, 84min) ★★★
5.35 **to 7.10** AM **The SpongeBob Movie: Sponge Out of Water**

Sky Cinema Action

307 307 407 507 521

6.05 AM **The Patriot** (2000) ★★★
8.55 **The Legend of Tarzan** Adventure. (2016, 12) ★★★
11.00 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
1.05 PM **Transformers: The Last Knight** Fantasy. (2017, 12) ★★
3.45 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
5.55 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy. (2020, 15, 109min) ★★★★

10.20 The Fall Guy

8.00 **Fast & Furious Presents Hobbs & Shaw** Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Fall Guy** Comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Black Hawk Down** Ridley Scott's war drama. (2001, 15, 144min) ★★★
3.05 **Silent Night** Action thriller. (2023, 15, 104min) ★★★★
4.55 **to 6.35** AM **Mortal Kombat – Annihilation** Fantasy sequel. (1997, 15, 91min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Alfie** (1966, 15) ★★★★
9.10 **Instant Family** Comedy. (2018, 12, 118min) ★★★★
11.10 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
1.00 PM **Daddy's Home 2** Comedy sequel. (2017, 12) ★★★
2.45 **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
4.40 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
6.20 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★

6.20 Little Fockers

8.00 **American Pie 2** Comedy sequel starring Jason Biggs. Four friends rent a house for the summer, and one decides he needs some sexual experience before the visit of an exchange student. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Just Friends** Romantic comedy starring Ryan Reynolds. A womanising music executive tries to undo his past as an uncool teenager by wooing the girl he adored in school. (2005, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Jackass: The Movie** Slapstick comedy. (2002, 18, 87min) ★
1.00 AM **Jackass 3** Comedy sequel. (2010, 15, 93min) ★★
2.40 **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
4.15 **to 6.20** AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15, 108min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **Parallel** As 2.15am.
8.15 **The Independent** Drama. (2022, 12, 108min) ★★★
10.05 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
11.45 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.45 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
3.55 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
6.05 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★

10.10 Oldboy

8.00 **Red Dragon** Crime thriller starring Edward Norton, Ralph Fiennes and Anthony Hopkins. A troubled former FBI agent is brought out of retirement to hunt down a serial killer and is forced to turn to his old nemesis for advice. (2002, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Oldboy** South Korean thriller with Choi Min-sik. A man is released after being held captive for 15 years and tries to solve the mystery. Subtitled. (2003, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
2.15 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
3.50 **The Stranger in My Home** Drama. (2025, 15, 91min) ★★
5.35 **to 7.25** AM **Along Came a Spider** Crime thriller. (2001, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Broken Lance** Western. (1954, U, 96min) ★★★★
12.55 PM **The Black Swan** Swashbuckling adventure. (1942, PG, 85min) ★★★
2.40 **Criss Cross** Crime thriller. (1948, b/w, PG, 87min) ★★★
4.25 **Warlock** Western with Henry Fonda. (1959, U, 123min) ★★★
6.50 **The League of Extraordinary Gentlemen** Fantasy adventure. (2003, 12, 110min) ★★

9.00 M3GAN

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **M3GAN** Horror starring Allison Williams and Violet McGraw. A robotics engineer at a toy company builds a life-like doll that begins to take on a life of its own. With Ronny Chieng. (2022, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Late Night with the Devil** Horror starring David Dastmalchian. A talk show broadcast in the 70s goes horribly wrong after an exorcism is performed live. (2023, 15, 93min) ★★★★
12.55 **to 3.35** AM **Radical** Spanish comedy drama starring Eugenio Derbez. Subtitled. (2023, 12, 125min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Monday

Sky Cinema Cult Classics

302 302 402 502 516

6.25 AM **The Cable Guy** As 4.00am.
8.05 **Napoleon Dynamite** (2004)
9.45 **Police Academy** As 6.10pm.
11.30 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
1.10 PM **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
2.50 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
4.30 **The Naked Gun 33⅓: The Final Insult** Police comedy sequel. (1994, 12, 83min) ★★★
6.10 **Police Academy** Comedy. (1984, 15, 95min) ★★★
8.00 **Trading Places** Satirical comedy. (1983, 15, 116min) ★★★★★
10.00 **True Romance** Crime thriller starring Christian Slater, Patricia Arquette and Dennis Hopper. (1993, 18, 118min) ★★★★
12.05 AM **Napoleon Dynamite** Teen comedy starring Jon Heder. (2004, PG, 95min) ★★★★
1.40 **A Clockwork Orange** Futuristic satire with Malcolm McDowell. (1971, 18, 136min) ★★★★
4.00 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
5.40 **The Cinema List: Bingeable**
5.55 **to 7.35** AM **Caddyshack** Comedy. (1980, 15, 95min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.35 AM **Wayne's World** As 2.35am.
9.15 **Wayne's World 2** As 4.15am.
10.55 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
12.45 PM **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
2.30 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
4.15 **Love Story** Drama starring Ryan O'Neal and Ali MacGraw. (1970, PG, 100min) ★★★★
6.00 **Shirley Valentine** Romantic comedy starring Pauline Collins. (1989, 15, 108min) ★★★★
8.00 **An Officer and a Gentleman** Drama with Richard Gere and Debra Winger. A working-class naval cadet strives to become an aviation officer and a mill worker dreams of marrying one. (1981, 15, 125min) ★★★★
10.10 **Little Women** Family drama starring Winona Ryder, Susan Sarandon and Gabriel Byrne. (1994, U, 114min) ★★★
12.15 AM **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
2.35 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
4.15 **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
5.55 **to 7.30** AM **In & Out** Comedy. (1997, 12, 91min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.55 AM **Rock Dog** As 1.45am.
8.35 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
10.35 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
12.35 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.20 **Flushed Away** Animated family comedy adventure. (2006, U, 85min) ★★★★
4.00 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
5.45 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
7.30 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
9.10 **Turbo** Animated comedy adventure with the voices of Ryan Reynolds and Paul Giamatti. (2013, U, 92min) ★★★★
10.55 **Batman Unlimited: Animal Instincts** Animated adventure with the voice of Roger Craig Smith. (2015, PG, 74min) ★★
12.25 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
1.45 **Rock Dog** (2016, PG) ★★★
3.20 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
5.00 **to 6.40** AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

Movies 24

312 313 419

7.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
9.00 **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
11.00 **Hanukkah on Rye** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
3.00 **Something New: A Teagarden Mystery** Crime drama prequel. (2023, U, 87min) ★★
5.00 **Romantic Friction** Romantic comedy. (2023, PG, 90min) ★★
7.00 **The Heiress and the Handyman** Romantic comedy starring Jodie Sweetin and Corey Sevier. (2024, PG, 84min) ★★
9.00 **Autumn at Apple Hill** Comedy starring Erin Cahill. A woman inherits her grandparents' inn, and becomes suspicious when a hotel executive checks in. (2024, PG, 84min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 AM **Food for the Heart** Romantic comedy starring Tara Wilson. (2023, PG, 83min) ★★
3.00 **to 5.00** AM **Mystery Island: Play For Keeps** Crime drama. (2025, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 32/38. (S1)
6.30 **What's On TPTV with Noel**
6.40 **The Lone Wolf Strikes** Thriller. (1940, b/w, PG, 75min) ★★
8.00 **Fools Rush In** Crime thriller. (1955, b/w, PG, 69min) ★★
8.55 **Blackout** Thriller with Maxwell Reed and Dinah Sheridan. (1950, b/w, PG, 73min) ★★
10.20 **Theirs is the Glory** Documentary. (1945, b/w, PG, 79min) ★★★
12.00 NOON **The Strange Love of Martha Ivers** Romantic drama. (1946, b/w, PG, 117min) ★★★★
2.15 PM **Carry On Screaming** Comedy with Harry H Corbett. (1966, PG, 96min) ★★★★
4.15 **The Long Duel** Adventure. (1967, U, 115min) ★★★
6.30 **The Vise** 39/39. (S1)
7.00 **The Footage Detectives**
8.00 **Reckless** 5/6. (S1)
9.05 **Gideon's Way** 20/26. (S1)
10.05 **Ship of Fools** Drama. (1965, b/w, PG, 149min) ★★
1.00 AM **Budgie** 1/13. (S1)
2.00 **Roadgames** Australian thriller with Stacy Keach and Jamie Lee Curtis. (1981, 15, 96min) ★★
4.05 **Shadows on the Stairs** Drama. (1941, b/w, PG, 63min) ★★
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Honey West**

MONDAY Sport 16 February

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup Afghanistan v United Arab Emirates.** The Group D match from Arun Jaitley Stadium, Delhi.
9.00 LIVE Men's T20 World Cup England v Italy. The Group C match at Eden Gardens, Kolkata.
1.00 PM **LIVE Men's T20 World Cup Australia v Sri Lanka.** The Group B match at Pallekele International Cricket Stadium in Kandy, Sri Lanka.
5.00 LIVE WTA & ATP Tennis Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open and ATP Rio Open.
7.00 LIVE EFL Coventry City v Middlesbrough. Coverage of the Championship match at Coventry Building Society Arena. Kick-off **8.00pm**.
10.30 LIVE WTA & ATP Tennis Continued coverage of the latest events on the WTA and ATP Tours.
3.00 AM **Sky Sports News**
5.00 to 6.00 AM **LIVE Men's T20 World Cup New Zealand v Canada.** The Group D match staged at MA Chidambaram Stadium, Chennai.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 Premier League Legends
8.00 Premier League 100 Club
8.30 PL 100 Club: Son Heung-Min
9.00 Premier League Review
10.00 Sky Sports FC
12.00 NOON **Premier League Years** A look at memorable moments from the 2003/04 season.
2.00 PM **PL Retro** A replay of Arsenal v Everton from 1998.
4.00 Premier League Review Recent action from the top flight.
5.00 The Premier League Show
7.00 Football, Cancer and Me Sky Sports News' Jo Wilson takes a looks at what it takes to rebuild lives after treatment for cancer.
8.00 Netbusters A at the midweek action in the Premier League.
8.30 Transfer 360 A look at John Obi Mikel's transfer to Chelsea.
9.00 The story of Jimmy Floyd Hasselbaink's move to Chelsea.
9.30 Premier League Stories
10.00 The Big Interview
10.30 Netbusters Midweek action.
11.00 Premier League Years
1.00 AM **PL Retro** From 1998.
3.00 PL Greatest Games
4.00 to 6.00 AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2015 play-off finals.
9.00 SPFL Round-Up
9.15 SPFL Highlights
9.45 EFL Greatest Games
10.00 EFL Cup Retro Another chance to see Chelsea v Tottenham Hotspur in the 2015 final.
12.00 NOON **WSL** Match highlights.
1.00 PM **EFL Highlights**
1.30 SPFL Round-Up
1.45 SPFL Highlights
2.15 EFL Highlights
3.30 WSL Featuring highlights of Manchester City v Leicester City.
4.00 EFL Highlights
5.00 EFL League One Goals
5.30 EFL League Two Goals
6.00 Bundesliga Highlights Show
7.00 LIVE EFL Coventry City v Middlesbrough. Coverage of the Championship match between the title contenders at Coventry Building Society Arena. Kick-off **8.00pm**.
10.30 Bundesliga Highlights Show
11.30 EFL Greatest Games
12.00 M'T **EFL Highlights**
1.00 AM **EFL** Archive action.
2.00 EFL Highlights
3.00 EFL Greatest Games
4.00 to 6.00 AM **Championship Retro**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup Afghanistan v United Arab Emirates.** The Group D match from Arun Jaitley Stadium, Delhi.
9.00 LIVE Men's T20 World Cup England v Italy. The Group C match at Eden Gardens, Kolkata.
1.00 PM **LIVE Men's T20 World Cup Australia v Sri Lanka.** The Group B match at Pallekele International Cricket Stadium in Kandy, Sri Lanka.
5.00 Best of ICC WT20
5.15 Best of England v South Africa
5.30 Best of ICC WT20
6.00 Men's T20 World Cup Replay of England v Italy in Group C staged at Eden Gardens in Kolkata.
10.00 Best of ICC WT20
10.15 Best of England v South Africa
10.30 Men's T20 World Cup Highlights of Australia v Sri Lanka.
11.00 Highlights of Afghanistan v United Arab Emirates in Delhi.
11.30 England v Italy highlights.
12.30 AM **Men's T20 World Cup** Highlights of tournament matches.
5.00 to 6.00 AM **LIVE Men's T20 World Cup New Zealand v Canada.** The Group D match from MA Chidambaram Stadium, Chennai.

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **School of Golf**
6.30 Legends Tour Golf
7.30 Ladies European Tour Golf The Saudi Ladies International.
11.30 PGA Tour Golf The fourth day of the Pebble Beach Pro-Am.
5.00 PM **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 Tour Golf Highlights Action from the Cape Town Open.
6.30 DP World Tour Golf Highlights from the Qatar Masters event.
7.00 PGA Tour Golf Highlights of day four of the Pebble Beach Pro-Am.
8.00 Legends Tour Golf The Legends Tour Q-School event in Turkey.
9.00 TGL Atlanta Drive Golf Club v Jupiter Links Golf Club.
11.00 PGA Tour Champions
12.00 M'T **Chronicles of a Champion Golfer** Profiles of leading players.
1.00 AM **The Open – Official Films**
2.00 PGA Tour Golf
4.00 School of Golf Expert tips.
5.00 to 6.00 AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA Tennis** Highlights of the WTA Abu Dhabi Open final.
7.00 LIVE WTA Tennis Day two of the Dubai Tennis Championships at Aviation Club Tennis Centre.
10.30 LIVE WTA & ATP Tennis Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
7.00 PM **LIVE WTA & ATP Tennis** Further coverage of the latest events on the WTA and ATP Tours.
3.00 AM **WTA Tennis** Doha Open.
3.30 ATP Tour This Week
4.00 to 6.00 AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 ATP Tennis Rotterdam Open.
9.00 Dallas Open final.
11.00 ATP/WTA Tour Classic Matches
1.00 PM **PGA Tour Golf** Day four of the Farmers Insurance Open.
2.00 PL Greatest Games
3.00 WTA Tennis Doha Open final.
4.00 PGA Tour Golf Recent action.
6.00 ATP Tennis Rotterdam Open.
7.00 The Dallas Open final.
8.00 Buenos Aires Open final.
9.00 2025 F1 Season Review A review of the campaign.
11.00 30 Years of the PDC World Champs A celebration of the World Darts Championship.
11.30 The Taylor Years An interview.
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1** Highlights.
3.00 EFL Greatest Games
4.00 to 6.00 AM **ATP & WTA Tour**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Europa League & Conference League Magazine**
7.00 Serie A Italian football action.
9.00 World Rally Championship
9.30 Crouchy and Cole
9.45 Men's Cycling Pro Series
10.45 LIVE Cycling Coverage from the first stage of the men's UAE Tour.
12.45 PM **The Premier League Show**
1.15 Kenny Allstar's Number 1's
1.30 Men's Cycling Pro Series
2.30 LIVE Men's Cycling Pro Series Coverage of the Jaen Classic one-day race in Spain.
4.45 Men's Cycling Pro Series
5.45 Football Features
6.30 LIVE FA Cup Macclesfield FC v Brentford. Coverage of the fourth-round match staged at Leasing.com Stadium. Kick-off **7.30pm**.
10.00 The Gruppetto Cycling news.
10.15 Sign Up – Into Football
11.00 WRC Review Rally Sweden.
12.00 M'T **UEFA Champions League**
12.30 AM **UEFA Europa League & Conference League Magazine**
1.30 FA Cup Fourth round action.
2.30 Serie A Italian football action.
4.30 What I Wore Mikel John Obi.
5.00 to 6.00 AM **Men's Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Monuments**
6.30 Winter Olympic Games
7.30 Buongiorno Milano
8.30 LIVE Winter Olympic Games – Alpine Skiing Coverage from the first run of the men's slalom.
11.00 Bobsleigh The second heat of the 2-man bobsleigh.
11.45 Alpine Skiing Second run of the men's slalom event.
2.15 PM **Snowboarding** The men's slopestyle qualifying.
3.15 Curling Great Britain v Norway. The men's round robin match at Cortina Curling Olympic Stadium.
4.15 Further coverage of day 10.
5.45 Bobsleigh The third heat of the women's monobob event.
6.15 Freestyle Skiing The women's freeski big air final.
8.00 Bobsleigh The fourth heat of the women's monobob event held at Cortina Sliding Centre.
9.15 Figure Skating Coverage of the mixed pairs free program.
10.30 Ciao Cortina Day 10 action.
11.00 Winter Olympic Games
3.00 AM **Ciao Cortina** Day 10 action.
3.30 Winter Olympic Games
5.30 to 6.00 AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League** Hull Kingston Rovers v Catalans Dragons.
9.00 A chance to see Leeds Rhinos v Warrington Wolves.
12.00 NOON **NFL Highlights** Action from Las Vegas Raiders v Dallas Cowboys at Allegiant Stadium.
1.00 PM **NBA Basketball** LA Lakers v Oklahoma City Thunder replay.
3.00 NFL Highlights Philadelphia Eagles v Detroit Lions.
4.00 Super League Highlights Action from the 2024 Grand Final.
4.15 Women's Super League Action from the 2024 Grand Final.
4.30 Super League Highlights Action from 2024 semi-finals.
5.00 NFL Highlights Denver Broncos v Kansas City Chiefs highlights.
6.00 NBA Basketball Los Angeles Lakers v Oklahoma City Thunder.
8.00 NBA on Fire All the latest basketball news and highlights.
8.30 NBA Basketball Another chance to see the All-Star Game in full.
10.30 Super League Highlights
11.00 NFL Highlights
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 Super League
5.00 to 6.00 AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up** The biggest sports stories hitting the headlines in the early hours.
7.00 LIVE WTA Tennis Coverage of day two of the WTA Dubai Tennis Championships, a hard-court tournament at Aviation Club Tennis Centre. The first round is due to come to a conclusion today, and while the top eight seeded players won't begin their quest for the title until the second round commences tomorrow, those seeded nine to 16 who are in action today will hope to avoid an early exit, as happened to Daria Kasatkina and Beatriz Haddad Maia 12 months ago.
10.30 LIVE WTA & ATP Tennis Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
7.00 PM **LIVE WTA & ATP Tennis** Contiuned coverage from the WTA and ATP Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 to 6.00 AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **FA Cup** Fourth round action.
8.00 LIVE Winter Olympic Games – Curling Denmark v Great Britain. The women's round robin game.
11.00 FA Cup Fourth round action.
1.00 PM **LIVE Winter Olympic Games – Snowboarding** Men's slopestyle qualifying staged at Livigno Snow Park.
3.15 FA Cup Fourth round highlights.
5.15 Premier League Stories
5.45 A-League Highlights
6.15 A-League Women Highlights
6.45 LIVE Winter Olympic Games – Figure Skating Coverage of the mixed pairs free program held at Milano Ice Skating Arena.
10.15 Fishing: On the Bank
11.15 Cycling Highlights and features.
2.30 AM **Women's T20 International Cricket** Australia v India.
3.30 UEFA Europa League & Conference League Magazine
4.30 to 6.00 AM **PL Legends**

TNT Sports 4

414 416 524 411 434

6.00 AM **Men's Cycling**
8.00 T20 International Cricket
9.00 LIVE Winter Olympic Games – Bobsleigh Two-man bobsleigh.
10.00 Short Track Speed Skating Coverage from day four.
12.15 PM **Winter Olympic Games**
1.00 LIVE Winter Olympic Games – Curling Great Britain v Norway. The men's round robin match.
4.00 Ice Hockey The first semi-final of the women's competition.
6.15 Curling Switzerland v Great Britain. The women's round robin match.
9.00 Ice Hockey Second semi-final of the women's competition.
10.45 Champions League Finals
11.00 LIV Golf Adelaide review.
12.00 M'T **A-League Highlights**
1.00 AM **Formula E Highlights**
3.00 WRC Review Rally Sweden.
4.00 A-League Highlights
5.00 to 6.00 AM **On the Bank**

Premier Sports 1

419 551

6.00 AM **LaLiga** Elche v Osasuna.
8.00 Eredivisie Another chance to see Feyenoord v Go Ahead Eagles.
10.00 Sporting Greats
10.30 LaLiga Espanyol v Celta Vigo.
12.30 PM A chance to see Rayo Vallecano v Atletico Madrid.
2.30 Sporting Greats Sporting figures discuss their famed careers.
3.00 Asian Le Mans Series The latest highlights from Abu Dhabi.
4.00 LaLiga Sevilla v Alaves.
6.00 Another chance to see Real Sociedad v Getafe.
7.55 LIVE LaLiga Girona v Barcelona. Coverage of the Spanish top-flight match from Estadi Montilivi. Kick-off **8.00pm**.
10.00 Football's Greatest
11.00 LaLiga Elche v Osasuna.
1.00 AM Another chance to see Girona v Barcelona.
3.00 Brasileiro Serie A Another chance to see Vitoria v Flamengo.
5.00 to 6.00 AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 NASCAR Another chance to see the Daytona 500 race.
10.30 Bike World Magazine.
11.00 NASCAR O'Reilly Series The latest round in Daytona.
2.00 PM **MotorSport** Valentino Rossi.
2.30 Top 14 Rugby Union A replay of Bordeaux Begles v Castres.
4.30 Perpignan v Pau.
6.30 Temples of Sport Iconic sporting venues from around the globe.
7.00 NHL Specials Taking a look at the Florida Panthers' historic repeat victory in the Stanley Cup.
8.00 Elite Ice Hockey League Glasgow Clan v Manchester Storm.
10.00 NHL: This is Hockey A look at the growth of ice hockey in Brazil.
10.30 Top 14 Rugby Union A replay of Toulon v Clermont Auvergne.
12.30 AM **Temples of Sport**
1.00 Motorsport Valentino Rossi.
1.30 NASCAR The Daytona 500.
5.30 to 6.00 AM **Bike World**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The Best of F1 2025**
8.00 Formula 1 Highlights of races from the 2025 F1 season.
4.00 PM **Formula 1** Action from the 2025 Spanish Grand Prix.
5.00 Highlights from the 2025 Canadian Grand Prix.
6.00 The 2025 Austrian Grand Prix staged at Red Bull Ring.
7.00 The 2025 British Grand Prix at Silverstone, which was the 12th round of the season.
8.00 Formula 1 Highlights from the 2025 Belgian Grand Prix.
9.00 The 2025 Hungarian Grand Prix held at Hungaroring.
10.00 The 2025 Dutch Grand Prix staged at Circuit Zandvoort.
11.00 Action from the 2025 Italian Grand Prix at Monza Circuit.
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

17 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 9am

Norway freeskier Birk Ruud is leaping for back-to-back Olympic titles in the men's Big Air final at Livigno Snow Park.

Football

Champions League: Play-offs 1st Leg

TNT Sports & Discovery+

The play-offs start tonight, with games including Borussia Dortmund v Atalanta.

Documentary

The Tony Blair Story

C4, 9pm (box set, C4, Streaming)

Three-part documentary about the former Prime Minister, starting with his political aspirations. Continues tomorrow.

Documentary

Fukushima: Days That Shook the World

C4, 10pm

A look at the 2011 nuclear disaster, which was triggered by an earthquake.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef: The Professionals		9.00 Silent Witness		10.00 News; Local News	10.40 Trying †
	102 BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 11						10.00 QI	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Bradley &...	8.00 Emmerdale	8.30 Coronation...	9.00 The Summit		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bargain Holiday Secrets		9.00 The Tony Blair Story			10.30 Fukushima...
	105 5	◂ 6.30 Snooker: Players Championship – Live		8.00 Dogs Behaving (Very) Badly		9.00 The Good Ship Murder		10.00 Curfew	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Wild City		9.00 Film: Force of Nature: The Dry 2			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60	7.30 The Weakest Link		8.15 Alan Carr's Picture Slam	9.00 RuPaul's Drag Race UK vs the World		10.10 Dinosaur	
	116 BBC4	7.00 City...	7.20 Wogan	8.00 The Kenneth Williams Story: A Reputations Special			9.30 Kenneth...	10.00 Storyville: The Darkest Web	
	118 ITV2	7.00 Deal or No Deal		8.00 The Real Housewives of Orange County		9.00 Love Island: All Stars		10.05 Family Guy	
	136 MORE4	◂ 6.55 The Dog House Australia		8.00 Car S.O.S.		9.00 Saving Country Houses with Penelope...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 Succession		10.10 Euphoria	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 dinnerladies					10.25 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.05 More Than Machine		8.00 World Rally Championship Highlights		9.00 Ice Road Truckers		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	◂ 6.55 Friends				9.00 Film: Shanghai Noon			
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld		10.10 The Leftovers	
	113 SKY MAX	◂ 6.10 Harry Potter 20th Anniversary: Return to...		8.10 Never Mind the Buzzcocks		9.00 Film: Johnny Mnemonic			
	109 U&ALIBI	7.00 Miss Fisher's Murder Mysteries		8.00 Death in Paradise		9.00 Father Brown		10.00 Death in Paradise	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Michael Caine: The Becoming of a Hollywood Star		9.15 Tea with Judi Dench			10.15 Alec Guinness: A Class Act
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 One Born Every Minute				10.00 Emergency: First Time Medics	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters: Out on a Limb		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: The Apocalypse				10.00 Hitler's Teen Killers	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain		9.00 Lost Grail with Alice Roberts		10.00 Secrets in the Sand	
	155 U&YESTERDAY	7.00 Great Canal Journeys: Asian Odyssey		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 The Jinx Part Two		8.00 The Essex Murders: Who Killed Goldfinger?					
FILMS - Sky Cinema	301 PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 M3GAN 2.0				10.10 Bone Lake	
	302 CULT CLASSICS	◂ 6.00 Escape to Victory		8.00 The Italian Job				10.00 A Clockwork Orange	
	303 ADVENTURE	◂ 6.15 The Lego Movie		8.00 The BFG				10.00 The Hobbit: An Unexpected Journey	
	304 GREATS	◂ 5.40 The Fisher King		8.00 Cool Hand Luke				10.10 Empire of the Sun	
	305 ANIMATION		7.25 Smurfs			9.10 The Garfield Movie			
	306 FAMILY	◂ 6.00 Stardust		8.10 Save the Cinema				10.05 The Golden Child	
	307 ACTION	◂ 5.35 Wonder Woman		8.00 Justice League				10.05 Raiders of the Lost Ark	
	308 COMEDY	◂ 6.00 White Chicks		8.00 American Pie: The Wedding			9.40 The Intern		
	309 THRILLER	◂ 5.55 Murder by Numbers		8.00 The Godfather					
	310 DRAMA	◂ 6.15 About a Boy		8.00 Darkest Hour				10.10 American Sniper	
	311 SCI-FI	◂ 5.35 Sinners		8.00 Ready Player One					10.30 The Exorcist
	313 FILM4	◂ 6.35 Jumanji: Welcome to the Jungle				9.00 Renfield			
SPORT	401 MAIN EVENT	7.00 Tennis – Live	7.30 EFL – Live: Blackpool v Mansfield Town (Kick-off 8.00)						10.30 Tennis – Live
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 Transfer 360	
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Blackpool v Mansfield Town (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 ICC Men's T20 World Cup							
	410 TNT SPORTS 1	◂ 5.30 UEFA Champions League – Live: Galatasaray v Juventus (Kick-off 5.45); Monaco v Paris Saint-Germain (Kick-off 8.00)							10.30 PL Big Interview
	411 TNT SPORTS 2	◂ 6.15 Winter Olympic Games – Live: Coverage of Freestyle Skiing; Curling at 8.00; Figure Skating at 9.00							10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **LIVE Winter Olympics** Hazel Irvine presents the opening coverage of day 11 of of the 25th staging of the Games, with events including the men's ice hockey play-off matches and the women's snowboarding slopestyle final. *Coverage continues on BBC2*. (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 11 of the 25th staging of the Games, with events including the men's biathlon relay. *Coverage continues on BBC2*. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Silent Witness

7.00 The One Show Alex Jones and Lauren Laverne present the topical show. (S)
7.30 EastEnders Jasmine has a request for Oscar, Linda sets the record straight, while George and Nicola share an announcement. (S)(AD)

8 PM

8.00 MasterChef: The Professionals New edition 4/21. The hopefuls take on Asian-inspired dishes set by 2020 finalist Phillli Armitage-Mattin. (S)(AD)
■ Continues tomorrow

9 PM

9.00 Silent Witness New episode *Creekwood – Part One:* 5/10. An elderly man is found dead with a screwdriver through his eye socket, beginning an investigation into the mental health system both past and present. (S29) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Trying** New episode *Maddest Sweetest Thing:* 5/8. Nikki and Jason search for a bigger, child-friendly flat, Nikki fights for a promotion at work, and Karen is tempted to cheat. (S2) (S)(AD)
11.10 **Trying** New episode *A Long Way Down:* 6/8. At a party with other couples trying to adopt, Nikki gets an unwelcome shock. (S2) (S)(AD)
11.35 **Dinosaur** 3/6. Lee invites Nina to an open mic night. (S)(R)(AD)
12.05 AM 4/6. Nina makes up for a drunken mistake. (S2) (S)(R)(AD)
12.35 **Would I Lie to You?** With Jason Isaacs and Hannah Cockroft. (S)(R)
1.05 **Weather for the Week Ahead** (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **A to Z of TV Gardening** (S)(R)
6.45 **Pointless** Quiz show. (S)(R)
7.30 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
8.00 **Sign Zone: Dragons' Den** (S)(R)
9.00 **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **LIVE Winter Olympics** Further coverage of day 11 from Italy, including the conclusion of the women's snowboarding slopestyle final at Livigno Snow Park. *Coverage continues on BBC1*. (S)
2.00 **Unbeatable** Quiz show. (S)(R)
2.45 **Escape to the Country** (S)(R)
3.30 **Cities: Nature's New Wild** (S)(R)
4.30 **Flog It!** The team value the public's antiques in Longleat. (S)(R)

10.00 QI

5.15 LIVE Winter Olympics Clare Balding presents the concluding coverage of day 11 of the 25th staging of the Games, with events taking place in Italy. The men's round-robin matches continue at Cortina Curling Olympic Stadium, with Great Britain facing a tough test against Canada, the only nation to have won the men's title more than once. The men's freestyle skiing Big Air final also takes place at Livigno Snow Park, with Birk Ruud of Norway back to defend his freestyle skiing title, but likely to face competition from New Zealand's world champion Luca Harrington. The evening ends with women's figure skating at Milano Ice Skating Arena, where reigning world champion Alysa Liu of the USA will be looking for a strong start in today's short program ahead of the free skate. (S)

10.00 **QI** Series finale 16/16. A selection of highlights from the W series of the comedy quiz show hosted by Sandi Toksvig. (S)
10.30 **Newsnight** (S)

11.00 **FILM Bonnie and Clyde** Gangster thriller starring Warren Beatty and Faye Dunaway as the legendary Depression-era outlaws. (S)(AD) (1967, 15, 110min) ★★★★★
12.50 AM **Sign Zone: What We Do in the Shadows** (S6) (S)(R)(AD)
1.15 **Sign Zone: Lord of the Flies** (S)(R)
2.15 **Sign Zone: Can You Keep a Secret?** 6/6. (S1) (S)(R)(AD)
2.45 **Sign Zone: Amanda & Alan's Greek Job** A reading room. (S)(R)
3.15 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are at the National Motorcycle Museum in Solihull, West Midlands where one dealer ends up with the show's smallest profit ever. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Summit

7.30 Bradley & Barney Walsh: Breaking Dad 1/6. The pair start their next adventure in Tokyo, where they visit one of the country's most bizarre shops, get a taste of the national sport of sumo and enjoy some karaoke. (S)(R)(AD)

8.00 Emmerdale Paddy is feeling stressed, while Laurel makes a decision and Cain is short-tempered. (S)(AD)
8.30 Coronation Street Debbie confides in Lou about her condition, and Ronnie foils Carl's arson plot. (S)(AD)

9.00 The Summit New edition 3/8. The group is reduced from 14 to 11 as brutal hikes and treacherous crossings prove too much for some and the Mountain's Keeper forces their hands yet again. (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The British Airways Killer** 1/2. A three-day long police interview of Robert Brown finally ended with a confession and the pilot leading officers to the site where Joanna Simpson was buried, a remote spot in Windsor Great Park. (S)(R)(AD)
11.45 **The Summit** As 9pm. (S)(R)(AD)
12.35 AM **Teleshopping**
3.00 **Dermot O'Leary's Taste of Ireland** Dermot heads to Dublin to tour Irish chef Donal Skehan's favourite food spots, before meeting Richard Corrigan. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S8&9) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 12-15/24. (S2) (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** New edition In Bulgaria, Franky and Mark race to get ready for their first bootcamp. (S)
5.00 **Chateau DIY: Win the Dream** New edition Nick and Nicole from *Chateau DIY* guest judge the business-plan builds. (S)(AD)
6.00 **A Place in the Sun** New edition A couple search for a bolthole in Sanremo on the Italian Riviera with a budget of £220,000. (S)

10.30 Fukushima: Days That...

7.00 News (S)

8.00 Bargain Holiday Secrets New edition 3/5. With all-exclusive resorts booming, Jasmine Harman meets insiders from the biggest travel brands who go all in to reveal the all-inclusive secrets and hottest destination dupes. (S)(AD)

9.00 NEW SERIES The Tony Blair Story 1/3. A profile of the former prime minister, in which director Michael Waldman charts his rise to become one of the world's most powerful leaders through interviews with Blair, his wife Cherie and their children. *See feature, page 21.* (S)(AD)
10.30 **NEW SERIES Fukushima: Days That Shocked the World** 1/2. Survivors and witnesses tell their stories of the disaster, in which Japan was rocked by a tsunami which triggered a nuclear meltdown. (S)(AD)
11.30 **Super Surgeons: A Chance at Life** Documentary. (S)(R)(AD)
12.30 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.20 **Secret Genius** (S)(SL)(R)(AD)
2.15 **The Last Leg** (S)(SL)(R)
3.10 **Travel Man: 48 Hours in Washington, DC** (S)(SL)(R)(AD)
3.35 **Find It, Fix It, Flog It** (S)(R)
3.55 **Couples Come Dine with Me** (R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.10 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: Players Championship** Coverage of the afternoon session on day one from Telford International Centre, featuring the opening two first-round matches, played over the best of 11 frames. (S)
5.30 **News** (S)
6.30 **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the evening session on day one from Telford International Centre, featuring two first-round matches, played over the best of 11 frames. *Coverage continues on 5Action.* (S)

8.00 Dogs Behaving (Very) Badly

LIVE Snooker: Players Championship (started at 6.30pm)

8.00 Dogs Behaving (Very) Badly New edition Graeme Hall meets a border collie bully holding one man hostage, and a Labrador who pillages picnics and tarnishes his owner's reputation. (S)

9.00 The Good Ship Murder Series finale *Ancona:* 8/8. When someone close to the ship is found murdered, Jack and a devastated Kate attempt to uncover the killer's identity. (S3) (S)(AD)

10.00 Curfew New episode *Lovers:* 2/6. Pamela investigates the men in Helen's life, despite Eddie's concerns, and the police learn that Paul died after being tasered. (S1) (S)
■ Continues tomorrow

11.05 **Call the Bailiffs: Time to Pay Up** (S)(R)(AD)
12.05 AM **Police Interceptors** (S)(R)
1.05 **Car Pound Cops** (S)(R)
1.30 **PlayOJO Live Casino Show** (S)
3.35 **Friends** (S3) (S)(R)(AD)
3.55 **Alex Polizzi: My Hotel Nightmare** (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Dog of Death:* Convinced the family no longer loves him, Santa's Little Helper runs away from home. (S)(R)
5.30 **The Office (US)** 12/25. Michael returns from his holiday in Jamaica with an interesting photograph. (S)(R)
6.00 13/25. Michael decides to have the staff work together on some sales calls. (S)(R)
6.30 14/25. Michael is distraught over Dwight's resignation and confronts him. (S3) (S)(R)

9.00 Force of Nature: The Dry 2

7.00 The Simpsons *Colonel Homer:* Homer becomes a country singer's manager. Featuring the voice of Beverly D'Angelo. (S)(R)
7.30 *The Wizard of Evergreen Terrace:* Homer becomes an inventor. (S)(R)

8.00 David Attenborough's Wild City 2/5. The veteran broadcaster narrates a day in the animal life of Singapore's urban environments, from a troop of macaques to a family of otters in Marina Bay. (S)(R)

9.00 FILM Force of Nature: The Dry 2 Thriller starring Eric Bana, Anna Torv and Deborra-Lee Furness. Five women participate in a hiking retreat, but only four come out the other side, while federal agents Aaron Falk and Carmen Cooper head into the mountains hoping to find their informant still alive. (S) (AD) (2024, 15, 112min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 Lucy Beaumont: Live from the Royal Court Theatre A stand-up performance by the comedian, featuring off-beat stories, unusual anecdotes and bizarre journeys through modern-day womanhood. (S)(R)
12.00 M'T **The Force: North East** (R)
2.00 AM **Road Wars** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.40pm Dinosaur (S)(R) (AD) **11.40** Scotcast (S)(R) **12.10am** Trying New episodes (S)(AD) **1.05** Would I Lie to You? (S)(R) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Would I Lie to You? (S)(R) **11.10** Trying New episode (S)(AD) **11.40** Trying New episodes (S)(AD) **1.10am** Dinosaur (S)(R)(AD) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm The Truth About My Murder New edition (S) **11.20** Trying New episodes (S)(AD) **12.15-1.05am** The Traitors Ireland (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm True North: Staying at Georgie Best's (S)(R) **11.00** QI New edition (S) **11.30 FILM** Crimes of the Future (S) (2022, 18, 100min) ★★★ **1.10-1.15am** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
2.00pm First Minister's Questions (S) **3.00** Unbeatable (S)(R) **3.45-4.30pm** Escape to the Country (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Cegin Bryn: Tir a Môr **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gronyn Gobaith: Cymry Cern **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Llyn **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Amour & Mynydd New edition **10.00** Taith Bywyd (AD) **11.00-11.35pm** Y Fets (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Searching for giant anteaters in Brazil.
7.30 **The Weakest Link** Featuring Esme Young, Patrick Grant, Dave Gorman and the Rev Richard Coles.
8.15 **Alan Carr's Picture Slam** Contestants from Glasgow, London and Liverpool identify a board full of images.
9.00 **RuPaul's Drag Race UK vs the World** New edition 4/8. The queens tackle the girl group challenge with a space-themed twist.
10.10 **Dinosaur** 3/6. Lee invites Nina to an open mic night. **10.40** 4/6. Nina tries to make up for a mistake. (S2)
11.10 **FILM Beetlejuice** Fantasy comedy with Michael Keaton. A dead couple summon up a 'bio-exorcist' to rid their home of its new owners. (1988, 15, 92min) ★★★★
12.35 AM **Behind Bars: Sex, Bribes and Murder**
2.35 **Zen Motoring**
2.50 **to 3.50** AM **Dinosaur**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **City Scapes: New York** The rebuilding of New York.
7.20 **Wogan** With guests Barbara Windsor and Steve Hollings, Michael Palin and Stephen Fry. From 1986.
8.00 **The Kenneth Williams Story: A Reputations Special** An intimate portrait of the actor, featuring clips from TV, radio and film as well as readings from his diaries.
9.30 **Kenneth Williams: Comic Roots** The actor explores his roots in and around London's St Pancras district where he grew up.
10.00 NEW **Storyville: The Darkest Web** A look at the international network of undercover officers trying to penetrate the hidden corners of the internet to stop those who harm children.
11.25 **Storyville: Mr Nobody Against Putin**
12.55 AM **The Kenneth Williams Story: A Reputations Special** As 8.00pm.
2.25 **to 3.25** AM **Horizon: The End of the Solar System**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Strangers on a Plane**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up a World Rally-winning car. **5.50** Tim and Fuzz rescue a 1989 Peugeot 205 GTi.
6.55 **The Dog House Australia** A Maori couple seek a support dog for their children, three of whom were involved in a schoolbus crash.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a BMW M3 E46 that has been off the road for 10 years, and Tim plans a star-studded reveal with Johnny Vegas.
9.00 **Saving Country Houses with Penelope Keith** New edition Wiltshire's Iford Manor Gardens are in full bloom and a greenhouse refurbishment is underway. Meanwhile in Gloucestershire, an attic model railway is revealed at Chavenage.
10.00 **24 Hours in A&E** An on-call stroke doctor shares his experiences of working on the front line during the first week of the pandemic.
11.05 **24 Hours in A&E**
12.10 AM **Saving Country Houses with Penelope Keith**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Vicky takes drastic measures as her insecurities deepen.
7.30 **The Simpsons** *Paths of Glory:* Marge and Homer suspect Bart is a sociopath.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Featuring Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni.
9.00 **Gogglebox** The households' opinions on shows including *Love Is Blind* and *Celebrity Help! My House Is Haunted.* **10.00** The armchair critics give their opinions on *Peaky Blinders*, *Love Is Blind* and *Coronation Street.*
11.05 **Dating Naked UK**
12.05 AM **Naked Attraction**
1.10 **First Dates**
2.10 **Gogglebox** Double bill.
3.55 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 | 306 | 30 | 123 | 256

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

- **6.00** AM **Nothing to Declare**
- **8.00** **Border Patrol**
- **9.00** **Border Security USA**
- **10.00** **Border Security: Canada's Front Line** Double bill.
- **11.00** **Caught on Dashcam**
- **12.00** NOON **FBI** 18/22. (S5)
- **1.00** PM **The Rookie** 16–18/18. Triple bill of the drama. (S7)
- **4.00** **Law & Order: Criminal Intent** 21/22. A magazine publisher is killed in mysterious circumstances. (S1)
- **5.00** **Nothing to Declare** Four editions of the documentary.

9.00 The Rookie

- **7.00** **Police 24/7** A brawl breaks out between some bikers and locals, and a 21-year-old with a crashed car tells police a story.
- **8.00** **Law & Order: Criminal Intent** *Loyalty – Part Two:* 2/16. Nichols and Eames try to bring Ross's killer to justice. (S9)
- **9.00** NEW SERIES **The Rookie** *Czech Mate:* 1/18. Return of the crime drama starring Nathan Fillion. (S8)
- **10.00** **Law & Order: Special Victims Unit** *Probability of Doom:* 7/13. Benson tries to reconnect with a victim. (S25)
- **11.00** **The Rookie** 18/22. (S4)
- **12.00** M'T **FBI** 15/22. (S5)
- **1.00** AM **Law & Order: Criminal Intent** 11/16. (S8)
- **2.00** **Matlock** New episode (S2)
- **3.00** **Road Wars** Double bill.
- **5.00** **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

- **6.00** AM **The Guest Wing**
- **7.55** **The Sopranos** (S5)
- **10.00** **The White Lotus** 1–3/6. (S1)
- **1.15** PM **The White Lotus** Five episodes, including at: **3.25** 6/6. Rachel shares some harsh truths with Shane. (S1) **4.35** 1/7. Vacationers arrive at luxury resort in Sicily. **5.40** 2/7. Harper questions Cameron and Daphne's claims about their marriage. (S2)
- **6.45** **Game of Thrones** 3/10. Ned struggles to deal with the politics of the king's court. (S1)

9.00 Succession

- **7.55** **Game of Thrones** *Cripples, B****rds and Broken Things:* 4/10. Ned refuses to trust Pycelle or Littlefinger as he looks for the truth about Jon Arryn's death. (S1)
- **9.00** **Succession** *Pre-Nuptial:* 9/10. The Roy family assembles at an English castle to prepare for Shiv and Tom's wedding. (S1)
- **10.10** **Euphoria** *Pilot:* 1/10. Coming-of-age drama offering a look at the complexities of teenage life, starring Zendaya. (S1)
- **11.15** **Euphoria** 2/10. Rue struggles to put the past behind her on her first day back at school. **12.25** AM 3/10. Maddy finds something on Nate's phone. **1.30** 4/10. Rue tries to get clean for Jules. (S1)
- **2.40** **Game of Thrones** Double bill.
- **5.00** **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

- **6.00** AM **There's Something About Movies** Comedy panel show.
- **7.00** **A League of Their Own...**
- **8.00** **The Flash** 11/13. (S9)
- **9.00** **Hold the Front Page**
- **10.00** **Rob Beckett's Smart TV**
- **11.00** **Karl Pilkington: The...**
- **12.00** NOON **The Flash** 12/13. (S9)
- **1.00** PM **Hold the Front Page**
- **2.00** **Rob Beckett's Smart TV**
- **3.00** **There's Something About...**
- **4.05** **A League of Their Own Road Trip: Southeast Asia**
- **5.10** **Karl Pilkington: The Moaning of Life** In San Diego.

9.00 Johnny Mnemonic

- **6.10** **Harry Potter 20th Anniversary: Return to Hogwarts** With Daniel Radcliffe, Rupert Grint and Emma Watson.
- **8.10** **Never Mind the Buzzcocks** Sophie Willan, Joel Corry, Self Esteem and Joe Wilkinson join the regulars.
- **9.00** FILM **Johnny Mnemonic** Futuristic thriller starring Keanu Reeves as a 21st-century courier with a micro-chip in his brain who undertakes one final, dangerous mission. With Dolph Lundgren, Ice-T and Dina Meyer. (1995, 15, 98min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.00** **Joe Lycett's United States of Birmingham** 1/4. The comedian visits cities with the same name as his home town.
- **12.00** M'T **The Force: North East**
- **2.00** AM **Road Wars** Police officers combat vehicle crime.
- **3.00** **Brit Cops: War on Crime** Following police in Lincolnshire.
- **4.00** **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

- **6.00** AM **CITV**
- **7.30** **Celebrity Dinner Date**
- **8.30** **Billie and Greg**
- **9.25** **The Only Way Is Essex**
- **10.25** **Real Housewives of Miami**
- **11.20** **Real Housewives of Beverly Hills** Reality series.
- **12.15** PM **Dinner Date**
- **2.15** **The Only Way Is Essex**
- **3.15** **Real Housewives of Orange County** Reality series.
- **4.10** **Real Housewives of Miami**
- **5.00** **Real Housewives of Beverly Hills** Reality series.
- **6.00** **Celebrity Catchphrase**

10.05 Family Guy

- **7.00** **Deal or No Deal** Stephen Mulhern hosts as Felix takes on the banker for the chance to win life-changing money.
- **8.00** **The Real Housewives of Orange County** New edition Gretchen hosts a training event that is derailed by a rumour.
- **9.00** **Love Island: All Stars** New edition Famous former Islanders are given another shot at true love in the villa.
- **10.05** **Family Guy** 5/20. Peter becomes a gangster. **10.35** 6/20. Meg plans to get married to a Quahog resident. (S19)
- **11.05** **Family Guy** 16&11/20. (S17)
- **12.05** AM **American Dad!** (S14)
- **1.05** **Bob's Burgers** 5/22. (S13)
- **1.35** **Grosse Pointe Garden Society** New episode 9/13. The Southeastern Michigan Gardening Cup draws near. (S1)
- **2.30** **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

- **6.00** AM **Never the Twain**
- **6.30** **On the Buses**
- **7.05** **Classic Emmerdale**
- **8.10** **Classic Coronation Street**
- **9.10** **A Touch of Frost**
- **11.15** **Heartbeat** Double bill.
- **1.20** PM **Midsomer Murders** *Written in Blood:* A writers' group's secretary is killed on the eve of a famous novelist's visit.
- **3.30** **Classic Emmerdale**
- **4.40** **Classic Coronation Street**
- **5.50** **Heartbeat** *Night Mail:* Armed robbers hold up the night mail train and Peggy is left a legacy.

8.00 Vera

- **6.55** **Heartbeat** *Another Sleepy, Dusty, Delta Day:* A man dies falling from a bridge, and foul play is soon suspected.
- **8.00** **Vera** *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her rural home town.

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- **12.00** NOON **This Is BBC Scotland**
- **7.00** PM **Reporting Scotland**
- **7.30** **The Harbour** The men and women who work at Aberdeen Harbour.
- **8.00** **Island Crossings** Multiple ferry breakdowns threaten to maroon islanders over Easter.
- **9.00** **The Hunt for Bible John** 1/2. Exploring one of Scotland's most notorious unsolved cases, with the culprit of the murders of three women in Glasgow from 1968 to '69 still unknown. **10.00** 2/2. The discovery of a third victim in 1969 leaves detectives convinced they are dealing with a serial killer.
- **11.00** **Scotcast** Discussion on Scotland's news stories.
- **11.30** PM **to 12.00** M'T **David Wilson's Crime Files** Murder cases where no body was found.

Sky Comedy

114/115 112/113 112 347 362

- **8.00** AM **Will & Grace** (S3)
- **9.00** **Ballers** 1&2/10. (S1)
- **10.20** **Sex and the City** (S3)
- **11.30** **Entourage** (S4)
- **12.30** PM **Will & Grace** (S5)
- **1.30** **Sex and the City** (S3)
- **2.40** **Ballers** 3&4/10. (S1)
- **3.50** **And Just Like That...**
- **4.45** **The Office (US)** (S3)
- **5.45** **Will & Grace** (S5)
- **6.45** **Community** (S6)
- **7.50** **Sex and the City** 5/18. Carrie considers giving up smoking. **8.30** 6/18. Samantha is forced to move house, and Miranda counts her conquests. (S3)
- **9.00** FILM **Funny Cow** Drama with Maxine Peake and Stephen Graham. (2017, 15, 102min) ★★★★
- **11.00** **And Just Like That...**
- **11.50** **Community** (S6)
- **12.50** AM **Entourage** (S4)
- **1.50** **Ballers** 2/10. (S1)
- **2.25** **Curb Your Enthusiasm**
- **3.15** **Silicon Valley** (S4)
- **4.25** **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

- **6.00** AM **Jesus Christ Superstar: Live in Concert** Rock musical.
- **7.50** **The Joy of Painting**
- **9.00** **Tales of the Unexpected**
- **10.00** **Hitchcock Presents**
- **11.00** **The Directors**
- **12.00** NOON **Discovering**
- **1.00** PM **Tales of the...**
- **2.00** **Painting Birds with...**
- **3.00** **Musical Masterpieces**
- **4.00** **The Directors**
- **5.00** **Discovering**
- **6.00** **Tales of the Unexpected**
- **7.00** **Hitchcock Presents**
- **8.00** **Michael Caine: The Becoming of a Hollywood Star**
- **9.15** **Tea with Judi Dench**
- **10.15** **Alec Guinness: A Class Act** Profile of the actor.
- **12.15** AM **Jacqueline du Pré: Genius and Tragedy**
- **2.00** **Landscape Artist of the Year** New edition
- **3.00** **War Paint – Women at War** Documentary.
- **4.45** **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

- **7.00** AM **Motorway Patrol**
- **8.00** **Border Security: Canada's Front Line**
- **9.00** **Nothing to Declare**
- **11.00** **Highway Patrol**
- **12.00** NOON **Border Security: Canada's Front Line**
- **1.00** PM **Border Patrol**
- **2.00** **Nothing to Declare**
- **4.00** **Star Trek: Deep Space Nine** 2/20. (S1)
- **5.00** **Stargate SG-1** (S3)
- **6.00** **Star Trek: Voyager** (S6)
- **7.00** **Star Trek: The Next Generation** 10/26. (S7)
- **8.00** **Primeval** 4/6. Helen refuses to co-operate with Lester. (S1)
- **9.00** **Fire Country** (S1)
- **10.00** **FBI: International** (S1)
- **11.00** **Grimm** 15/22. (S5)
- **12.00** M'T **Wynonna Earp** (S4)
- **1.00** AM **Night Cops**
- **2.00** **Brit Cops: Law & Disorder** Documentary.
- **3.00** **The Force: North East**
- **4.00** **Border Patrol**
- **5.00** **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

- **9.00** AM **Deal or No Deal**
- **10.00** **Tipping Point** Quiz.
- **1.00** PM **Lingo** Quiz show.
- **2.00** **Tenable** Game show.
- **3.00** **Who Wants to Be a Millionaire? Celebrity Special** Guests Steph McGovern and Dion Dublin compete to win money for charity.
- **4.00** **Time Is Money** Quiz hosted by Sara Davies.
- **5.00** **Deal or No Deal** Dori tries to open the 22 red boxes in the right order.
- **6.00** **Lingo** Triple bill of the quiz hosted by Adil Ray.
- **9.00** **Wheel of Fortune** Graham Norton hosts the game show as engineer John, content writer Lewis and safeguarding co-ordinator Roxy compete to solve word puzzles.
- **10.00** **Tipping Point** Triple bill of the quiz show hosted by Bradley Walsh.
- **12.55** AM **Tenable** Quiz show.
- **1.50** **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

- **9.00** AM **Car S.O.S.**
- **10.00** **American Pickers**
- **11.00** **Find It, Fix It, Flog It**
- **12.00** NOON **Chateau DIY: Win the Dream**
- **1.00** PM **A Place in the Sun**
- **3.00** **Come Dine with Me**
- **6.00** **Location, Location, Location** House-hunting in Liverpool. **7.00** The duo go house-hunting in south London with two couples.
- **8.00** **Sailing the Shipping Forecast with the Rev Richard Coles** 2/4. Richard experiences survival against the odds in Faeroes, going line fishing with a third-generation fisherman.
- **9.00** **24 Hours in A&E**
- **10.00** **24 Hours in Police Custody** Triple bill.
- **12.05** AM **Gogglebox**
- **2.15** **999: What Happened Next** Documentary.
- **3.15** **Sky Coppers**
- **4.15** **to 4.45** AM **Sunday Brunch**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Derby Through the Years**
6.20 **Auto Mundial**
6.50 **The Big Match Revisited**
9.25 **Kojak**
10.25 **Boon**
11.35 **The Sweeney**
12.40 PM **Dempsey and Makepeace**
1.40 **Magnum, PI**
2.40 **Kojak**
3.50 **Boon**
4.55 **The Sweeney**
6.00 **Minder** *The Birdman of Wormwood Scrubs* Arthur helps an ex-con recover his loot.

2.40 Kojak

7.05 **More Than Machine** New edition The trials and tribulations of competing in rally driving at the highest level.
8.00 **World Rally Championship Highlights** Action from the Rally Sweden, the second round of the season.
9.00 **Ice Road Truckers** Treacherous conditions spell disaster for Alex, and Greg's rivalry with Jack comes to an end.
10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **Dark Side of the Ring** A look at the controversial career of New Jack, revealing the man behind the monster.
12.55 AM **Auf Wiedersehen, Pet**
1.50 **Shardlake** 2/4. (S1)
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 1/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 2/26. (S6)
2.00 **The Ark** 11 & 12/12. (S2)
4.00 **Stargate SG-1** 16/22. O'Neill becomes a walking library. (S2)
5.00 **Star Trek: Voyager** 4/26. Kes becomes broody. (S2)
6.00 **Star Trek: The Next Generation** 1/26. Part two of two. Picard looks for Data. (S6)

11.10 Wynonna Earp

7.00 **Star Trek: Deep Space Nine** *Rocks and Shoals:* 2/26. Sisko lands the damaged Jem'Hadar ship on a remote planet. (S6)
8.00 **Stargate SG-1** *The Fifth Race:* 16/22. O'Neill has the contents of an alien library downloaded into his brain. (S2)
9.00 **Westworld** *Reunion:* 2/10. Dolores remembers that she has been in the outside world, and William makes a bold business venture. (S2)
10.10 **The Leftovers** *A Matter of Geography:* 2/10. Kevin is drawn into the Murphy family's problems. (S2)
11.10 **Wynonna Earp** 7/12. Mama learns Doc's secret. (S3)
12.00 M'T **True Blood** 7/12. Sookie takes action to save Bill.
1.00 AM 8/12. Sookie decides to re-evaluate her relationship with Bill. (S3)
2.00 **The Ark** 11 & 12/12. (S2)
4.00 **Wynonna Earp** As 11.10pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown**
10.00 **The Mentalist** 2/13. (S7)
11.00 **Hudson & Rex** 2/16. (S6)
12.00 NOON **Miss Fisher's Murder Mysteries** 6/8. (S3)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 2/13. (S7)
5.00 **Hudson & Rex** 2/16. A pair of armed robbers rip through St. John's. (S6)
6.00 **Father Brown** *The Jackdaw's Revenge:* The sleuth struggles to protect those closest to him.

9.00 Father Brown

7.00 **Miss Fisher's Murder Mysteries** *Death at the Grand:* 6/8. Phryne connects a death to her eccentric father. (S3)
8.00 **Death in Paradise** *Unlike Father, Unlike Son:* 8/8. A prisoner is killed while in police custody. (S4)
9.00 **Father Brown** *The Kembleston Olimpicks:* Rivalries escalate to murderous heights at the Kembleston Olimpicks.
10.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** 8/8. The team investigate a shooting, and there is no shortage of culprits. (S4)
1.00 AM **The Company You Keep**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **Dad's Army**
9.40 **Are You Being Served?**
10.20 **Porridge**
11.00 **Keeping Up Appearances**
11.40 **Last of the Summer Wine**
1.00 PM **The Green Green Grass**
1.40 **dinnerladies**
2.20 **Dad's Army**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

5.00 Last of the Summer Wine

7.00 **Porridge** Crafty con Fletcher helps new inmate Godber settle in.
7.40 **Dad's Army** Mainwaring sets up an observation post in the lighthouse.
8.20 **dinnerladies** Bren considers buying some new clothes for her holiday with Tony.
9.00 **dinnerladies** A convict escapes in the fog on his way to Strangeways. **9.40** The staff have a bet on Bren's chances with Tony, but the cook's past catches up with her.
10.25 **Not Going Out** An emergency leaves Lee and Tim in charge of the baby.
11.05 **Keeping Up Appearances** Hyacinth prepares for the Mayor's fancy-dress ball, only to have her dream of wearing a regal costume shattered.
11.40 **dinnerladies** Double bill.
1.10 AM **Not Going Out** Double bill.
2.25 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Things You Need to Know**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Bangers & Cash**
1.00 PM **Bangers & Cash: Restoring Classics**
2.00 **Extreme Fishing with Robson Green** From the Philippines.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** Southern fried chicken.
6.00 **Rick Stein's Long Weekends**

11.00 Taskmaster

7.00 **Would I Lie to You?** With Jason Watkins, Maggie Aderin-Pocock, Adam Woodyatt and Phil Wang.
7.40 **Richard Osman's House of Games** With Sian Gibson and Rav Wilding. **8.20** Sunetra Sarker, Laura Whitmore, Tim Key and Jamie Laing take part.
9.00 **QI XL** Stephen Fry hosts the comedy quiz, joined by Graham Norton, David Mitchell, Dara O Briain and Alan Davies.
10.00 **Have I Got a Bit More News for You** Jennifer Saunders hosts the quiz show, with Matt Forde and Ayesha Hazarika.
11.00 **Taskmaster** More baffling challenges involving corneas, crackers and construction.
12.00 M'T **Mock the Week** With Maisie Adam and Rhys James.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Tuesday

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18-20/24. (S3)
12.00 NOON **Law & Order** Back-to-back episodes.
6.00 PM **NCIS** *Corporal Punishment:* 10/19. The agents try to recapture a marine who escaped from a psychiatric unit. **7.00** *Tribes:* 11/19. The body of a Muslim US Marine is found near a mosque that has been linked to al-Qaeda. **8.00** *Stakeout:* 12/19. A stakeout to catch a thief leads to the team witnessing a murder. (S5)
9.00 **Law & Order** New episode *The Perfect Man:* 2/22. The founder of an AI-infused dating app is killed. (S24)
10.00 **Law & Order: Special Victims Unit** (S20)
12.50 AM **Person of Interest**
2.40 **Murder, She Wrote**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Extreme Nightmare Tenants** A Birmingham council tenant living in atrocious conditions.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Killer on the Line** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
1.00 PM **FILM Belle Starr** Western drama. (1941, PG, 87min) ★★★
2.50 **FILM Young Guns of Texas** Western. (1962, U, 84min) ★★
4.25 **Trucking Heavy**
5.25 **Winter Road Rescue**
6.00 **Police Interceptors** A have-a-go hero helps to tackle a runaway drug driver. **7.00** Officers go in pursuit of a dangerous disqualified driver.
8.00 **LIVE Snooker: Players Championship** Coverage of the evening session on day one.
11.00 **Highway Patrol**
11.30 **Banged Up Abroad**
12.35 AM **Extreme Tow Truckers** Documentary.
1.35 **Ice Road Truckers**
2.35 **Trucking Hell**
3.30 **to 4.00** AM **Motorway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Pete meets some newborn pups fighting to survive.
8.00 **One Born Every Minute** Following a couple who have not spent a day apart in four years. **9.00** A career woman and a 21-year-old are struggling to come to terms with pending motherhood.
10.00 **Emergency: First Time Medics** Double bill.
12.00 M'T **Louis Theroux: Life on the Edge**
1.00 AM **Louis Theroux: Extreme Love – Autism**
1.50 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.45 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **All Creatures Great and Small**
3.15 **Howards' Way**
4.25 **Shakespeare & Hathaway: Private Investigators**
5.25 **Porridge**
6.00 **Last of the Summer Wine** Triple bill.
8.00 **Harry Wild** Series finale 6/6. It's Glenn and Petra's wedding day. (S3)
9.00 **Whitstable Pearl** (S2)
10.00 **New Tricks**
11.20 **Shakespeare & Hathaway: Private Investigators**
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **True Evil: The Making of a Nazi** Documentary.
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** Documentary.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Great Canal Journeys: Asian Odyssey** Timothy West and Prunella Scales explore Vietnam and Cambodia.
8.00 **Bangers & Cash: Restoring Classics** The team cannot believe their luck when a Volvo 144 rolls in.
9.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering**
2.00 **to 3.00** AM **True Evil: The Making of a Nazi**

+1 hour 255 329

TUESDAY Entertainment

Tuesday

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Doulble bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
5.00 **Long Lost Family**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Long Lost Family: False Identities Special** The stories of two men born in Ireland to unmarried mothers.
10.00 **Long Lost Family: What Happened Next**
11.00 **Help! My House Is Haunted** Triple bill.
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** (S7&8)
1.00 PM **The Waltons** (S3)
3.00 **Ballykissangel** (S2)
4.10 **Hamish Macbeth** (S3)
5.20 **Doctor Finlay** 5/6. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 14/16. Potter returns from Seoul. **8.00** 15/16. Hot Lips is determined to leave a time capsule. (S11) **8.30** 1/24. Pilot episode of the comedy. (S1)
9.00 **Brush Strokes** 1/6. Jacko gets a surprise. **9.40** 2/6. Elmo decides to open a wine bar. **10.20** 3/6. Elmo's wine bar opens. (S4)
11.00 **The New Avengers**
12.00 M'T **The Avengers** (S5)
1.00 AM **M*A*S*H** (S11&1)
2.25 **A Fine Romance** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 6/30. (S1)
12.00 NOON **FILM Stagecoach** Western. (1966, PG, 114min) ★★
2.30 PM **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 7/30. (S1)
9.00 **FILM Black Water** Thriller starring Jean-Claude Van Damme. (2018, 15, 104min) ★★
11.15 **FILM Cell** Sci-fi thriller. (2014, 15, 95min) ★★★
1.20 AM **The Baron** (S1)
2.20 **The Avengers** (S5)
3.10 **Police Ten 7**
3.35 **FILM Wrangler** Australian Western. (1989, 12, 92min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Lost Letter Mysteries: To the Altar** Drama. (2018, PG) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 15/23. (S6)
12.05 PM **FILM An Aurora Teagarden Mystery: Real Murders** Drama. (2015, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 16/23. (S6)
8.00 **Unforgettable** (S4)
9.00 **FILM An Aurora Teagarden Mystery: Three Bedrooms, One Corpse** (2016, PG) ★★
10.55 **FILM Garage Sale Mysteries: The Novel Murders** (2016, PG) ★★
12.50 AM **FILM Born and Missing** (2017, PG) ★★
2.30 **FILM Death By Friendship** (2020) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM **FILM Just for the Summer** Drama. (2020, PG, 90min) ★★
10.25 **FILM Love on the Vines** Drama. (2016, PG) ★★
12.20 PM **FILM Falling for the Manny** Romantic drama. (2023, PG, 89min) ★★
2.15 **FILM Made for You, with Love** Romance. (2019, U, 85min) ★★
4.10 **FILM The Wedding Rule** Romantic comedy. (2023, U, 90min) ★★
6.10 **FILM A Perfect Match** Drama. (2021, PG) ★★
8.00 **FILM Our Dream Wedding** Drama. (2020, PG, 87min) ★★
9.55 **FILM Hint of Love** Romantic comedy. (2020, PG, 90min) ★★
12.00 M'T **FILM Law of Attraction** Comedy. (2020, PG, 84min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Hint of Love** (2020, PG) ★★

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn...**
12.30 PM **The Top Secret...**
1.00 **The Prime of Miss Jean Brodie** 3/7. (S1)
2.00 **Boon** 4/13. (S3)
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S2)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs**
7.30 **The Brian Conley Show**
8.00 **Boon** 4/13. (S3)
9.00 **The Man Who Made Husbands Jealous**
10.00 **Drop the Dead Donkey**
10.30 **Stereo Underground**
11.30 **Naughty Joke Box**
1.05 AM **We Had One of Those** Documentary.
1.15 **Hank the Cowboy**
1.30 **Soap** 15&16/25. (S1)
2.30 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Dark Waters**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Typhoon Nuri closes in. **8.00** A typhoon puts livelihoods on the line.
9.00 **Hoffman Family Gold** A mining decision leads to disaster when silt runoff threatens a creek.
10.00 **Deadliest Catch** Sig discovers Jake stole his fishing data and teaches a lesson he won't forget.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Adam Richman Eats Italy** Double bill.
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa: Back to Basics** Ina prepares a feast of Indonesian swordfish. **6.30** Double chocolate almond cookies.
7.00 **Great British Bake Off**
10.30 **Mary Berry's Foolproof Cooking** A selection of home-cooked dishes.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 7/26. (S5)
9.00 **The A-Team** 12/23. (S4)
10.00 **The Invaders** 10/17. (S1)
11.00 **FILM Alien Convergence** Thriller. (2017, 15, 105min) ★★
12.55 PM **FILM Jesse James the Unstoppable Outlaw** Adventure. (2018, 12, 80min) ★★
2.30 **FILM The Sting** Period crime comedy. (1973, PG, 129min) ★★★★★
5.00 **Star Trek** 17/26. (S2)
6.00 **The Invaders** 11/17. (S1)
7.00 **The A-Team** 13/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Parker** Thriller starring Jason Statham. (2013, 15, 114min) ★★★
11.20 **FILM Nick of Time** Thriller. (1995, 15) ★★★
1.10 AM **FILM Burning Rubber** Sports drama. (2019, 15, 83min) ★★
2.55 **to 4.50** AM **FILM Drive Hard** Action thriller. (2014, 15, 92min) ★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Gambler Returns: The Luck of the Draw** Western.
11.00 **The Lost World** (S2)
12.00 NOON **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
2.00 PM **The Gambler Returns: The Luck of the Draw** Western.
4.00 **Walker, Texas Ranger**
5.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 7/23. (S2)
9.00 **FILM Criminal** Thriller. (2015, 15, 113min) ★★★
11.15 **FILM Blood and Money** Thriller. (2020, 15) ★★
1.05 AM **FILM The House of the Devil** Thriller. (2009, 18, 95min) ★★★
3.00 **FILM Apocalypse Pompeii** As 5.00pm.
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Highlights**
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Chaos Uncut**
12.10 PM **When Big Things Go Wrong** A bridge collapse.
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly** New edition
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Rust Valley Restorers**
11.00 **WWE's Greatest Moments** Double bill.
12.00 M'T **Bermuda Triangle: Into Cursed Waters**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Chaos Uncut**
3.45 **When Big Things Go...**
4.35 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild** India.
12.00 NOON **World War II: Secrets from Above**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Wales' Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Walking Wartime Britain** In Liverpool.
8.00 **Ben Fogle: New Lives in the Wild** Philippines.
9.00 **The Hotel Inspector** Alex Polizzi checks into the Farmer's Boy Inn.
10.00 **Rich House, Poor House**
11.00 **Rich Holiday, Poor Holiday** Reality series.
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** The families of Kelly Holmes and Phil Tufnell compete.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** A family team take on the tower.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** A *Coronation Street* edition of the quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 12/24. The gang share adventures. **8.30** 13/24. Howard and Raj deal with a squeaky floorboard. (S10)
9.00 **Mock the Week**
10.00 **FILM Blades of Glory** Comedy with Will Ferrell. Two ice skating rivals who have been banned from the sport for life make a comeback by teaming up as the first all-male figure skating pair in history. (2007, 12, 93min) ★★★
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers:**
10.00 **Everybody Loves Raymond** (S1)
12.50 PM **Michael McIntyre's The Wheel** Game show.
1.50 **Friends** (S9&10)
8.00 **Friends** 3/18. Ross attempts a spray tan. **8.30** 4/18. Emma's first birthday arrives. (S10)
9.00 **FILM Shanghai Noon** Martial-arts comedy starring Jackie Chan and Owen Wilson. (2000, 12, 109min) ★★★
11.10 **Whose Line Is It Anyway? USA**
12.10 AM **South Park** (S11)
2.10 **Drunk History: Black Stories**
2.40 **Kevin Bridges: A Whole Different Story**
3.30 **Demetri Martin: Standup Comedian**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 9&10/22. (S1)
7.00 **Teleshopping**
9.00 **Spin City** (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers: Fantasy Draft**
4.30 **Impractical Jokers: Filming with the Stars**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 14&15/24. (S1)
7.00 **Everybody Loves Raymond** (S1)
10.00 **Friends** 13-18/24. (S9)
1.05 **The Ricky Gervais Show**
2.05 **Utopia** 8/8. (S1)
2.35 **Teachers** 12/20. (S2)
3.05 **Reno 911!** (S4)
3.45 **Jimmy Carr's Am I the A**hole?**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 6/15. (S3)
2.45 **Minder** 8/13. (S3)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** 4/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S5)
6.45 **Rising Damp** 4/7. (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 1/10. (S5)
9.00 **Benidorm** 4/7. (S3)
9.55 **Shameless** 5/8. (S3)
11.00 **Man About the House**
11.30 **Rising Damp** 3/7. (S3)
12.00 M'T **Benidorm** 4/7. (S3)
12.55 AM **Shameless** (S3)
2.00 **Kenny Everett Show**
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
9.00 **Catfish: Fiendish Friends**
10.00 **Catfish: The TV Show**
2.00 PM **Catfish: Love Triangles** Reality series.
3.00 **Catfish: The TV Show**
4.00 **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Teen Mom UK: Mums Move In** Reality series.
8.00 **The Hills** Double bill.
9.00 **Just Tattoo of Us**
10.00 **Dating Naked**
11.00 **Black Ink Crew New York** New edition Puma nearly drowns days before his wedding.
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

17 February Tuesday

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Diesel Brothers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** Marty and Misty arrive at a homestead whose bee-obsessed owner is attracting bears with his hives. **6.00** The Raneys head off to answer an SOS call from an off-grid couple.

9.00 Gold Rush

7.00 **Wheeler Dealers** Mike Brewer and Edd China take another look back over highlights from throughout the series.
8.00 **Wheeler Dealers** Mike Brewer gets his hands on a Ford Escort RS Cosworth, hoping Ant can restore the engine.
9.00 **Gold Rush** New edition Rick makes a $1m call to open a new cut, and Parker tasks Brennan with delivering more gold.
10.00 **In the Eye of the Storm** In 2024, Florida is pounded by two huge back-to-back deadly hurricanes.
11.00 **Expedition Unknown** With unprecedented access, Josh digs in front of Petra's iconic Treasury.
12.00 M'T **Deadliest Catch**
1.00 AM **Gold Rush** As 9.00pm.
2.00 **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** A special tool is required to extract a tuska. **4.00** Mshango the giraffe meets the herd's females.
5.00 **Lone Star Law** Wardens question a group of hunters.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog is rushed into the clinic with a broken leg.

10.00 Alaskan Bush People

7.00 **Treehouse Masters: Out on a Limb** Pete Nelson and his team are tasked with creating a circular hut treehouse.
8.00 **The Pool Master** Anthony and the crew set out to build a backyard retreat in the heart of the Wine Country, California.
9.00 **Alaska: The Last Frontier** Otto and Charlotte give Eve a gift, while Atz Lee and Jane teach the next generation to fish.
10.00 **Alaskan Bush People** The Browns hunt for food make progress with their plan to build a self-sustaining town.
11.00 **Mountain Monsters** Hunters target a wampus cat.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Air Jaws: Back from the Dead** Documentary.
2.00 **Treehouse Masters: Out on a Limb** As shown at 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Vikings: The Rise and Fall**
11.00 **Lost Ships of WW2**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Air Crash Investigation**
3.00 **World War II: The Apocalypse** Documentary.
4.00 **The Great Barrier Reef: Drain the Oceans**
5.00 **Ice Road Rescue** Bjoern plans a high-risk rescue.
6.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940.

5.00 Ice Road Rescue

7.00 **Air Crash Investigation** Examining the 1974 plane crash during the Vietnam War that claimed the lives of more than 250 people.
8.00 **World War II: The Apocalypse** The story of World War Two, featuring images of Jewish persecution.
9.00 **World War II: The Apocalypse** Footage of German soldiers celebrating on the beaches of Dunkirk.
10.00 **Hitler's Teen Killers** Telling the story and the lives of the 20,000 teenagers that pledged to give their lives to Hitler.
11.00 **Air Crash Investigation** A Boeing 737 crashes.
12.00 M'T **Car S.O.S** A 1978 MG.
1.00 AM **To Catch a Smuggler**
2.00 **Abandoned**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **Lost Grail with Alice Roberts** As 9.00pm.
2.00 **Secrets in the Sand** Four editions, including at: **5.00** Ancient human remains are discovered.
6.00 **American Pickers** Mike and Jersey encounter a multi-generational carnival collection.

9.00 Lost Grail

7.00 **Forged in Fire** A journey to Kalamazoo to visit Combat Ready Art, where three of its blacksmiths face challenges.
8.00 **Weird Britain** Andy McGrath embarks on a journey to uncover the origins of modern depiction of witches.
9.00 **Lost Grail with Alice Roberts** Series finale 3/3. Alice explores one of the most tantalising threads in Grail lore.
10.00 **Secrets in the Sand** New edition How recent discoveries are redefining spiritual, cultural and migration histories.
11.00 **Secrets in the Dark** How the cave's eerie acoustics have been associated with supernatural phenomena.
12.00 M'T **Secrets in the Jungle**
2.50 AM **Lost Grail with Alice Roberts** As 9.00pm.
3.40 **Weird Britain** As 8.00pm.
4.25 **Pawn Stars** A cowboy hat once owned by Ronald Reagan.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Ian McKellen**
8.00 **The Directors**
9.00 **The Man Who Played with Fire** Olof Palme.
10.00 **The Jinx Part Two**
11.00 **Devil's Advocate: Mostly True Story of Giovanni Di Stefano**
2.00 PM **I Am Luke Perry**
3.40 **My Icon: Rachel Yankey**
4.00 **Discovering: Ian McKellen**
5.00 **The Directors**
6.00 **The Man Who Played with Fire** Olof Palme.

8.00 The Essex Murders

7.00 **The Jinx Part Two** Robert Durst is found guilty of Susan's murder and sentenced to life, but dies in jail months later.
8.00 **The Essex Murders: Who Killed Goldfinger?** The unsolved 2015 murder of John Palmer, who was involved in Brink's-Mat.
9.00 **The Essex Murders: Who Killed Goldfinger?** The search for John Palmer's killer leads to his empire in Tenerife.
10.00 **The Essex Murders: Who Killed Goldfinger?** A professional hitman is suspected in John Palmer's murder.
11.00 **Spitfire** The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.
1.00 AM **I Am Patrick Swayze** A tribute to the American actor.
2.50 **Rise of the Superheroes**
5.00 **to 6.00** AM **Discovering: Ian McKellen**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz discover a shed full of rare gems.
9.00 **Richard Hammond's Workshop** New edition The Cog respray an Aston Martin Lagonda a shocking pink.
10.00 **Guz Khan's Custom Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops**
7.00 **Forensic Detectives**
9.00 **Cops UK: Bodycam Squad** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **Body Cam** New edition Deputies must contend with a suspect in a burning home.
10.00 **Scene of the Crime with Tony Harris**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** In April 2022, Katie Kenyon vanished from her home.
8.00 **48 Hours** New edition The body of Cati Blauvelt was discovered in a farmhouse.
9.00 **Storm of Suspicion** New edition DJ Steven B Williams mysteriously disappears off the coast of California.
10.00 **Secrets of a Murder Detective** New edition In 2009, taxi driver Mohammed Ashad picked up a fatal fare in Birmingham.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Secrets of a Murder Detective**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Megan Parra.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective**
4.00 **48 Hours** Intruders enter the home of wealthy jewellers Ted and Corey Shaughnessy.
5.00 **Medical Detectives** Police investigate two potentially related cases. **5.30** Investigators look into the disappearance of a six-year-old girl. **6.00** The wife of a reputable doctor suddenly disappears. **6.30** Investigators track down a professional photographer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Send in the Dogs**
9.00 **Brit Cops** Documentary.
10.00 **Police 24/7**
11.00 **World's Most Evil Killers**
12.00 NOON **What the Killer Did Next**
1.00 PM **Killer in My Village**
2.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did...**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** **9.00** New edition The case of David Baxendale.
10.00 **Murder Next Door**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil....**
1.00 AM **What the Killer...**
2.00 **Murders That Shocked the Nation**
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Besieged Fortresses, Legendary Battles**
9.50 **The First World War...**
11.00 **Lincoln: Divided We....**
11.55 **Mafia's Greatest Hits**
1.00 PM **Witness to a Massacre: Nanjing 1937**
2.25 **Besieged Fortresses, Legendary Battles**
3.35 **The First World War: The People's Story**
4.45 **Lincoln: Divided We...**
5.40 **Mafia's Greatest Hits**
6.40 **Besieged Fortresses, Legendary Battles**
7.50 **The First World War: The People's Story**
8.55 **Lincoln: Divided We Stand** Lincoln battles with his mental health.
9.50 **Mafia's Greatest Hits**
10.50 **Besieged Fortresses, Legendary Battles**
12.00 M'T **The First World War: The People's Story**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Wildlife ER**
12.00 NOON **Undiscovered Vistas**
1.00 PM **Monkey Life**
2.00 **Africa's Underwater Wonders**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Wild City** Exploring the animal life of Singapore's urban environments.
9.00 **My Best Friend's an Animal**
10.00 **Undiscovered Vistas** Gros Morne National Park.
11.00 **Wildlife Icons**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **David Attenborough's Wild City** As shown at 8.00pm.
3.00 **My Best Friend's an Animal**
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Ultimate Mysteries**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **Secret Wars Uncovered**
10.00 **Combat Ships**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **Secret Wars Uncovered**
8.00 **Combat Ships** The ships that made mighty empires.
9.00 **Secret Wars Uncovered** The rise of Islamic terrorism.
10.00 **Secrets of the Hells Angels** The experiences of Charles 'Peewee' Goldsmith.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Incredible Engineering Blunders: Fixed**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** The production of life casts, compression hosiery and electric motorcycles.
6.30 How frozen French toast and sidecars are made.
7.00 Custom knee braces and motorcycle exhaust systems.
7.30 Solid state drives, eye shadow and limousines.
8.00 Dragster tyres, icing, floating docks and spiral pipes.
8.30 Motion sensors and diving helmets.
9.00 **Savage Builds** Adam and a demolition expert stage a series of experiments on Nitroglycerin.
10.00 Adam teams up with Gary Oldman to build one of Hollywood's deadliest weapons.
11.00 **You Have Been Warned**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Crimes That Shook Britain**
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Imperfect Murder**
6.00 **The First 48** Documentary.
7.00 **Cold Case Files** Tina Faelz.
8.00 **Meet, Marry, Murder** New edition True-crime.
9.00 **Murder on Trial** New edition A deadly fire that was staged to cash in on life insurance.
10.00 **Killer Grannies**
11.00 **Homicide Squad: New Orleans**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Killer Grannies** New edition The carefully tended garden of a boarding house hides horrors.
3.00 **Sin City Gigolo: A Murder in Las Vegas** New edition Police officers misidentify the victim.
4.05 **Court Cam** Double bill.
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Big Cat Planet**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** Documentary.
7.00 **Secrets of the Zoo** The Columbus Zoo makes room for three new cheetah cubs.
8.00 **Tiger Shark Terror** The myth that sharks feed at night.
9.00 **Shark Eat Shark** Evidence of sharks eating other sharks.
10.00 **Life Below Zero: First Alaskans** How the indigenous peoples of Alaska are turning to the values of the past.
11.00 **Ice Road Rescue**
12.00 M'T **Lawless Island**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Day After D-Day**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Black holes.
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Day After D-Day** Survivors of the Normandy invasion recall their experiences.
9.00 **Secrets Underground** The truth about secret underground tunnels said to have been used by Al Capone.
10.00 **How Do They Do It?**
11.00 **World's Greatest Motorcycle Rides** In East Anglia.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Brit Cops Down Under**
10.00 **999 Rescue Squad**
12.00 NOON **Brit Cops Down Under**
1.00 PM **999 Rescue Squad**
3.00 **Brit Cops Down Under**
4.00 **999 Rescue Squad**
5.00 **Top of the Pops**
6.20 **TOTP: 1998**
7.00 **TOTP: 1999** With Blondie and Unkle featuring Ian Brown.
7.40 With Steps, The Beautiful South, Roxette, Travis and REM.
8.20 **Top of the Pops** With Honeyz, Blockster and Bryan Adams.
9.00 Featuring B*Witched, 911, Garbage and The Cardigans.
9.40 **TOTP: 1998** With The Beautiful South and the Spice Girls.
10.20 **TOTP: 1999** Double bill.
11.40 **Top of the Pops** Double bill.
1.00 AM **TOTP: 1998**
1.35 **TOTP: 1999** Double bill.
2.55 **Top of the Pops**
3.55 **TOTP: 1998** As 9.40pm.
4.25 **TOTP: 1999**
4.55 **to 6.00** AM **Villages by the Sea**

+1 hour 266 376

ID

154 140 166

8.00 AM **Mean Girl Murders**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Murder in the Heartland**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Murder in the Heartland**
5.00 **Pandora's Box: Unleashing Evil**
7.00 **Murder Loves Company** After a holiday resort co-worker went missing, detectives sort through a list of colleagues with potential motives for murder.
8.00 A restaurant worker killed and left on a soccer pitch.
9.00 **Signs of a Psychopath** A frantic student calls 911 to say she shot her boyfriend.
10.00 **American Monster: Abuse of Power** Examining the deaths of a pastors previous wives.
11.00 **Undercover Underage**
12.00 M'T **Unbreakable: Live to Tell**
2.00 AM **Pandora's Box: Unleashing Evil**
4.00 **to 6.00** AM **Murder Loves Company**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Sewer Divers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Workshop** A Rolls Royce.
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sewer Divers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** A vintage Oldsmobile hot rod.
9.00 **Kevin Hart's Muscle Car Crew** Kevin and the crew explore the world of car collecting.
10.00 **Sewer Divers** Documentary.
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic Cars** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** A Rolls Royce.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Super Charlie** Family animation. (2025, PG, 82min)
8.00 **How to Train Your Dragon Neighborhood Watch** (2025)
12.00 NOON **Xeno** As 2.15am.
1.50 PM **King Ivory** As 11.55pm.
4.15 **The Naked Gun** Comedy reboot starring Liam Neeson. (2025, 15, 85min) ★★★★
5.45 **How to Train Your Dragon** Fantasy adventure with Mason Thames and Nico Parker. (2025, PG, 125min) ★★★★

4.15 The Naked Gun

8.00 **M3GAN 2.0** Sci-fi thriller sequel starring Violet McGraw, Allison Williams and Jemaine Clement. Two years after a robot's rampage, her creator is forced to resurrect the doll to take down a military-grade weapon. (2025, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bone Lake** Comedy thriller starring Alex Roe. A couple's holiday is upended when they're forced to share a mansion with a mysterious couple. (2024, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **King Ivory** Crime thriller starring James Badge Dale. (2024, 15, 140min)
2.15 AM **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
4.05 **Neighborhood Watch** Thriller. (2025, 15, 92min)
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Adventure

303 303 403 503 517

6.00 AM **Spider-Man: Into the Spider-Verse** As 1.00am.
8.05 **The Hobbit: An Unexpected Journey** As 10.00pm.
11.05 **Transformers: The Last Knight** As shown at 3.00am.
1.40 PM **Batman** Adventure. (1989, 15, 121 min) ★★★★
3.50 **Aquaman** Fantasy adventure. (2018, 12, 143min) ★★★
6.15 **The Lego Movie** Animation with the voice of Chris Pratt. (2014, U, 100min) ★★★★★

8.00 The BFG

8.00 **The BFG** Fantasy adventure starring Mark Rylance, Ruby Barnhill and Penelope Wilton. An orphaned girl befriends a benevolent giant, who takes her off to a magical land. With Rebecca Hall. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hobbit: An Unexpected Journey** Fantasy adventure with Martin Freeman. Bilbo Baggins joins a company of dwarves on a quest. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
3.00 **Transformers: The Last Knight** Sci-fi adventure sequel. (2017, 12, 155min) ★★
5.45 **to 7.25** AM **Journey 2: The Mysterious Island** Fantasy adventure sequel. (2012, PG, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Carmen** As 3.50am.
9.15 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
11.40 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
1.55 PM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
4.10 **About Time** Romantic comedy fantasy starring Domhnall Gleeson and Rachel McAdams. (2013, 12, 120min) ★★★
6.15 **About a Boy** Comedy starring Hugh Grant and Nicholas Hoult. (2002, 12, 101 min) ★★★★
8.00 **Darkest Hour** Drama starring Gary Oldman and Kristin Scott Thomas. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★
10.10 **American Sniper** Biopic about sniper Chris Kyle, starring Bradley Cooper and Sienna Miller. (2014, 15, 127min) ★★★★
12.25 AM **The Brutalist** Drama with Adrien Brody and Felicity Jones. (2024, 18, 215min) ★★★★★
3.50 **Carmen** Musical starring Paul Mescal and Melissa Barrera. (2022, 15, 116min) ★★★
5.55 **to 8.00** AM **I, Tonya** Biopic. (2017, 15, 119min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **The Cinema List: Bingeable**
6.15 **Sick** As shown at 2.30am.
7.45 **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
9.30 **Salem's Lot** Horror chiller. (2024, 15, 109min) ★★★
11.25 **Pacific Rim** Sci-fi action thriller. (2013, 12, 126min) ★★★
1.45 PM **Get Out** Thriller with Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
3.35 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
5.35 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★
8.00 **Ready Player One** Steven Spielberg's fantasy starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
10.30 **The Exorcist** Horror starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. A priest battles to exorcise a demon possessing a young girl. (1973, 18, 121 min) ★★★★★
12.45 AM **The Ritual** Horror with Rafe Spall. (2017, 15, 94min) ★★★
2.30 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
4.05 **Friendship's Death** Sci-fi thriller. (1987, 15, 78min) ★★★
5.30 **to 7.25** AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
8.45 **Peter Rabbit** (2018, PG) ★★★
10.30 **The Golden Child** (1986)
12.15 PM **Spy Kids 3: Game Over** Adventure. (2003, U) ★★★
1.50 **SpongeBob Movie: Sponge Out of Water** Animation. (2015, U, 93min) ★★★
3.35 **The Wiz** Motown musical. (1978, U, 133min) ★★
6.00 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★

6.00 Stardust

8.10 **Save the Cinema** Drama telling the true story of Liz Evans from Carmarthen, south-west Wales, who started a campaign in the 1990s to save the town's Lyric Cinema, starring Samantha Morton. (2021, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Golden Child** Adventure starring Eddie Murphy and Charlotte Lewis. A professional child-finder battles evil forces to save a holy boy. (1986, PG, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Harold and the Purple Crayon** Adventure starring Lil Rel Howery and Zachary Levi. (2024, PG, 87min) ★★★
1.20 AM **The Wiz** As 3.35pm.
3.35 **Bookworm** Adventure. (2024, 12, 103min) ★★★★
5.25 **to 7.05** AM **My Penguin Friend** Drama with Jean Reno. (2024, PG, 98min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.35 AM **Streetfighter** (1994) ★★
8.30 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
10.45 **Birds of Prey and the Fantabulous Emancipation of One Harley Quinn** Fantasy. (2020, 15, 109min) ★★★★
12.50 PM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
3.10 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
5.35 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★

5.35 Wonder Woman

8.00 **Justice League** Action adventure starring Ben Affleck and Gal Gadot. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Raiders of the Lost Ark** Steven Spielberg's adventure with Harrison Ford. Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fast & Furious Presents Hobbs & Shaw** Adventure starring Dwayne Johnson. (2019, 12, 137min) ★★★
2.15 AM **The Fall Guy** Comedy. (2023, 12, 126min) ★★★★
4.25 **to 6.50** AM **Black Hawk Down** Ridley Scott's drama. (2001, 15, 144min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.20 AM **Arthur** (1981, 15) ★★★★
8.00 **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
10.05 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
12.20 PM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
2.05 **American Pie 2** Comedy sequel. (2001, 15) ★★★
4.00 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.00 **White Chicks** Slapstick comedy. (2004, 15, 109min) ★

8.00 American Pie: The Wedding

8.00 **American Pie: The Wedding** Comedy sequel starring Jason Biggs. The old high school friends rally round when two of the gang decide to get married, but much goes wrong before the big day. (2003, 15, 96min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Intern** Comedy starring Robert De Niro and Anne Hathaway. A retiree becomes an intern at a start-up run by an entrepreneur. (2015, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Jackass: The Movie** Comedy starring Johnny Knoxville. (2002, 18, 87min) ★
1.15 AM **Jackass Number Two** Slapstick comedy sequel. (2006, 18, 92min) ★★
2.50 **Jackass 3** Comedy sequel starring Johnny Knoxville. (2010, 15, 93min) ★★
4.30 **to 6.10** AM **Kangaroo Jack** Comedy with Jerry O'Connell. (2003, PG, 89min) ★

Sky Cinema Thriller

309 309 409 509 523

7.25 AM **Antebellum** Mystery. (2019, 15, 105min) ★★
9.20 **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
11.35 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
1.35 PM **Red Dragon** Crime thriller. (2002, 15, 124min) ★★★
3.45 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
5.55 **Murder by Numbers** Crime thriller with Sandra Bullock. (2002, 15, 120min) ★★★

11.00 Hotel Mumbai

8.00 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families, starring Marlon Brando, Al Pacino, James Caan, Robert Duvall and Diane Keaton. (1971, 15, 167min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. (2018, 15, 123min) ★★★★
1.05 AM **Along Came a Spider** Psychological thriller. (2001, 15, 103min) ★★★
2.55 **The Prosecutors** Drama starring Stockard Channing. (1996, PG, 105min) ★★
5.00 **The Cinema List: Brit Hit**
5.20 **to 7.00** AM **Some Other Woman** Thriller. (2023, 15, 85min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Man from Colorado** Western. (1948, PG) ★★★
1.00 PM **Sherlock Holmes and the Secret Weapon** Thriller. (1942, b/w, PG, 68min) ★★
2.20 **Crash Dive** Romantic wartime drama. (1943, U, 105min) ★★
4.30 **Hell and High Water** Thriller. (1954, PG, 103min) ★★★
6.35 **Jumanji: Welcome to the Jungle** Fantasy action comedy. (2017, 12, 119min) ★★★★

9.00 Renfield

Jumanji: Welcome to the Jungle (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Renfield** Comedy horror starring Nicholas Hoult and Nicolas Cage. Dracula's henchman tries to make a new life away from the Count. (2023, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.50 **The Hunt** Horror starring Betty Gilpin. A group of elites gather for the first time at a remote manor house to hunt ordinary Americans for sport. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

12.35 AM **Straightheads** Revenge thriller with Gillian Anderson. (2006, 18, 79min) ★
2.15 **to 4.00** AM **Countdown** Horror. (2019, 15, 90min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

7.35 AM **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
9.15 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
10.55 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel. (1991, 15, 81min) ★★★
12.35 PM **The Naked Gun 33⅓: The Final Insult** Police comedy sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
2.15 **Trading Places** Comedy. (1983, 15, 116min) ★★★★★
4.15 **American Pie** Comedy starring Jason Biggs and Chris Klein. (1999, 15, 96min) ★★★★
6.00 **Escape to Victory** War drama starring Sylvester Stallone. (1981, PG, 111min) ★★
8.00 **The Italian Job** Comedy with Michael Caine and Noël Coward. (1969, PG, 100min) ★★★★★
10.00 **A Clockwork Orange** Futuristic satire with Malcolm McDowell. (1971, 18, 136min) ★★★★
12.20 AM **Gremlins** Comedy horror. (1984, 12, 106min) ★★★★
2.10 **Taxi Driver** Disturbing drama. (1976, 18, 110min) ★★★★★
4.10 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
5.55 **to 6.10** AM **The Cinema List: Bingeable**

Sky Cinema Greats

304 304 404 504 518

7.30 AM **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
9.20 **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
11.20 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
1.35 PM **Little Women** Drama. (1994, U, 114min) ★★★
3.35 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
5.40 **The Fisher King** Terry Gilliam's fantasy starring Robin Williams. (1991, 15, 137min) ★★★★★
8.00 **Cool Hand Luke** Prison drama starring Paul Newman, George Kennedy and Strother Martin. (1967, 15, 126min) ★★★★★
10.10 **Empire of the Sun** Steven Spielberg's drama with Christian Bale as a young boy who learns to survive in a Japanese internment camp in occupied China during World War Two. (1987, PG, 152min) ★★★★
12.45 AM **The Krays** Crime drama starring Martin and Gary Kemp. (1990, 18, 119min) ★★★
2.45 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
4.50 **to 6.50** AM **Quadrophenia** Drama starring Phil Daniels. (1979, 15, 115min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
7.40 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** As 4.20am.
9.10 **Angry Birds Movie** (2016) ★★★
11.00 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
12.45 PM **Madagascar: Escape 2 Africa** (2008, PG) ★★★
2.20 **Smurfs** As shown at 7.25pm.
4.00 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
5.40 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
7.25 **Smurfs** Animated fantasy comedy. (2025, PG, 89min) ★★
9.10 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
11.00 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
12.45 AM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
2.30 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
4.20 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
5.50 **to 7.40** AM **Boonie Bears: Guardian Code** (2023) ★★★

Movies 24

312 313 419

7.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
9.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
11.00 **Mystery Island: Winner Takes All** Drama. (2025, PG) ★★
1.00 PM **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
3.00 **Savoring Paris** Romantic drama starring Bethany Joy Lenz. (2024, PG, 90min) ★★
5.00 **A Costa Rican Wedding** Comedy starring Rhiannon Fish. (2024, PG, 84min) ★★
7.00 **A Taste of Christmas** Drama starring Krystal Joy Brown. Four disparate people get stranded in a diner on Christmas Eve when a snowstorm hits the town. (2023, PG, 90min) ★★
9.00 **The Blessing Bracelet** Drama with Amanda Schull. A woman rediscovers a special bracelet that helps renew her belief in love. (2023, PG, 90min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Lease on Love** Comedy. (2022, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Blarney** (1938, b/w, U) ★★
6.50 **Girdle of Gold** (1952, b/w, U) ★★
8.05 **Look at Life** Documentary.
8.15 **The Girl in the Picture** Mystery. (1956, b/w, U, 63min) ★★
9.30 **The Blue Parrot** Crime thriller. (1953, b/w, PG, 71min) ★★
10.50 **The Big Trail** Western with John Wayne. (1930, b/w, U, 117min) ★★
1.10 PM **Doublecross** Adventure. (1955, b/w, U, 71min) ★★
2.40 **Sleeping Car to Trieste** Thriller. (1948, b/w, PG, 91min) ★★★
4.30 **Notorious** Suspense thriller. (1946, b/w, U, 101min) ★★★★★
6.25 **Whiplash** 2/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Passenger** 2/3. (S1)
9.00 **A Dandy in Aspic** Espionage thriller. (1968, PG, 107min) ★★
11.10 **Cellar Club with Caroline Munro**
11.20 **Hammer House of Mystery and Suspense** 8/13. (S1)
12.50 AM **Cellar Club with Caroline...**
12.55 **Strange Experiences** (S1)
1.00 **Budgie** 2/13. (S1)
2.00 **The Man Who Haunted Himself** Chiller. (1970, PG, 90min) ★★★
3.50 **Look at Life** Documentary.
4.00 **Target: The Corruptors** (S1)
5.00 **The David Niven Show**
5.30 **to 6.00** AM **The Beverly Hillbillies**

TUESDAY Sport

17 February

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup New Zealand v Canada.** The Group D match held at MA Chidambaram Stadium, Chennai.
9.00 LIVE Men's T20 World Cup Ireland v Zimbabwe. The Group B game at Pallekele International Cricket Stadium in Sri Lanka.
1.00 PM **LIVE Men's T20 World Cup Scotland v Nepal.** Coverage of the Group C match staged at Wankhede Stadium, Mumbai.
5.00 LIVE WTA & ATP Tennis Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open and ATP Rio Open.
7.30 LIVE EFL Blackpool v Mansfield Town. The League One match staged at Bloomfield Road. Kick-off **8.00pm**.
10.30 LIVE WTA & ATP Tennis Further coverage of the latest events on the WTA and ATP Tours.
3.00 AM **Sky Sports News**
5.00 to 6.00 AM **LIVE Men's T20 World Cup South Africa v United Arab Emirates.** The Group D match from Arun Jaitley Stadium, Delhi.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 Premier League Legends
8.00 Premier League 100 Club
9.00 Transfer 360 Double bill.
10.00 Sky Sports FC
12.00 NOON **Premier League Years** A look at the 2004/05 season.
2.00 PM **PL Retro** A replay of West Ham United v Tottenham Hotspur from the 2006/07 season.
4.00 Transfer 360 Focusing on the transfers of Patrick Vieira.
4.30 Transfers involving Michael Carrick and Dimitar Berbatov.
5.00 The Premier League Show
7.00 Gillette Labs Soccer Special Featuring pre-match reports and news of all tonight's goals as they go in, with studio guests keeping an eye on the big talking points.
10.15 Transfer 360 Why David Ginola signed for Newcastle United.
10.45 Premier League One on One Tottenham's Guglielmo Vicario.
11.00 Premier League Years A review of the 2004/05 season.
1.00 AM **PL Retro** A replay of West Ham United v Tottenham Hotspur from the 2006/07 season.
3.00 PL Greatest Games
4.00 Best PL Goals 06/07
5.00 to 6.00 AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Play-Off Finals 15/16**
9.00 EFL Greatest Games
10.00 EFL Cup Retro Aston Villa v Manchester City in the 2020 final.
12.00 NOON **SPFL Round-Up**
12.15 PM **SPFL Highlights**
12.30 Bundesliga Highlights Show
1.30 EFL League One Goals
2.00 EFL League Two Goals
2.30 WSL Chelsea v Liverpool.
3.00 SPFL Round-Up
3.15 SPFL Highlights
3.45 EFL Highlights
4.30 Bundesliga Highlights Show
5.30 WSL Highlights from Manchester City v Leicester City.
6.00 EFL League One Goals
6.30 EFL League Two Goals
7.00 EFL Highlights Recent action.
7.30 LIVE EFL Blackpool v Mansfield Town. The League One match staged at Bloomfield Road. Kick-off **8.00pm**.
10.30 SPFL Round-Up
10.45 SPFL Highlights
11.00 WSL Chelsea v Liverpool.
11.30 EFL Greatest Games
12.00 M'T **EFL** Sheffield United v Sunderland at Wembley Stadium.
1.00 AM **EFL Highlights**
3.00 to 6.00 AM **Greatest Games**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup New Zealand v Canada.** The Group D match held at MA Chidambaram Stadium, Chennai.
9.00 LIVE Men's T20 World Cup Ireland v Zimbabwe. The Group B match at Pallekele International Cricket Stadium in Sri Lanka.
1.00 PM **LIVE Men's T20 World Cup Scotland v Nepal.** Coverage of the Group C match staged at Wankhede Stadium, Mumbai.
5.00 Best of ICC WT20
5.15 Best of England v South Africa
5.30 Best of ICC WT20
6.00 Men's T20 World Cup Action from New Zealand v Canada.
6.30 Ireland v Zimbabwe.
7.00 Scotland v Nepal.
7.30 New Zealand v Canada.
8.00 Ireland v Zimbabwe.
8.30 Scotland v Nepal.
9.00 New Zealand v Canada.
9.30 Ireland v Zimbabwe.
10.00 Men's T20 World Cup Further highlights from the tournament.
5.00 to 6.00 AM **LIVE Men's T20 World Cup South Africa v United Arab Emirates.** The Group D match from Arun Jaitley Stadium, Delhi.

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Best of the Open Zone**
7.00 Playing Lessons
8.00 Best of the Sky Zone
9.00 Legends Tour Golf
10.00 PGA Tour Golf
11.00 School of Golf
12.00 NOON **Tee Time Tips**
1.00 PM **Legends Tour Golf**
2.00 PGA Tour Golf
3.00 Mark Roe's Short Game School
3.30 The Improvers
4.00 Best of the Open Zone 2017
5.00 Legends Tour Golf
6.00 Ladies European Tour Golf
7.00 PGA Tour Golf Highlights.
8.00 PGA Tour Champions The Mitsubishi Electric Championship
9.00 Golf The Women's Amateur Asia-Pacific Championship.
9.30 Beyond the Scorecard
10.00 DP World Tour Golf
10.30 Tour Golf Highlights
11.00 How the 2010 Ryder Cup Was Won A review of the event.
1.00 AM **The Open – Official Films**
2.00 Best of the Open Zone
4.00 School of Golf
5.00 to 6.00 AM **Golf Academy**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Dallas Open final.
7.00 LIVE WTA Tennis Day three of the Dubai Tennis Championships at Aviation Club Tennis Centre.
10.30 LIVE WTA & ATP Tennis Coverage of the Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
1.00 PM **LIVE ATP Tennis** Coverage of day two of the Doha Open staged at Khalifa International Tennis and Squash Complex.
2.30 WTA & ATP Tennis
3.00 LIVE WTA Tennis Further coverage of day three of the Dubai Tennis Championships.
4.30 LIVE WTA & ATP Tennis Continued coverage of the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open and ATP Delray Beach Open.
3.00 to 6.00 AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **FA Cup** Fourth round action.
7.00 Sign Up – Into Football
7.45 Men's Cycling Pro Series
8.45 Men's Cycling World Tour
9.45 LIVE Men's Cycling World Tour Coverage of the second stage of the UAE Tour, a 12.2km route around Al Hudayriat Island.
11.45 The Gruppetto Cycling news.
12.00 NOON **Champions League**
12.30 PM **PL: Big Interview**
1.00 Premier League Stories
1.30 FA Cup Fourth round highlights.
4.30 The Premier League Breakdown Show
5.00 Champions League Magazine
5.30 LIVE Champions League Galatasaray v Juventus. Coverage of the knockout phase first-leg play-off staged at Rams Park. Kick-off is at **5.45pm**.
7.45 LIVE Champions League Monaco v Paris Saint-Germain. Coverage of the knockout phase first-leg play-off staged at Stade Louis II. Kick-off is at **8.00pm**.
10.30 Premier League: Big Interview
11.00 UEFA Europa League & Conference League Magazine
12.00 M'T **Serie A** Italian football action.
2.00 to 6.00 AM **A-League**

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Olympic Games**
8.00 Buongiorno Milano
9.00 LIVE Winter Olympic Games – Nordic Combined The individual Gundersen large hill.
9.45 Freestyle Skiing The women's aerials qualifying.
11.00 Coverage of day 11.
11.45 Snowboarding The women's slopestyle final.
1.45 PM **Biathlon** Coverage from the men's 4x7.5km relay.
3.15 Ice Hockey The third game of the men's play-offs at Milano Santagiulia Ice Hockey Arena.
6.15 Freestyle Skiing Coverage from the men's freeski big air final staged at Livigno Snow Park.
8.00 Curling Canada v Great Britain. The men's round robin match at Cortina Curling Olympic Stadium.
9.00 Figure Skating Coverage from the women's short program at Milano Ice Skating Arena.
10.30 Ciao Cortina The latest news.
11.00 Winter Olympic Games Highlights from the day's events.
2.00 AM **Ciao Cortina**
2.30 Winter Olympic Games
5.30 to 6.00 AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League** A replay of St Helens v Leeds Rhinos.
9.00 Super League Castleford Tigers v Wakefield Trinity replay.
11.30 Women's Super League
11.45 Super League Highlights
12.00 NOON **NFL Highlights** New England Patriots v New York Giants.
1.00 PM **NBA Basketball** Los Angeles Lakers v Oklahoma City Thunder.
3.00 NFL Highlights Washington Commanders v Denver Broncos.
4.00 Super League Highlights
4.15 Women's Super League
4.30 Super League Highlights
5.00 NFL Highlights Action from Pittsburgh Steelers v Buffalo Bills.
6.00 NBA Basketball Los Angeles Lakers v Oklahoma City Thunder.
8.00 NBA Basketball Another chance to see the All-Star Game.
10.00 Super League Highlights Action from the 2024 Grand Final.
10.15 NFL Bitesize Highlights Brief highlights of New England Patriots v Los Angeles Chargers.
10.30 Super League Highlights
11.00 NFL Highlights
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 Super League
5.00 to 6.00 AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 LIVE WTA Tennis Day three of the Dubai Tennis Championships at Aviation Club Tennis Centre.
10.30 LIVE WTA & ATP Tennis Coverage of the Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
1.00 PM **Lunchtime Live**
2.00 Sports Desk
3.00 LIVE WTA Tennis Further coverage of day three of the Dubai Tennis Championships.
4.30 LIVE WTA & ATP Tennis Further coverage from the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open and ATP Delray Beach Open.
7.35 LIVE EFL Bristol City v Wrexham. The Championship match staged at Ashton Gate. Kick-off **7.45pm**.
9.45 LIVE WTA & ATP Tennis Continued coverage from the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 to 6.00 AM **PGA Tour Golf**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 ATP Tennis Recent finals.
10.00 WTA Tennis Doha Open final.
11.00 ATP/WTA Tour Classic Matches
1.00 PM **PL Greatest Games**
2.00 PGA Tour Golf A replay of day four of the Pebble Beach Pro-Am.
3.00 Premier League Darts Night two at AFAS Dome in Antwerp.
7.00 WTA Tennis Doha Open final.
8.00 ATP Tennis Rotterdam Open.
9.00 PGA Tour Golf Phoenix Open.
11.00 The Greatest Final 2007: Taylor v Barneveld
11.30 John Part's Journey 2001-08
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1** Highlights.
3.30 EFL Greatest Games
4.00 to 6.00 AM **ATP & WTA Tour**

TNT Sports 3

413 415 523 410 432

6.00 AM **WRC Review**
7.00 Football Highlights and features.
8.00 LIVE A-League Sydney FC v Auckland FC.
10.00 Sign Up – Into Football
10.45 LIV Golf Adelaide review.
11.45 Fishing: On the Bank
12.45 PM **LIVE Winter Olympic Games – Nordic Combined** The individual 10km large hill.
1.30 Speed Skating The men's and women's team pursuit finals.
4.15 The Gruppetto Cycling news.
4.30 A-League Highlights
5.00 SailGP Championship
6.00 LIVE Winter Olympic Games – Bobsleigh Two-man bobsleigh.
7.00 Football Highlights and features.
8.00 LIVE Champions League Borussia Dortmund v Atalanta.
10.00 Men's Cycling World Tour
11.00 PREM Rugby Cup
12.00 M'T **UEFA Champions League**
1.30 AM **LIV Golf** From Adelaide.
2.30 to 6.00 AM **Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Serie A** Italian football action.
8.00 LIVE Winter Olympic Games – Curling Switzerland v Sweden. The men's round robin stage match.
11.00 Ice Hockey The first match of the men's play-offs.
1.45 PM **Curling** Sweden v Canada. Coverage of the women's round robin match.
4.00 Winter Olympic Games
6.00 LIVE Winter Olympic Games – Bobsleigh Coverage from the third heat of the 2-man bobsleigh.
7.00 The Monuments
8.00 LIVE Winter Olympic Games – Bobsleigh Coverage of heat four of the 2-man bobsleigh.
9.15 Ice Hockey The fourth match of the men's play-offs.
10.45 TNT Sports Cricket Reload
11.00 WRC Review Rally Sweden.
12.00 M'T **ABB FIA Formula E World Championship Highlights**
2.00 to 6.00 AM **FA Cup**

Premier Sports 1

419 551

6.00 AM **Eredivisie** A replay of Feyenoord v Go Ahead Eagles.
8.00 LaLiga Girona v Barcelona.
10.00 Eredivisie Highlights
11.00 Scottish Football Social Club
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Top 14 Rugby Union**
2.00 NASCAR Highlights
3.00 Brasileiro Serie A A replay of Fluminense v Botafogo.
5.00 Brasileiro Serie A Another chance to see Vitoria v Flamengo.
7.00 Eredivisie Highlights
8.00 NASCAR Highlights Action from the Daytona 500.
9.00 Top 14 Rugby Union Highlights
9.30 Scottish Football Social Club
10.30 Brasileiro Serie A A replay of Fluminense v Botafogo.
12.30 AM **Asian Le Mans Series**
1.30 Eredivisie Highlights
2.30 LaLiga Match Highlights
3.30 Top 14 Rugby Union Highlights
4.00 Motorsport Drew Gibson.
5.00 to 6.00 AM **NASCAR Highlights**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 NASCAR Trucks Another chance to see action from Daytona.
9.30 Bike World Magazine.
10.00 Top 14 Rugby Union A replay of Stade Francais v Toulouse.
12.00 NOON **Temples of Sport**
1.00 PM **Argentine Primera** Independiente v Lanus replay.
3.00 Argentine Primera A replay of Boca Juniors v Platense.
5.00 Football's Greatest The finest players discuss their careers.
5.30 Coppa Italia Another chance to see Napoli v FC Como in full.
7.30 Football's Greatest The finest players discuss their careers.
8.00 Top 14 Rugby Union A replay of Stade Francais v Toulouse.
10.00 NASCAR O'Reilly Series Action from the latest round in Daytona.
1.00 AM **Bike World** Action from the high octane world of two wheels.
1.30 Top 14 Rugby Union
5.30 to 6.00 AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The Best of F1 2025**
8.00 Formula 1 Highlights of races from the 2025 F1 season.
7.00 PM **Formula 1** Highlights of the 2025 Mexico City Grand Prix.
8.00 Action from the 2025 São Paulo Grand Prix in Brazil.
9.00 The 2025 Las Vegas Grand Prix at Las Vegas Strip Circuit.
10.00 Formula 1 Highlights from the 2025 Qatar Grand Prix.
11.00 The 2025 Abu Dhabi Grand Prix at Yas Marina Circuit.
12.00 M'T **to 6.00** AM **The Best of F1**

Wednesday 18 February Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 8am

Team Italy, including veteran Dorothea Wierer, will be hoping for home victory in the women's 4x6km biathlon relay.

Documentary

Alice Roberts: Our Hospital Through Time

5, 8pm

The academic delves into the history of London's St Bartholomew's Hospital.

OnDemand

NETFLIX

Being Gordon Ramsay

Available today

Cameras follow the chef as he works on biggest launch of his career – 22 Bishopsgate.

OnDemand

prime

56 Days

Available today

Dove Cameron and Avan Jogia (right) star in this thriller about a couple who embark on an intense affair.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES									
101	BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef: The Professionals		9.00 Silent Witness		10.00 News; Local News	10.40 MOTD...
102	BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 12						10.00 Mortimer &...	10.30 Newsnight
103	ITV1	◂ 6.30 News	7.30 Deal or No...	8.00 Emmerdale	8.30 Coronation...	9.00 The Summit		10.00 News; Local News	
104	CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 The Tony Blair Story			10.30 Fukushima...
105	5	◂ 6.30 Snooker: Players Championship – Live		8.00 Alice Roberts: Our Hospital Through...		9.00 The Surgeon		10.00 Curfew	
106	SKY SHOWCASE	7.00 The Simpsons		8.00 Landscape Artist of the Year		9.00 The Bee Gees: How Can You Mend a Broken Heart			
ENTERTAINMENT									
115	BBC3	7.05 Deadly 60		8.00 Dragons' Den		9.00 The Apprentice		10.00 Apprentice...	10.30 Tell Me Lies
116	BBC4	7.00 Great British...	7.30 Gareth...	8.00 Brian Cox's Adventures in Space and...		9.00 Tribe			10.15 Breaking the Code
118	ITV2	7.00 Wheel of Fortune		8.00 The Real Housewives of Orange County		9.00 Love Island: All Stars		10.05 Family Guy	
136	MORE4	◂ 6.50 The Dog House Australia		7.55 The Dog House		9.00 Our Yorkshire Pub Rescue with Jon...		10.00 Perfect Pub Walks with Bill Bailey	
135	E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
107	SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 Matlock		10.00 The Rookie	
108	SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 Under Salt Marsh		10.00 Lockerbie: A Search for Truth	
110	U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 dinnerladies				9.50 Becoming Victoria Wood	
111	U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
119	ITV3	◂ 6.55 Heartbeat		8.00 Grace				10.00 Endeavour	
120	ITV4	7.00 Aussie Pickers		8.00 Junk & Disorderly		9.00 Film: On Her Majesty's Secret Service			
112	COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
152	SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.10 The Leftovers
113	SKY MAX	◂ 6.10 Film: Stargate Origins: Catherine		8.10 Never Mind the Buzzcocks		9.00 Film: 47 Metres Down			
109	U&ALIBI	7.00 Miss Fisher's Murder Mysteries		8.00 Death in Paradise				10.00 Miss Scarlet	
124	SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Landscape Artist of the Year		9.00 The Brontës by Anita Rani: Sisters of...		10.00 DH Lawrence: Sex, Exile and Greatness	
132	U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 NCIS: New Orleans				10.00 Elementary	
DOCUMENTARY									
125	DISCOVERY	7.00 Wheeler Dealers						10.00 Kindig Customs	
162	ANIMAL PLANET	7.00 Treehouse Masters: Out on a Limb		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
129	NAT GEO	7.00 Air Crash Investigation		8.00 Pole to Pole with Will Smith	8.50 Hitler the Junkie		9.50 Gladiators: Warriors of the Ancient World		
123	SKY HISTORY	7.00 Forged in Fire				9.00 The Curse of Oak Island		10.00 Forged in Fire	
155	U&YESTERDAY	7.00 Great Canal Journeys: Asian Odyssey		8.00 Bangers & Cash: Restoring Classics		9.00 Classic Car Kings		10.00 Bangers & Cash	
121	SKY DOCS	7.00 Kings from Queens: The Run DMC Story		8.00 Chernobyl: The Lost Tapes				10.00 2000 Meters to Andriivka	
FILMS – Sky Cinema									
301	PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 King Ivory				10.20 Bone Lake	
302	CULT CLASSICS	◂ 5.40 The Blues Brothers		8.00 Jaws				10.05 Taxi Driver	
303	ADVENTURE	◂ 6.10 The Lego Movie 2: The Second Part		8.00 Wicked					10.40 How...
304	GREATS	◂ 5.40 Jerry Maguire		8.00 The Bodyguard				10.10 Do the Right Thing	
305	ANIMATION	7.10 Hotel Transylvania 3: Summer Vacation				9.00 The Garfield Movie			
306	FAMILY	◂ 6.00 Look Who's Talking	7.45 Cats & Dogs			9.20 The Witches			
307	ACTION	◂ 5.35 Man of Steel		8.00 Raiders of the Lost Ark				10.05 The Brothers Grimm	
308	COMEDY	◂ 6.20 Just Friends		8.00 American Reunion			9.55 The Holiday		
309	THRILLER	◂ 6.00 Three Days of the Condor		8.00 The Bikeriders				10.00 Pulp Fiction	
310	DRAMA	◂ 6.00 Little Women		8.00 Joker: Folie à Deux				10.20 It Ends with Us	
311	SCI-FI	◂ 5.50 The Chronicles of Riddick		8.00 Children of Men				10.00 Van Helsing	
313	FILM4	7.10 10 Things I Hate About You				9.00 Independence Day: Resurgence			
SPORT									
401	MAIN EVENT	7.00 Tennis – Live	7.30 Premier League – Live: Wolverhampton Wanderers v Arsenal (Kick-off 8.00)						
402	PREMIER LEAGUE	7.00 PL Stories	7.30 Premier League – Live: Wolverhampton Wanderers v Arsenal (Kick-off 8.00)						
403	FOOTBALL	7.00 WSL	7.30 EFL Highlights		8.30 Craig Brown...	9.00 There's Only...	9.30 Bundesliga Highlights Show		10.30 WSL
405	CRICKET	7.00 ICC Men's T20...	7.30 The Story of the ICC Men's T20 World...		8.30 ICC Men's T20 World Cup				
410	TNT SPORTS 1	◂ 5.00 UEFA Champions League – Live: Qarabag v Newcastle United (Kick-off 5.45); Bodo/Glimt v Inter Milan (Kick-off 8.00)							10.30 PL Stories
411	TNT SPORTS 2	◂ 6.00 Winter Olympic Games – Live: Coverage of Curling; Ice Hockey at 9.00							

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
8.00 **LIVE Winter Olympics** Hazel Irvine presents the opening coverage of day 12 of the Games including USA v Great Britain in a women's round-robin curling match. *Coverage continues on BBC2*. (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 12 of the 25th staging of the Games in Italy, including USA v Great Britain in a men's round-robin curling match. *Coverage continues on BBC2*. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** (S)

8.00 MasterChef: The Professionals

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Worrying news reaches Zoe, Johnny makes moves to save his business, and George worries about Kojo. (S)(AD)

8 PM

8.00 **MasterChef: The Professionals** New edition 5/21. The chefs attempt two Asian dishes – chicken wings stuffed with a Thai-flavoured pork mince, and Japanese soufflé pancakes with sake-poached plums. (S)(AD)

9 PM

9.00 **Silent Witness** New episode *Creekwood – Part Two:* 6/10. Erin discovers Ryan's body on wasteland, Nikki and Jack delve into an apparent overdose, Danny begins to lose his grip on reality and Lydia opens the will. (S29) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the play-off round first-leg ties, including Qarabag v Newcastle United at Tofiq Bahramov Republican Stadium and Monaco v Paris Saint-Germain at Stade Louis II. (S)
12.00 M'T **FILM Fall** Thriller starring Grace Caroline Currey and Virginia Gardner. A high-rise climber plans to scatter her husband's ashes from the top of a tower. She and a friend make the ascent, but find their lives on the line when the structure is compromised. (S)(AD) (2022, 15, 100min) ★★★
1.40 AM **Weather for the Week Ahead**
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Pointless** Quiz show. (S)(R)
7.00 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
8.00 **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **LIVE Winter Olympics** Coverage of the 12th day of the 25th staging of the Games, including the conclusion of the men's slopestyle at Livigno Snow Park in Italy. *Coverage continues on BBC1*. (S)
2.00 **Unbeatable** (S)(R)
2.45 **Escape to the Country** (S)(R)
3.30 **Cities: Nature's New Wild** Animals displaced from their habitats by human expansion. (S)(R)(AD)
4.30 **Flog It!** From the Fleet Air Arm Museum in Somerset. (S)(R)

11.00 Unspun World

5.15 **LIVE Winter Olympics** Clare Balding presents the concluding coverage of day 12 of the 25th staging of the Games, with events taking place in Italy. Short track speed skating is prominent this evening, with medals awarded in the women's 3,000m relay and men's 500m at Milano Ice Skating Arena, disciplines that were won by a Dutch quartet and Hungary's Shaoang Liu respectively four years ago in Beijing. There's also another round robin curling match for Team GB's women, as they take on Japan at Cortina Curling Olympic Stadium. Plus, the quarter-finals of the men's ice hockey continue at Milano Santagiulia Ice Hockey Arena. (S)

10.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob head to Burgh Island on the south coast of Devon to fish for wrasse. (S)(R)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **FILM The Rescue** The 2018 rescue of boys from the Tham Luang Nang Non cave in Thailand. (S) (2021, 12, 100min) ★★★★
1.10 AM **Sign Zone: Mystery Road: Origin** 6/6. (S2) (S)(R)
2.05 **Sign Zone: The Apprentice** (S)(R)
3.05 **Sign Zone: The Apprentice – Unfinished Business** (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Fleetwood, where Stewart Hofgartner is tempted into paying too much for something from a galaxy far far away. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.25 **Party Political Broadcast** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 **Deal or No Deal: Banker's Best Battles** New edition Stephen Mulhern revisits Brian and Kelly's fierce clashes with the terrible Banker, and reveals how they fared against the mysterious money man. (S)
8.00 **Emmerdale** Ruby confesses to Cain, Bear is changed, and Dawn has an announcement. (S)(AD)
8.30 **Coronation Street** Kevin and Ronnie challenge Debbie over Carl's claim that he is her son. (S)(AD)
9.00 **The Summit** New edition 4/8. The 14 Brits who set off to climb one of New Zealand's highest peaks are down to 10. Having made it to the second base camp, they face a vote-off. Ben Shephard hosts. (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Barry Humphries: The Last Laugh** A profile of the comedy writer and performer, taking an honest look back at the life and work of the trailblazer behind Dame Edna Everage and Sir Les Patterson. (S)(R)(AD)
11.40 **The Summit** As 9pm. (S)(R)(AD)
12.30 AM **Teleshopping**
3.00 **Tonight: New Build Nightmares** Current affairs report. (S)(SL)(R)
3.25 **Ainsley's Taste of the Bahamas** Ainsley Harriott heads to the Graycliff restaurant. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Wine Tour: South Africa** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 2-4/27. (S9) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 16-19/24. (S2) (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** New edition Franky and Mark take their guests to the summit of Bulgaria's highest peak. (S)
5.00 **Chateau DIY: Win the Dream** New edition The finalists create bespoke bedrooms. (S)(AD)
6.00 **A Place in the Sun** New edition A couple explore Spain's northern Costa Blanca to find their dream bolthole that could eventually become their permanent home. (S)

8.00 Kirstie and Phil's Love It or List It

7.00 **News** (S)
8.00 **Kirstie and Phil's Love It or List It** New edition Kirstie heads to Cullercoats, North Tyneside to catch up with a couple who moved into a four-bedroom 'doer-upper', to see how their renovations have gone. (S)(AD)
9.00 **The Tony Blair Story** New edition 2/3. The documentary moves on to Blair's second election victory, after which he faced 9/11, the Bush years and the contentious war in Iraq that defined his period in office. (S)(AD)
■ Concludes tomorrow
10.30 **Fukushima: Days That Shocked The World** Series finale 2/2. Nuclear experts explain what went wrong at the power plant, and why two of the most critical factors were the most simple. (S)(AD)
11.30 **Gogglebox** (S)(SL)(R)(AD)
12.30 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.20 **The Great Icelandic Swim with Ross Edgley** (S)(SL)(R)(AD)
2.15 **FILM Sequin in a Blue Room** Australian drama starring Conor Leach and Anthony Brandon Wong. (S) (2021, 18, 85min) ★★★★
3.40 **Sunday Brunch** (S)(R)
3.45 **Location, Location, Location** (R)
4.40 **The Great Pottery Throw Down**
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

18 February Wednesday

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.10 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the afternoon session on day two from Telford International Centre, featuring two first-round matches played over the best of 11 frames. (S)
5.30 **News** (S)
6.30 **LIVE Snooker: Players Championship** Coverage of the evening session on day two from Telford International Centre, featuring the final two first-round matches played over the best of 11 frames. *Coverage continues on 5Action.* (S)

8.00 Our Hospital Through Time

LIVE Snooker: Players Championship (started at 6.30pm)

8.00 **NEW SERIES Alice Roberts: Our Hospital Through Time** 1/6. Professor Alice Roberts looks at St Bartholomew's Hospital, with unprecedented access to its modern wards and its private archive. (S)

9.00 **NEW SERIES The Surgeon** 1/4. The work of surgeons across the UK. Cameras follow Daren Francis, one of the UK's leading bowel cancer surgeons, who works across three different hospitals in north London. (S)

10.00 **Curfew** New episode *Pipe Down:* 3/6. Pamela and Eddie find the site of Helen's murder, but Pamela's maverick ways get her into trouble. (S1) (S)
■ Entire series on 5 Streaming

11.05 **Ambulance: Code Red** (S)(R)
12.05 AM **Skin A&E** (S)(R)(AD)
1.05 **Entertainment News** (S)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Friends** (S3) (S)(R)(AD)
3.50 **Alex Polizzi: My Hotel Nightmare** (S)(R)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Wildlife ER** (S)(R)
12.00 NOON **The Flash** (S9) (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Colonel Homer:* Homer becomes a country singer's manager. (S)(R)
5.30 **The Office (US)** 15/25. Following some bad advice, Michael invites a stripper to Phyllis's wedding shower. (S)(R)
6.00 16/25. Michael causes problems at Phyllis's wedding, and she begins to regret giving him such responsibility. (S)(R)
6.30 17/25. Michael is asked by Ryan to be guest speaker at his business school. (S3) (S)(R)

8.00 Landscape Artist of the Year

7.00 **The Simpsons** *Black Widower:* Selma tells the family she is getting engaged to her prison pen-pal. (S)(R)
7.30 *Bart the Mother:* Bart looks after a bird's nest filled with eggs. (S)(R)

8.00 **Landscape Artist of the Year** New edition The sixth heat takes place at Dover Castle, where host Stephen Mangan is joined by judges Kathleen Soriano, Tai Shan Schierenberg and Eva Langret. (S)(AD)

9.00 **The Bee Gees: How Can You Mend a Broken Heart** Documentary exploring the history of the group, featuring contributions from surviving member Barry Gibb as well as archive interviews with his brothers Robin and Maurice. (S)(R)

11.00 **Karl Pilkington: The Moaning of Life** 6/6. Karl investigates how people should spend their limited time on the planet as he finds out what he will be like as an old man. (S)(R)(AD)
12.00 M'T **The Force: North East** (R)
2.00 AM **Road Wars** Thames Valley Police combat vehicle crime. (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.00m't Debate Night (S) (R) **1.00am** Scotcast (S)(R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Nolan Live New edition (S) **11.40** MOTD: UEFA Champions League (S) **1.00am** Dinosaur (S) (R)(AD) **1.30-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm **NEW** Black Waters: The Sea Empress Disaster (S) **11.40** MOTD: UEFA Champions League (S) **1.00am** The Traitors Ireland (S)(R) **1.50-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Jane Rea's Bloomin' Wild (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Ralïo+ **1.30** Ciao! Colleen Ag Owain (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Antur y Gorllewin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza: Chwe' Gwlad (AD) **6.25** Darllediad Gwleidyddol **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Y Deis New edition **8.55** Newyddion a'r Tywydd **9.00** Amour & Mynydd New edition **10.00** Après: Amour & Mynydd New edition **10.30** Y Byd ar Bedwar **11.00-11.35pm** Welsh Whisperer – Ni'n Teithio Nawr! (AD)

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Visiting the rainforests of Brazil.
8.00 **Dragons' Den** Beauty empire founder Susie Ma joins the Dragons for pitches for a money-saving app, home-baking kits, an AI-powered cat flap and a fresh take on composting toilets.
9.00 **The Apprentice** Lord Sugar tasks the candidates with turning ingredients into profit. Under the eye of aides Karren Brady and Tim Campbell, the teams vie to emerge victorious.
10.00 **The Apprentice: Unfinished Business** Angela Scanlon chats with the latest fired candidate.
10.30 **Tell Me Lies** 6/10. Lucy confronts Stephen. (S1)
11.20 **Tell Me Lies** 7&8/10. (S1)
12.55 AM **Dinosaur** 4/6. Nina tries to make up for a drunken mistake. (S2)
1.25 **Sin City: The Real Las Vegas** Double bill.
2.55 **to 3.55** AM **RuPaul's Drag Race UK vs the World**

BBC4

116 119 107/108 9/24 106 108 11

7.00 PM **Great British Railway Journeys** Michael Portillo stops in Wolverhampton, Kidderminster, Worcester and Cheltenham.
7.30 **Gareth Edwards' Great Welsh Adventure**
8.00 **Brian Cox's Adventures in Space and Time** 4/4. The physicist explores the enigma of time.
9.00 **Tribe** Bruce Parry lives with the Akie people of Tanzania.
10.00 **NEW Derek Jacobi Remembers: Breaking the Code** Sir Derek Jacobi looks back on the 1997 drama.
10.15 **Breaking the Code** Drama tracing the story of Alan Turing, who was instrumental in cracking the Enigma code.
11.45 **Castles: Britain's Fortified History**
12.45 AM **Great British Railway Journeys** As 7.00pm.
1.15 **Gareth Edwards' Great Welsh Adventure**
1.45 **Tribe** As 9.00pm.
2.45 **to 3.45** AM **Brian Cox's Adventures in Space and Time**

MORE4

136/137 127 147 18 124 15

8.55 AM **Strangers on a Plane**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Tim Shaw and Fuzz Townshend collect a 1968 Citroën DS. **5.50** Fuzz Townshend and Tim Shaw secretly restore a classic 1971 sports car.
6.50 **The Dog House Australia** A man who lost his wife to cancer three years ago wants to share his life with a dog.
7.55 **The Dog House** Stunning pure-white husky Olaf wows brothers Ben and Harry.
9.00 **Our Yorkshire Pub Rescue with Jon Richardson** New edition The Plough's renovation hots up, as underfloor heating is laid and old iron light fittings are restored. Later, things get spooky at a parade.
10.00 **Perfect Pub Walks with Bill Bailey** Walking the South West Coast Path on Dorset's Jurassic Coast.
11.05 **24 Hours in A&E**
12.10 AM **Our Yorkshire Pub Rescue with Jon Richardson** As 9.00pm.
1.15 **Emergency Helicopter Medics** Documentary.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**

7.00 **Hollyoaks** With the McQueen house in lockdown, family members return.
7.30 **The Simpsons** *Barthood:* A coming-of-age story chronicling Bart's life.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Lee Mack, Griff Rhys Jones, Melanie Sykes and Joe Lycett take part.
9.00 **Gogglebox** The households' opinions on shows including *Killing Eve* and *Our House.* **10.00** Opinions on shows including *Crufts, This Is Going to Hurt* and *Byron Baes.*
11.05 **Dating Naked UK**
12.05 AM **Naked Attraction**
1.15 **First Dates**
2.15 **Gogglebox** Double bill.
4.05 **The Goldbergs**
4.50 **to 6.00** AM **Don't Spook the Bride**

primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Border Security USA**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 19/22. (S5)
1.00 PM **The Rookie** 1/20. Pilot episode of the crime drama. **2.00** 2/20. Talia forces Nolan to confront his instincts. (S1)
3.00 **Law & Order: Criminal Intent** 22/22. A stockbroker is framed for murder. (S1)
4.00 **Nothing to Declare**

9.00 Matlock

7 PM

7.00 Police 24/7 A man creates a medical emergency by swallowing drugs right before his arrest.

8 PM

8.00 Law & Order: Criminal Intent *Broad Channel:* 3/16. Nichols takes on a crime boss when a detective is killed. (S9)

9 PM

9.00 Matlock New episode *Prior Bad Acts:* 7/16. Olympia takes on a case involving her mother's new husband. (S2)

10 PM

10.00 The Rookie *Simone:* 19/22. Officer Nolan and the LA division of the FBI join forces with FBI trainee Simone. (S4)
11.00 **The Rookie** 20/22. (S4)
12.00 M'T **FBI** 17/22. (S5)
1.00 AM **Law & Order: Criminal Intent** 12/16. (S8)
2.00 **FBI** New episode 3/22. (S8)
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.55 **The Sopranos** (S5)
10.00 **Succession** 1-3/10. (S1)
1.15 PM **Succession** Five episodes of the drama, including at: **3.25** 6/10. Roman and Kendall try to sway the board. **4.35** 7/10. The Roys gather for a family therapy session. **5.40** 8/10. Tom has a bachelor party to remember. (S1)
6.45 **Game of Thrones** 5/10. The tournament is plunged into chaos when one of the favourites suffers a defeat. (S1)

10.00 Lockerbie

7.55 Game of Thrones *A Golden Crown:* 6/10. Ned hears rumours that associates of the Lannisters have begun stirring up trouble across the Seven Kingdoms. (S1)

9.00 Under Salt Marsh 4/6. Jackie struggles after her estranged sister returns and reignites years of guilt and betrayal. (S1)

10.00 Lockerbie: A Search for Truth 1/5. Fact-based drama starring Colin Firth and Catherine McCormack. (S1)
11.10 **Lockerbie: A Search for Truth** 2/5. Two suspects are indicted for the bombing. (S1)
12.10 AM **Lockerbie: A Search for Truth** 3-5/5. (S1)
3.05 **Mare of Easttown** 5/7. (S1)
4.10 **Game of Thrones** 5/10. (S1)
5.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **There's Something About Movies** Comedy panel show.
7.00 **A League of Their Own**
8.00 **The Flash** 12/13. (S9)
9.00 **Hold the Front Page**
10.00 **Rob Beckett's Smart TV**
11.00 **Karl Pilkington: The...**
12.00 NOON **The Flash** 13/13. (S9)
1.00 PM **Hold the Front Page**
2.00 **Rob Beckett's Smart TV**
3.00 **There's Something About...**
4.05 **A League of Their Own**
5.10 **Karl Pilkington: The Moaning of Life**

9.00 47 Metres Down

6.10 Stargate Origins: Catherine Sci-fi adventure prequel starring Ellie Gall, Connor Trinneer and Aylam Orian.

8.10 Never Mind the Buzzcocks With guests Clint Boon, Patsy Kensit, Danny Goffey and Bez.

9.00 FILM 47 Metres Down Horror starring Mandy Moore and Claire Holt. Two sisters vacationing in Mexico are trapped in a shark cage at the bottom of the ocean and faced with a fight for survival. With Chris J Johnson. (2017, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Joe Lycett's United States of Birmingham** 2/4. Joe continues his American road trip by moving on to Ohio, the state with the highest concentration of Birminghams.
12.00 M'T **The Force: North East**
2.00 AM **Road Wars**
3.00 **Brit Cops: War on Crime**
4.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **Real Housewives of Orange County** Reality series.
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Love Island: All Stars

7.00 Wheel of Fortune Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

8.00 The Real Housewives of Orange County New edition Tamra's Spring Fling party soon devolves into chaos.

9.00 Love Island: All Stars New edition Famous former Islanders are given another shot at finding the one.

10.05 Family Guy 7/20. Lois and Peter bicker over who should be the new Mayor. **10.35** 8/20. The town is divided over a hero. (S19)
11.05 **Family Guy** 17&12/20. (S17)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 7/22. (S13)
1.35 **Grosse Pointe Garden Society** New episode 10/13. Alice welcomes a new addition to the family to help Doug. (S1)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.20 PM **Midsomer Murders** *Faithful Unto Death:* The wife of the businessman behind a failed project goes missing.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Touch and Go:* Tragedy strikes when a confrontation turns violent.

8.00 Grace

6.55 Heartbeat *Burying the Past:* Gina struggles to cope with Phil's death, but refuses Carol's attempts to help her.

8.00 Grace *Dead Man's Grip:* The detective and his team are called to the scene of a fatal crash, but an unexpected discovery suggests there could be far more to this accident than meets the eye.

10.00 Endeavour *Cartouche:* A mysterious death coincides with a film star's visit to a local cinema.
11.50 **Trial & Retribution** 7/10. Part one of two. Walker investigates a woman's disappearance. **12.50** AM 8/10. Part two of two. The diary's authenticity is questioned when the evidence from it is refuted. (S11)
1.50 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Politics Scotland**
3.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Scotland's Home of the Year** The six regional winners go head to head for the title.
8.00 **Clydesdale – Saving the Greatest Horse** Janice Kirkpatrick goes on a quest to stop the Clydesdale horse dying out and meets a family who've protected the ancient black bloodlines for five generations.
9.00 **Debate Night** Debate on the issues affecting Scotland and beyond.
10.00 **The Troops** 3/3. Operation Hedgehog reaches its conclusion.
11.00 **Scotcast** Discussion on Scotland's news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **Ballers** 3&4/10. (S1)
10.20 **Sex and the City** (S3)
11.30 **Entourage** (S4)
12.30 PM **Will & Grace** (S5)
1.30 **Sex and the City** (S3)
2.40 **Ballers** 5&6/10. (S1)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 7/18. Charlotte meets an eligible doctor. (S3) **8.20** 8/18. Charlotte wonders if Trey is Mr Right, and Carrie has a run-in with Big. (S3)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **And Just Like That...** *Outlook Good:* 1/12. Miranda considers ghosting a hookup. (S3)
10.40 **Community** (S1)
11.40 **Entourage** (S4)
12.40 AM **Ballers** (S1)
1.50 **Curb Your Enthusiasm**
3.15 **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Painting Birds with...**
3.00 **Musical Masterpieces**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Landscape Artist of the Year** New edition
9.00 **The Brontës by Anita Rani: Sisters of Disruption**
10.00 **DH Lawrence: Sex, Exile and Greatness**
11.00 **Science Fiction in the Atomic Age**
12.00 M'T **Learning to Live Together: The Return of Mad Dogs & Englishmen**
2.20 AM **Borromini: The Dark Side of Baroque**
4.40 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 3/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** *Parallels:* 11/26. Worf feels that reality is changing. (S7)
8.00 **Landscape Artist of the Year** From Dover Castle.
9.00 **The Rookie** (S2)
11.00 **Grimm** 16/22. (S5)
12.00 M'T **Wynonna Earp** (S4)
1.00 AM **Night Cops**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Wheel of Fortune**
4.00 **Time Is Money** Quiz hosted by Sara Davies.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant James tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based game show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** A team of five take part in the quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
6.00 **Location, Location, Location** From Windsor and Maidenhead.
7.00 **George Clarke's Building Home**
8.00 **Bargain Holiday Secrets**
9.00 **The Roman Empire by Train with Alice Roberts** Alice heads seven miles south of Naples to Herculaneum.
10.00 **FILM Bullet Train** Comedy thriller starring Brad Pitt. (2022, 15, 127min) ★★★★
12.35 AM **FILM American Woman** Drama starring Sienna Miller. (2018, 15, 111min) ★★★★
2.45 **to 4.40** AM **Fukushima: Days That Shocked The World**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.20 **Magnum, PI**
9.20 **Kojak**
10.25 **Boon**
11.30 **The Sweeney**
12.35 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Boon**
4.45 **The Sweeney**
5.50 **Minder** *The Son Also Rises:* A crooked property tycoon goes back on his word and Terry is called upon to protect his son.

9.00 On Her Majesty's Secret...

7.00 **Aussie Pickers** Lucas Callaghan and Adam McDonald explore a sprawling property owned by a larrikin demolisher.
8.00 **Junk & Disorderly** Henry Cole and his team visit a farm sale and come away with a vintage Massey Ferguson tractor.
9.00 **FILM** **On Her Majesty's Secret Service** James Bond adventure starring George Lazenby. British secret agent 007 once again takes on his arch-enemy Blofeld. (1969, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley and Miro.
1.50 AM **The Sweeney**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 2/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 3/26. (S6)
2.00 **Primeval** 1&2/6. (S1)
4.00 **Stargate SG-1** 17/22. Apophis is granted sanctuary. (S2)
5.00 **Star Trek: Voyager** 5/26. Harry Kim wakes up on Earth. (S2)
6.00 **Star Trek: The Next Generation** 2/26. Barclay encounters sinister forces. (S6)

2.00 Primeval

7.00 **Star Trek: Deep Space Nine** *Sons and Daughters:* 3/26. Worf's son volunteers as a Klingon warrior. (S6)
8.00 **Stargate SG-1** *Serpent's Song:* 17/22. Jack and the team offer sanctuary to former Goa'uld conqueror Apophis. (S2)
9.00 **Westworld** *Virtù e Fortuna:* 3/10. Dolores makes her next move, and Charlotte scrambles to protect Delos' most prized asset. (S2)
10.10 **The Leftovers** *Off Ramp:* 3/10. Laurie writes a tell-all book, while Tom helps rescue a recruit. (S2)
11.10 **Wynonna Earp** 8/12. Date night comes to Purgatory. (S3)
12.00 M'T **True Blood** 9/12. Bill uncovers a surprising part of Sookie's heritage.
1.00 AM 10/12. Bill worries about Sookie's future. (S3)
2.00 **Primeval** 1&2/6. (S1)
4.00 **Wynonna Earp** As 11.10pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown**
10.00 **The Mentalist** 3/13. (S7)
11.00 **Hudson & Rex** 3/16. (S6)
12.00 NOON **Miss Fisher's Murder Mysteries** 7/8. (S3)
1.00 PM **Death in Paradise** (S5)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 3/13. (S7)
5.00 **Hudson & Rex** 3/16. Charlie and Rex work with a blind true crime podcaster. (S6)
6.00 **Father Brown** *The Kembleford Dragon:* The local stationmaster is murdered.

8.00 Death in Paradise

7.00 **Miss Fisher's Murder Mysteries** *Game, Set and Murder:* 7/8. The practice partner of a tennis star is bitten by a spider. (S3)
8.00 **Death in Paradise** *The Complex Murder:* 1/8. A millionaire environmentalist is shot dead on his boat. (S5)
9.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)
10.00 **Miss Scarlet** 2/6. Eliza works to solve the murder of a high-profile private detective with a closet full of skeletons. (S5)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S5)
1.00 AM **The Company You Keep** 2/10. After Daphne sets a quick turnaround for payment, the Nicolettis steal a necklace. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **Dad's Army**
9.40 **Are You Being Served?**
10.20 **Porridge**
11.00 **Keeping Up Appearances**
11.40 **Last of the Summer Wine**
1.00 PM **The Green Green Grass**
1.40 **dinnerladies**
2.20 **Dad's Army**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.40 Dad's Army

7.00 **Porridge** Betting fever sweeps Slade Prison, but the stakes rise too high.
7.40 **Dad's Army** Jones's reputation is called into question by an old comrade's allegations.
8.20 **dinnerladies** The staff have a bet on Bren's chances with Tony.
9.00 **dinnerladies** Bren's romance with Tony is ruined by her husband's unexpected reappearance.
9.50 **Becoming Victoria Wood** An intimate portrait of the entertainer, uncovering the formative experiences and private struggles that shaped Victoria Wood's career.
11.50 **Victoria Wood as Seen on TV** Charlie Coleridge plans to leave this world behind.
12.30 AM **Keeping Up Appearances** Classic comedy.
1.10 **Not Going Out** Comedy.
1.50 **Inside No 9** Double bill.
3.00 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Things You Need to Know**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Bangers & Cash: Restoring Classics**
2.00 PM **Extreme Fishing with Robson Green** In Zimbabwe.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** From Israel.
6.00 **Rick Stein's Long Weekends** From Bologna, northern Italy.

6.00 Rick Stein's Long Weekends

7.00 **Would I Lie to You? The Unseen Bits** Outtakes from the comedy panel show.
7.40 **Richard Osman's House of Games** With Iain Stirling and Rav Wilding. **8.20** Tim Key, Jamie Laing, Sunetra Sarker and Laura Whitmore take part.
9.00 **QI XL** Host Stephen Fry is joined by guests Sandi Toksvig, Ronni Ancona, Jack Dee and regular panellist Alan Davies.
10.00 **Have I Got a Bit More News for You** Steph McGovern hosts the satirical quiz, with Miles Jupp and Sayeeda Warsi.
11.00 **Taskmaster** Jessica Knappett demonstrates her mastery.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
1.20 **Would I Lie to You? The Unseen Bits** As 7.00pm.
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 22-24/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Dog Tags:* 13/19. A suspected drug-smuggler is apparently killed by his own dog.
7.00 *Internal Affairs:* 14/19. Shepard becomes the prime suspect in the murder of La Grenouille.
8.00 *In the Zone:* 15/19. A Marine is seemingly killed in a mortar attack in Baghdad. (S5)
9.00 **Criminal Minds** *Saturday:* 4/10. Garcia leads a hacking competition. (S15)
10.00 **Law & Order: Special Victims Unit** *Dearly Beloved:* 19/24. A woman accuses her therapist of sexual assault. (S20)
11.00 **Law & Order: Special Victims Unit** (S20&18)
1.45 AM **NCIS** (S22)
2.40 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **Extreme Nightmare Tenants** A Birmingham council tenant living in atrocious conditions.
8.00 **Call the Bailiffs: Time to Pay Up** Agents are on the trail of a woman who owes more than a year's worth of rent.
9.00 **FILM** **Fifty Shades of Grey** Adult drama starring Jamie Dornan. (2015, 18, 120min) ★★
11.35 **Adults Only: Kinky for Cash**
12.35 AM **Adults Only: Sexual Healing** Sex therapists.
1.35 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Traffic Cops**
10.20 **Police Interceptors**
12.25 PM **FILM** **War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
2.35 **FILM** **The Hired Hand** Western drama. (1971, 12, 93min) ★★★
4.25 **Trucking Heavy**
5.25 **Winter Road Rescue**
6.00 **Police Interceptors** Sean uses a manual battering ram on a raid on a drug dealer's house.
7.00 Handler Liam and his sniffer dog Louis are called in to help.
8.00 **LIVE** **Snooker: Players Championship** Coverage of the evening session on day two.
11.00 **Highway Patrol**
11.30 **Banged Up Abroad**
12.35 AM **Extreme Tow Truckers** Documentary.
1.40 **Ice Road Truckers**
2.40 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Documentary.
8.00 **NCIS: New Orleans** *The Insider:* 19/23. Wade and Sebastian are held hostage in the morgue.
9.00 *Rock-a-Bye Baby:* 20/23. A Naval Commander's car is stolen with his infant daughter still inside. (S1)
10.00 **Elementary**
11.00 **Emergency: First Time Medics** Documentary.
12.00 M'T **Louis Theroux: Life on the Edge**
1.00 AM **Louis Theroux: Extreme Love – Dementia** Documentary.
1.50 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.35 **Doctors**
9.45 **Classic Holby City**
10.45 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **All Creatures Great and Small**
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Porridge**
6.00 **Last of the Summer Wine** Triple bill.
8.00 **The Marlow Murder Club** 2/2. Judith enlists the help of unfulfilled vicar's wife Becks. (S1)
10.00 **New Tricks**
11.20 **Shakespeare & Hathaway: Private Investigators** 7/10. (S1)
12.20 AM **Waking the Dead**
1.40 **Porridge**
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **True Evil: The Making of a Nazi** Documentary.
11.00 **Secret Nazi Bases**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** Documentary.
5.00 **Secret Nazi Bases**
6.00 **Antiques Roadshow**
7.00 **Great Canal Journeys: Asian Odyssey** Timothy West and Prunella Scales' journey takes them to Cambodia.
8.00 **Bangers & Cash: Restoring Classics** The team fall for a Subaru pick-up.
9.00 **Classic Car Kings**
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering** Double bill.
2.00 **to 3.00** AM **True Evil: The Making of a Nazi**

+1 hour 255 329

WEDNESDAY Entertainment

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
5.00 **Long Lost Family**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Fixer to Fabulous** New edition Dave and Jenny surprise a family in Tulsa with a makeover.
10.00 **NEW SERIES Home Town** A returning Laurel artist craves a small country house.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 3-5/24. (S8)
1.00 PM **The Waltons** (S3)
3.00 **Ballykissangel** (S2)
4.10 **Hamish Macbeth** (S3)
5.20 **Doctor Finlay** 6/6. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 2-4/24. (S1)
9.00 **Whatever Happened to the Likely Lads?** 8/14. Bob bids his wife farewell and sets off on a boys-only fishing trip with Terry.
9.40 9/14. Thelma goes back to live with her mother, leaving Bob to bemoan his fate.
10.20 10/14. Terry moves in with Bob. (S2)
11.00 **The New Avengers**
12.00 M'T **The Avengers** (S5)
1.00 AM **M*A*S*H** (S1)
2.25 **A Fine Romance** (S1)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 7/30. (S1)
12.00 NOON **FILM Triple Cross** Spy thriller. (1966, PG, 126min) ★★
2.40 PM **FILM Face of a Fugitive** Western. (1958, U, 81min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 8/30. (S1)
9.00 **FILM The Commando** Crime action thriller. (2022, 15, 89min) ★★
11.00 **FILM The Shanghai Job** Action thriller. (2017, 15, 95min) ★★
1.00 AM **The Baron** (S1)
2.00 **The Avengers** (S5)
2.55 **Police Ten 7**
3.20 **FILM The Virginian** Western adventure. (2014, 12, 90min) ★★
4.50 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Lost Letter Mysteries: The Vows We've Made** Mystery. (2021, PG, 86min) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 16/23. (S6)
12.05 PM **Hailey Dean Mysteries** Crime drama.
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 17/23. (S6)
8.00 **Unforgettable** (S4)
9.00 **Hailey Dean Mysteries: A Prescription For Murder** Crime drama.
10.55 **FILM The Gourmet Detective: A Healthy Place to Die** Comedy. (2015, PG, 85min) ★★
12.50 AM **FILM Off the Rails** Drama. (2017, PG) ★★
2.30 **FILM Wish You Were Dead** Thriller. (2017, PG, 89min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Snapshot of Love** (2022, PG) ★★
10.15 **FILM Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
12.15 PM **FILM The Boyfriend Trap** Romantic comedy. (2022, PG, 85min) ★★
2.10 **FILM Love in Bloom** Romantic comedy. (2022, U, 87min) ★★
4.10 **FILM Bridal Wave** Romantic drama. (2015, PG, 84min) ★★
6.05 **FILM My Best Friend's Bouquet** Drama. (2020, U, 84min) ★★
8.00 **FILM The Vows We Keep** Romantic drama. (2021, U, 84min) ★★
9.55 **FILM Calling for Love** Romantic comedy. (2020, PG, 90min) ★★
11.55 **FILM Make Me a Match** Drama. (2023, U) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Flowers and Honey**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **The Jukebox Rewind**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn...**
12.30 PM **The Top Secret...**
1.00 **Wish Me Luck** (S2)
2.00 **The Champions**
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S2)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs**
7.30 **The Brian Conley Show**
8.00 **The Champions** (S1)
9.00 **Wish Me Luck** (S2)
10.00 **Drop the Dead Donkey**
10.30 **Stereo Underground**
11.30 **The Kenny Everett New Naughty Video**
1.05 AM **We Had One of Those** From Beaulieu.
1.15 **Hank the Cowboy**
1.30 **Soap** 17&18/25. (S1)
2.30 **The Brian Conley Show**
3.00 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** Lake Garda.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown: Hunt for Extraterrestrials**
3.00 **Homestead Rescue: Raney Ranch**
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **NEW SERIES Maine Cabin Masters** The team face a challenging cabin restoration.
10.00 **NEW SERIES Barnwood Builders** The crew return to West Alexander, Pennsylvania.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep** Double bill.
2.00 **James Martin: Delicious**
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **Great British Bake Off**
9.00 **Jamie Cooks Italy**
10.00 **Adam Richman Eats Italy** Adam's in Parma tasting iconic foods.
10.30 From Venice.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 8/26. (S5)
9.00 **The A-Team** 13/23. (S4)
10.00 **The Invaders** 11/17. (S1)
11.00 **FILM 500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
12.55 PM **FILM Sitting Bull** Western adventure. (1954, U, 106min) ★★
3.00 **FILM Law of the Lawless** Western. (1963, 15, 88min) ★★
5.00 **Star Trek** 18/26. (S2)
6.00 **The Invaders** 12/17. (S1)
7.00 **The A-Team** 14/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Gods of Egypt** Adventure. (2016, 12, 127min) ★★★
11.30 **FILM The Legend of the 7 Golden Vampires** Drama. (1974, 15) ★★
1.20 AM **FILM The Inglorious Bastards** War thriller. (1978, 15, 99min) ★★
3.15 **to 5.00** AM **FILM Sniper: Special Ops** Thriller. (2016, 15) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Gambler Returns: The Luck of the Draw** Western.
11.00 **The Lost World** (S2)
12.00 NOON **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
2.00 PM **FILM Independents' Day** (2016, 15) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Slipstream** Sci-fi adventure. (1989, PG, 101min) ★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 8/23. (S2)
9.00 **FILM Soldier Blue** Western. (1970, 18, 109min) ★★★★
11.15 **FILM The Scars of Dracula** Hammer horror. (1970, 18, 96min) ★★★
1.10 AM **FILM The Internecine Project** Suspense thriller. (1974, 15, 89min) ★
3.00 **FILM Slipstream**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Chaos Uncut**
12.10 PM **When Big Things Go Wrong** A train crash.
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New editions
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Chaos Uncut**
3.45 **When Big Things Go...**
4.35 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild** Philippines.
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Walking Wartime Britain** South Devon.
8.00 **Ben Fogle: New Lives in the Wild** An island off the coast of Panama.
9.00 **Unwrapping King Tut: Secrets of the Mummy**
10.00 **Mysteries of the Pyramids with Dara O Briain** Double bill.
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Teams from *Coronation Street* and *Emmerdale* compete.
12.40 PM **Lily Savage's Blankety Blank** Quiz.
2.00 **The Chase** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?** Quiz.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Five workmates from Devon take part.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With Omid Djalili, Susan Calman, Dermot Murnaghan and Perri Shakes-Drayton.
11.00 **Bullseye** Double bill.
12.00 M'T **Who Wants to Be a Millionaire: New Year Special** Quiz show.
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
9.00 **The Bad Skin Clinic** New edition Content creator Billie faces cruel online comments over extreme facial redness, while Dr Emma gives her a diagnosis that may transform her skin.
10.00 **The Bad Skin Clinic** Dr Emma thinks she can help Robert has a golf-ball-sized lump on his forehead.
11.00 Hester has one of the most extreme cases of lupus Dr Emma has ever seen.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Fantasy Draft**
8.35 **Impractical Jokers: Filming with the Stars**
9.00 **Impractical Jokers: Sideline Smack Talk**
9.30 **Impractical Jokers: Servin' Up Laughs**
10.00 **Everybody Loves Raymond** (S1)
12.50 PM **Impractical Jokers**
1.50 **Friends** (S9&10)
8.00 **Friends** 10/18. Rachel and Phoebe are shocked.
8.30 11/18. Guest stars Danny DeVito. (S10)
9.00 **Michael McIntyre's Big Show** With Rylan, Joel Corry and Tom Grennan.
10.00 **8 Out of 10 Cats Uncut**
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **South Park** (S11)
3.10 **Dragony Aunts**
3.25 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Spin City** (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 11-14/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers: Sideline Smack Talk**
4.30 **Impractical Jokers: Servin' Up Laughs**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** (S1)
7.00 **Everybody Loves Raymond** (S1)
10.00 **South Park** (S14&15)
1.00 AM **Ricky Gervais Show**
2.00 **Utopia** 1/8. (S2)
2.30 **Teachers** 13/20. (S2)
3.00 **Reno 911!** (S4)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.55 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 7/15. (S3)
2.45 **Minder** 9/13. (S3)
3.45 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** 5/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.05 **Steptoe and Son** (S5)
6.45 **Rising Damp** 5/7. (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 2/10. (S5)
9.00 **Benidorm** 5/7. (S3)
9.55 **Shameless** 6/8. (S3)
11.00 **Man About the House**
11.30 **Rising Damp** 4/7. (S3)
11.55 **Benidorm** 5/7. (S3)
12.55 AM **Shameless** (S3)
1.50 **Kenny Everett Show**
2.20 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: On the Run**
2.00 **Catfish: The TV Show**
4.00 **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show**
8.00 **NEW SERIES Teen Mom UK: Next Generation** Amelia throws a party, and Angel feels alone.
9.00 **True Life Crime UK**
10.00 **Caught in the Act: Unfaithful** New edition Katina's love life takes a shocking turn.
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

18 February Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
12.00 NOON **Diesel Brothers** Redbeard takes on a diesel build of his own.
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** The Raneys try to restore a failed homestead in Ohio. **6.00** The Raneys help a Missouri family who have just survived a tornado.

10.00 Kindig Customs

7.00 **Wheeler Dealers** Mike Brewer plans to capitalise on 1980s nostalgia by restoring an original 1982 Toyota Supra.
8.00 **Wheeler Dealers** Ant Anstead tries to restore a 1973 Ford Mustang Mach 1 to its former glory by tuning up the engine.
9.00 **Wheeler Dealers** Mike Brewer and Marc 'Elvis' Priestley take on a Fiat Coupe 20 Valve Turbo, aka a 'baby Ferrari'.
10.00 **Kindig Customs** New edition Dave is itching to get his hands on a VW, so he buys one with a broken-down engine.
11.00 **Expedition Unknown** Josh helps discover a tomb.
12.00 M'T **Deadliest Catch** Sig deploys a Norwegian secret weapon to locate the bairdi.
1.00 AM **Wheeler Dealers**
2.00 **Kindig Customs** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** An Atlantic puffin chick arrives at the zoo. **4.00** A trio of abandoned puma cubs arrives at the zoo.
5.00 **Lone Star Law** The wardens pull illegal nets from the river while looking for smugglers.
6.00 **Dr Jeff: Rocky Mountain Vet** A cat with kidney disease.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters: Out on a Limb** Pete Nelson and the team create a 1,000sq ft 'Texan man cave' treehouse.
8.00 **Rugged Justice** The KED unit deal with three bear cubs on the loose, while covert operations uncover illegal poachers.
9.00 **Alaska: The Last Frontier** The Kilcher family are determined not to let a storm ruin their Christmas plans.
10.00 **Alaskan Bush People** The Browns rekindle their lust for adventure as they await news of Ami's treatment options.
11.00 **Mountain Monsters** Hunters track down a flying mothman in Mason County.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **The Pool Master**
2.00 **Treehouse Masters: Out on a Limb** As 7.00pm.
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Vikings: The Rise and Fall**
11.00 **Lost Ships of WW2**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Air Crash Investigation**
3.00 **World War II: The Apocalypse**
4.00 **Drain the Oceans**
5.00 **Ice Road Rescue** Thord and his team battle to save a jack-knifed truck from tipping over.
6.00 **Nazi Megastructures** The battle between US and Japanese forces to control the island of Guadalcanal.

8.00 Pole to Pole

7.00 **Air Crash Investigation** A Boeing 737 crashes just moments after lifting off from an Algerian desert airport.
8.00 **Pole to Pole with Will Smith** Series finale Will dives under the ice at the North Pole.
8.50 **Hitler the Junkie** Documentary looking at whether drugs played a role in Adolf Hitler's behaviour and actions.
9.50 **Gladiators: Warriors of the Ancient World** An African-born beast hunter who slayed 20 predators in one day.
10.50 **Air Crash Investigation** One of Spain's worst ever aviation disasters.
11.50 **Yukon Rescue**
12.45 AM **To Catch a Smuggler**
1.45 **Abandoned** A marble-making factory is searched.
2.15 **To Catch a Smuggler**
3.15 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **The Curse of Oak Island**
2.00 **Truth & Lies** Four editions of the series, including at: **4.00** How money plays a decisive role in the battle between truth and lies. **5.00** The history of scandals.
6.00 **American Pickers** Mike inspects some antique toys.

10.00 Forged in Fire

7.00 **Forged in Fire** Four teams of expert builders must create siege weapons, from war hammers to battering rams to ballistas. The strongest weapons earn $20,000 and the title of Forged in Fire: Instruments of Death champions.
9.00 **The Curse of Oak Island** New edition While investigating a potentially ancient marker stone, the team make discoveries.
10.00 **Forged in Fire** New edition Expert teams attempt to build massive weapons.
12.00 M'T **My Paranormal Nightmare** Documentary.
12.55 AM **Mystery Places** A visit to an Indian village where men train to become bouncers in the big city.
1.50 **Forged in Fire** As 10.00pm.
3.40 **The Curse of Oak Island**
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Ed Harris**
8.00 **The Directors**
9.00 **The Man Who Played with Fire** Olof Palme.
10.00 **Urban Secrets**
11.00 **Mother Teresa: For the Love of God** A look at the life of the nun and missionary.
2.00 PM **Bardot** Brigitte Bardot.
4.00 **Discovering: Ed Harris**
5.00 **The Directors**
6.00 **The Man Who Played with Fire** Olof Palme.

7.00 Kings from Queens

7.00 **Kings from Queens: The Run DMC Story** The story of the pioneering New York City hip-hop group formed in 1983.
8.00 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster and the heroic efforts made to prevent another explosion.
10.00 **2000 Meters to Andriivka** A Ukrainian platoon attempts to liberate a village from Russian forces.
12.15 AM **Schmeichel** A profile of the former Manchester United goalkeeper Peter Schmeichel.
2.15 **Lennox: The Untold Story** The life story of former heavyweight boxer Lennox Lewis, charting his rise to one of the greatest boxers.
4.15 **Brillo Box (3¢ off)**
5.00 **to 6.00** AM **Discovering: Ed Harris**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters: Mine SOS** Double bill.
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus helps to clear a warehouse filled with collectables. **9.00** New edition The team perform house clearances.
10.00 **Celebrity Yorkshire Auction House**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops San Francisco**
7.00 **Forensic Detectives**
9.00 **Cops UK: Bodycam Squad** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Married to Evil**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** Pasco detectives use CCTV to track down a murderer.
9.00 **Deadly Legacy**
10.00 **People Magazine Investigates**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Julie Heath.
3.00 **to 4.00** AM **FBI Files**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** Sian O'Callaghan vanishes from a Swindon nightclub.
8.00 **48 Hours** New edition Angela Prichard was terrorised by her husband, and turned to police for help.
9.00 **Storm of Suspicion** New edition A mother of three vanishes after a 1986 blizzard.
10.00 **Fatal Fall: Murder or Accident?** New edition The case of Cody Johnson, who was pushed to his death in Glacier National Park.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Fatal Fall: Murder or Accident?** As 10.00pm.
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective**
4.00 **48 Hours** Cayley Mandadi arrives at a hospital nearly naked, bruised and unconscious.
5.00 **Medical Detectives** The latest forensic technology is used to analyse a postcard. **5.30** A real death at a murder mystery event. **6.00** CCTV footage of a murder proves too fuzzy to be of any use. **6.30** The death of a woman in an apparent riding accident.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Brit Cops** Documentary.
10.00 **Police 24/7**
11.00 **World's Most Evil Killers**
12.00 NOON **What the Killer Did Next**
1.00 PM **Killer in My Village**
2.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did...**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **What the Killer Did Next** Sabina Nessa.
10.00 **Killing Mum and Dad**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil...**
1.00 AM **What the Killer...**
2.00 **Murders That Shocked the Nation**
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours...**
8.40 **Besieged Fortresses, Legendary Battles**
9.50 **The First World War: The People's Story**
10.55 **Lincoln: Divided We...**
11.55 **Mafia's Greatest Hits**
1.00 PM **Witness to a Massacre: Nanjing 1937**
2.15 **Besieged Fortresses, Legendary Battles**
3.20 **The First World War: The People's Story**
4.25 **Lincoln: Divided We...**
5.20 **Mafia's Greatest Hits**
6.30 **Besieged Fortresses, Legendary Battles**
7.40 **The First World War: The People's Story**
8.50 **Lincoln: Divided We Stand** The issues of slavery and equality.
9.45 **Mafia's Greatest Hits**
10.50 **Besieged Fortresses, Legendary Battles**
12.00 M'T **The First World War: The People's Story**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Wednesday

Sky Nature

145 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Wildlife ER**
12.00 NOON **Undiscovered Vistas**
1.00 PM **Monkey Life**
2.00 **Africa's Underwater Wonders**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Islands** The ecosystems of six islands, starting with Vancouver.
9.00 **Arctic from Above** Exploring the wildlife of the region.
10.00 **Undiscovered Vistas** Chile's Atacama Desert, the world's driest non-polar region.
11.00 **Wildlife Icons**
12.00 M'T **Wildlife ER**
1.00 AM **Arctic Secrets**
2.00 **Islands** As 8.00pm.
3.00 **Arctic from Above** As 9.00pm.
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Ultimate Mysteries**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **Secret Wars Uncovered**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **Secret Wars Uncovered**
8.00 **Combat Ships** A look into stories of espionage at sea.
9.00 **Secrets in the Ice** Mysteries that have been frozen in time.
10.00 **Rome: Rise and Fall of an Empire** The victory won by Germanic chieftain Arminius.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Incredible Engineering Blunders: Fixed**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** Building MRI scanners and lampshades.
6.30 How biplanes are made.
7.00 Hospital laundry and horse replicas are under scrutiny.
7.30 Ceramic fireplaces and parking garage floor slabs.
8.00 Oil pressure sensors and neck restraints.
8.30 The building of mobile concert stages and manufacture of mascara.
9.00 **In Search of Monsters** Revealing a new theory about the origins of the Wendigo.
10.00 Experts investigate evidence that links the elusive Yeti to America.
11.00 **Expedition X** Double bill.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Killer Britain with Dermot Murnaghan** Double bill.
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **Murder by Medic**
6.00 **The First 48** A dispute over stolen marijuana turns deadly.
7.00 **Cold Case Files** The murder of a teenage couple that went unsolved for 29 years.
8.00 **Meet, Marry, Murder** New edition True crime studies.
9.00 **Killer Grannies** Documentary.
10.00 **Sin City Gigolo: A Murder in Las Vegas** New edition Police officers misidentify the victim.
11.05 **Fatal Family Feuds**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam** Double bill.
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Jaguar Beach**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** Documentary.
7.00 **Secrets of the Zoo**
8.00 **Wild Borneo** Documentary exploring the wildlife of Borneo.
9.00 **Smoky Mountain Park Rangers** The Great Smoky Mountain National Park staff who work to protect black bears.
10.00 **Life Below Zero: First Alaskans** How the indigenous peoples of Alaska are turning to the values of the past.
11.00 **Ice Road Rescue**
12.00 M'T **Lawless Island**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works**
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition Unknown** Josh joins an active dig of 4000-year-old tombs in Egypt.
9.00 **Secrets Underground** Rob Nelson seeks a mass grave that could harbour a dark secret.
10.00 **How Do They Do It?**
11.00 **World's Greatest Motorcycle Rides** Henry Cole potters through the Highlands on his Honda Africa Twin.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
2.00 PM **999 Rescue Squad** On Hull docks, asylum seekers are discovered in a cargo container.
3.00 A minibus carrying children with special needs collides with a stolen car.
4.00 A student captures his dad's mountain bike accident.
5.00 **Doctor Who** Four episodes.
7.05 **Doctor Who** 9/26. The Time Lord is called into action when an archaeologist excavates an Egyptian tomb. (S13)
7.40 13/20. The Doctor and Harry try to alert the authorities.
8.10 14/20. The Doctor fails to prevent the Thals from destroying the Kaled city.
8.40 15/20. Sarah and Sevrin work on the Thals' rocket.
9.15 16/20. The Doctor faces an attack from the Daleks. (S12)
9.50 **Doctor Who** Sci-fi adventure.
4.00 AM **999 Rescue Squad**
5.35 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 140 166

8.00 AM **Pandora's Box: Unleashing Evil**
9.00 **American Monster**
11.00 **Disappeared** Bear Diaz.
12.00 NOON **Murder in the Heartland**
1.00 PM **American Monster**
3.00 **Disappeared** Kayla Berg.
4.00 **Murder in the Heartland**
5.00 **Cops UK: Bodycam Squad**
7.00 **Murder Under the Friday Night Lights** A popular dancer suddenly disappears one day after practice.
8.00 A seven-year-old cheerleader vanishes in a small Kentucky town.
9.00 **High Speed Chase** In Florida, a carjack sparks a police chase over land, air, and sea.
10.00 **Good Cop, Bad Cop** Police find a murdered woman's body tossed over a highway bridge.
11.00 **Real Time Crime**
12.00 M'T **Before They Kill Again**
2.00 AM **Cops UK: Bodycam Squad**
4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Sewer Divers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big**
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sewer Divers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers** Double bill.
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz head to Kent to visit Martin's eclectic collection.
9.00 **Kevin Hart's Muscle Car Crew** Kevin and the crew take their first educational field trip to the Irwindale Drag Strip.
10.00 **Sewer Divers**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic Cars** As shown at 8.00pm.
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Super Charlie** Family animation. (2025, PG, 82min)
8.00 **How to Train Your Dragon**
10.15 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
11.45 **Reckless** Action comedy. (2026, 15, 105min)
1.30 PM **King Ivory** As 8.00pm.
3.50 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
5.45 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★

5.45 How to Train Your Dragon

8.00 **King Ivory** Thriller starring James Badge Dale and Ben Foster. When his son becomes addicted to fentanyl, a Tulsa drug cop teams up with his partner and and FBI agent to bring down those responsible. (2024, 15, 140min)

10.20 **Bone Lake** Comedy thriller starring Alex Roe. A couple's holiday is upended when they're forced to share a mansion with a mysterious couple. (2024, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Cut** Sports thriller starring Orlando Bloom. (2024, 12, 99min) ★★★
1.55 **The Toxic Avenger** Comedy horror starring Peter Dinklage. (2023, 18, 102min) ★★★
3.50 **to 6.00** AM **Prisoner of War** Thriller starring Scott Adkins. (2025, 15, 112min) ★★★

Sky Cinema Adventure

303 303 403 503 517

7.25 AM **The Last Airbender**
9.20 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
11.20 **Wicked** As shown at 8.00pm.
2.00 PM **How to Train Your Dragon** As 10.40pm.
4.15 **The Lego Movie** Animated comedy with the voices of Chris Pratt and Elizabeth Banks. (2014, U, 100min) ★★★★★
6.10 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★

4.15 The Lego Movie

8.00 **Wicked** Part one of The *Wizard of Oz* prequel based on the hit stage musical starring Cynthia Erivo, Ariana Grande, Michelle Yeoh and Jeff Goldblum. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **How to Train Your Dragon** Adventure starring Mason Thames. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Peter Pan** Adventure. (2003, PG, 113min) ★★★★
3.00 **Journey 2: The Mysterious Island** Adventure sequel. (2012, PG, 94min) ★★★
4.45 **to 6.35** AM **The Last Airbender** Fantasy adventure. (2010, PG, 103min) ★★

Sky Cinema Drama

310 310 410 510 524

8.00 AM **Love Story** As 4.00am.
9.50 **Rob Peace** As 5.45am.
12.00 NOON **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
2.10 PM **About a Boy** Comedy. (2002, 12, 101min) ★★★★
3.55 **I, Tonya** Biopic with Margot Robbie. (2017, 15, 119min) ★★★★
6.00 **Little Women** Drama starring Winona Ryder and Gabriel Byrne. (1994, U, 114min) ★★★

8.00 **Joker: Folie à Deux** Musical thriller sequel starring Joaquin Phoenix. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated. (2024, 15, 138min) ★★★★
10.20 **It Ends with Us** Drama starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. (2024, 15, 125min) ★★★
12.35 AM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★

2.20 **The Boy in the Striped Pyjamas** Drama starring Asa Butterfield and Vera Farmiga. (2008, 12, 94min) ★★★★
4.00 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.45 **to 7.45** AM **Rob Peace** Drama. (2024, 15, 120min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **There's Something in the Barn** As shown at 4.00pm.
9.15 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★
11.40 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
2.05 PM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
4.00 **There's Something in the Barn** Comedy horror starring Martin Starr. (2023, 15, 100min) ★★

5.50 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
8.00 **Children of Men** Sci-fi thriller starring Clive Owen, Julianne Moore and Michael Caine. (2006, 15, 109min) ★★★★★
10.00 **Van Helsing** Adventure starring Hugh Jackman, Kate Beckinsale and Richard Roxburgh. The Vatican sends vampire hunter Van Helsing to Transylvania to battle with Count Dracula. (2004, 12, 132min) ★★★

12.20 AM **Us** Horror thriller starring Lupita Nyong'o and Winston Duke. (2019, 15, 116min) ★★★★
2.25 **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★
4.25 **to 6.10** AM **Evolution** Comedy. (2001, PG, 101min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.05 AM **Monster Trucks** (2016)
8.55 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
10.30 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
12.40 PM **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
2.20 **My Penguin Friend** Drama. (2024, PG, 98min) ★★★★
4.05 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
6.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★

4.05 Monster Trucks

7.45 **Cats & Dogs** Comedy featuring the voices of Tobey Maguire, Alec Baldwin and Sean Hayes. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.20 **The Witches** Scary fantasy adventure based on Roald Dahl's story about a coven of witches plotting to turn the children of England into mice, starring Anjelica Huston and Mai Zetterling. (1989, PG, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Bookworm** Comedy starring Elijah Wood and Nell Fisher. (2024, 12, 103min) ★★★★
12.50 AM **Daddy Day Care** Family comedy with Eddie Murphy. (2003, PG, 92min) ★★★
2.30 **The Tiger Rising** Family drama starring Dennis Quaid. (2022, PG, 102min) ★★★
4.20 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy sequel. (2010, U, 82min) ★★
5.50 **to 7.30** AM **The Witches**

Sky Cinema Action

307 307 407 507 521

6.50 AM **Twister** Disaster movie. (1996, PG, 114min) ★★★
8.45 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
11.10 **Bad Boys: Ride or Die** Action comedy sequel with Will Smith. (2024, 15, 115min) ★★★
1.10 PM **Spider-Man 3** Fantasy sequel. (2007, 12) ★★★
3.30 **Justice League** Adventure. (2017, 12, 120min) ★★
5.35 **Man of Steel** Adventure. (2013, 12, 143min) ★★★

8.00 Raiders of the Lost Ark

8.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford. Buccaneering archaeologist Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. With Karen Allen. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 **The Brothers Grimm** Adventure starring Matt Damon. Two brothers travel the countryside and con locals by pretending to vanquish monsters. (2005, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **The Italian Job** Thriller. (2003, 12, 110min) ★★★
2.00 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
3.50 **One Shot** Action thriller. (2021, 15, 96min) ★★
5.30 **to 7.25** AM **The Mummy: Tomb of the Dragon Emperor** Adventure sequel. (2008, 12, 112min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
8.05 **Alfie** Drama. (1966, 15) ★★★★
10.00 **50 First Dates** Comedy. (2004, 12, 99min) ★★★
11.45 **Role Models** (2008) ★★★★
1.30 PM **Just Friends** As 6.20pm.
3.10 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
4.50 **Jackass Presents: Bad Grandpa .5** (2014, 15) ★★
6.20 **Just Friends** Romantic comedy. (2005, 12, 94min) ★★

9.55 The Holiday

8.00 **American Reunion** Comedy sequel starring Jason Biggs and Alyson Hannigan. The group of friends get together some 13 years after leaving high school. With Chris Klein and Tara Reid. (2012, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.55 **The Holiday** Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic swap homes for Christmas and embark on new romances. (2006, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.15 AM **13 Going on 30** Romantic comedy with Jennifer Garner. (2004, 12, 98min) ★★★
1.55 **Jackass: The Movie** Slapstick comedy. (2002, 18, 87min) ★
3.25 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Escape from Alcatraz**
9.00 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
11.10 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
1.15 PM **The Godfather** Francis Ford Coppola's crime drama. (1971, 15, 167min) ★★★★★
4.15 **Eye in the Sky** Crime thriller. (2015, 15, 112min) ★★★★
6.00 **Three Days of the Condor** Thriller with Robert Redford. (1975, 15, 118min) ★★★★

10.00 Pulp Fiction

8.00 **The Bikeriders** Drama starring Tom Hardy, Jodie Comer, Austin Butler and Michael Shannon. Over a decade, a motorcycle club evolve from a gathering of local outsiders to a sinister gang. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Pulp Fiction** Quentin Tarantino's black crime comedy starring John Travolta, Bruce Willis, Samuel L Jackson and Uma Thurman. (1994, 18, 154min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Some Other Woman** Thriller with Ashley Greene. (2023, 15, 85min) ★★★
2.20 **Escape from Alcatraz** Fact-based prison drama starring Clint Eastwood. (1979, 15, 112min) ★★★★
4.25 **to 6.10** AM **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Shadow of a Doubt** Suspense thriller. (1943, b/w, PG, 108min) ★★★★★
1.15 PM **The Virginian** Western. (1946, PG, 90min) ★★
3.00 **Fixed Bayonets!** Drama. (1951, b/w, PG, 93min) ★★★
4.50 **Anzio** World War Two drama. (1967, PG, 117min) ★★★
7.10 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★★

7.10 10 Things I Hate About You

10 Things I Hate About You (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Independence Day: Resurgence** Sci-fi adventure starring Jeff Goldblum, Bill Pullman and Liam Hemsworth. Two decades after the world was saved from an alien attack, a second deadlier invasion begins. (2016, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

11.15 **Bohemian Rhapsody** Biopic starring Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. (2018, 12, 134min) ★★★★
1.55 **to 3.50** AM **With or Without You** Drama with Christopher Eccleston and Dervla Kirwan. (1999, 18, 93min) ★★

10 PM

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.10 AM **Ferris Bueller's Day Off**
8.00 **The Blues Brothers** As 5.40pm.
10.15 **Gremlins** Comedy fantasy. (1984, 12, 106min) ★★★★
12.05 PM **American Pie** Comedy. (1999, 15, 96min) ★★★★
1.55 **Escape to Victory** War drama. (1981, PG, 111min) ★★
3.55 **The Italian Job** Comedy with Michael Caine and Noël Coward. (1969, PG, 100min) ★★★★★
5.40 **The Blues Brothers** Cult comedy starring John Belushi. (1980, 15, 135min) ★★★★★
8.00 **Jaws** Steven Spielberg's blockbuster monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. (1975, 12, 125min) ★★★★★
10.05 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro as a crazed New York taxi driver obsessed with saving a child prostitute. With Jodie Foster. (1976, 18, 110min) ★★★★★
12.10 AM **Gremlins 2: The New Batch** Horror comedy sequel. (1990, 12, 107min) ★★★
2.00 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
4.00 **Ferris Bueller's Day Off** Comedy. (1986, 12, 103min) ★★★★
5.50 **to 6.05** AM **The Cinema List**

Sky Cinema Greats

304 304 404 504 518

6.50 AM **The Bridges at Toko-Ri**
8.40 **Two Mules for Sister Sara**
10.35 **The Fisher King** Fantasy. (1991, 15, 137min) ★★★★★
12.55 PM **Cool Hand Luke** Drama. (1967, 15, 126min) ★★★★★
3.05 **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★
5.40 **Jerry Maguire** Romantic comedy starring Tom Cruise. (1996, 15, 139min) ★★★★
8.00 **The Bodyguard** Thriller starring Kevin Costner. A professional bodyguard falls in love with the superstar singer-actor he has been assigned to protect. (1992, 15, 129min) ★★★
10.10 **Do the Right Thing** Spike Lee's controversial comedy drama starring Danny Aiello, Rosie Perez, John Turturro and Ossie Davis. Simmering racial tensions come to the boil on a hot summer's day in Brooklyn. (1989, 15, 120min) ★★★★★
12.10 AM **Two Mules for Sister Sara** Comedy starring Clint Eastwood. (1969, 15, 114min) ★★★
2.05 **The Bridges at Toko-Ri** Korean War drama starring William Holden. (1954, U, 99min) ★★★
3.55 **to 6.25** AM **Funny Girl** Musical. (1968, U, 169min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.40 AM **Open Season: Scared Silly**
9.20 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
10.55 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
12.35 PM **Mr Peabody & Sherman** Animated family comedy. (2014, U, 97min) ★★★★
2.20 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
4.00 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
5.40 **The Lego Batman Movie** Animated family comedy. (2017, U, 104min) ★★★★
7.10 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
9.00 **The Garfield Movie** Animation featuring the voices of Chris Pratt and Samuel L Jackson. (2023, U, 101min) ★★★
10.45 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
12.45 AM **Open Season: Scared Silly** Animation. (2015, PG) ★★★
2.20 **Piece By Piece** Animation. (2024, PG, 105min) ★★★
4.05 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
5.40 **to 7.20** AM **Teen Titans Go! to the Movies** (2018, PG) ★★★

Movies 24

312 313 419

7.00 AM **Hanukkah on Rye** Comedy. (2022, PG, 90min) ★★
9.00 **The Dancing Detective: A Deadly Tango** Murder mystery. (2023, PG, 84min) ★★
11.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
1.00 PM **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
3.00 **Retreat to You** Romantic drama. (2023, PG, 90min) ★★
5.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
7.00 **Luckless in Love** Comedy with Paniz Zade and Brett Donahue. A blogger's career takes off after a piece about a bad date. (2023, PG, 86min) ★★
9.00 **Mystery Island: Play for Keeps** Thriller starring Elizabeth Henstridge and Charlie Weber. A corporate retreat at a luxury resort results in a murder and a woman being confronted with her past. (2025, PG, 90min) ★★
11.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
1.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **to 5.00** AM **Planning for Joy** Comedy. (2022, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Harmony Lane**
6.30 **Arrest Bulldog Drummond** Thriller. (1939, b/w, U, 57min) ★★
7.40 **The Hi-Jackers** Crime drama. (1963, b/w, U, 63min) ★★
9.00 **The Betrayal** Crime thriller. (1957, b/w, 12, 82min) ★★
10.40 **Scandal Sheet** Crime drama. (1951, b/w, PG, 82min) ★★
12.20 PM **Doctor in Distress** Comedy. (1963, PG, 102min) ★★★★
2.25 **The Brothers** 10/16. (S7)
3.30 **Dial 999** 19/39. (S1)
4.00 **East of Sudan** Period adventure. (1964, U, 85min) ★
5.50 **A Piece of Cake** Comedy with Cyril Fletcher and Betty Astell. (1948, b/w, U, 46min) ★★
6.50 **Cinebox Memories**
6.55 **Out of Town** Documentary.
7.25 **Scotland Yard** 21/39. (S1)
8.00 **Van der Valk** 3/3. (S5)
10.10 **I, The Jury** Crime drama with Biff Elliot and Preston Foster. (1953, b/w, U, 87min) ★★
11.55 **San Ferry Ann** Comedy. (1965, b/w, U, 55min) ★★
1.00 AM **Budgie** 3/13. (S1)
2.00 **The Claim** Period drama. (2000, 15, 120min) ★★
4.20 **to 6.00** AM **There Was a Young Lady** Crime comedy. (1952, b/w, U, 85min) ★★

WEDNESDAY Sport 18 February

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup South Africa v United Arab Emirates.** Coverage of the Group D match at Arun Jaitley Stadium.
9.00 **LIVE Men's T20 World Cup Pakistan v Namibia.** Coverage of the Group A match from Sinhalese Sports Club, Colombo.
1.00 PM **LIVE Men's T20 World Cup India v Netherlands.** Coverage of the Group A match from Narendra Modi Stadium.
5.00 **LIVE WTA & ATP Tennis** Coverage includes the WTA Dubai Tennis Championships, ATP Doha Open and ATP Rio Open.
7.30 **LIVE Premier League Wolverhampton Wanderers v Arsenal.** Coverage of the match from Molineux. Kick-off **8.00pm**.
10.45 **LIVE WTA & ATP Tennis** Coverage includes the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 AM **Sky Sports News**
5.00 **to 6.00** AM **LIVE Men's T20 World Cup West Indies v Italy.** The Group C match staged at Eden Gardens.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **PL 200 Club: Harry Kane**
9.00 **Transfer 360** Double bill.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Clips from the 2005/06 season.
2.00 PM **PL Retro** Arsenal v Leicester.
4.00 **Transfer 360**
5.00 **The Premier League Show**
7.00 **Premier League Stories**
7.30 **LIVE Premier League Wolverhampton Wanderers v Arsenal.** Coverage of the top-flight match from Molineux, as the teams meet for the second time this season. Kick-off **8.00pm**.
10.45 **Transfer 360** Patrick Vieira.
11.15 **Premier League Stories** The journey of Shinji Okazaki.
11.45 **Premier League One on One** With Guglielmo Vicario.
12.00 M'T **Premier League Highlights** Wolverhampton Wanderers v Arsenal from Molineux.
12.30 AM **Premier League Stories**
1.00 **PL Retro** Arsenal v Leicester.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Best PL Goals: Arsenal**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
1.00 PM **EFL Cup Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
4.00 **WSL** Chelsea v Liverpool.
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.00 **WSL** Highlights from Manchester City v Leicester City.
5.30 **EFL Highlights**
7.00 **WSL** Chelsea v Liverpool.
7.30 **EFL Highlights** Bristol City v Wrexham in the Championship.
7.45 Blackpool v Mansfield Town.
8.00 Coventry v Middlesbrough.
8.15 Charlton v Portsmouth.
8.30 **Craig Brown: My Scotland**
9.00 **There's Only One Sauzee**
9.30 **Bundesliga Highlights Show**
10.30 **WSL** Man City v Leicester City.
11.00 **EFL Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **SPFL: Old Firm Derby Goals**
5.30 **to 6.00** AM **SPFL: Edinburgh Derby Best Goals**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup South Africa v United Arab Emirates.** Coverage of the Group D match at Arun Jaitley Stadium.
9.00 **LIVE Men's T20 World Cup Pakistan v Namibia.** Coverage of the Group A match from Sinhalese Sports Club, Colombo.
1.00 PM **LIVE Men's T20 World Cup India v Netherlands.** Coverage of the Group A match staged at Narendra Modi Stadium.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup**
7.30 **The Story of the Men's T20 World Cup Final 2024**
8.30 **Men's T20 World Cup** India v Pakistan at R.Premadasa Stadium.
9.00 South Africa v UAE.
9.30 Pakistan v Namibia.
10.00 India v Netherlands.
10.30 India v Pakistan.
11.00 India v Netherlands.
11.30 **Men's T20 World Cup** Further action from the tournament.
5.00 **to 6.00** AM **LIVE Men's T20 World Cup West Indies v Italy.** The Group C match staged at Eden Gardens.

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ladies European Tour Golf**
10.00 **LPGA Tour Golf**
12.30 PM **LPGA Tour Golf**
2.30 **Ladies European Tour Golf**
3.30 **Women's Golf** Women's Open.
4.30 **LPGA Tour Golf**
5.30 **Golf** Asia-Pacific Championship.
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Hlts**
8.00 **Legends Tour Golf**
9.00 **TGL** Atlanta Drive v Jupiter Links.
11.00 **Ladies European Tour Golf**
12.00 M'T **Beyond the Scorecard**
12.30 AM **DP World Tour Golf**
1.00 **The Open – Official Films**
2.00 **PGA Tour Golf** Genesis Open.
3.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day one of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Rotterdam final.
7.00 **LIVE WTA Tennis** Day four of the Dubai Tennis Championships.
10.30 **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open and ATP Rio Open.
1.00 PM **LIVE ATP Tennis** Coverage of day three of the Doha Open.
2.30 **WTA & ATP Tennis**
3.00 **LIVE WTA Tennis** Continued coverage of the fourth day of the Dubai Tennis Championships.
4.30 **LIVE WTA & ATP Tennis** Further coverage of the latest events on the WTA and ATP Tours.
3.00 AM **WTA Tennis** Doha Open.
3.30 **ATP Tour This Week**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **UEFA Champions League**
9.00 **Premier League Features**
10.00 **Cycling** Highlights and features.
11.30 **LIVE Men's Cycling World Tour** Coverage from the third stage of the UAE Tour.
1.00 PM **LIVE Men's Cycling Pro Series** Coverage of the first stage of the Tour of Andalucia.
3.00 **LIVE Men's Cycling Pro Series** Coverage from the first stage of the Tour of Algarve.
5.00 **LIVE UEFA Champions League Qarabag v Newcastle United.** From Tofiq Bahramov Republican Stadium. Kick-off is at **5.45pm**.
8.00 **LIVE UEFA Champions League Bodo/Glimt v Inter Milan.** The knockout phase play-off first-leg at Aspmyra Stadion. Kick-off **8.00pm**.
10.30 **Premier League Stories**
11.00 **LIV Golf** Adelaide review.
12.00 M'T **Fishing: On the Bank**
1.00 AM **TNT Sports Reload**
1.30 **Serie A – Full Impact**
2.00 **A-League Highlights**
3.00 **WRC Review** Rally Sweden.
4.00 **to 6.00** AM **Formula E**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Monuments**
6.30 **Winter Olympic Games**
7.30 **Buongiorno Milano**
8.30 **LIVE Winter Olympic Games – Alpine Skiing** The first run of the women's slalom.
11.15 Snowboarding The men's slopestyle final.
1.15 PM **Alpine Skiing** The second run of the women's slalom.
2.15 Curling USA v Great Britain. Coverage of the match from the round robin stage of the men's event.
4.15 **LIVE Winter Olympic Games** Coverage from day 12 across Lombardy and Northeast Italy.
6.00 Curling Great Britain v Japan. Coverage of the match from the round robin stage of the women's event.
9.00 Ice Hockey Coverage from the fourth match of the men's quarter-finals at Milano Santagiulia Ice Hockey Arena.
10.45 **Ciao Cortina** The latest news.
11.15 **Athletes to Watch**
11.30 **Winter Olympic Games**
2.30 AM **Ciao Cortina**
3.00 **to 6.00** AM **Winter Olympic Games**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League** From 2025.
11.45 **Super Bowl LX Bitesize Hlts**
12.00 NOON **NFL Highlights**
1.00 PM **NBA Basketball** The All-Star Game from Intuit Dome.
3.00 **NFL Highlights** Pittsburgh Steelers v Miami Dolphins.
4.00 **Super League Highlights**
4.15 **Women's Super League** St Helens v York Valkyrie in 2024.
4.30 **Super League Highlights** Wigan Warriors v Leigh Leopards.
4.45 Action from Hull Kingston Rovers v Warrington Wolves.
5.00 **NFL Highlights** San Francisco 49ers v Chicago Bears.
6.00 **NBA Basketball** Los Angeles Lakers v Oklahoma City Thunder.
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** The All-Star Game from Intuit Dome.
10.30 **NFL Bitesize Highlights**
10.45 **Super League Highlights** Wigan Warriors v Hull Kingston Rovers in the 2024 Grand Final.
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 **Super League** From 2025.
5.00 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **LIVE WTA Tennis** Day four of the Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
10.30 **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
1.00 PM **LIVE ATP Tennis** Coverage of day three of the ATP Doha Open from Khalifa International Tennis and Squash Complex.
2.30 **Sports Desk**
3.00 **LIVE WTA Tennis** Coverage of the fourth day of the WTA Dubai Tennis Championships, a hard-court tournament staged at Aviation Club Tennis Centre.
4.30 **LIVE WTA & ATP Tennis** Continued coverage from the WTA and ATP Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 AM **PGA Tour Golf** Action from the 2023 Sony Open in Hawaii.
4.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
6.45 **F1 Explained – DRS**
6.50 **LIVE Formula 1** Coverage of the first session of the fourth day of pre-season testing, in Bahrain.
11.05 **Formula 1** Action from 2025.
11.50 **F1 Explained: Pit Lane Battle**
11.55 **LIVE Formula 1** The second session of pre-season testing.
4.10 PM **Story of the 2025 Season**
4.20 **Lando Norris's Career**
4.30 **PL Greatest Games**
5.00 **My Icon** John Amaechi.
5.15 **Super League** Warrington v St Helens at Halliwell Jones Stadium.
8.00 **2025 F1 Season Review**
10.00 **ATP Tennis** Buenos Aires Open.
11.00 **The Rise of MVG**
11.30 **Gary Anderson: Back2Back Champion** Archive action.
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1** Highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP & WTA Tour**

TNT Sports 3

413 415 523 410 432

6.00 AM **Highlights**
8.30 **LIVE Winter Olympic Games – Cross Country Skiing** The team sprint free qualifying.
9.45 **MotoGP Films** A look back.
10.00 **Isuzu UTE A-League Highlights**
10.30 **LIVE Winter Olympic Games – Freestyle Skiing** Coverage of the women's aerials final.
12.00 NOON **Alpine Skiing** Run two of the women's slalom.
2.15 PM **Biathlon** Coverage from the women's 4x6km relay.
3.30 **European Football Highlights**
5.00 **Ultimate Pool** Group seven.
6.30 **Serie A – Full Impact**
7.00 **Discovery Golf** The latest news.
7.30 **TNT Sports Reload**
8.00 **LIVE UEFA Champions League Club Brugge v Atletico Madrid.** Coverage of the knockout play-off first leg. Kick-off is at **8.00pm**.
10.00 **Ultimate Pool** Highlights.
11.30 **European Football Highlights**
3.00 **to 6.00** AM **Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **Emirates FA Cup**
8.00 **LIVE Winter Olympic Games – Curling** USA v Great Britain. Coverage of the match from the round robin stage of the women's event.
11.00 Cross Country Skiing Coverage from the women's and men's team sprint free final.
12.00 NOON **Ice Hockey** The first men's quarter-final.
1.00 PM **Curling** USA v Great Britain. The round robin stage of the men's event.
4.00 Ice Hockey Coverage of the men's second quarter-final.
6.15 Ice Hockey The men's third quarter-final at Milano Santagiulia Ice Hockey Arena.
7.45 **Kenny Allstar's Number 1's**
8.00 **LIVE UEFA Champions League** Coverage from a knockout phase first-leg play-off.
10.00 **Men's Cycling** Highlights.
1.00 **to 6.00** AM **Emirates FA Cup**

Premier Sports 1

419 551

6.00 AM **Motorsport**
7.00 **LaLiga** Espanyol v Celta Vigo.
9.00 **Top 14 Rugby Union Highlights**
9.30 **Scottish Football Social Club**
10.30 **LaLiga Match Highlights**
12.00 NOON **Eredivisie Highlights**
1.00 PM **NASCAR Highlights**
2.00 **Brasileiro Serie A**
4.00 **Top 14 Rugby Union Highlights**
4.30 **LaLiga** A chance to see Rayo Vallecano v Atletico Madrid.
6.25 **Temples of Sport**
6.55 **LIVE LaLiga Levante v Villarreal.** The Spanish top-flight match at Estadi Ciutat de València. Kick-off **7.00pm**.
9.00 **Women's Football Weekly**
9.30 **LaLiga** Sevilla v Alaves.
11.30 **Eredivisie** Another chance to see Feyenoord v Go Ahead Eagles.
1.30 AM **Top 14 Rugby Union Highlights** The 17th round.
2.00 **Eredivisie Highlights**
3.00 **NASCAR Highlights**
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **Elite Ice Hockey League** Glasgow Clan v Manchester Storm.
8.30 **NHL: This is Hockey**
9.00 **Top 14 Rugby Union** A replay of Toulon v Clermont Auvergne.
11.00 **Coppa Italia** Napoli v FC Como.
1.00 PM **Football's Greatest**
1.30 **German Cup** A chance to see Bayern Munich v RB Leipzig.
3.30 **Football's Greatest**
4.00 **NHL Specials** A look at the Florida Panthers' historic repeat victory in the Stanley Cup.
5.00 **Argentine Primera** A chance to see Independiente v Lanus.
7.00 Boca Juniors v Platense.
9.00 **Temples of Sport**.
9.30 **Football's Greatest**
10.00 **Coppa Italia** Bologna v Lazio.
12.00 M'T **Football's Greatest**
12.30 AM **Motorsport** Drew Gibson.
1.30 **NASCAR Trucks** From Daytona.
4.30 **Bike World** Motorcycling.
5.00 **to 6.00** AM **Motorsport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Las Vegas GP.
6.15 **F1 Features**
6.50 **LIVE Formula 1** The fourth day of pre-season testing from Bahrain International Circuit.
11.05 **Formula 1** Highlights.
11.50 **F1 Explained: Pit Lane Battle**
11.55 **LIVE Formula 1** Coverage of pre-season testing in Bahrain.
4.10 PM **Story of the 2025 Season**
4.20 **Oscar Piastri's Career**
4.30 **Formula 1** Highlights.
8.00 **Testing Wrap** In Bahrain.
8.30 **Formula 1** Monaco Grand Prix.
9.00 **Testing Wrap** In Bahrain.
9.30 **Formula 1** Highlights.
11.00 **Testing Wrap** In Bahrain.
11.30 **Formula 1** Las Vegas Grand Prix.
11.55 **Ted Lego Feature**
12.00 M'T **to 6.00** AM **The Best of F1**

Thursday

19 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 9am

Today includes the women's ice hockey gold medal match, and Canada will be hoping to be featuring for a sixth title.

Factual

Dragons' Den

BBC1, 8pm

Rapper Tinie Tempah returns to sit alongside the Dragons, where pitches include one for low-sugar cookies.

Documentary

Ed Stafford's Rite of Passage

Discovery Channel, 9pm

The adventurer travels the globe to learn more about coming-of-age rituals.

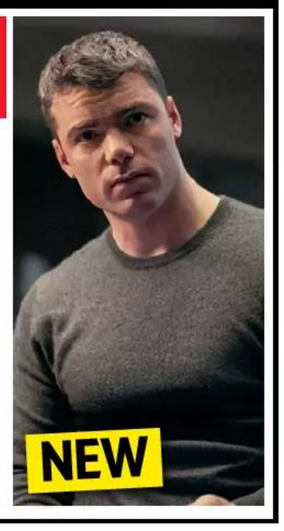
OnDemand

NETFLIX

The Night Agent

Available today

Gabriel Basso returns as FBI agent Peter Sutherland in a third season of the action thriller.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	10.40 Question...
	102 BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 13						10.00 Apprentice...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 Grantchester		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Building Home		9.00 The Tony Blair Story		10.00 Cecil: The Lion and the Dentist	
	105 5	◂ 6.30 Snooker: Players Championship – Live		8.00 Spain with Michael Portillo		9.00 Murder Trial: The Suffolk Strangler			10.30 A Killer Makes...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Superstar DJs		9.00 Never Mind the Buzzcocks			
ENTERTAINMENT	115 BBC3	7.00 The World Club Challenge – Live: Hull Kingston Rovers v Brisbane Broncos (Kick-off 7.30)					9.50 Sin City: The Real Las Vegas		
	116 BBC4	7.00 Great British...	7.30 Gareth...	8.00 Volcano...	8.30 Talking Pictures	9.00 Film: Bonnie and Clyde			
	118 ITV2	7.00 Deal or No Deal		8.00 The Real Housewives of Orange County		9.00 Love Island: All Stars		10.05 Piglets	10.35 Family Guy
	136 MORE4	◂ 6.50 The Dog House Australia		7.55 The Dog House		9.00 The Antiques Riviera		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 The Great Celebrity Bake Off for...		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent		9.00 FBI		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 The Last of Us		10.00 A Knight of the Seven Kingdoms	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Victoria Wood as Seen...	9.00 dinnerladies			10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?...	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers		9.00 Film: Hot Fuzz			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Crocodile Dundee			
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.20 The Leftovers
	113 SKY MAX	◂ 6.10 Film: Stargate: Continuum			8.10 Never Mind the Buzzcocks	9.00 A League of Their Own		10.00 Evil	
	109 U&ALIBI	7.00 Miss Fisher's Murder Mysteries		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Annika	
	124 SKY ARTS	7.00 Landscape Artist of the Year		8.00 Discovering: Morgan Freeman		9.00 The Myth of Marilyn Monroe		10.00 Classic Literature & Cinema	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 Honest Renovations		9.00 Louis Theroux: Under the Knife		10.00 Louis Theroux's LA Stories	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Ed Stafford's Rite of Passage		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters: Out on a Limb		8.00 Richard E Grant's Seven Deadly Sins		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Area 51: The CIA's Secret Files		9.00 Secrets of Area 51		10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Viking Dead		9.00 Ice Road Truckers		10.00 Mountain Men	
	155 U&YESTERDAY	7.00 Great Canal Journeys		8.00 Bangers & Cash		9.00 Hunting Outback Gold		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Kings from Queens: The Run DMC Story		8.00 An American Bombing: The Road to April 19th				10.00 Film: Lancaster	
FILMS – Sky Cinema	301 PREMIERE	◂ 5.45 How to Train Your Dragon		8.00 The Naked Gun		9.30 King Ivory			
	302 CULT CLASSICS	◂ 6.10 Mad Max		8.00 Mad Max 2			9.40 Mad Max Beyond Thunderdome		
	303 ADVENTURE	◂ 6.00 Men in Black 3		8.00 The Hobbit: The Desolation of Smaug					
	304 GREATS	◂ 5.15 Amadeus		8.00 The Shawshank Redemption					10.25 ...And Justice for All
	305 ANIMATION		7.20 The Boss Baby			9.00 Rock Dog			
	306 FAMILY	◂ 6.00 Look Who's...	7.35 The Last Airbender				9.35 Cats & Dogs: The Revenge of Kitty Galore		
	307 ACTION	◂ 5.40 The Matrix		8.00 The Mummy					10.15 Morbius
	308 COMEDY	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 The Wedding Singer			9.40 Jackass Presents: Bad Grandpa		
	309 THRILLER	◂ 6.10 Trap		8.00 The Alto Knights				10.05 Sleepers	
	310 DRAMA	◂ 6.10 Pretty in Pink		8.00 Black Dog				10.00 Fifty Shades of Grey	
	311 SCI-FI	◂ 6.15 The Lost Boys		8.00 A Quiet Place: Day One				9.50 A Quiet Place	
	313 FILM4	◂ 6.50 Sleepless in Seattle				9.00 White House Down			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of the third night of the tournament at OVO Hydro in Glasgow							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL Highlights	8.30 Transfer 360	9.00 Big Interview	9.30 PL Stories	10.00 PL Highlights	10.30 Transfer 360
	403 FOOTBALL	7.00 EFL Goals			8.15 SPFL Highlights	8.45 EFL Highlights		10.00 Bundesliga...	10.30 EFL Goals
	405 CRICKET	7.00 ICC Men's T20 World Cup							
	410 TNT SPORTS 1	◂ 5.00 UEFA Europa League – Live: Fenerbahce v Nottingham Forest (Kick-off 5.45); Celtic v VfB Stuttgart (Kick-off 8.00)							10.30 PL Stories
	411 TNT SPORTS 2	◂ 5.45 Winter Olympic Games – Live: Coverage of Curling; Figure Skating at 9.00							10.30 Ciao Cortina

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **LIVE Winter Olympics** Hazel Irvine presents the opening coverage of day 13 of the 25th staging of the Games with events coming from Milan and Cortina d'Ampezzo in Italy. *Coverage continues on BBC2.* (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 13, including the conclusion of Great Britain v Italy in the round-robin stage of the women's curling. *Coverage continues on BBC2.* (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** (S)(R)

9.00 The Apprentice

7 PM

7.00 The One Show
Alex Jones and Roman Kemp present the topical show. (S)

7.30 EastEnders
Tension rises between Johnny and Callum, while Sam supports Lily on the anniversary of Martin's death. (S)(AD)

8 PM

8.00 Dragons' Den
New edition 4/14. Chart-topper and serial entrepreneur Tinie Tempah joins the Dragons to hear pitches including a low-sugar cookie business and a sea-moss powered wellness brand. *See feature, page12.* (S)

9 PM

9.00 The Apprentice
New edition 4/12. Big Zuu joins Lord Sugar to help judge as the candidates are tasked with creating an advertising campaign for bottled water. (S)
■ *The Apprentice: Unfinished Business* follows on BBC2

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 Question Time
Fiona Bruce presents the topical debate from Ringwood, Hampshire, with a panel of politicians and other guests facing audience questions. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip. (S)
12.10 AM **The Weakest Link** Tasha Ghouri, Patsy Kensit, Ignacio Lopez, Craig Rowe, Philippa Dunne, Colson Smith, Fats Timbo and Adam Jones compete. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **A to Z of TV Gardening** (S)(R)
7.15 **Pointless** Quiz show. (S)(R)
8.00 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
9.00 **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **LIVE Winter Olympics** Coverage of day 13 of the 25th staging of the Games, including the women's and men's ski mountaineering sprint finals at Stelvio Ski Centre. *Coverage continues on BBC1.* (S)
2.00 **Unbeatable** (S)(R)
2.45 **Escape to the Country** The Great Yorkshire Show. (S)(R)
3.30 **Bears About the House** (S)(R)
4.30 **Flog It!** Anita Manning and David Fletcher visit Alnwick Castle. (S)(R)

10.00 The Apprentice: Unfinished...

5.15 LIVE Winter Olympics
Clare Balding presents the concluding coverage of day 13 of the Games, with events taking place in Italy. The men's curling continues with the semi-finals at Cortina Curling Olympic Stadium, with Great Britain hoping to be involved after finishing as runners-up to Sweden four years ago. Elsewhere, medals are decided in the women's free skating program at Milano Ice Skating Arena, with reigning world champion Alysa Liu of the USA and Japan's Kaori Sakamoto, who had won the previous three world titles, among those who are expected to be prominent. There are also updates from the women's half-pipe qualifying runs in freestyle skiing at Livigno Snow Park, where Britain's Zoe Atkin begins her quest to win a medal. (S)

10.00 The Apprentice: Unfinished Business
New edition 4/12. Angela Scanlon and guests examine the candidates' performances. (S)
10.30 Newsnight (S)

11.00 **FILM Long Shot** Comedy drama starring Charlize Theron and Seth Rogen. A journalist strikes up a relationship with a US secretary of state who was once his babysitter. (S) (2019, 15, 115min) ★★★★
12.55 AM **Sign Zone: Death in Paradise** 3/8. A reclusive pensioner is shot dead in his home, and an accountant was witnessed fleeing the crime scene. (S15) (S)(R)(AD)
1.55 **Sign Zone: Call the Midwife** (S)(R)
2.55 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Cirencester, where the owners of a horse hoof match box get a pleasant surprise. (S)(R)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.25 **Party Political Broadcast** By the Green Party. (S)
6.30 **ITV News** (S)

9.00 Grantchester

7.30 Tonight: Online Reviews – Can You Trust Them?
New edition Sam Leader investigates the digital marketplace, a world where unscrupulous traders write their own testimonials. (S)

8.00 Emmerdale
Sarah urges Cain to listen, Bear is determined and Joe encourages Graham. (S)(AD)
8.30 Coronation Street
Will and Sam try to keep each other onside, while Carl reports Ronnie for assault. (S)(AD)
9.00 Grantchester
Series finale 8/8. Alphy and Geordie investigate a death when a fascist is invited to speak at the university. However, they disagree on how to approach the case. (S10) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Safe House** Action thriller starring Ryan Reynolds and Denzel Washington. A rookie CIA agent goes on the run in South Africa with a rogue spy as his prisoner. With Vera Farmiga and Brendan Gleeson. (S)(AD) (2012, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Teleshopping**
3.00 **Jimmy & Shivi's Farmhouse Breakfast** Jimmy Doherty and Shivi Ramoutar are joined by TV presenter Julia Bradbury for cooking, chat and craft. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Floor** (S)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 5-7/27. (S9) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 20-23/24. (S2) (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** New edition Severe storm damage threatens to scupper Roni's retreat in Portugal. (S)
5.00 **Chateau DIY: Win the Dream** New edition Max McMurdo reveals a dramatic twist that could change everything. (S)(AD)
6.00 **A Place in the Sun** New edition A couple serach for a holiday home in Famagusta, Cyprus with a budget of £175,000. (S)

10.00 Cecil: The Lion and the Dentist

7.00 **News** (S)

12.05 AM **Random Acts: 1763** New edition How one mother fled domestic abuse. (S)(AD)
12.20 **24 Hours in A&E** (S)(R)(AD)
1.15 **Ramsay's Kitchen Nightmares USA** In Southern California. (S)(R)
2.05 **FILM Girl** Drama starring Arieh Worthalter. Partly subtitled. (S) (2018, 15, 110min) ★★★★
3.55 **Kirstie and Phil's Love It or List It**
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

10.00 NEW Cecil: The Lion and the Dentist
One-off documentary about the death of Cecil the lion in Zimbabwe, allegedly at the hands of an American big-game hunting tourist. (S)(AD)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.10 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: Players Championship** Coverage of the afternoon session on day three from Telford International Centre, featuring the opening quarter-final played over the best of 11 frames. (S)
5.30 **News** (S)
6.30 **LIVE Snooker: Players Championship** Coverage of the evening session on day three from Telford International Centre, featuring the second quarter-final. Neil Robertson overcame Mark Selby 6-3 at this stage last year. *Coverage continues on 5Action.* (S)

8.00 Spain with Michael Portillo

LIVE Snooker: Players Championship (started at 6.30pm)

8.00 Spain with Michael Portillo New edition 7/8. Michael avoids the crowds along the Costa Blanca and heads to the neighbouring region of Murcia, where 175 miles of coast remains undiscovered.

9.00 NEW Murder Trial: The Suffolk Strangler Drama-documentary centring on serial killer Steve Wright, and the 1999 murder of Victoria Hall, which he pleaded guilty to in February 2026. (S)

10.30 A Killer Makes a Call 5/6. The story of how Alan Jermey attempted to cover up the murder of his partner, Kirsty, by reporting a fire in his home to 999 and claiming that someone had broken in and killed her. (S)(R)
11.30 **Killer on the Run: Britain's Most Wanted – Kenneth Noye** New edition (S)
12.30 AM **Crime of Passion? The Trial of Jane Andrews** (S)(R)
2.00 **PlayOJO Live Casino Show** (S)
4.00 **Alex Polizzi: My Hotel Nightmare** (S)(R)
4.45 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.20 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Ningaloo: Australia's Ocean Wonder** Documentary. (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *Black Widower:* Sideshow Bob and Selma get engaged. Featuring the guest voice of Kelsey Grammer. (S)(R)
5.30 **The Office (US)** 18/25. Michael and Jan reveal their romance at the office party. (S)(R)
6.00 19/25. Michael and Darryl demand a pay rise, while Pam causes problems for Jim. (S)(R)
6.30 20/25. The staff take part in a safety training day and Andy returns to the office. (S3) (S)(R)

9.00 Never Mind the Buzzcocks

7.00 The Simpsons *The Otto Show:* Bart attends a rock concert, so Marge and Homer buy him a guitar. (R)
7.30 *When You Dish Upon a Star:* Homer befriends a group of holidaying Hollywood celebrities. (S)(R)

8.00 Rob & Romesh vs Superstar DJs Rob Beckett and Romesh Ranganathan meet some of the biggest names in the DJ world, and then have a go at becoming superstar DJs themselves. (S)(R)(AD)

9.00 Never Mind the Buzzcocks Comedy music quiz hosted by Greg Davies, with guest panellists Beth Ditto, Nick Grimshaw, Megaman and Kimberly Wyatt joining the regulars Noel Fielding and Jamali Maddix. (S)(R)(AD)

10.00 Never Mind the Buzzcocks Alex James, Julian Clary and Sister Bliss join Greg Davies and regulars Noel Fielding and Jamali Maddix, with Mel B standing in as captain for a 1990s special. (S)(R)(AD)

11.00 **The Pacific** *Iwo Jima:* 8/10. A restless Basilone trains up the new recruits. (S)(R)(AD)
12.10 AM *Okinawa:* 9/10. Sledge and his division are sent to assist the attack on a fortified position in Okinawa. (S1) (S)(R)
1.20 **The Pacific** (S1) (S)(R)(AD)
2.30 **Road Wars** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.10am Scotcast (S)(R) **12.40** The Weakest Link (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.00pm Scrum V: The Warm Up (S) **11.30** Mystery Road: Origin (S)(R) **12.25-12.55am** The Wonder of Animals (S)(R)

ITV1

No variations

S4C

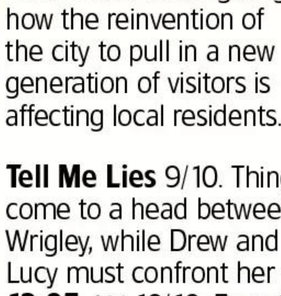
Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys (AD) **12.30** Heno **1.00** Y Byd ar Bedwar **1.30** Y Deis **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Taith Bywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ralio+ **6.25** Darllediad Gwleidyddol New edition **6.30** Ciao! Colleen Ag Owain (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Jonathan New edition **10.00** Amour & Mynydd **11.00pm-12.05am** Cynefin

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm



7.00 PM **LIVE Rugby League: World Club Challenge** Hull Kingston Rovers v Brisbane Broncos: Coverage of the annual match between the Super League and NRL champions at MKM Stadium. Kick-off is at 7.30.
9.45 **The Catch Up**
9.50 **Sin City: The Real Las Vegas** 1/2. A look at the risk of crime faced by tourists and a visit to a pool party where partygoers can bet from their sun lounger. **10.35** 2/2. Investigating how the reinvention of the city to pull in a new generation of visitors is affecting local residents.
11.20 **Tell Me Lies** 9/10. Things come to a head between Wrigley, while Drew and Lucy must confront her past. **12.05** AM 10/10. Everything changes for Stephen and Lucy when they go to the final party of the semester. (S1)
1.00 **Dinosaur** 1-4/6. (S2)
2.55 **to 3.55** AM **Behind Bars: Sex, Bribes and Murder**

MORE4

136/137 127 147 18 124 15

8.55 AM **Strangers on a Plane**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S.** Tim Shaw and Fuzz Townshend secretly restore a Japanese off-roader. **5.50** Fuzz and Tim restore a Japanese rally car for a man with a back condition.
6.50 **The Dog House Australia** A dog that has run away several times has the chance of a fresh start.
7.55 **The Dog House** Ellie hopes to find a dog to help her relax, while Lizzie and Jason seek a companion for Billy, their street dog from Spain, who is nervous in company.
9.00 **The Antiques Riviera** New edition 2/6. A woman plans to sell a bittersweet inheritance of more than 100 pieces of porcelain collected by her late mother in order to fund a £15,000 assistance dog for her daughter.
10.00 **24 Hours in A&E** A woman is rushed in following a suspected stroke and another is sent in by her GP with chronic back pain. **11.05** The doctors treat a sport commentator with an unusual inflamed ankle.
12.10 AM **The Antiques Riviera**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo visits the Forest of Dean.
7.30 **Gareth Edwards' Great Welsh Adventure** Gareth and Maureen get a castle to themselves for a night.
8.00 **Volcano: Dangerous Earth** A look at the inner workings of volcanoes.
8.30 **Talking Pictures** New edition Celia Imrie tells the story behind the 1967 film *Bonnie and Clyde.*
9.00 **FILM Bonnie and Clyde** Thriller starring Warren Beatty and Faye Dunaway. (1967, 15, 108min) ★★★★★
10.45 **The Real Bonnie & Clyde: Timewatch**
11.45 **The Secret World of Haute Couture**
12.45 AM **Great British Railway Journeys** As 7.00pm.
1.15 **Gareth Edwards' Great Welsh Adventure**
1.45 **City Scapes: New York**
2.05 **Talking Pictures**
2.35 **to 3.35** AM **Castles: Britain's Fortified History**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons**
7.00 **The Simpsons** *Abe League of Their Moe:* Grampa and Moe bond at a baseball game. **7.30** *The Girl Code:* Homer is fired from the power plant.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** 2/5. With Nick Hewer, Stacey Solomon, Ricky Wilson and Perri Kiely.
9.00 **Gogglebox** The critics review shows including *Dynasties II*, *Pieces of Her* and *TOTP: 1992 Biggest Hits.* **10.00** The householders appraise *Bridgerton*, *Joanna Lumley's Great Cities of the World* and *Dynasties II*.
11.05 **Dating Naked UK** A naked newbie creates a huge test.
12.05 AM **Naked Attraction**
1.05 **First Dates**
2.10 **Gogglebox** Double bill.
4.00 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Border Security USA**
10.00 **Border Security: Canada's Front Line** Double bill.
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 20/22. The team investigate the kidnapping of a senator's child. (S5)
1.00 PM **The Rookie** (S1)
3.00 **Law & Order: Criminal Intent** 1/23. Goren and Eames' investigate the murder of an undertaker. (S2)
4.00 **Nothing to Declare**

9.00 FBI

7 PM

7.00 **Police 24/7** A raw, unfiltered look into the world of sheriff and police departments across the United States.

8 PM

8.00 **Law & Order: Criminal Intent** *Delicate:* 4/16. The death of a talented ballerina triggers an investigation. (S9)

9 PM

9.00 **FBI** New episode *Boy Scout:* 3/22. A man is found beaten to death, and there is a shake-up inside the JOC. (S8)

10 PM

10.00 **Fire Country** *Like Old Times:* 6/22. Bode and Mike put their differences aside to make a daring rescue. (S1)
11.00 **The Rookie** 21/22. Tim and Lucy make plans. (S4)
12.00 M'T **FBI** 18/22. (S5)
1.00 AM **Law & Order: Criminal Intent** 13&14/16. (S8)
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.55 **The Sopranos** 2&3/21. (S6)
10.00 **Band of Brothers** (S1)
12.35 PM **Band of Brothers** 3/10. Easy Company is sent to take the town of Carentan.
1.55 4/10. A group of inexperienced paratroopers join Easy Company.
3.05 5/10. Winters is promoted to a desk job.
4.10 6/10. Easy Company experiences a grim Christmas.
5.25 7/10. Easy Company reaches breaking point. (S1)

9.00 The Last of Us

6.45 **Game of Thrones** *You Win or You Die:* 7/10. Ned confronts Cersei about Jon Arryn's death, and Khal Drogo vows revenge.
7.55 **Game of Thrones** *The Pointy End:* 8/10. Battle commences as the Lannisters launch their bid for the throne. (S1)
9.00 **The Last of Us** *Feel Her Love:* 5/7. Ellie faces a key decision as the WLF make a dangerous discovery. (S2)
10.00 **A Knight of the Seven Kingdoms** *In the Name of the Mother:* 5/6. Dunk's mettle is tested. (S1)
10.45 **The Pacific** *Guadalcanal/Leckie:* 1/10. World War Two drama series. (S1)
11.50 **The Pacific** 2&3/10. (S1)
2.00 AM **Under Salt Marsh** New episode 5/6. Another body is discovered. (S1)
3.00 **Game of Thrones** (S1)
5.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highlights**
8.00 **The Flash** 13/13. (S9)
9.00 **Hold the Front Page**
10.00 **Rob Beckett's Smart TV**
11.00 **The Moaning of Life**
12.00 NOON **Flintoff's Road to Nowhere** Documentary.
1.00 PM **Hold the Front Page**
2.00 **Rob Beckett's Smart TV**
3.00 **There's Something About Movies** With Rob Brydon.
4.05 **A League of Their Own Road Trip: Southeast Asia**
5.10 **Karl Pilkington: The Moaning of Life**

10.00 Evil

6.10 **FILM Stargate: Continuum** Sci-fi drama starring Ben Browder. (2008, PG, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
8.10 **Never Mind the Buzzcocks** Greg Davies hosts, with Sam Ryder, Natasha Bedingfield and the members of Five.
9.00 **A League of Their Own** Romesh Ranganathan, Jamie Redknapp and Jill Scott are joined by guests Jorginho and Danny Dyer..
10.00 **Evil** *Justice x 2:* 12/13. Leland tries to get serial killer Orson Leroux's conviction overturned. (S1)
11.00 **Evil** 13/13. A pregnant woman claims that one of the twins she is carrying is evil. (S1)
12.00 M'T **Joe Lycett's United States of Birmingham** Joe visits the American Midwest.
1.00 AM **The Force: North East**
2.00 AM **Road Wars**
3.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **The Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
1.15 **Celebrity Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **The Real Housewives of OC**
4.10 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

10.05 Piglets

7.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order to win big.
8.00 **The Real Housewives of Orange County** New edition Emily's western-themed fundraiser goes awry.
9.00 **Love Island: All Stars** New edition Famous former Islanders get another shot at finding true love in the villa.
10.05 **Piglets** Series finale 6/6. The DNA test results are in for Bob. (S2)
10.35 **Family Guy** 18/20. Lois declutters. (S17)
11.05 **Family Guy** 13/20. (S17)
11.35 **American Dad!** (S14)
12.35 AM **The Real Housewives of Orange County** New editions The ladies visit Amsterdam.
1.30 Jenn and Shannon's friendship is questioned.
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.20 PM **Midsomer Murders** *Death in Disguise:* A man is found dead at a commune.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Only Make Believe:* Don receives an unwelcome visitor. Guest stars Dominic Jephcott and Ann Mitchell.

11.50 Trial & Retribution

6.55 **Heartbeat** *The Devil Rides Out:* A spate of vandalism appears connected to Lord Ashfordly's godson.
8.00 **Vera** *Blood and Bone:* The detective investigates when the charred remains of a colleague are found in an abattoir furnace, and attempts to deduce how and why they got there in the first place.

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **First Minister's Questions**
1.00 PM **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **The Entertainment Mix**
8.00 **Scotland's Sacred Islands with Ben Fogle** Ben traces the route of sixth-century monks.
9.00 **Dinosaur** New episode 5/6. Nina hopes a work event might be just the distraction she needs.
9.30 Series finale 6/6. Nina wants to make things right. (S2)
9.55 **NEW SERIES Situationships with Sophie and Christine** Sophie Gravia and Christine McGuinness offer relationship advice.
10.25 **Martin Compston's Scottish Fling** Martin and Phil MacHugh explore the Highlands.
10.55 **Scotcast** Current affairs.
11.25 **Icons of Football**
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **Ballers** 5&6/10. (S1)
10.05 **Sex and the City** (S3)
11.20 **Entourage** (S4)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S3)
2.40 **Ballers** 7&8/10. (S1)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 9/18. Charlotte gets engaged.
8.20 10/18. Samantha is struck down with flu. (S3)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre**
10.00 **Last Week Tonight with John Oliver** Talk show.
10.45 **And Just Like That...** *The Rat Race:* 2/12. Carrie tries to interpret Aidan's texting style. (S3)
11.35 **Community** (S1)
12.35 AM **Entourage** (S4)
1.50 **Ballers** 5&6/10. (S1)
2.55 **Curb Your Enthusiasm**
4.25 **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Greatest Hits of Opera**
8.05 **The Joy of Painting**
9.05 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Painting Birds with Jim and Nancy Moir**
3.00 **Musical Masterpieces**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Landscape Artist of the Year** At Dover Castle.
8.00 **Discovering**
9.00 **NEW The Myth of Marilyn Monroe**
10.00 **Classic Literature & Cinema** Romance novels.
11.00 **The Directors**
12.00 M'T **Fellini by Fellini**
1.20 AM **Botticelli, Florence and the Medici**
3.20 **Inside Art**
4.10 **Sky Arts Book Club**
5.05 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 4/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 12/26. (S7)
8.00 **Primeval** 5/6. (S1)
9.00 **World's Most Evil Killers** The crimes of Wayne Adam Ford.
10.00 **Killer in My Village**
11.00 **Grimm** 17/22. (S5)
12.00 M'T **Wynonna Earp**
1.00 AM **Cop Squad**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Beat the Chasers**
4.00 **Time Is Money**
5.00 **Deal or No Deal**
6.00 **Lingo** A mother and daughter, two friends and a couple take part.
7.00 Two siblings, two best mates and a couple take part in the quiz.
8.00 A father and son from Dorchester, two siblings from Craigavon and a duo from London and Bristol take part.
9.00 **Ant & Dec's Limitless Win** Friends Terri and Jess take on the money ladder, before husband-and-wife team Paul and Ellie take their turn.
10.00 **Tipping Point** Triple bill of the arcade-themed quiz, with Ben Shephard.
12.55 AM **Tenable** A team of five friends take part.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me** Dinner parties in Oxford.
6.00 **Location, Location, Location** In London.
7.00 **Kirstie and Phil's Love It or List It** A couple in Cullercoats, Tyneside.
8.00 **Jamie's Feasts for a Fiver** Jamie makes a spiced cauliflower bake.
9.00 **999: What Happened Next** A carjacking leads to a dramatic car chase.
10.05 **FILM The Predator** Sci-fi thriller. (2018, 15, 102min) ★★★
12.10 AM **Gogglebox**
2.15 **24 Hours in Police Custody** Documentary.
3.20 **999: What Happened Next** As 9.00pm.
4.15 **to 4.45** AM **Travel Man: 48 Hours in Washington, DC**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.10 **Kojak**
10.15 **Boon**
11.25 **The Sweeney**
12.25 PM **Dempsey and Makepeace**
1.30 **Magnum, PI**
2.35 **Kojak**
3.35 **Boon**
4.40 **The Sweeney**
5.50 **Minder** *Why Pay Tax?* Terry minds an illegal bookie, putting a damper on his budding romance with Dolly.

9.00 **Hot Fuzz**

7.00 **Aussie Pickers** Lucas Callaghan and Adam McDonald drive by a promising property that is littered with car bodies.
8.00 **Ice Road Truckers** A storm tests the nerve of the drivers, Alex's licence hangs in the balance, and Lisa plots a comeback.
9.00 **FILM** **Hot Fuzz** Crime comedy starring Simon Pegg and Nick Frost. An overachieving London police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. (2007, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Ligue 1 Highlights**
11.55 **Berlin Station** 7/9. Hector seeks a safe passage. (S2)
12.50 AM **The Sweeney**
1.45 **Minder**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 3/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 4/26. (S6)
2.00 **Primeval** 3&4/6. (S1)
4.00 **Stargate SG-1** 18/22. (S2)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 3/26. Lumerian ambassador Ramid Ves Alkar is beamed aboard to mediate a dispute. (S6)

9.00 **Westworld**

7.00 **Star Trek: Deep Space Nine** *Behind the Lines:* 4/26. Odo's loyalty to the Federation is tested by a fellow shape-shifter. (S6)
8.00 **Stargate SG-1** *Holiday:* 18/22. Daniel is trapped in the body of a dying man by former Goa'uld enemy Ma'chello. (S2)
9.00 **Westworld** *The Riddle of the Sphinx:* 4/10. The Man in Black and Lawrence follow the path to Las Mudas. (S2)
10.20 **The Leftovers** *Orange Sticker:* 4/10. Kevin goes missing in an earthquake, and when he returns he has no memory. (S2)
11.20 **Wynonna Earp** 9/12. Waverly and Nicole make a date with a jeweller. (S3)
12.10 AM **True Blood** 11/12. Eric comes up with a plan.
1.10 12/12. Eric puts his plan to kill Russell into effect. (S3)
2.10 **Primeval** 3&4/6. (S1)
4.00 **Wynonna Earp** 9/12. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown**
10.00 **The Mentalist** 4/13. (S7)
11.00 **Hudson & Rex** 4/16. (S6)
12.00 NOON **Miss Fisher's Murder Mysteries** 8/8. (S3)
1.00 PM **Death in Paradise** (S5)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 4/13. (S7)
5.00 **Hudson & Rex** 4/16. Charlie and Rex have one hour to disarm a gunman. (S6)
6.00 **Father Brown** *The Angel of Mercy:* Mrs McCarthy's friend dies in her sleep.

10.00 **Annika**

7.00 **Miss Fisher's Murder Mysteries** *Death Do Us Part:* 8/8. Phryne and Jack race against the clock to save Baron Fisher. (S3)
8.00 **Death in Paradise** *One for the Road:* 2/8. The governor is poisoned at her leaving party. Guest stars Lucy Cohus. (S5)
9.00 **Shakespeare & Hathaway: Private Investigators** 2/10. Frank, Lu and Sebastian go undercover. (S5)
10.00 **Annika** 6/6. A murder on Glasgow's canals hits close to home when the victim is identified as a former police officer. (S2)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S5)
1.00 AM **The Company You Keep** 3/10. The Nicolettis persuade a wealthy woman to seek revenge on her fiancé. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **Dad's Army**
9.40 **Are You Being Served?**
10.20 **Porridge**
11.00 **Keeping Up Appearances**
11.40 **Last of the Summer Wine**
1.00 PM **The Green Green Grass**
1.40 **Don't Wait Up**
2.20 **Dad's Army**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

10.20 **Not Going Out**

7.00 **Porridge** Fletcher helps cellmate Godber make it through the night.
7.40 **Dad's Army** Mainwaring and Wilson decide to recruit women into the platoon to take care of the less demanding tasks.
8.20 **Victoria Wood as Seen on TV** Comedy sketches.
9.00 **dinnerladies** The crew prepare for the millennium dinner.
9.40 Petula's bizarre lifestyle finally catches up with her, forcing Bren to make a difficult decision.
10.20 **Not Going Out** Lucy and Barbara encourage Lee to try speed-dating.
11.00 **Keeping Up Appearances**
11.40 **dinnerladies** Double bill.
1.00 AM **Not Going Out**
1.40 **The Green Green Grass** The farmhands concoct a virility potion for Rocky the bull.
2.15 **Don't Wait Up**
2.50 **to 4.00** AM **dinnerladies**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.30 AM **Border Force: America's Gatekeepers** Double bill.
9.25 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Bangers & Cash: Restoring Classics**
2.00 PM **Extreme Fishing with Robson Green** In Kenya.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Chicken and Egg** The duo visit Bromsgrove to taste some jerk chicken.
6.00 **Rick Stein's Long Weekends** The chef takes a culinary break in the city of Lisbon.

5.00 **The Hairy Bikers' Chicken...**

7.00 **Would I Lie to You? At Christmas** With Richard Osman and Chris Kamara.
7.40 **Richard Osman's House of Games** Rav Wilding, Sian Gibson and Iain Stirling test their skills.
8.20 With Jamie Laing, Sunetra Sarker, Tim Key and Laura Whitmore.
9.00 **QI XL** Stephen Fry hosts the quiz show, with guest panellists Rob Brydon, Sean Lock and Jo Brand and regular Alan Davies.
10.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Roisin Conaty and Armando Iannucci.
11.00 **Taskmaster** Rhod Gilbert is at the centre of some satsuma-based controversy.
12.00 M'T **Would I Lie to You?** With Katherine Parkinson.
12.35 AM **Mock the Week**
2.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Thursday

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 1-3/19. (S5)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Recoil:* 16/19. Ziva becomes involved with a murder suspect.
7.00 *About Face:* 17/19. Two bodies are found murdered at a building site on a Navy base.
8.00 *Judgement Day – Part One:* 18/19. A former NCIS agent is found dead. (S5)
9.00 **Blue Bloods** *Identity:* 21/22. Identical twins suspected of murder have identical alibis.
10.00 *Something Blue:* 22/22. Erin interviews a witness who leads her to doubt Eddie. (S9)
11.00 **Law & Order: Special Victims Unit** (S20)
12.50 AM **Law & Order: Special Victims Unit**
2.40 **NCIS** 16/24. (S4)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **Casualty 24/7: Every Second Counts** A 78-year-old is bitten on the nose by a dog.
8.00 **GPs: Behind Closed Doors** New edition A rugby player nursing a painful sore throat.
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.50 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
12.25 PM **FILM** **Stagecoach** Western. (1939, b/w, U, 99min) ★★★★★
2.30 **FILM** **Lust for Gold** Western drama. (1949, b/w, PG, 90min) ★★
4.25 **Trucking Heavy**
5.25 **Winter Road Rescue**
6.00 **Police Interceptors** The interceptors go in hot pursuit of tearaway teens and reckless youths.
7.00 Mark and Steve stop a suspicious man trying to hide his identity.
8.00 **LIVE** **Snooker: Players Championship** Coverage of the second quarter-final in Telford.
11.00 **Highway Patrol**
11.25 **Banged Up Abroad**
12.30 AM **Extreme Tow Truckers**
1.35 **Ice Road Truckers**
2.35 **Trucking Hell**
3.30 **to 4.00** AM **Motorway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake** Documentary.
8.00 **NEW SERIES** **Honest Renovations** Jessica Alba and Lizzy Mathis help families complete the home renovations of their dreams.
9.00 **Louis Theroux: Under the Knife** The obsession with plastic surgery.
10.00 **Louis Theroux's LA Stories** Documentary.
11.00 **Katie Piper: Locked Up in Louisiana**
12.00 M'T **Louis Theroux: Life on the Edge**
1.00 AM **Louis Theroux: Gambling in Las Vegas**
1.50 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **The Bill**
8.25 **Doctors**
9.35 **Classic Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.10 **All Creatures Great and Small**
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Porridge**
6.00 **Last of the Summer Wine** Triple bill.
8.00 **Queens of Mystery**
9.00 **Blue Lights** (S1)
10.15 **New Tricks** *The Crazy Gang:* A political activist's murder is investigated.
11.35 **Shakespeare & Hathaway: Private Investigators** 8/10. (S1)
12.35 AM **Waking the Dead**
1.55 **Porridge**
2.35 **Birds of a Feather**
3.05 **to 4.00** AM **Harry Wild**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Great War in Numbers**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Great War in Numbers**
6.00 **Antiques Roadshow**
7.00 **Great Canal Journeys** A return trip along the Oxford Canal.
8.00 **Bangers & Cash** New edition Derek meets a kindred spirit who's parting with his TR7 after 32 years.
9.00 **NEW SERIES** **Hunting Outback Gold** A team begin the hunt for a lost fortune in gold.
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering** Double bill.
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

THURSDAY Entertainment

Thursday

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop at Christmas**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
5.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Ghosts off Grid** New edition The investigation at the Rosedeer Hotel and Last Chance Saloon gets off to a chilling start.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 6-8/24. (S8)
1.00 PM **The Waltons** (S3)
3.00 **Ballykissangel** (S2)
4.10 **Hamish Macbeth** (S3)
5.20 **Doctor Finlay** 1/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 5/24. Sergeant Baker arrives at the 4077th with his 'moose'. **8.00** 6/24. A brigadier general orders a film to be made of the 4077th. **8.30** 7/24. Hawkeye fakes a breakdown. (S1)
9.00 **FILM Bless This House** Big screen spin-off from the popular sitcom starring Sidney James. (1972, U, 89min) ★★
10.55 **The New Avengers**
11.55 **The Avengers** (S5)
12.55 AM **M*A*S*H** (S1)
2.25 **Home to Roost** (S3)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 8/30. (S1)
12.00 NOON **FILM The Professionals** Western adventure. (1966, PG, 117min) ★★★★
2.30 PM **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 9/30. (S1)
9.00 **FILM Ned Kelly** Outback Western. (2003, 15, 109min) ★★★
11.20 **FILM Tracker** Drama starring Ray Winstone. (2010, 12, 101min) ★★★
1.35 AM **The Baron** (S1)
2.35 **The Avengers** (S5)
3.25 **Police Ten 7**
3.50 **FILM Wild Wind** World War Two adventure. (1985, PG, 100min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Emma Fielding Mystery: Site Unseen** Crime drama. (2017, PG, 90min) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 17/23. (S6)
12.05 PM **FILM Picture Perfect Mysteries: Exit Stage Death** Drama. (2020, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 18/23. (S6)
8.00 **Unforgettable** (S4)
9.00 **FILM Framed for Murder** Crime thriller. (2022, 12, 85min) ★★
10.55 **FILM Lost Letter Mysteries for Christmas** Comedy. (2014, PG) ★★
12.50 AM **FILM Running Away** Thriller. (2017, PG) ★★
2.35 **FILM Killer Reputation** Thriller. (2019, 12) ★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Two for the Win** Romantic drama. (2021, PG, 85min) ★★
10.15 **FILM Love By Accident** Drama. (2020, PG) ★★
12.15 PM **FILM A Slice of Romance** Drama. (2021, PG, 84min) ★★
2.10 **FILM Picture Perfect Romance** Drama. (2022, U, 89min) ★★
4.10 **FILM Wedding Cake Dreams** Drama. (2021, U, 85min) ★★
6.05 **FILM Wedding Do Over** Drama. (2018, PG) ★★
8.00 **FILM Wedding of Dreams** Romantic drama. (2018, PG, 85min) ★★
9.55 **FILM The Perfect Catch** Drama. (2017, PG) ★★
11.50 **FILM Love at the Ranch** Drama. (2020, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Picture Perfect Romance** Drama. (2022, U, 89min) ★★

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 13/18. (S3)
12.30 PM **The Top Secret Life of Edgar Briggs**
1.00 **The Prime of Miss Jean Brodie** 4/7. (S1)
2.00 **Boon** 5/13. (S3)
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of...**
7.30 **The Brian Conley Show**
8.00 **Boon** 5/13. (S3)
9.00 **McCallum** (S1)
10.00 **FILM CB Hustlers** Adventure. (1976, 18) ★
11.45 **Stereo Underground**
12.45 AM **FILM Children Shouldn't Play with Dead Things** Horror. (1973, 15, 87min) ★★
2.30 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Tasmania.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown: Hunt for the Yeti** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** King Crab season draws to a close as Casey forces Josh to fish at full throttle. **8.00** A deckhand terrorises the *Time Bandit* at Christmas.
9.00 **Expedition X**
10.00 **Expedition Bigfoot**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Cooks Italy**
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **The Great British Bake Off** Semi-final challenges include choux buns and a meringue sculpture. **8.00** A chance to see the 2017 final.
9.00 **James Martin's Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/26. (S5)
9.00 **The A-Team** 14/23. (S4)
10.00 **The Invaders** 12/17. (S1)
11.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
1.00 PM **FILM The Fabulous Journey to the Centre of the Earth** Adventure. (1978, PG, 87min) ★★
2.50 **FILM Airport 77** Thriller. (1977, PG, 113min) ★★
5.00 **Star Trek** 19/26. (S2)
6.00 **The Invaders** 13/17. (S1)
7.00 **The A-Team** 15/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Beguiled** Period drama. (1970, 15, 109min) ★★★★
11.05 **FILM The Quick and the Dead** Western. (1995, 15, 108min) ★★★
1.15 AM **FILM Ambushed** Thriller. (2013, 15) ★★
3.10 **to 5.00** AM **FILM Stagecoach** Western. (2016, 15, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM Slipstream** Sci-fi adventure. (1989, PG, 101min) ★
2.00 PM **FILM Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 9/23. (S2)
9.00 **FILM The Devil's Own** Thriller starring Harrison Ford and Brad Pitt. (1997, 15, 111min) ★★
11.10 **FILM Steel Sharks** Underwater adventure starring Gary Busey. (1996, 18, 91min) ★
1.10 AM **FILM Man Down** Drama. (2015, 15) ★★
3.00 **FILM Warbirds** (2008)
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Chaos Uncut**
11.40 **My Strange Arrest**
12.10 PM **When Big Things Go Wrong**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **UFO POV** New edition
10.00 **Alien Disclosure Files**
11.00 **Alien Corridors**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **Chaos Uncut**
3.25 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives in the Wild** Panama.
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Walking Wartime Britain** The Blitz spirit in wartime London.
8.00 **Ben Fogle: New Lives in the Wild** Namibia.
9.00 **William & the King: Like Father, Like Son**
10.30 **The Middletons: How Family Shaped Our Future Queen**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Game show.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With Jeff Banks, Michelle Ackerley, Andy Crane and Brian Conley.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **90 Day Fiancé UK** New editions Phin broadcasts his love for Sandra publicly, but he's on the wrong wavelength. **10.00** Zena makes a huge decision, Phin tries for reconcilliation by serenading Sandra, and one couple manage to get a happy ending. **11.00** Judi Love hosts as the couples get together for an explosive reunion with big announcements, shocking revelations and some surprise guests.
12.00 M'T **The Bad Skin Clinic**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** With Rylan.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 1-6/25. (S2)
1.00 PM **Impractical Jokers**
1.30 **Friends** 5-14/18. (S10)
7.00 **Friends** 15/18. Joey's agent Estella dies. **7.30** 16/18. Rachel gets ready to leave for Paris. **8.00** 17&18/18. Last-ever episode of the comedy. (S10)
9.00 **FILM Crocodile Dundee** Comedy adventure starring Paul Hogan, Linda Kozlowski and John Meillon. (1986, 15, 102min) ★★★★★
10.55 **Jimmy Carr's Am I the A**hole?**
11.55 **Whose Line Is It Anyway? USA**
1.25 AM **South Park** (S11)
2.55 **Al Murray Live: Barrel of Fun**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Spin City** 18&19/24. (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 13-16/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 18&19/24. (S1)
7.00 **Everybody Loves Raymond** 1-6/25. (S2)
10.00 **Friends** 19-22/24. (S9)
12.10 AM **Michael McIntyre: Happy & Glorious**
1.10 **The Ricky Gervais Show** Double bill.
2.10 **Whose Line Is It Anyway? USA**
3.10 **Reno 911!** (S4)
3.50 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.55 **Steptoe and Son** (S1)
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S1)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 8/15. (S3)
2.50 **Minder** 10/13. (S3)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** 6/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S5)
6.45 **Rising Damp** 6/7. (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 3/10. (S5)
9.00 **Benidorm** 6/7. (S3)
9.55 **Shameless** 7/8. (S3)
11.00 **Man About the House**
11.30 **Rising Damp** 5/7. (S3)
12.00 M'T **Benidorm** 6/7. (S3)
1.00 AM **Shameless** (S3)
2.00 **Kenny Everett Show**
2.30 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: Fiendish Friends** Reality show.
9.00 **Catfish: The TV Show**
4.00 PM **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show** New edition A way to relive weird but true catfishing tales.
8.00 **Extreme Hair Wars** Hairstyles inspired by confectionery.
9.00 **Celebrity Ex on the Beach** With Chloe Veitch.
10.00 **Tattoo Fixers**
11.00 **Caught in the Act: Unfaithful**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

19 February Thursday

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Diesel Brothers** Double bill.
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions.
5.00 **Alaska: Homestead Rescue** 1/2. The Raneys set out to help Oregon homesteaders living at the bottom of a 100ft cliff. **6.00** 2/2. The Raneys continue their mission to help a Missouri family who have just survived a tornado.

9.00 **Rite of Passage**

7.00 **Wheeler Dealers** Mike Brewer and Ant Anstead restore a rusty, non-driving 1973 Saab 96 to its past glory.
8.00 **Wheeler Dealers** Mike Brewer hopes to tap into 1990s nostalgia by working on an 1994 Mitsubishi 3000GT VR-4.
9.00 **NEW SERIES** **Ed Stafford's Rite of Passage** Cattle herders must jump a line of bulls. *See feature, page 20.*
10.00 **In the Eye of the Storm** Hurricane Helene barrels north, causing massive flooding in Appalachia.
11.00 **Expedition Unknown** Josh investigates the rumours surrounding a Turkish dig site.
12.00 M'T **Deadliest Catch**
1.00 AM **Ed Stafford's Rite of Passage** As 9.00pm.
2.00 **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Penguins**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
12.00 NOON **Animal Cops San Francisco** Documentary.
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** Double bill.
5.00 **Lone Star Law** The wardens investigate the buying and selling of wild animals.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff performs surgery on a dog found tied to a fence.

8.00 **Seven Deadly Sins**

7.00 **Treehouse Masters: Out on a Limb** The team build a Scottish cottage in a pin oak, and Pete creates a sky bridge.
8.00 **Richard E Grant's Seven Deadly Sins** The actor explores the evolutionary roots of greed – the act of taking too much.
9.00 **Alaska: The Last Frontier** Eivin and Eve clear a tangle of old nets endangering fish in a nearby river.
10.00 **Alaskan Bush People** Billy and Amy Brown and their children live off the grid and rely on each other to survive.
11.00 **Mountain Monsters** A reptoid may be on the loose.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters: Out on a Limb** As 7.00pm.
3.00 **Animal Cops Houston**
4.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Vikings: The Rise and Fall**
11.00 **Lost Ships of WW2**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Air Crash Investigation**
3.00 **WWII: Tank Showdown**
4.00 **Drain the Oceans** How the Mississippi river shaped the US.
5.00 **Ice Road Rescue** Thord struggles to get a flipped tractor back on its wheels.
6.00 **Nazi Megastructures** The construction of a railway through the jungle in Burma.

10.00 **Northwoods Survival**

7.00 **Air Crash Investigation** Reconstructing the forced landing at sea of a plane flying from Italy to Tunisia in 2005.
8.00 **Area 51: The CIA's Secret Files** An expose of activity at the Groom Lake Testing Facility.
9.00 **Secrets of Area 51** Behind the scenes at the world's most secret military base, with contributions from CIA agents.
10.00 **NEW SERIES** **Northwoods Survival** Margot, Matty, Billy, Emilie and Gilbert negotiate pre-winter challenges.
11.00 **Air Crash Investigation**
12.00 M'T **Lawless Island**
1.00 AM **To Catch a Smuggler**
2.00 **Abandoned** The team search an abandoned lace factory.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **Ice Road Truckers**
2.00 **The UnXplained with William Shatner** Triple bill.
5.00 **The UnBelievable with Dan Aykroyd** How some discoveries are anything but ordinary.
6.00 **American Pickers** Mike Wolfe meets a passionate Connecticut picker with major inventory.

10.00 **Mountain Men**

7.00 **Forged in Fire** Four smiths are tasked with forging a chef's knife, before the last two build a brutal hog splitter.
8.00 **Viking Dead** How a Viking ship discovered in 1904 continues to present archaeologists with new mysteries to unravel.
9.00 **Ice Road Truckers** New edition Scooter and Muskie Todd split from the convoy and blast deeper into the wilderness.
10.00 **Mountain Men** New edition Tom pulls his final sets before handing over his responsibilities to Sean and Hank.
11.00 **Mountain Men** Series finale Tom Oar shares his hard-earned survival secrets forged through a lifetime of experience living in the wild.
12.00 M'T **The UnXplained with William Shatner** Triple bill.
2.50 AM **Ice Road Truckers**
3.40 **Viking Dead** As 8.00pm.
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Gary Oldman**
8.00 **The Directors**
9.00 **The Man Who Played with Fire** Olof Palme.
10.00 **Urban Secrets**
11.00 **Angel City**
2.15 PM **I Am Raquel Welch**
4.00 **Discovering: Gary Oldman**
5.00 **The Directors** The life and work of Oliver Stone.
6.00 **The Man Who Played with Fire** Jan Stocklassa hands his findings over to the police.

10.00 **Lancaster**

7.00 **Kings from Queens: The Run DMC Story** As their fame grows, the group struggle to find a consistent voice.
8.00 **An American Bombing: The Road to April 19th** The surge in homegrown political violence in the US through the story of the 1995 Oklahoma City bombing, showing the roots of anti-government sentiment and its reverberations.
10.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters, the night raids against Germany and the men and women who made them possible.
12.10 AM **Surviving Ohio State** The scandal surrounding athletics doctor Richard Strauss.
2.10 **QPR: The Four Year Plan** An insight into the running of Queens Park Rangers.
4.00 **The Directors** As 5.00pm.
5.00 **to 6.00** AM **Discovering: Gary Oldman**

7 PM
8 PM
9 PM
10 PM

Thursday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters: Mine SOS** Double bill.
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **Richard Hammond's Workshop**
9.00 **Outback Opal Hunters** New edition The Misfits return to their claim.
10.00 **Treasure Hunters Down Under** New edition Camille and Hannah are on Springbank Island.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops**
7.00 **Forensic Detectives**
9.00 **Cops UK: Bodycam Squad** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Love, Honor, Betray** True-crime.
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition A divorcée can't see what everyone else sees in her man.
10.00 **Your Worst Nightmare**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crystal Houston.
3.00 **to 4.00** AM **FBI Files**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** Ellen Higginbottom is killed by Mark Buckley in Orrell Water Park, Wigan.
8.00 **48 Hours** New edition David Pearce is awaiting sentencing after he was found guilty of murder.
9.00 **Storm of Suspicion** New edition A toddler tragically dies after being left inside a vehicle on a hot day.
10.00 **Murder on the Internet** Part one of two. Crimes committed by people using online dating apps to finding their victims.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Murder on the Internet** As 10.00pm.
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective**
4.00 **48 Hours** Moriah Wilson.
5.00 **Medical Detectives** A young woman's call girl image is revealed when she goes missing. **5.30** Evidence of treads and threads let police track down a killer who killed prostitutes. **6.00** Police suspect the wife of foul play when a gym teacher is found shot to death. **6.30** A tale in which cattle auctions were tainted by false cheques.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Brit Cops** Documentary.
10.00 **Police 24/7**
11.00 **World's Most Evil Killers**
12.00 NOON **What the Killer Did Next** Sabina Nessa.
1.00 PM **Killer in My Village**
2.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer...**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers** Joshua Wade.
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Britain's Most Evil Killers**
11.00 **Police 24/7**
12.00 M'T **Killer in My Village**
1.00 AM **What the Killer...**
2.00 **Murders That Shocked the Nation**
3.00 **Murdered at First Sight**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours**
8.40 **Besieged Fortresses, Legendary Battles**
9.50 **America's Great War 1917-1918**
10.55 **Lincoln: Divided We...**
11.55 **Mafia's Greatest Hits**
1.00 PM **10 Mistakes That Sank the Titanic**
2.05 **Besieged Fortresses, Legendary Battles**
3.15 **America's Great War 1917-1918**
4.25 **Lincoln: Divided We...**
5.20 **Mafia's Greatest Hits**
6.30 **Besieged Fortresses, Legendary Battles**
7.35 **America's Great War 1917-1918**
8.50 **Lincoln: Divided We Stand** An epic manhunt for Lincoln's killer.
9.40 **Mafia's Greatest Hits**
10.50 **Besieged Fortresses, Legendary Battles**
12.00 M'T **America's Great War 1917-1918**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Claws and Jaws**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Wildlife ER**
12.00 NOON **Undiscovered Vistas**
1.00 PM **Monkey Life**
2.00 **Africa's Claws and Jaws**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **My Best Friend's an Animal** Following Shanet, who spends her days tending to the needs of penguin Harold Custard.
9.00 **A Wild Year on Earth** Whooper swans are called northward.
10.00 **Undiscovered Vistas**
11.00 **Wildlife Icons**
12.00 M'T **Wildlife ER**
1.00 AM **Amazing Animal Friends**
2.00 **My Best Friend's an Animal**
3.00 **A Wild Year on Earth**
4.00 **Africa's Claws and Jaws**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Ultimate Mysteries**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **Secret Wars Uncovered**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **Secret Wars Uncovered**
8.00 **Combat Ships** Spanish Armada.
9.00 **How to Lose a War** How resources and equipment are vital to victory in war.
10.00 **Instruments of Death** Investigating weapons used in the Battle of the Somme.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 NOON **NASA's Unexplained Files** Documentary.
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** Ten editions of the series, including at:
7.30 How mountain bikes are produced and lever action rifles are manufactured.
8.00 How saunas are made.
8.30 How upright pianos and flags are produced.
9.00 The manufacturing processes of Asian bowls and walking canes are detailed.
9.30 The making of plant oil extractors and power trainers.
10.00 Constructing beehives and cast-iron cookers.
10.30 The making of ochre.
11.00 **How Do They Do It?**
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Secrets Underground**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Nightmare in Suburbia**
1.00 PM **Meet, Marry, Murder**
2.00 **Buried in the Backyard**
3.00 **An Hour to Kill**
6.00 **The First 48** A teenager is shot.
7.00 **Cold Case Files** The missing clue that helps police solve a double murder 13 years earlier.
8.00 **Meet, Marry, Murder** New edition True crime studies.
9.00 **The First 48** A gunman shoots a man in front of cameras.
10.00 **Homicide Squad: New Orleans** New edition A father of six is shot outside a club.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Meet, Marry, Murder** New edition True crime studies.
2.00 **Homicide Squad: New Orleans**
3.00 **Homicide Hunter**
4.00 **Court Cam** Double bill.
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Lion Brothers: Cubs to Kings**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** Documentary.
7.00 **Secrets of the Zoo** The staff prepares a home for an orphaned baby gorilla.
8.00 **Wild, Smart and Deadly** Animals wage a war for survival, deploying hidden weapons with deadly precision.
9.00 Before attacking, animals must defend themselves.
10.00 **Alaska: The Next Generation** The Browns take action against a predator.
11.00 **Ice Road Rescue**
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **Cuba's Secret Shark Lair**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works**
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.
9.00 **Secrets Underground** Rob Nelson investigates whether a strange lake in California might be home to alien life.
10.00 **How Do They Do It?**
11.00 **World's Greatest Motorcycle Rides** Giant's Causeway.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
2.00 PM **Inside the Ambulance** Crews fight to restart a man's heart after a cardiac arrest.
3.00 A woman suffers the most serious nose bleed the paramedics have ever seen.
4.00 Paramedics try to save a man bleeding heavily from his arm, and a woman shows signs of having sepsis.
5.00 **Terry and June** Triple bill.
7.00 **Terry and June** The Medfords fall out with their new neighbours over a lawnmower.
7.40 The Medfords end up doing a stint on hospital radio.
8.20 The couple take up dancing lessons in readiness.
9.00 The Medfords' professional lives cross when June takes a temporary job.
9.35 Terry's peace is shattered when June launches herself into a new hobby playing the cello.
10.15 **Terry and June** Sitcom.
5.00 **to 6.00** AM **A Year on the Yorkshire Steam Railway**

+1 hour 266 376

ID

154 140 166

8.00 AM **Cops UK: Bodycam Squad**
9.00 **American Monster**
11.00 **Disappeared** Kayla Berg.
12.00 NOON **Murder in the Heartland**
1.00 PM **American Monster**
3.00 **Disappeared** Angel Garcia.
4.00 **Evil Lives Here**
5.00 **Murder Chose Me**
7.00 **Signs of a Psychopath** A young woman reports a brutal home invasion and the shooting of her parents.
7.30 A gunman shoots a young couple on their way home.
8.00 A woman's body is found strangled near a country road.
8.30 A mother dies after reporting her son to the police.
9.00 **American Detective with Lt Joe Kenda** Documentary.
10.00 **The Real Murders on Elm Street** A body in a trash can.
11.00 **How (Not) to Get Rid of a Body**
12.00 M'T **Your Worst Nightmare**
2.00 AM **Murder Chose Me**
4.00 **to 6.00** AM **Signs of a Psychopath**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Sewer Divers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big**
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sewer Divers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers** Double bill.
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz visit Danny in Basingstoke to check out his massive collection.
9.00 **Kevin Hart's Muscle Car Crew** The Boyz take a trip to Radford Racing School in Arizona.
10.00 **Sydney Harbour Patrol**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic Cars** As shown at 8.00pm.
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
7.50 **Super Charlie** Family animation. (2025, PG, 82min)
9.20 **How to Train Your Dragon**
11.35 **King Ivory** As 9.30pm.
1.55 PM **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
3.55 **The Cut** Sports thriller. (2024, 12, 99min) ★★★
5.45 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★

3.55 The Cut

8.00 **The Naked Gun** Comedy starring Liam Neeson. Following in the footsteps of his legendary father, Frank Drebin Jr must save his police department by solving a case. (2025, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **King Ivory** Crime thriller starring James Badge Dale and Ben Foster. When his son becomes addicted to fentanyl, a Tulsa drug cop teams up with his partner and and FBI agent to bring down those responsible. (2024, 15, 140min)
11.50 **Bone Lake** Comedy thriller. (2024, 18, 94min) ★★★
1.35 AM **The Toxic Avenger** Comedy horror starring Peter Dinklage. (2023, 18, 102min) ★★★
3.25 **Reckless** Action comedy. (2026, 15, 100min)
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Adventure

303 303 403 503 517

6.35 AM **Men in Black** As 2.30pm.
8.25 **Peter Pan** (2003, PG) ★★★★
10.25 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
12.15 PM **Indiana Jones and the Kingdom of the Crystal Skull**
2.30 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.20 **Men in Black II** Sci-fi comedy sequel. (2002, PG) ★★★
6.00 **Men in Black 3** Sci-fi comedy sequel. (2012, PG) ★★★★

2.30 Men in Black

8.00 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy starring Martin Freeman and Ian McKellen. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.50 **The Hobbit: The Battle of the Five Armies** Fantasy adventure sequel starring Martin Freeman and Richard Armitage. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.25 AM **A Minecraft Movie** Adventure starring Jack Black. (2025, PG, 101 min) ★★★
3.20 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's adventure. (2008, 12, 122min) ★★★
5.35 **to 7.40** AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure sequel. (2016, 12, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.45 AM **Elizabeth: The Golden Age**
9.50 **Little Women** Family drama. (1994, U, 114min) ★★★
11.50 **Black Dog** As 8.00pm.
1.50 PM **Joker: Folie à Deux** Musical sequel with Joaquin Phoenix. (2024, 15, 138min) ★★★★
4.20 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
6.10 **Pretty in Pink** Romantic comedy drama starring Molly Ringwald and Andrew McCarthy. (1986, 15, 99min) ★★★★
8.00 **Black Dog** Chinese drama with Eddie Peng. As part of a patrol tasked with clearing stray dogs before the Olympics, a worker bonds with a hound. Subtitled. (2024, 12, 110min) ★★★
10.00 **Fifty Shades of Grey** Erotic drama starring Jamie Dornan, Dakota Johnson and Jennifer Ehle. (2015, 18, 120min) ★★
12.10 AM **Fifty Shades Darker** Erotic drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
2.10 **Fifty Shades Freed** Thriller sequel. (2018, 18, 105min) ★
4.00 **to 6.05** AM **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **The Watched** As 1.15am.
8.00 **The Damned** As 3.05am.
9.40 **The Chronicles of Riddick** Sci-fi adventure sequel to *Pitch Black*. (2004, 15, 119min) ★★★
11.50 **Us** Horror with Lupita Nyong'o. (2019, 15, 116min) ★★★★
1.55 PM **Children of Men** Thriller. (2006, 15, 109min) ★★★★★
3.55 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
6.15 **The Lost Boys** Horror starring Jason Patric and Corey Haim. (1987, 15, 98min) ★★★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. A cancer patient tries to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
9.50 **A Quiet Place** Horror starring Emily Blunt. A family are forced to hide from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
11.30 **I.S.S** Drama with Ariana DeBose. (2023, 15, 95min) ★★★
1.15 AM **The Watched** Horror. (2024, 15, 102min) ★★★
3.05 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
4.45 **to 6.30** AM **Dark Skies** Sci-fi thriller. (2013, 15, 97min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **The Last Airbender**
9.20 **Yogi Bear** As 11.10pm.
10.50 **Ride On** As 2.40am.
1.00 PM **Look Who's Talking** Comedy starring John Travolta. (1989, 12, 96min) ★★★
2.45 **Cats & Dogs** Comedy fantasy. (2001, PG, 87min) ★★★
4.20 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
6.00 **Look Who's Talking Too** Comedy sequel starring Kirstie Alley. (1990, 12, 77min) ★

7.35 The Last Airbender

7.35 **The Last Airbender** Fantasy adventure starring Noah Ringer, Dev Patel and Nicola Peltz. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.35 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. Rival canine and feline spies join forces to stop a power-hungry rogue cat. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Yogi Bear** Family comedy with the voice of Dan Aykroyd. (2010, U, 81min) ★★★
12.45 AM **Spy Kids 2: Island of Lost Dreams** Adventure sequel starring Alexa Vega. (2002, U, 100min) ★★★★
2.40 **Ride On** Chinese action drama starring Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
5.00 **to 6.55** AM **Robin and the Hoods** Fantasy comedy. (2024, PG, 101min) ★★

Sky Cinema Action

307 307 407 507 521

7.25 AM **The Italian Job** Thriller. (2003, 12, 110min) ★★★
9.20 **Man of Steel** Adventure. (2013, 12, 143min) ★★★
11.45 **Uncharted** Action adventure. (2022, 12, 116min) ★★★
1.50 PM **Twister** Disaster movie. (1996, PG, 114min) ★★★
3.45 **Godzilla x Kong: The New Empire** Adventure sequel. (2023, 12, 115min) ★★★
5.40 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★

10.15 Morbius

8.00 **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. With Kevin J O'Connor. (1999, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.15 **Morbius** Adventure starring Jared Leto. A biochemist tries to cure himself of a rare disease, but he inadvertently infects himself with a form of vampirism. (2022, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Bad Boys: Ride or Die** Action adventure sequel. (2024, 15, 115min) ★★★
2.15 **Money Train** Action comedy. (1995, 18, 110min) ★★
4.15 **Sky Cinema Preview**
4.50 **to 6.40** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Terminal** Comedy. (2004, 12, 129min) ★★★★
8.10 **Alfie** Drama. (2004, 15) ★★★
10.00 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★
11.50 **The Holiday** (2006, 12) ★★★
2.10 PM **American Reunion** Comedy sequel. (2012, 15) ★★
4.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

8.00 The Wedding Singer

8.00 **The Wedding Singer** Offbeat romantic comedy starring Adam Sandler and Drew Barrymore. A perky waiter saves a singer from despair after he is jilted at the altar. (1998, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.40 **Jackass Presents: Bad Grandpa** Comedy starring Johnny Knoxville and Jackson Nicoll. A wayward 86-year-old man and his young grandson embark on a chaotic cross-country trip. (2013, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **Jackass Presents: Bad Grandpa .5** Comedy sequel starring Johnny Knoxville. (2014, 15, 82min) ★★
12.55 AM **Daddy's Home 2** Comedy sequel starring Will Ferrell. (2017, 12, 100min) ★★★
2.40 **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
4.15 **to 6.05** AM **Click** Fantasy. (2006, 12, 103min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Twilight of the Warriors: Walled In** As 4.10am.
8.20 **The Prosecutors** Drama. (1996, PG, 105min) ★★
10.30 **All the Devils Are Here** Thriller. (2025, 15, 87min) ★★★★
12.15 PM **Three Days of the Condor** Thriller. (1975, 15) ★★★★
2.15 **Eye in the Sky** Crime thriller. (2015, 15, 112min) ★★★★
4.05 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
6.10 **Trap** Thriller. (2024, 15) ★★★★

8.00 The Alto Knights

8.00 **The Alto Knights** Barry Levinson's fact-based drama starring Robert De Niro, Cosmo Jarvis and Debra Messing. Two rivals fight for control of a major crime family. (2024, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.05 **Sleepers** Fact-based drama starring Kevin Bacon. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Shaft** Crime thriller. (2000, 18, 99min) ★★★
2.25 **Unhinged** Psychological thriller starring Russell Crowe. (2020, 15, 90min) ★★★
4.10 **to 6.20** AM **Twilight of the Warriors: Walled In** Chinese crime action thriller. Subtitled. (2024, 15, 126min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Warlock** Western. (1959, U, 123min) ★★★
1.25 PM **Decision at Sundown** Western. (1957, PG, 77min) ★★
3.00 **Arizona Raiders** Western. (1965, PG, 88min) ★★
4.50 **Sink the Bismarck!** Drama. (1959, b/w, U, 97min) ★★★
6.50 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★

9.00 White House Down

Sleepless in Seattle (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●
8 PM

9.00 **White House Down** Action thriller starring Channing Tatum and Jamie Foxx. A lone cop strives to save the day after heavily armed terrorists seize control of the White House. With Maggie Gyllenhaal. (2013, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9 PM

11.35 **Sicario 2: Soldado** Thriller sequel starring Josh Brolin. Agent Matt Graver re-teams with Alejandro Gillick to fight enemies involved in the drug war on the US-Mexico border. (2018, 15, 122min) ★★★
1.55 **to 4.00** AM **Heatwave** Thriller starring Kat Graham, Merritt Patterson and Sebastian Roché. (2022, 15, 101min) ★★★
11 PM

+1 hour 314 430 47 301 257

Sky Cinema Cult Classics

302 302 402 502 516

6.05 AM **Quadrophenia** Cult drama. (1979, 15, 115min) ★★★★
8.10 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
10.05 **Gremlins 2: The New Batch** Horror comedy fantasy sequel. (1990, 12, 107min) ★★★
12.05 PM **Pitch Black** Sci-fi chiller. (1999, 15, 108min) ★★★★
2.05 **Psycho** Horror chiller. (1960, b/w, 15, 109min) ★★★★★
4.05 **Jaws** Steven Spielberg's blockbuster monster thriller. (1975, 12, 125min) ★★★★★
6.10 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
8.00 **Mad Max 2** Action thriller sequel starring Mel Gibson as a lone road warrior rescuing a community from barbarian bikers. (1981, 18, 95min) ★★★★
9.40 **Mad Max Beyond Thunderdome** Action thriller sequel starring Mel Gibson. (1985, 15, 107min) ★★★
11.30 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★★
1.05 AM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
2.55 **28 Days Later** Horror thriller. (2002, 18, 113min) ★★★★
5.00 **to 6.55** AM **Psycho** As 2.05pm.

Sky Cinema Greats

304 304 404 504 518

6.25 AM **Escape to Victory** (1981)
8.30 **Peggy Sue Got Married** (1986)
10.30 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
12.55 PM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
3.10 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★
5.15 **Amadeus** Peter Shaffer's drama starring F Murray Abraham. (1984, PG, 158min) ★★★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins, Morgan Freeman and Bob Gunton. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.25 **...And Justice for All** Satirical black comedy starring Al Pacino as a sharp lawyer trying to save his clients from the corrupt intricacies of the US legal system. With Jack Warden. (1979, 15, 119min) ★★★
12.25 AM **Peggy Sue Got Married** Fantasy. (1986, 15) ★★★★
2.15 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
4.45 **The Cinema List: British Sky Originals**
5.15 **to 7.20** AM **Let's Dance** Musical. (1950, U, 112min) ★★

Sky Cinema Animation

305 305 412 500 514

7.20 AM **Fireheart** Animation. (2022, U, 92min) ★★★
9.05 **Amazing Maurice** Animation. (2022, PG, 93min) ★★★★
10.50 **Rock Dog** As 9.00pm.
12.30 PM **Shark Tale** Animated family comedy adventure. (2004, U, 90min) ★★★★
2.10 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
5.45 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.20 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.00 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
10.40 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
12.25 AM **Penguins of Madagascar** Animated comedy adventure. (2014, U, 88min) ★★★★
2.05 **Buffalo Kids** Animation. (2024, U, 79min) ★★★
3.35 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
5.10 **to 6.30** AM **Tom and Jerry Cowboy Up!** Animation. (2021, U, 71min) ★★★

Movies 24

312 313 419

7.00 AM **Mystery Island: Winner Takes All** Crime drama. (2025, PG, 90min) ★★
9.00 **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
11.00 **Hats Off to Love** Romantic drama. (2025, PG, 84min) ★★
1.00 PM **Just in Time** Drama. (2024, PG, 90min) ★★
3.00 **Love's Secret Ingredient** Comedy. (2023, PG, 91min) ★★
5.00 **Something's Brewing** Drama. (2023, PG, 89min) ★★
7.00 **Love & Jane** Fantasy starring Alison Sweeney and Benjamin Ayres. A woman at a crossroads in her life receives an unlikely advisor in the shape of Jane Austen. (2024, PG, 84min) ★★
9.00 **Love in Whitbrooke** Drama with Brittany Bristow and Corey Sevier. (2021, PG, 88min) ★★
11.00 **Writing a Love Song** Romantic drama starring Nina Kiri. (2024, PG, 85min) ★★
1.00 AM **The Blessing Bracelet** Drama starring Amanda Schull. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Hanukkah on Rye** Comedy starring Yael Grobglas. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 2/24. (S2)
6.30 **The Strand** With Reginald Foort.
6.35 **Impact** Crime thriller. (1963, b/w, U, 62min) ★★
7.50 **Prisoners of the Tower**
8.35 **The Walking Target** Drama. (1960, b/w, PG, 75min) ★★
10.05 **Dick Barton At Bay** Thriller. (1950, b/w, U, 68min) ★★
11.25 **The Ghost Train** Comedy thriller. (1941, b/w, U, 85min) ★★★
1.10 PM **The Card** Comedy drama. (1952, b/w, U, 91min) ★★★
3.00 **Crown Court** 19-21/50. (S3)
4.30 **The Stranger Came Home** Mystery. (1954, b/w, 15) ★★
6.10 **Look at Life** Documentary.
6.20 **Strange But True**
6.55 **The Brothers** 8/10. (S1)
8.00 **Mark Saber** 16/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club** (S4)
9.20 **Dr Jekyll and Mr Hyde** Horror with David Hemmings and Ian Bannen. (1980, 15, 115min) ★★
11.40 **The Hand** Crime thriller. (1960, b/w, PG, 61min) ★★
12.55 AM **Scotland Yard** 33/39. (S1)
1.30 **Crown Court** 7-9/50. (S3)
3.00 **In a Lonely Place** Thriller. (1950, b/w, PG, 89min) ★★★★
4.50 **What's On TPTV with Noel**
5.00 **to 6.00** AM **Burke's Law**

THURSDAY Sport 19 February

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE Men's T20 World Cup West Indies v Italy.** Coverage of the Group C match from Eden Gardens in Kolkata.
9.00 **LIVE Men's T20 World Cup Sri Lanka v Zimbabwe.** Coverage of the Group B match from R. Premadasa Stadium, Colombo.
1.00 PM **LIVE Men's T20 World Cup Afghanistan v Canada.** Coverage of the Group D match from MA Chidambaram Stadium, Chennai.
5.00 **LIVE WTA & ATP Tennis** Coverage of the Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
7.00 **LIVE Premier League Darts** Coverage of the third night of the tournament staged at OVO Hydro in Glasgow, featuring quarter-finals, semi-finals and a final.
11.00 **LIVE PGA Tour Golf** Coverage of the first day of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
1.00 AM **Sky Sports News**
3.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day two of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
8.30 **Transfer 360** Double bill.
9.30 **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights**
12.30 PM **Premier League Years**
2.30 **PL Retro** A chance to see Arsenal v Tottenham Hotspur from 2010.
4.30 **Premier League Highlights**
5.00 **The Premier League Show**
7.00 **The Big Interview** An interview with a Premier League personality.
7.30 **Premier League Stories**
8.00 **Premier League Highlights** Action from Wolverhampton Wanderers v Arsenal at Molineux.
8.30 **Transfer 360** Telling the inside story of why David Ginola signed for Newcastle United.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Highlights**
10.30 **Transfer 360** Jurgen Klinsmann's move to Spurs.
11.00 **Premier League Years**
1.00 AM **PL Retro** Arsenal v Tottenham Hotspur from 2010.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
1.00 PM **WSL** Highlights from Manchester City v Leicester City.
1.30 **EFL Highlights**
2.30 **EFL Cup Highlights**
3.30 **Bundesliga Highlights Show**
4.30 **WSL** Chelsea v Liverpool.
5.00 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly** A preview of the weekend's action.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL Round-Up**
8.15 **SPFL Highlights**
8.45 **EFL Highlights** Action from Coventry City v Middlesbrough.
9.00 Derby County v Swansea.
9.15 Portsmouth v Sheffield Utd.
9.30 Preston v Watford.
9.45 QPR v Blackburn Rovers.
10.00 **Bundesliga Weekly**
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Greatest Games**
12.00 M'T **There's Only One Sauzee**
12.30 AM **Best Scottish Premiership Goals 2023/24**
1.00 **Old Firm Derby Best Goals**
1.30 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **LIVE Men's T20 World Cup West Indies v Italy.** Coverage of the Group C match from Eden Gardens in Kolkata.
9.00 **LIVE Men's T20 World Cup Sri Lanka v Zimbabwe.** Coverage of the Group B match from R. Premadasa Stadium, Colombo.
1.00 PM **LIVE Men's T20 World Cup Afghanistan v Canada.** Coverage of the Group D match from MA Chidambaram Stadium, Chennai. Afghanistan will be hoping to at least replicate their success at the previous T20 World Cup two years ago. At that tournament they managed to reach the semi-finals for the first time in their history, before losing to South Africa by nine wickets.
5.00 **Best of ICC WT20**
5.15 **Best of England v South Africa**
5.30 **Best of ICC WT20**
6.00 **Men's T20 World Cup** Action from West Indies v Italy.
6.30 Sri Lanka v Zimbabwe.
7.00 Afghanistan v Canada.
7.30 West Indies v Italy.
8.00 **Men's T20 World Cup**
12.00 M'T **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** Day one of the Honda LPGA Thailand at Siam Country Club.
8.00 **DP World Tour Golf**
8.30 **HotelPlanner Tour Golf**
9.00 **PGA Tour Champions Learning Centre** Golf tips and advice.
9.30 **PGA Tour: The Cut**
10.00 **LIVE DP World Tour Golf** Day one of the Magical Kenya Open at Karen Country Club in Nairobi.
3.00 PM **Trey's Tips** Golf advice.
3.15 **LIVE PGA Tour Golf** Coverage of the first day of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
1.00 AM **The Open – Official Films**
2.00 **PGA Tour Golf** Genesis Open.
3.00 **to 6.00** AM **LIVE LPGA Tour Golf** Day two of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA Tennis** Recent action.
10.00 **LIVE WTA & ATP Tennis** Coverage of the Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
2.30 PM **WTA & ATP Tennis**
3.00 **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
6.45 **Ted DHL Logistics**
6.50 **LIVE Formula 1** Coverage of the first session of the fifth day of pre-season testing in Bahrain.
11.05 **F1 Feature**
11.20 **Formula 1** Las Vegas Grand Prix.
11.40 **F1 Explained**
11.55 **LIVE Formula 1** Coverage of the second session of the fifth day of pre-season testing in Bahrain.
4.10 PM **Story of the 2025 Season**
4.20 **Oscar Piastri's Career**
4.30 **PL Greatest Games**
5.30 **WTA Tennis** Doha Open review.
6.00 **PGA Tour Golf**
7.00 **LIVE World Club Challenge** Hull Kingston Rovers v Brisbane Broncos. Coverage of the annual rugby league match staged at MKM Stadium. Kick-off is at 7.30pm.
10.00 **PGA Tour Champions**
11.00 **Rob Cross: A Year to Remember**
11.30 **Peter Wright: Double Champ**
12.00 M'T **PL Greatest Games**
1.00 AM **Formula 1** Highlights.
3.00 **EFL Greatest Games**
1.00 **to 6.00** AM **ATP & WTA Tour**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIV Golf** From Adelaide.
7.00 **TNT Sports Reload**
7.15 **Kenny Allstar's Number 1's**
7.30 **Premier League Stories**
8.00 **Discovery Golf**
8.30 **Men's Cycling** Highlights.
11.30 **LIVE Men's Cycling World Tour** Coverage from the fourth stage of the UAE Tour.
1.00 PM **LIVE Men's Cycling Pro Series** Coverage of the second stage of the Tour of Andalucia.
3.00 **LIVE Men's Cycling Pro Series** Coverage of the second stage of the Tour of Algarve.
5.00 **LIVE UEFA Europa League Fenerbahce v Nottingham Forest.** The knockout phase first-leg play-off from Sukru Saracoglu Stadium. Kick-off 5.45pm.
7.45 **LIVE UEFA Europa League Celtic v VfB Stuttgart.** Coverage from the knockout phase first-leg play-off. Kick-off is at 8.00pm.
10.30 **Premier League Features**
11.30 **Serie A – Full Impact**
12.00 M'T **UEFA Europa League**
1.00 AM **UEFA Conference League**
1.30 **UEFA Champions League**
2.30 **European Football Highlights**
4.00 **to 6.00** AM **Formula E**

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Olympic Games**
8.00 **Buongiorno Milano**
9.00 **LIVE Winter Olympic Games – Freestyle Skiing** Qualifying for the men's freeski halfpipe.
11.30 Freestyle Skiing Coverage of the men's aerials final at Livigno Aerials & Moguls Park.
12.00 NOON Day 13 across Lombardy and Northeast Italy.
1.00 PM **Curling Great Britain v Italy.** Coverage of the match from the round robin stage of the women's event.
4.00 Speed Skating Coverage from the men's 1,500m held at Milano Speed Skating Stadium.
5.00 Further day 13 coverage.
5.45 Curling The first semi-final of the men's curling staged at Cortina Curling Olympic Stadium.
9.00 Figure Skating Coverage from the women's free program at Cortina Curling Olympic Stadium.
10.30 **Ciao Cortina** The latest news.
11.00 **Winter Olympic Games – Curling** Recent highlights.
1.00 AM **Winter Olympic Games**
3.00 **Ciao Cortina** The latest news.
3.30 **Winter Olympic Games**
5.30 **to 6.00** AM **Ciao Cortina**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League**
8.45 **Super Bowl LX Highlights**
9.00 **Super League** Salford v Leeds.
12.00 NOON **NFL Highlights**
1.00 PM **NBA Basketball**
3.00 **NFL Highlights** Denver Broncos v New England Patriots.
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **NBA Basketball** Orlando Magic v Milwaukee Bucks.
7.00 **LIVE Premier League Darts** Coverage of the third night at OVO Hydro, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals scheduled to take place are Stephen Bunting v Gian van Veen, Luke Humphries v Josh Rock, Michael van Gerwen v Luke Littler, and Jonny Clayton v Gerwyn Price. Luke Littler won at this venue last season when he beat rival Luke Humphries 6-5 in the final 12 months ago.
11.00 **Super League Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **World Club Challenge**
4.00 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
2.30 PM **Sports Desk**
3.00 **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
7.00 **LIVE World Club Challenge Hull Kingston Rovers v Brisbane Broncos.** Coverage of the annual rugby league match between the Super League and NRL champions staged at MKM Stadium. Kick-off is at 7.30pm.
10.00 **Hull KR Renaissance**
11.00 **LIVE WTA & ATP Tennis** Concluding coverage from the Tours, including the WTA Dubai Tennis Championships.
3.00 AM **DP World Tour Golf**
4.30 **PGA Tour FedEx Cup Play-Offs Official Film 2025**
5.30 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Football Highlights**
7.00 **T20 International Cricket**
8.00 **LIVE Women's T20 Cricket** Australia v India.
11.45 **European Football Highlights**
1.00 PM **LIVE Winter Olympic Games – Nordic Combined**
2.00 **Champions League Highlights**
2.45 **Premier League: Big Interview**
3.15 **LIVE Winter Olympic Games – Speed Skating**
5.00 **LIVE Conference League** Zrinjski Mostar v Crystal Palace.
8.15 **LIVE Europa League** Lille v Red Star Belgrade.
10.00 **TNT Sports Cricket Reload**
10.15 **T20 International Cricket**
11.15 **Superbike World Championship**
12.15 AM **LIVE World Superbikes** At Phillip Island Grand Prix Circuit.
1.15 **T20 International Cricket**
2.15 **Ultimate Pool** Recent action.
3.45 **to 6.00** AM **LIVE World Superbikes** From Australia.

TNT Sports 4

414 416 524 411 434

6.00 AM **PREM Rugby Cup**
7.00 **Rolex SailGP Championship**
8.00 **LIVE Winter Olympic Games – Nordic Combined** The team sprint large hill event.
9.45 **Winter Olympic Games**
10.15 **LIVE Winter Olympic Games – Freestyle Skiing** Men's aerials.
12.00 NOON **Ski Mountaineering** Sprint events.
1.30 PM **Ice Hockey** The women's bronze medal match.
4.15 **Winter Olympic Games**
5.15 **The Monuments**
5.45 **LIVE Winter Olympic Games – Ice Hockey** Coverage of the women's gold medal match.
6.30 Freestyle Skiing Qualifying for the women's freeski halfpipe.
8.30 Ice Hockey Coverage of the women's gold medal match.
9.15 **TNT Sports Reload**
9.30 **Discovery Golf**
10.00 **Men's Cycling** Highlights.
1.00 **to 6.00** AM **Highlights**

Premier Sports 1

419 551

6.00 AM **Motorsport**
7.30 **Scottish Football Social Club**
8.30 **LaLiga Match Highlights**
10.00 **Asian Le Mans Series**
11.00 **NASCAR Highlights**
12.00 NOON **Brasileiro Serie A**
2.00 PM **Top 14 Rugby Union**
2.30 **Eredivisie Highlights**
3.30 **Scottish Football Social Club**
4.30 **LaLiga Match Highlights**
5.00 **NHL Tonight** Top 50 players.
5.55 **LIVE Swedish Hockey League** Brynas v Djurgarden. From Gävle. Face-off is at 6.00pm.
8.30 **Sporting Greats**
9.00 **World of FreeSports**
9.30 **Eredivisie Highlights**
10.25 **LIVE Brasileiro Serie A** Atletico Paranaense v Corinthians. Kick-off 10.30pm.
12.30 AM **LaLiga Match Highlights**
1.00 **NASCAR Highlights**
2.00 **Eredivisie** A match replay.
4.00 **to 6.00** AM **Swedish Hockey League**

Premier Sports 2

420 552

6.00 AM **NASCAR O'Reilly Series**
9.00 **Bike World** Magazine.
9.30 **Temples of Sport**
10.00 **Argentine Primera** A chance to see Independiente v Lanus.
12.00 NOON Another chance to see Boca Juniors v Platense.
2.00 PM **Temples of Sport**
2.30 **Football's Greatest**
3.00 **German Cup** A chance to see Bayern Munich v RB Leipzig.
5.00 **Football's Greatest**
5.30 **LaLiga Match Highlights**
5.40 **Top 14 Rugby Union** A chance to see Bordeaux Begles v Castres.
7.25 Perpignan v Pau.
9.10 **LaLiga Match Highlights** Action from Elche v Osasuna.
9.20 Espanyol v Celta Vigo.
9.30 **Temples of Sport**
10.30 **NASCAR Trucks** From Daytona.
1.30 AM **Top 14 Rugby Union** Toulon v Clermont Auvergne.
3.30 Stade Francais v Toulouse.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **F1 Feature**
6.15 **Testing Wrap**
6.45 **F1 Explained: Pit Lane Battle**
6.50 **LIVE Formula 1** The first session of the fifth day of testing.
11.05 **F1 Feature**
11.20 **Formula 1** Las Vegas Grand Prix.
11.40 **F1 Explained**
11.55 **LIVE Formula 1** The second session of the fifth day of testing.
4.10 PM **F1 Features**
4.30 **Formula 1** Qatar Grand Prix.
4.45 **Carlos Sainz & the Lie Detector**
5.00 **Formula 1** Highlights.
8.00 **Testing Wrap**
8.30 **Formula 1** Season highlights.
9.00 **Testing Wrap**
9.30 **Formula 1** Qatar Grand Prix.
9.45 **F1 Features**
10.00 **Formula 1** Action from Qatar.
11.00 PM **to 6.00** AM **Formula 1**

Friday

20 February

Evening Planner

Winter Sports

Winter Olympics

BBC, TNT Sports & Discovery+, from 9am

Speedskater Miho Takagi (Japan) will be chasing individual gold in the 1500m – after her silvers in 2022 and 2018.

Horror

I Know What You Did Last Summer

Sky Premiere, 7.35am & 8pm

Danica (Madelyn Cline) and her friends fight to stay alive in this legacy sequel.

Documentary

Walkers Unpacked: Inside the Crisp Factory

C4, 8pm

Documentary going behind the scenes as Walkers launch a new crisp flavour.

OnDemand

The Last Thing He Told Me

Available today

Hannah's (Jennifer Garner) world is upended again, as the thriller returns for a second series.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 MasterChef: The Professionals		8.30 Would I Lie to...	9.00 Death in Paradise		10.00 News; Local News	10.40 Graham...
	102 BBC2	◂ 5.15 Winter Olympics – Live: The concluding coverage of day 14						10.00 Live at the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 It'll Be... †	8.00 Emmerdale	8.30 Coronation...	9.00 Beat the Chasers		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Walkers Unpacked: Inside the Crisp...		9.00 Gogglebox		10.00 The Last Leg	
	105 5	◂ 6.30 Snooker: Players Championship – Live: The fourth quarter-final							
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own: The Rally		9.00 Ted			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 Guy Montgomery's Guy Mont-Spelling Bee Australia			10.40 Traitors...
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1980	8.35 TOTP: 1986	9.05 Gladys Knight at the BBC		10.05 Gladys Knight and the Pips in...	
	118 ITV2	7.00 Deal or No Deal		8.00 The Real Housewives of Orange County		9.00 Love Island: All Stars		10.05 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	◂ 6.50 The Dog House Australia	7.55 The Dog House			9.00 Astrid: Murder in Paris		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 Celebrity Bake Off		9.00 Film: The King's Man			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Law & Order: Criminal Intent				10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 Under Salt Marsh		10.00 Atomic	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 dinnerladies		9.40 Victoria Wood as Seen...		10.20 Not Going Out
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 Endeavour	
	120 ITV4	◂ 5.15 Racing: Friday Night – Live: Coverage from Southwell				9.00 Ice Road Truckers		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans – Monsters		10.00 Kevin Bridges: A Whole Different Story	
	152 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			10.10 The Leftovers
	113 SKY MAX	◂ 6.10 Film: Stargate: Ark of Truth		8.10 Never Mind the Buzzcocks		9.00 Movie Megastars: Made in the 80s			
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 CSI: Vegas		10.00 Death in Paradise	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Pet Shop Boys: Dreamworld – The Greatest Hits: Live in Copenhagen			
	132 U&W	7.00 Pete Wicks: For Dogs' Sake Christmas...		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition Files		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Russia's Toughest Prisons	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Combat Trains		9.00 Soviet Storm: WWII in the East		10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 'Allo 'Allo!				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Kings from Queens: The Run DMC Story		8.00 Tell Them You Love Me				10.00 Mommy Dead and Dearest: The Story...	
FILMS - Sky Cinema	301 PREMIERE	◂ 6.25 The Naked Gun		8.00 I Know What You Did Last Summer				10.00 Bone Lake	
	302 CULT CLASSICS	◂ 6.15 10 Cloverfield Lane		8.00 Cloverfield			9.40 28 Days Later..		
	303 ADVENTURE	◂ 5.10 The Hobbit: The Desolation of Smaug		8.00 The Hobbit: The Battle of the Five Armies					10.35 How to...
	304 GREATS	◂ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	305 ANIMATION	◂ 5.50 The Garfield...	7.35 Despicable Me 4				9.25 Monsters vs Aliens		
	306 FAMILY	◂ 6.00 E.T. The Extra Terrestrial		8.00 Paul Blart: Mall Cop				9.35 Journey to the Center of the Earth	
	307 ACTION	◂ 5.40 The Matrix Reloaded		8.00 The Meg				9.55 Venom: The Last Dance	
	308 COMEDY	◂ 5.45 Love Actually		8.00 Ted				9.50 Ted 2	
	309 THRILLER	◂ 6.15 Black Bag		8.00 Collateral				10.05 A Clockwork Orange	
	310 DRAMA	◂ 5.55 An Officer and a Gentleman		8.00 Dunkirk				9.50 Empire of the Sun	
	311 SCI-FI	◂ 6.15 A Quiet Place: Day One		8.00 Mickey 17					10.30 Evolution
	313 FILM4	◂ 6.50 Men in Black: International				9.00 The Last Stand			
SPORT	401 MAIN EVENT	◂ 5.00 Tennis – Live	7.30 EFL – Live: Blackburn Rovers v Preston North End (Kick-off 8.00)						10.30 Golf – Live
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 PL Stories	9.00 PL Preview	9.30 Big Interview	10.00 Fantasy Show	10.30 PL Stories
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Blackburn Rovers v Preston North End (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 ICC Men's T20 World Cup							
	410 TNT SPORTS 1	7.00 Inside Serie A	7.30 PREM Rugby Cup – Live: Gloucester Rugby v Sale Sharks (Kick-off 7.45)					10.00 UEFA Magazine	10.30 PL Preview
	411 TNT SPORTS 2	◂ 6.15 Winter Olympic Games – Live: Coverage of Freestyle Skiing; Ice Hockey at 8.00							

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **LIVE Winter Olympics** Hazel Irvine presents the opening coverage of day 14 of the Games from Italy, including the women's ski cross at Livigno Snow Park. *Coverage continues on BBC2.* (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Winter Olympics** Jeanette Kwakye presents further coverage of day 14 of the 25th staging of the Games, with events coming from Milan and Cortina d'Ampezzo. *Coverage continues on BBC2.* (S)
5.15 **Pointless** Quiz hosted by Alexander Armstrong and Konnie Huq. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** (S)(R)

9.00 Death in Paradise

7.00 The One Show
Clara Amfo and JB Gill present the topical show. (S)

7 PM

7.30 MasterChef: The Professionals
New edition 6/21. The second quarter-final sees the hopefuls cook a dish making the most of rice pudding, before serving up a meal for Jimi Famurewa, Jay Rayner and William Sitwell. (S)

8 PM

8.30 Would I Lie to You?
New edition 8/10. Rob Brydon hosts the panel show, with Jonathan Ross, Kate Garraway, JB Gill and Michelle Wolf. (S)

9.00 Death in Paradise
New episode 4/8. The team investigate when an elderly parishioner from Seb's church is killed by a large cross in what seems like a tragic accident, but Mervin has other suspicions. (S15) (S)(AD)

9 PM

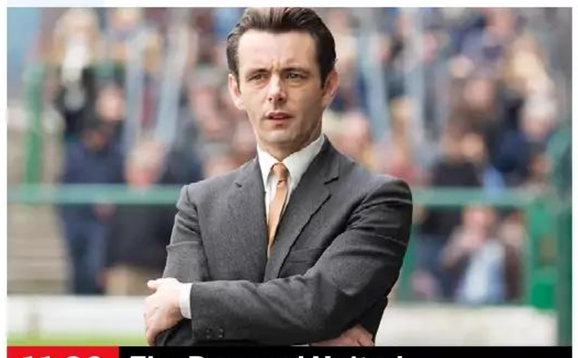
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show**
New edition The host catches up with Benicio del Toro, Jennifer Garner, Gordon Ramsay and Charli XCX on his sofa, with music by Foo Fighters. (S)
11.30 **RuPaul's Drag Race UK vs the World** 4/8. The queens tackle the girl group challenge with a space-themed twist. (S)(R)
12.35 AM **FILM Red Joan** Cold War drama starring Judi Dench. An elderly widow arrested for treason reveals a history as the Soviet Union's longest serving British spy. (S)(AD) (2018, 12, 95min) ★★★
2.10 **Weather for the Week Ahead** Seven-day forecast. (S)
2.15 **to 6.00** AM **BBC News** (S)

10 PM

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **A to Z of TV Gardening** (S)(R)
6.45 **Pointless** Quiz show. (S)(R)
7.30 **Sign Zone: Marcus Wareing Simply Provence** (S)(R)
8.00 **Sign Zone: Clive Myrie's African Adventure** Double bill. (S)(R)(AD)
9.00 **Breakfast** (S)
9.30 **Morning Live** (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **LIVE Winter Olympics** Further coverage of day 14 of the Games in Italy, including the start of the women's curling semi-finals. *Coverage continues on BBC1.* (S)
2.00 **Political Thinking with Nick Robinson** Topical discussion. (S)
2.30 **Escape to the Country** (S)(R)
3.30 **Bears About the House** (S)(R)
4.30 **Flog It!** At Alnwick Castle. (S)(R)



11.00 The Damned United

5.15 LIVE Winter Olympics
Clare Balding presents the concluding coverage of day 14 of the Games in Italy. The concluding men's ice hockey semi-final is held at Milano Santagiulia Ice Hockey Arena, and whatever the line-up, there is expected to be a strong NHL presence this time around after the players from the world's leading club ice hockey competition missed the Olympics in 2022. Elsewhere, medals are decided in freestyle skiing's men's half-pipe final at Livigno Snow Park, with New Zealand's old Finley Melville and USA pair Alex Ferreira and Nick Goepper expected to be contenders. Plus, the short track speed skating programme ends tonight with gold medal races in the women's 1500m and men's 5,000m relay at Milano Ice Skating Arena. (S)

10.00 Live at the Apollo
Host Ed Gamble warms up the audience at the Hammersmith Apollo before introducing routines by comedians Tom Davis and Judi Love. (S)(R)
10.30 **Newsnight** (S)

11.00 **FILM The Damned United** Sports biopic about English football manager Brian Clough's doomed 44 days in charge of Leeds United in 1974, starring Michael Sheen. (S) (2009, 15, 95min) ★★★★
12.35 AM **Sign Zone: Panorama – Framed For Murder?** (S)(R)
1.05 **Sign Zone: Gladiators** (S)(R)(AD)
2.05 **Sign Zone: Rick Astley – Reel Stories** The singer chats about his life and career. (S)(R)
2.50 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson hosts from Bradford, where the owner of a gold coin collection hopes he can make a profit, and sellers turn down cash offers for a gold medal and old bank notes. (S)(R)(AD)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 It'll Be Alright on the Night
New edition Tom Allen presents another compilation of TV clangers, featuring Alexander Armstrong, Richard Ayoade, Rob Beckett, Ant and Dec, Alan Carr, Patrick Kielty and Coleen Nolan. (S)(AD)

8.00 Emmerdale
Marlon is furious, while Kammy and Ross play Cupid. (S)(AD)
8.30 Coronation Street
Sam checks his phone for evidence of Megan and Will's affair, while Jodie stirs up trouble at the Kabin. (S)(AD)

9.00 Beat the Chasers
Bradley Walsh hosts as five contestants take on the Sinnerman, the Beast, the Governess, the Menace, the Vixen and the Dark Destroyer in the hope of winning thousands of pounds. (S)(R)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Devil in Disguise: John Wayne Gacy**
New episode *Billy:* 4/8. A psychiatrist uncovers Gacy's history, as Tovar and Kozenczak examine how systems failed to stop his murders. (S)(AD)
■ Entire series on ITVX
11.45 **The Jonathan Ross Show** With guests Alan Carr, Neve Campbell, Rob and Lou Beckett, and Archie Madekwe. (S)(R)
12.40 AM **Teleshopping**
3.00 **The Summit** The group is reduced from 14 to 11. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ant & Dec's Limitless Win** (S)(SL)(R)(AD)

+1 hour | 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 10-12/27. (S9) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S2&3) (S)(R)
11.10 **American Pickers** (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Car S.O.S** (S)(R)(AD)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun**
New edition Franky and Mark start renovations at their Bulgarian mountain retreat. (S)
5.00 **Chateau DIY: Win the Dream**
Series finale After weeks of challenges, one pair win the keys to their French château. (S)(AD)
6.00 **A Place in the Sun** New edition
A father and daughter look for a holiday home in La Duquesa with a budget of £190,000. (S)

8.00 Walkers Unpacked

7.00 **News** (S)

8.00 **NEW Walkers Unpacked: Inside The Crisp Factory**
Behind the scenes at Walkers as they prepare to launch their latest permanent crisp flavour, following the journey from soil to shelf. (S)(AD)

9.00 **Gogglebox**
New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **The Last Leg**
New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by comedians Bridget Christie, Aisling Bea and Chloe Petts for a comic review of the significant moments of the past seven days. (S)

11.05 **Joe Lycett: I'm About to Lose Control and I Think Joe Lycett** Stand-up comedy. (S)(R)(AD)
12.10 AM **Bill Bailey: Bewilderness** (R)
1.05 **Travel Man: 48 Hours In Malmö** With Rose Matafeo. (S)(SL)(R)(AD)
1.35 **Ramsay's Kitchen Nightmares USA** From Florida. (S)(SL)(R)
2.25 **Four in a Bed** (S)(R)
4.45 **Kirstie's House of Craft** (S)(R)
5.00 **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour | 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.10 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: Players Championship** Katie Shanahan presents coverage of the afternoon session on day four from Telford International Centre, featuring the third quarter-final played over the best of 11 frames. Eventual runner-up Judd Trump whitewashed Shaun Murphy 6-0 at this stage last year, taking just an hour and 26 minutes to complete his victory. Commentary and analysis by Stephen Hendry, John Higgins and Matthew Stevens. (S)
5.30 **News** (S)

6.30 Snooker

6.30 LIVE Snooker: Players Championship Katie Shanahan presents coverage of the evening session on day four from the Telford International Centre, featuring the fourth quarter-final played over the best of 11 frames. John Higgins, who won this title in 2021, was the final player to book his place in the semi-finals in 2025, coming back from 5-2 to eventually defeat Xiao Guodong 6-5 and set up a meeting with Judd Trump, despite Xiao recording two century breaks. Commentary and analysis by Stephen Hendry, Alan McManus, John Higgins and Matthew Stevens.

11.05 **Piers Morgan: Uncensored** New edition The opinion-led news and debate show. (S)
12.35 AM **The Motorway** (S)(R)
1.35 **Teleshopping** (S)
3.05 **Friends** (S3) (S)(R)(AD)
3.50 **Adrian Dunbar's Scenic Ireland** Travel series. (S)(R)
4.40 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Ningaloo: Australia's Ocean Wonder** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **A League of Their Own** (R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **The Simpsons** *The Otto Show:* Bart attends a rock concert, so Marge and Homer buy him a guitar. (S)(R)
5.30 **The Office (US)** 21/25. A printing error threatens the company's reputation. (S)(R) **6.00** 22/25. Michael takes the female staff on a special outing and makes a big decision. (S)(R) **6.30** 23/25. Michael is considered for a new job in the Corporate division. (S3) (S)(R)

6.00 The Office (US)

7.00 The Simpsons *Bart's Friend Falls in Love:* Milhouse falls in love with a new girl at school. (S)(R) **7.30** *D'Oh-in' in the Wind:* Homer decides to follow in his mother's footsteps and becomes a hippie. (S)(R)

8.00 A League of Their Own: The Rally 2/3. Romesh Ranganathan has more surprises for Jamie Redknapp, Jill Scott, Micah Richards and Tom Davis as they head through rural France to the Alps. (S)(R)(AD)

9.00 Ted *Loud Night:* 7/8. Matty's unorthodox Christmas wish is granted, up-ending the Bennett family dynamic, and a trip to church gets John and Ted wondering about the bear's origin. (S)(R)(AD)

10.00 Ted *He's Gotta Have It:* 8/8. As the end of the school year approaches, Ted plots to help John lose his virginity after he learns he is the last virgin in school. (S1) (S)(R)

11.00 **True Blood** *To Love Is to Bury:* 11/12. Bill completes Jessica's transformation, and the serial killer strikes again. (S)(R) **12.00** M'T *You'll Be the Death of Me:* 12/12. The identity of the killer is revealed. (S1) (S)(R)
1.00 AM **Sex and the City** (S3) (S)(R)
2.15 **The Force: North East** (S)(R)
3.05 **Magnum P.I.** (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30pm The Chief (S)(R) **12.00m't** RuPaul's Drag Race UK vs the World New edition (S) **1.05am FILM** Red Joan (S)(AD) (2018, 12, 95min) ★★★ **2.40** Weather for the Week Ahead (S) **2.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm Farm 999 New edition **10.40** Would I Lie to You? New edition (S) **11.10** The Graham Norton Show New edition (S) **12.00m't** RuPaul's Drag Race UK vs the World (S)(R) **1.10am** The Weakest Link (S)(R) **1.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
10.00-10.30pm Scrum V Top 5 – Max Boyce (S)(R)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Wales This Week New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Bois y Pizza: Chwe' Gwlad (AD) **1.30** Arfordir Cymru: Llyn **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Deis **6.30** Heno New edition **6.57** Newyddion **7.00 LIVE** Clwb Rygbi Rhyngwladol **9.20** Newyddion a'r Tywydd **9.55** Paid a Dweud Hoyw **10.55pm-12.00m't** Jonathan

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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Creatures that pose a threat to humans. **7.30** Examining how many animals protect themselves.
8.00 **Top Gear** Jeremy and James go on an adventure to rescue Richard from a remote area of Canada.
9.00 **Guy Montgomery's Guy Mont-Spelling Bee Australia** New edition 5/8. Tom Ballard, Luke McGregor, Nikki Britton and Wil Anderson compete. **9.50** 6/8. Rhys Nicholson, Concetta Caristo, Dan Rath and Tom Ballard take part. ■ Entire series on BBC iPlayer
10.40 **The Traitors Ireland** 9/12. Siobhán McSweeney has a chilling revelation for the Faithfuls at breakfast. **11.30** 10/12. Players must decide who they distrust.
12.25 AM **FILM The Inspection** Drama starring Jeremy Pope. (2022, 15, 95min) ★★★★
1.55 **Top Gear** Motoring.
2.55 **to 3.55** AM **Behind Bars: Sex, Bribes and Murder**

MORE4

136/137 127 147 18 124 15

8.55 AM **Strangers on a Plane**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S.** Fuzz Townshend and Tim Shaw work to restore a bubble car. **5.50** Fuzz and Tim restore a 1974 Mk 1 Ford Capri.
6.50 **The Dog House Australia** A woman who suffered a brain injury seeks a new dog, hoping it will give her the confidence to go out.
7.55 **The Dog House** Beth and Jemima are looking for an outgoing pup who can fit in their friendship group.
9.00 **Astrid: Murder in Paris** New episode 5/8. A man is found dead in a Mormon temple, while Astrid and Raphaëlle discover that the scene bears similarities to the assassination in 1844 of the movement's founder. Subtitled. In French. (S5)
10.05 **24 Hours in A&E** Doctors suspect a 93-year-old man with a low heart rate, dizziness and confusion may need a new pacemaker. **11.10** A 49-year-old is brought in with a complication of diabetes.
12.15 AM **999: On the Front Line**
1.20 **The Gulf** 8/8. (S2)
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Phats & Small, Meat Loaf & Patti Russo and TLC. **7.30** With Whitney Houston, Phats & Small and Electronic.
8.00 **TOTP: 1980** Performances by Shakin' Stevens, Blondie, the Beat, the Buggles, the Tourists and Fern Kinney.
8.35 **TOTP: 1986** Featuring Paul Hardcastle, Diana Ross and Depeche Mode.
9.05 **Gladys Knight at the BBC** Archive performances by the soul singer known as the Empress of Soul.
10.05 **Gladys Knight and the Pips in Concert** Two concerts recorded at the New London Theatre.
11.15 **Queens of Soul** The female singers who define the music genre of soul.
12.15 AM **TOTP: 1999**
1.15 **TOTP: 1980** As 8.00pm.
1.50 **TOTP: 1986** As 8.35pm.
2.20 **Gladys Knight at the BBC** Archive performances.
3.25 **to 3.55** AM **Gladys Knight and the Pips in Concert**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **Modern Family**
11.00 **Ramsay's Kitchen Nightmares USA**
1.00 PM **Brooklyn Nine-Nine**
2.00 **The Simpsons**
3.00 **The Goldbergs**
4.00 **Modern Family**
5.00 **Brooklyn Nine-Nine**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Stew Lies:* Homer becomes obsessed with an extreme eating show. **7.30** *Teenage Mutant Milk-Caused Hurdles:* Bart realises that he has a crush on his new school teacher.
8.00 **Celebrity Bake Off** James Acaster, Russell Tovey, Rylan and Michelle Keegan take part for charity.
9.00 **FILM The King's Man** Adventure prequel starring Ralph Fiennes and Gemma Arterton. A secret spy network leaps into action when a mastermind orders an assassination. With Rhys Ifans and Harris Dickinson. (2021, 15, 130min) ★★★
11.40 **Naked Attraction**
1.45 AM **Gogglebox**
2.45 **First Dates**
3.45 **The Goldbergs**
4.35 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Border Security USA**
10.00 **Border Security: Canada's Front Line**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 21/22. (S5)
1.00 PM **The Rookie** 5/20. The training officers and rookies are pitted against each other. **2.00** 6/20. Nolan's former mentor goes on the run. (S1)
3.00 **Law & Order: Criminal Intent** 2/23. (S2)
4.00 **Nothing to Declare**

8.00 Law & Order: Criminal...

7 PM

7.00 Police 24/7 A young man has instant regrets after getting stopped for stealing his grandma's car.

8 PM

8.00 Law & Order: Criminal Intent *Gods & Insects:* 5/16. A war veteran is accused of killing an escort's boyfriend.

9 PM

9.00 Law & Order: Criminal Intent *Abel & Willing:* 6/16. A murder is linked to a warped psychological study. (S9)

10 PM

10.00 Matlock *Prior Bad Acts:* 7/16. Olympia takes on a case involving her mother's husband. (S2)
11.00 **Law & Order: Special Victims Unit** 7/13. (S25)
12.00 M'T **FBI** 19/22. (S5)
1.00 AM **Law & Order: Criminal Intent** 15/16. (S8)
2.00 **The Good Doctor** 13/18. (S5)
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** 4&5/21. (S6)
10.00 **Big Little Lies** 1&2/7. (S1)
12.10 PM **Big Little Lies** Six episodes, including at:
3.25 6/7. The truth behind Abigail's project comes out.
4.30 7/7. Jane finally learns the identity of the school bully, and Madeline's past catches up with her. (S1)
5.40 1/7. The 'Monterey Five' bond together as they pick up the pieces of their lives. (S2)

10.00 Atomic

6.45 Game of Thrones *Baelors:* 9/10. Ned faces a fateful decision to save Sansa's life, and Tyrion is forced onto the battlefield.

7.55 Game of Thrones *Fire and Blood:* 10/10. Robb's bannermen make a declaration, and Arya tries to flee the capital. (S1)

9.00 Under Salt Marsh New episode 5/6. Rising floodwater cuts Morfa Halen off as another body is discovered. (S1)

10.00 Atomic *Al Britani:* 1/5. Two men become caught up in a cartel's plot to transport uranium across north Africa. (S1)
11.10 **Atomic** 2/5. Max receives evidence the cartel has kidnapped his girlfriend.
12.00 M'T **Atomic** 3-5/5. (S1)
3.00 AM **Task** 4/7. (S1)
4.05 **Game of Thrones** 8/10. The Lannisters bid for power. (S1)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highlights**
8.00 **The Ultimate Action Movies**
9.00 **Hold the Front Page**
10.00 **Rob Beckett's Smart TV**
11.00 **Karl Pilkington: The Moaning of Life**
12.00 NOON **Flintoff's Road to Nowhere** Documentary.
1.00 PM **TV's Greatest Game Shows**
3.05 **There's Something About Movies** Comedy panel show.
4.05 **A League of Their Own Road Trip: Southeast Asia**
5.10 **Karl Pilkington: The Moaning of Life**

6.10 Stargate: Ark of Truth

6.10 FILM Stargate: Ark of Truth Sci-fi drama starring Michael Shanks. (2008, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.10 Never Mind the Buzzcocks With Pepsi & Shirlie, Martin Fry, Debbie Gibson and Judi Love.

9.00 Movie Megastars: Made in the 80s The biggest film stars of the decade, including Tom Cruise, Arnold Schwarzenegger, Julia Roberts and Nicole Kidman with contributions by Peter Andre and Sinitta.

11.00 Joe Lycett's United States of Birmingham 4/4. Joe's mission takes him to his final Birmingham in Alabama, where he takes in the history of America's Deep South.
12.00 M'T **The Force: North East**
2.00 AM **Road Wars**
3.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Celebrity Dinner Date**
8.30 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.25 **Real Housewives of Miami**
11.20 **The Real Housewives of Beverly Hills** Reality series.
12.15 PM **Dinner Date**
1.15 **Celebrity Dinner Date**
2.15 **The Only Way Is Essex**
3.15 **The Real Housewives of OC**
4.10 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

7.00 Deal or No Deal Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order to win big.

8.00 The Real Housewives of Orange County New edition Gina struggles with a rumour that has been circulating.

9.00 Love Island: All Stars New edition Famous former Islanders get another shot at finding true love in the villa.

10.05 Olivia Attwood: Getting Filthy Rich Olivia looks at the earning power of strong women, from a bricklayer to bodybuilder.
11.05 **Family Guy** 19/20. Meg becomes an internet star. **11.35** 14/20. (S17)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 8&4/22. (S13)
2.05 **Totally Bonkers Guinness World Records**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.30 **On the Buses**
7.05 **Classic Emmerdale**
8.10 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.20 PM **Midsomer Murders**
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Changing Roles:* George suspects an old adversary is deliberately stirring up trouble when Joe's uniform goes missing.

8.00 Doc Martin

6.55 Heartbeat *A Brush with the Law:* Tensions mount as the annual fox hunt gets under way.

8.00 Doc Martin *Out of the Woods:* 7/9. Mark's stag night ends in disaster when he has an allergic reaction to a snake bite.

9.00 Doc Martin *Erotomania:* 8/9. Aunt Joan advises Martin to intervene after Danny asks Louisa to move to London. (S2)

10.00 Endeavour *Colours:* A murder at an Army base threatens to unveil some long-held secrets within the regiment. (S5)
11.50 **Trial & Retribution** 1/6. The team investigate when an ambulance is run off the road and its patient shot dead. (S12)
1.50 AM **On the Buses** *First Aid:* Inspector Blake is involved in an accident aboard Stan's bus.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene: Championship** Raith Rovers v St Johnstone: Coverage of the match from Stark's Park. St Johnstone won 2-0 here in September, but the sides drew 0-0 when they met at McDiarmid Park three months later. Kick-off is at 7.45.
10.00 **Still Game** 4/6. Jack and Victor offer unconventional marriage guidance to Fergie, while Navid and Boabby job-swap to prove who has the cushiest career. (S7)
10.30 **Two Doors Down** 1/6. Christine receives a PPI refund windfall. (S2)
11.00 PM **to 12.00** M'T **City Lights: Pure Dead Brilliant** A celebration of the comedy.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **Ballers** 7&8/10. (S1)
10.05 **Sex and the City** (S3)
11.25 **Entourage** (S4)
12.30 PM **Will & Grace** (S6)
1.30 **Sex and the City** (S3)
2.40 **Ballers** 9&10/10. (S1)
3.50 **And Just Like That...**
4.45 **The Office (US)** (S3)
5.45 **Will & Grace** (S6)
6.45 **Community** (S1)
7.45 **Sex and the City** 11/18. Carrie comes face to face with a love rival. **8.20** 12/18. Charlotte has second thoughts about the wedding. (S3)
9.00 **Tracey Ullman: Live & Exposed** Stand-up comedy in Los Angeles.
10.15 **And Just Like That...** *Carrie Golightly:* 3/12. Seema joins Carrie on the trip to Virginia. (S3)
11.10 **Community** (S1)
12.10 AM **Entourage** (S4)
1.10 **Ballers** 7&8/10. (S1)
2.20 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Veep**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: I Lost My Heart in Heidelberg**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **The Art Mysteries**
3.00 **The Myth of Marilyn Monroe** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** From 1985.
9.00 **Pet Shop Boys: Dreamworld – The Greatest Hits: Live in Copenhagen**
11.20 **Queen: Rock the World**
12.40 AM **Cyndi Lauper – Live at Last**
2.40 **Women Who Rock**
40 **Led Zeppelin: In the Light** Documentary.
5.00 **to 6.00** AM **Inside Art**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 5/20. (S1)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager** (S6)
7.00 **Star Trek: The Next Generation** 13/26. (S7)
8.00 **Primeval** 6/6. The team face a predator from the future. (S1)
9.00 **Catching the Killer**
11.00 **Grimm** 18/22. (S5)
12.00 M'T **Warrior** 1/10. (S1)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **The Force: North East**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **Ant & Dec's Limitless Win**
4.00 **Time Is Money**
5.00 **Deal or No Deal**
6.00 **Lingo** A father and son, two siblings and a duo take part in the quiz. **7.00** Two best friends, a couple and a mother and son compete. **8.00** A duo from Leeds, a mother and daughter from Worcestershire and two siblings from Chesterfield take part.
9.00 **Alan Carr's Epic Gameshow** The comic hosts an updated version of *Child's Play*.
10.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
12.55 AM **Tenable** Five family members from Ipswich take part in the quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S.**
10.00 **American Pickers**
11.00 **Find It, Fix It, Flog It**
12.00 NOON **Chateau DIY: Win the Dream**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me** Dinner parties from in and around Glasgow.
6.00 **Location, Location, Location** Manchester.
7.00 **Devon and Cornwall**
7.50 **The Great Pottery Throw Down** Guest judge Jo Taylor sets a surprise challenge.
9.00 **24 Hours in A&E** Staff deal with a spate of needle-spiking attacks.
10.00 **999: What Happened Next** A carjacking.
11.05 **Gogglebox** Double bill.
1.10 AM **Super Surgeons: A Chance at Life**
2.15 **Walkers Unpacked: Inside the Crisp Factory**
3.15 **Jamie's Feasts for a Fiver** Culinary series.
4.10 **to 4.40** AM **Travel Man: 48 Hours In Malmö**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **The Big Match Revisited**
8.35 **Magnum, PI**
9.35 **Kojak**
10.40 **Boon**
11.50 **The Sweeney**
12.55 PM **Dempsey and Makepeace**
1.55 **Magnum, PI**
2.55 **Kojak** *No Immunity for Murder:* Theo comes into conflict with the FBI.
4.00 **Boon** *Vallance's Liberty:* A gang of villains use a theme night is used as a cover for a burglary.

5.15 Racing: Friday Night

5.15 **LIVE Racing: Friday Night** Megan Nicholls presents coverage of the second round of the series from Southwell.
8.45 **World of Sport** A look back at the glory days of British wrestling, with some classic action from the television archives.
9.00 **Ice Road Truckers** The drivers are forced to think fast when they are hit by a phase-three storm in the Atigun Pass, Alaska.
10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
12.05 AM **Dark Side of the Ring** The legitimate fighting tournament held by the WWF.
1.00 **The Sweeney** *Poppy:* A villain tries to retrieve stolen loot.
2.00 **Minder**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

Sky Sci-Fi

152 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 4/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 5/26. (S6)
2.00 **Primeval** 5&6/6. (S1)
4.00 **Stargate SG-1** 19/22. (S2)
5.00 **Star Trek: Voyager** 7/26. Kes's attraction to Paris drives Neelix mad with jealousy. (S2)
6.00 **Star Trek: The Next Generation** 4/26. Guest stars James Doohan. (S6)

8.00 Stargate SG-1

7.00 **Star Trek: Deep Space Nine** *Favour the Bold:* 5/26. Part one of two. The Federation's minefield is threatened. (S6)
8.00 **Stargate SG-1** *One False Step:* 19/22. The team accidentally introduce a fatal illness to an alien race. (S2)
9.00 **Westworld** *Akane No Mai:* 5/10. Maeve and her allies discover a new world, and Dolores makes a tough decision. (S2)
10.10 **The Leftovers** *No Room at the Inn:* 5/10. Matt tries to get answers about his wife's condition. (S2)
11.10 **Wynonna Earp** 10/12. The Earps are suspicious of a woman who knows a little too much about their legacy. (S3)
12.00 M'T **True Blood** 1&2/12. Double bill of the drama starring Anna Paquin. (S4)
2.00 AM **Primeval** 5&6/6. (S1)
4.00 **Wynonna Earp** 10/12. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
9.00 **Father Brown**
10.00 **The Mentalist** 5/13. (S7)
11.00 **Hudson & Rex** 5/16. (S6)
12.00 NOON **Father Brown**
1.00 PM **Death in Paradise** (S5)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Mentalist** 5/13. (S7)
5.00 **Hudson & Rex** 5/16. Charlie and Rex try to find a vigilante roaming the streets. (S6)
6.00 **Father Brown** *The Face of the Enemy:* The Roman Catholic priest spies trouble when Lady Felicia returns to Kembleford.

9.00 CSI: Vegas

7.00 **Father Brown** *The Hidden Man:* Father Brown's friendship with Flambeau is put to the test when he is suspected of murder.
8.00 **Death in Paradise** *Posing in Murder:* 3/8. A model is strangled in the middle of a fashion show. (S5)
9.00 **CSI: Vegas** *Health and Wellness:* 4/10. The team investigate the death of a man visiting Vegas for a health convention. (S3)
10.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man gets a haunting voicemail from his wife. (S7)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S5)
1.00 AM **The Company You Keep** 4/10. Charlie takes extreme measures at a high-stakes poker game on a yacht. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **Dad's Army**
9.35 **Are You Being Served?**
10.20 **Porridge**
11.00 **Keeping Up Appearances**
11.40 **Last of the Summer Wine**
1.00 PM **The Green Green Grass**
1.35 **dinnerladies**
2.20 **Dad's Army**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.00 Porridge

7.00 **Porridge** The inmates face a day of hard labour digging on the moors.
7.40 **Dad's Army** Warden Hodges challenges Mainwaring's platoon to a cricket match.
8.20 **dinnerladies** Petula's bizarre lifestyle finally catches up with her.
9.00 **dinnerladies** Bren frets over the implementation of a new DIY initiative.
9.40 **Victoria Wood as Seen on TV** It's the third week of the experiment, 'Managing without Opera'.
10.20 **Not Going Out** Lee grows suspicious of Guy's true motives.
11.00 **Keeping Up Appearances**
11.40 **dinnerladies**
12.20 AM **Victoria Wood as Seen...**
1.00 **Not Going Out**
1.40 **Inside No 9**
2.15 **Don't Wait Up**
2.45 **Inside No 9**
3.20 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.35 AM **Border Force: America's Gatekeepers** Double bill.
9.30 **Speed with Guy Martin**
11.00 **Rick Stein's Long Weekends**
12.00 NOON **Bangers & Cash: Restoring Classics**
2.00 PM **Extreme Fishing with Robson Green** From China.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers' Asian Adventure** The duo sample the food of Hong Kong.
6.00 **Rick Stein's Long Weekends** The chef visits Copenhagen, the home of New Nordic cuisine.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** With David Baddiel, Ed Balls, Jo Brand and Kimberly Wyatt.
7.40 **Richard Osman's House of Games** With Sian Gibson and Rav Wilding. **8.20** Jamie Laing, Laura Whitmore, Tim Key and Sunetra Sarker take part.
9.00 **QI XL** Host Stephen Fry introduces Phill Jupitus, Hugh Dennis and Andy Hamilton to a gallimaufry of gingambobs.
10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the satirical quiz, with Joan Bakewell and Fin Taylor.
11.00 **Taskmaster** The series reaches its majestic climax.
12.00 M'T **Mock the Week** With Maisie Adam, Angela Barnes, Ed Byrne and Milton Jones.
12.40 AM **Would I Lie to You?**
2.00 **Mad Dogs**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Friday

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Murder, She Wrote**
10.00 **NCIS** 4-6/19. (S5)
1.00 PM **Law & Order** (S11)
6.00 **NCIS** *Judgement Day – Part Two:* 19/19. Gibbs investigates the death of a team member. (S5)
7.00 *Last Man Standing:* 1/25. A murder is linked to the break-up of Gibbs's team.
8.00 *Agent Afloat:* 2/25. A lieutenant apparently takes his own life by jumping from an aircraft carrier. (S6)
9.00 **Person of Interest** *Asylum:* 21/22. Finch and Root follow a clue to Shaw's whereabouts.
10.00 *YHWH:* 22/22. Root and Finch race to save the Machine. (S4)
11.00 **Law & Order: Special Victims Unit** (S20)
2.45 AM **Instinct** 4/11. (S2)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters & Scammers: At War with the Law**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A two-year-old girl is brought in with dangerously low blood sugar levels.
9.00 **999: Critical Condition** A man has sustained numerous injuries after being trapped in his car.
10.00 **999: Emergency Call Out** A lorry crash.
11.00 **Skin A&E**
12.00 M'T **Nightmare Tenants, Slum Landlords**
2.50 AM **GPs: Behind Closed Doors** Medical series.
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Traffic Cops**
10.15 **Police Interceptors**
12.10 PM **FILM The Left-Handed Gun** Western drama. (1958, b/w, PG, 102min) ★★★
2.15 **FILM The Lone Gun** Western drama. (1954, U, 78min) ★★
3.55 **Trucking Heavy**
4.50 **Winter Road Rescue**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching America's Speeders** Following New Jersey police.
9.00 **Police: Night Shift 999** A woman has her car stolen at knifepoint.
10.00 **Cops** A woman asks police to get involved after her ex threatened to destroy her home.
10.30 **Cops** Documentary.
11.00 **Banged Up Abroad**
12.00 **Extreme Tow Truckers**
1.05 AM **Ice Road Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Homes for Veterans**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **Pete Wicks: For Dogs' Sake Christmas Special** The reality star returns to Dogs Trust for a heart-warming holiday special.
8.00 **Inside the Ambulance** A golf-loving pensioner with a heart problem is among the cases.
9.00 **999 Rescue Squad**
11.00 **Emergency: First Time Medics** Documentary.
12.00 M'T **Louis Theroux: Life on the Edge**
1.00 AM **Louis Theroux: Talking to Anorexia**
1.55 **to 3.00** AM **Michael McIntyre's The Wheel**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.35 **Doctors**
9.45 **Classic Holby City**
10.45 **Classic Casualty**
11.50 **The Bill**
12.50 PM **Classic EastEnders**
2.10 **All Creatures Great and Small**
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Porridge**
6.00 **Last of the Summer Wine** Triple bill.
8.00 **Father Brown**
9.00 **Father Brown** *The Alchemist's Secret:* The priest investigates a 300-year-old secret.
10.00 **New Tricks**
12.00 M'T **Shakespeare & Hathaway: PI**
1.00 AM **Waking the Dead**
2.30 **Porridge**
3.00 **to 4.00** AM **Catch Me a Killer**

+1 hr 243 316 60 260

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great American Railroad Journeys**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Great War in Numbers**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Great War in Numbers**
6.00 **Antiques Roadshow**
7.00 **Caribbean with Simon Reeve** Visiting the Dominican Republic, Haiti and Puerto Rico.
8.00 **'Allo 'Allo!** René and his staff go in disguise as undertakers. **8.40** Michelle concocts another plan to infiltrate German headquarters. **9.20** René arranges to sell the *Fallen Madonna*.
10.00 **Bangers & Cash**
12.00 M'T **Abandoned Engineering**
2.00 **to 3.00** AM **War Factories**

+1 hour 255 329

FRIDAY Entertainment

Friday

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **Celebrity Yorkshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
5.00 **Long Lost Family: What Happened Next**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **Unsellable Houses** New edition Lyndsay and Leslie have a home they can't sell until the county approves plans.
10.00 **My Lottery Dream Home** New editions
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 9-11/24. (S8)
1.00 PM **The Waltons** (S4)
3.00 **Ballykissangel: Christmas Special**
4.10 **Hamish Macbeth** (S3)
5.20 **Doctor Finlay** 2/6. (S2)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 8/24. A pilot refused permission to go home wants to kill Henry. **8.00** 9/24. Henry is promoted to admin duties in Tokyo. **8.30** 10/24. Hawkeye turns detective. (S1)
9.00 FILM **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
11.35 FILM **Twins** Action comedy. (1988, PG, 107min) ★★★
2.05 AM **Rumpole of the Bailey** 5/6. (S5)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **The High Chaparral**
10.00 **The Avengers** (S5)
11.00 **The Baron** 9/30. (S1)
12.00 NOON FILM **Rawhide** Western. (1950, b/w, PG, 86min) ★★
1.50 PM FILM **The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★★
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S5)
8.00 **The Baron** 10/30. (S1)
9.00 FILM **Speed** Thriller. (1994, 15) ★★★★★
11.25 FILM **The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
1.20 AM **The Baron** (S1)
2.20 **The Avengers** (S5)
3.10 **Police Ten 7**
3.35 FILM **Johnson County War – Part 1** Western. (2002, 12, 100min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **An Emma Fielding Mystery: Past Malice** (2018, PG) ★★
10.05 **Unforgettable** (S4)
11.05 **Castle** 18/23. (S6)
12.05 PM FILM **Garage Sale Mysteries: The Art of Murder** (2017, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 19/23. (S6)
8.00 **Unforgettable** (S4)
9.00 FILM **Garage Sale Mysteries: The Beach Murders** Crime drama. (2017, PG, 90min) ★★
10.55 FILM **Aurora Teagarden Mysteries: Til Death Do Us Part** Crime drama. (2021, PG, 85min) ★★
12.50 AM FILM **Cry for Justice** Drama. (2013, 12) ★★
2.30 FILM **A Night to Regret** Drama. (2018, 12) ★★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM FILM **Under the Autumn Moon** Comedy. (2018, PG, 86min) ★★
10.20 FILM **14 Love Letters** Drama. (2022, U) ★★
12.10 PM FILM **Love, Game, Match** (2022, U) ★★
2.05 FILM **Dream Wedding** Drama. (2023, U) ★★
4.00 FILM **Two Tickets to Paradise** Romance. (2022, PG, 84min) ★★
5.55 FILM **40 Below and Falling at Christmas** Romantic comedy. (2015, PG, 95min) ★★
8.00 FILM **Royally Ever After** Romantic comedy. (2018, PG, 85min) ★★
9.55 FILM **Raise a Glass to Love** Romantic drama. (2021, PG, 84min) ★★
11.50 FILM **Hometown Hero** Drama. (2016, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **40 Below and Falling at Christmas** As 5.55pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.00 NOON **The Fenn Street Gang** 14/18. (S3)
12.30 PM **The Top Secret Life of Edgar Briggs** (S1)
1.00 **Wish Me Luck** (S2)
2.00 **The Champions** (S1)
3.00 **Bubblegum & Cheese**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Shine on Harvey Moon**
6.00 **The Dustbinmen** (S3)
6.30 **The Fenn Street Gang**
7.00 **The Top Secret Life of Edgar Briggs** (S1)
7.30 **The Brian Conley Show**
8.00 **The Champions** (S1)
9.00 **Wish Me Luck** (S2)
10.00 FILM **The Teacher** Thriller. (1974, 15) ★★
12.00 M'T **Stereo Underground**
1.00 AM FILM **Naked as Nature Intended** Comedy. (1961, 18) ★★
2.20 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Australia.
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown: Hunt for the Yeti** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jack prepares for the birth of his baby and Johnathan struggles with a rogue deckhand. **8.00** Jake Anderson prepares to captain the *Saga* for the first time.
9.00 **Saving Lives at Sea**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **Hairy Bikers: Route 66**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **James Martin: Delicious** Four editions.
3.00 **Hairy Bikers: Route 66**
4.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **The Great British Bake Off** Double bill.
9.00 **Man v Food**
10.00 **Chef Grudge Match** New edition De'Unaka Haley is battling to earn Niema DiGrazia's trust.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/26. (S5)
9.00 **The A-Team** 15/23. (S4)
10.00 **The Invaders** 13/17. (S1)
11.00 FILM **Ape vs Monster** Sci-fi fantasy adventure. (2021, 12, 88min) ★★
1.00 PM FILM **Comanche Station** Western. (1960, PG, 74min) ★★
2.25 FILM **Bite the Bullet** Adventure. (1975, PG, 131min) ★★★★
5.00 **Star Trek** 20/26. (S2)
6.00 **The Invaders** 14/17. (S1)
7.00 **The A-Team** 16/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **Man of Tai Chi** Martial arts adventure. (2013, 15, 100min) ★★★
11.05 FILM **Robin Hood** Adventure. (2018, 12) ★★
1.20 AM FILM **Red Sonja** Action adventure. (1985, 15, 89min) ★
3.10 **to 5.00** AM FILM **The Plague of the Zombies** Hammer horror. (1966, 15, 91min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
11.00 **The Lost World** (S2)
12.00 NOON FILM **Warbirds** Sci-fi war drama. (2008, 15, 87min) ★★
2.00 PM FILM **The Pledge** Western. (2008, PG, 79min) ★★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Post Impact** Sci-fi action adventure. (2003, 15, 91min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 10/23. (S2)
9.00 FILM **Kickboxer** Martial arts thriller with Jean-Claude Van Damme. (1989, 18, 105min) ★
11.00 FILM **The Trust** Comedy thriller starring Nicolas Cage. (2016, 15, 90min) ★★★
1.00 AM FILM **Kickboxer**
3.00 FILM **Post Impact**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 371 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **My Strange Arrest**
12.10 PM **When Big Things Go Wrong**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 NEW SERIES **Road Wars**
10.00 **Paranormal: Caught on Camera**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.00 **My Strange Arrest**
3.45 **When Big Things Go...**
4.35 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Ben Fogle: New Lives...**
12.00 NOON **Walking Wartime Britain**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Scotland's Most Scenic Railway Journeys**
6.00 **Great British Ships**
7.00 **Walking Wartime Britain** In Hampshire.
8.00 **Ben Fogle: New Lives in the Wild** In Alaska.
9.00 **Taggart** *Nest of Vipers:* Two skulls are found during building work.
11.45 **1986: Most Shocking Moments**
1.45 AM **Rich House, Poor House** Reality series.
2.45 **Rich Holiday, Poor Holiday** Reality series.
3.35 **Britain's Greatest Bridges** In London.
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Game show.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** Piers Morgan, Susanna Reid, Richard Arnold and Kate Garraway take part.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 12/24. Sheldon and Amy use science to choose their best man and maid of honour. **8.30** 13/24. Amy and Leonard bond during some experiments. (S11)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Lisa makes an unexpected decision about Daniel's proposal, and Aviva grows more suspicious of Stig.
11.00 **Georgie and Mandy's First Marriage**
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** 7-12/25. (S2)
12.50 PM **Impractical Jokers**
1.20 **Friends** (S10&1)
7.00 **Friends** 5/24. Rachel does her laundry. **7.30** 6/24. Chandler dates a married woman. **8.00** 7/24. There is a blackout in New York. **8.30** 8/24. The pals pay their respects to Ross and Monica's grandma. (S1)
9.00 **Lee Evans – Monsters**
10.00 **Kevin Bridges: A Whole Different Story**
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
2.10 **Drunk History: Black Stories**
2.40 **Reno 911!** (S4)
3.10 **Key & Peele**
3.30 **Demetri Martin: Standup Comedian**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 5&6/25. (S2)
7.00 **Teleshopping**
9.00 **Spin City** 20&21/24. (S1)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 15-18/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Blockbusters**
3.00 **Blockbusters Christmas Special**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 20&21/24. (S1)
7.00 **Everybody Loves Raymond** 7-10/25. (S2)
9.00 **Michael McIntyre's Big Show** With Alison Hammond, George Ezra and Peter Crouch.
10.00 **Friends** (S9&10)
12.00 M'T **Jimmy Carr's Am I the A**hole?**
1.00 AM **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the House** 4/7. (S3)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 9/15. (S3)
2.40 **Minder** 11/13. (S2)
3.45 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Are You Being Served? Again!** (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S6)
6.45 **Rising Damp** 7/7. (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 4/10. (S5)
9.00 **Benidorm** 1/7. (S4)
9.55 **Shameless** 8/8. (S3)
11.00 **Man About the House**
11.30 **Rising Damp** 6/7. (S3)
12.00 M'T **Benidorm** (S4)
1.05 AM **Shameless** (S3)
2.00 **Kenny Everett Show**
2.30 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Teen Cribs**
6.20 **Help! I'm in a Secret Relationship!**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: Love Triangles** Reality series.
2.00 **Catfish: The TV Show**
4.00 **Dallas Cowboys Cheerleaders**
6.00 **Catfish UK**
7.00 **Catfish: The TV Show** Whitney met Brenell on an LGBT website four years ago and is head-over-heels in love.
8.00 **Teen Mom UK: Next Generation**
9.00 **Dating Naked**
10.00 FILM **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 102min) ★★★
12.00 M'T **Ink Master: Angels**
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Teen Mom: The Next Chapter** Reality series.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

20 February Friday

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
7.00 **Shorty's Dream Shop**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Diesel Brothers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made** Four editions of the documentary series.
5.00 **Alaska: Homestead Rescue** Soil poisoned by coal production hampers a Kentucky homestead. **6.00** The Raneys build an entire cabin from scratch and harness a natural spring.

9.00 **Expedition Files**

7.00 **Wheeler Dealers** Mike Brewer and Ant Anstead work on a 1964 Falcon Ranchero, one of the first utility vehicles.
8.00 **Gold Rush** Rick makes a shocking $1m call to open a new cut, while Parker tasks Brennan with delivering more gold.
9.00 **Expedition Files** New edition A look at what became of a hard drive holding billions in Bitcoin lost in a landfill.
10.00 **Expedition Unknown** New edition Parker Schnabel joins Josh Gates to investigate an infamous robbery gone bad.
11.00 **Expedition Unknown** Josh dives into the mystery of a Greek sea passage that claimed 58 ships.
12.00 M'T **Deadliest Catch**
1.00 AM **Expedition Files**
2.00 **Expedition Unknown**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** Salt water tanks.
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo** The medical team perform surgery on a bison. **4.00** A beaver needs to undergo a tooth trim.
5.00 **Lone Star Law** Boating search-and-rescue teams go on patrol.
6.00 **Dr Jeff: Rocky Mountain Vet** Seven bad-tempered chickens arrive at the clinic.

7.00 **Treehouse Masters**

7.00 **Treehouse Masters** Pete Nelson finds the perfect treehouse spot for a couple seeking meditation space.
8.00 **100 Days Wild** Under pressure to catch a moose, Andrew and Gerrid must also contend with Oliver's stubbornness.
9.00 **Alaska: The Last Frontier** How the relatives prepare their home for winter, including stockpiling food and fuel.
10.00 **Alaskan Bush People** The Browns begin an ambitious barn build, the key to Billy's grand vision, while Noah returns.
11.00 **Mountain Monsters** The rogue team finally emerge from the shadows.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Richard E Grant's Seven Deadly Sins** Greed.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Border Protection Spain**
9.00 **Air Crash Investigation**
10.00 **Seconds from Disaster**
11.00 **Lost Ships of WW2**
12.00 NOON **Hitler's Last Stand**
1.00 PM **Air Crash Investigation**
3.00 **Hidden Histories**
4.00 NEW SERIES **Lost Treasures of Rome** A lavish Pompeii villa preserved in time.
5.00 **Ice Road Rescue** Thord, Bjorn and Jo Roger dice with death.
6.00 **Nazi Megastructures** The German campaign across Tunisia, Libya and Egypt.

9.00 **Air Crash Investigation**

7.00 **Air Crash Investigation** The loss of Adam Air Flight 574, which vanished from radar screens and crashed into the Java Sea.
8.00 **Air Crash Investigation** Exploring the mysterious accident involving Arrow Air Flight 1285, a crash that killed 248 soldiers.
9.00 **Air Crash Investigation** A Boeing 737 crashes just moments after lifting off from an Algerian desert airport.
10.00 **Russia's Toughest Prisons** Documentary offering a never-before seen look inside three high security Russian prisons.
11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S** Restoring a year 2000 Ford Mondeo.
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Storage Wars**
7.50 **Rust Valley Restorers**
8.45 **Forged with Steele**
9.15 **Pawn Stars** Documentary.
10.10 **Storage Wars**
12.00 NOON **Beyond the Myth: The SS Unveiled**
1.00 PM **Ancient Aliens: Origins**
3.00 **The Proof Is Out There** Triple bill of editions, including at: **5.00** A caught-on-camera sighting of Chupacabra.
6.00 **American Pickers** Mike makes moves on a bonanza of rare signs and surfboards.

6.00 **American Pickers**

7.00 **Forged in Fire** The competitors are tasked with forging signature blades, but with a twist.
8.00 **Combat Trains** Auschwitz survivors explore the railways' part in the Nazis' plans to commit murder.
9.00 **Soviet Storm: WWII in the East** A look at the Soviet Air Force's sophisticated aircraft designs.
10.00 **Ancient Aliens: Origins** New edition Potential portals or wormholes connecting Earth to alien realms.
12.00 M'T **The Proof Is Out There** A film that might prove whether UFOs really exist. **12.55** AM A video showing a strange formation of lights.
1.50 **The Proof Is Out There**
2.50 **Soviet Storm: WWII in the East** As shown at 9.00pm.
3.40 **Combat Trains** As 8.00pm.
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Dark Horses: Italy's World Cup Triumph**
7.00 **Discovering: Bruce Willis**
8.00 **The Directors**
9.00 **I Am Alfred Hitchcock**
10.45 **Navajo Police: Class 57**
2.00 PM **I Am Patrick Swayze**
3.50 **My Icon: Linford Christie**
4.00 **Discovering: Bruce Willis**
5.00 **The Directors** The life and career of Nicolas Roeg.
6.00 **David Frost Vs** Recalling some of the journalist's most famous interviews, starting with the Beatles.

10.00 **Mommy Dead and Dearest**

7.00 **Kings from Queens: The Run DMC Story** Examining the impact of the death of Jam Master Jay in 2002.
8.00 **Tell Them You Love Me** Documentary exploring the story of esteemed university professor Anna Stubblefield's controversial affair with Derrick Johnson, a non-verbal man with cerebral palsy.
10.00 **Mommy Dead and Dearest: The Story of Dee Dee** Documentary exploring the murder of Dee Dee Blanchard.
11.40 **I Am Luke Perry** The life and career of the actor.
1.20 AM **FILM Dogtown and Z-Boys** Documentary about the Zephyr Skateboard Team, a group of Californian surfers. (2001, 15, 91min) ★★★
3.10 **Pantani: The Accidental Death of a Cyclist**
5.00 **to 6.00** AM **Discovering: Bruce Willis**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters: Mine SOS** Double bill.
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House**
9.00 **The Repair Shop** The team restore a coffee table, a wind-up panda and a coconut scraper. **10.00** The restorers get to work on a damaged brooch and a ragdoll.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

6.00 AM **Animal Cops Philadelphia**
7.00 **Forensic Detectives**
9.00 **Cops UK: Bodycam Squad** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Love, Honor, Betray** Butch Halley.
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Investigates** New edition
10.00 **The Friday the 13th Murders** Documentary.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Britain's Countryside Killers** Exploring the tragic murder of 18-year-old Lily Sullivan.
8.00 **48 Hours** New edition Reggie Reed wrestles with the question of who killed his mother.
9.00 **Storm of Suspicion** New edition Police think an expert shooter is responsible when Miriam Illes is killed.
10.00 **Prosecuting Evil with Kelly Siegler** When two girls are murdered, Houston acknowledges they have a gang problem.
11.00 **Bloodline Detectives**
1.00 AM **48 Hours**
2.00 **Storm of Suspicion**
3.00 **Prosecuting Evil with Kelly Siegler**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
10.45 **Teleshopping**
11.00 **48 Hours** Moriah Wilson.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Secrets of a Murder Detective** Some secrets in Julian Webb's 1994 murder. **3.00** Solving the death of Ayesha Ali.
4.00 **48 Hours** Ray Wright.
5.00 **Medical Detectives** A depressed heart surgeon commits suicide. **5.30** Police must find the identity of a woman's skull found in a lake. **6.00** CCTV footage of a murder proves too fuzzy to be of any use. **6.30** Police work to track down a gang.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Highway Cops**
8.00 **Britain's Longest Road**
9.00 **Brit Cops: Frontline Crime UK** Documentary.
10.00 **Police 24/7**
11.00 **World's Most Evil Killers**
12.00 NOON **What the Killer Did Next** Joy Morgan.
1.00 PM **Killer in My Village**
2.00 **Catching the Killer**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did...**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murders at the Boarding House**
12.30 AM **Police 24/7**
1.30 **What the Killer Did Next** Sabina Nessa.
2.30 **Murders That Shocked the Nation** Mary Bell.
3.30 **Murdered at First Sight**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Besieged Fortresses, Legendary Battles**
9.25 **Pandemic – The Flu That Killed 50 Million**
10.40 **Clearing the Air: The War on Smog**
11.55 **Mafia's Greatest Hits**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Besieged Fortresses, Legendary Battles**
2.50 **Pandemic – The Flu...**
4.00 **Clearing the Air: The War on Smog**
5.10 **Mafia's Greatest Hits**
6.15 **Besieged Fortresses, Legendary Battles**
7.20 **Pandemic – The Flu That Killed 50 Million**
8.40 NEW **Clearing the Air: The War on Smog** The residents of LA's struggle for clean air.
9.50 **Mafia's Greatest Hits**
10.50 **Besieged Fortresses, Legendary Battles**
12.00 M'T **Pandemic – The...**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Sky Nature

145 113/114 189 354 369

6.00 AM **Amazing Animal Friends**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Claws and Jaws**
9.00 **Hope for Wildlife**
10.00 **Great Blue Wild**
11.00 **Ningaloo: Australia's Ocean Wonder** Documentary.
12.00 NOON **Undiscovered Vistas**
1.00 PM **Monkey Life**
2.00 **Africa's Claws and Jaws**
3.00 **Hope for Wildlife**
4.00 **Great Blue Wild**
5.00 **Wildlife Icons**
6.00 **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Extraordinary Animals**
9.00 **Patrick Aryee's Wild World** Yellowstone National Park.
10.00 **Undiscovered Vistas** Utah's Zion National Park.
11.00 **Wildlife Icons**
12.00 M'T **Ningaloo: Australia's Ocean Wonder**
1.00 AM **Amazing Animal Friends**
2.00 **Extraordinary Animals**
3.00 **Patrick Aryee's Wild World**
4.00 **Africa's Claws and Jaws**
5.00 **to 6.00** AM **Hope for Wildlife**

Sky History 2

163/168 143 186

6.00 AM **Ultimate Mysteries**
7.00 **Life After People**
8.00 **What on Earth?**
9.00 **Secret Wars Uncovered**
10.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **Life After People**
6.00 **What on Earth?**
7.00 **Secret Wars Uncovered**
8.00 **Combat Ships** The World War Two Battle of Leyte Gulf.
9.00 **The Nostradamus Effect** The Egyptian prophecy of a comet hitting Earth in 2012.
10.00 **Secrets Declassified with David Duchovny**
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles**
3.00 **The Great British Dig: History in Your Back Garden**
4.00 **Ultimate Mysteries**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **NASA's Unexplained Files**
1.00 PM **Cooper's Treasure**
3.00 **How the Universe Works**
6.00 **How It's Made** Making oil lamps and chocolate mints.
6.30 Making a replica of a human skeleton.
7.00 The production of scuba lights and convertible sandals.
7.30 The production of wood windows and woven cashmere.
8.00 The development and production of gas barbecues.
8.30 How skateboards are manufactured and braided pastry are produced.
9.00 **The Dino Hunters** In Wyoming, Mike and his team continue excavating their triceratops site.
10.00 Clayton prepares to learn if his carnivore skeleton belongs to a T-Rex or Nanotyrannus.
11.00 **Tesla's Death Ray: A Murder Declassified** Double bill.
1.00 AM **How the Universe Works**
5.00 **to 6.00** AM **Cooper's Treasure**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Meet, Marry, Murder**
2.00 PM **Buried in the Backyard**
3.00 **Accident, Suicide or Murder?**
6.00 **The First 48** Documentary.
7.00 **Cold Case Files**
8.00 **Meet, Marry, Murder** New edition True crime studies.
9.00 **My Strange Arrest** New editions A man performs lewd acts with a mailbox slot.
9.30 A man gets undressed on a homeowner's doorstep.
10.00 **Court Cam** New editions A grieving father speaks out.
10.30 A woman flees the courtroom after being sentenced.
11.00 **Ozark Law** Documentary.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The First 48**
2.00 **Interrogation Raw**
3.00 **Homicide Hunter**
4.00 **Court Cam** Double bill.
5.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Last of the Giants: Wild Fish**
10.00 **World's Weirdest**
11.00 **America's National Parks**
12.00 NOON **Heartland Docs**
1.00 PM **Ultimate Airport Dubai**
2.00 **Lions: A Hunt for Survival**
3.00 **Bizarre Animal Friends**
4.00 **Secrets of the Zoo**
5.00 **Critter Fixers: Country Vets**
6.00 **Yukon Vet** Documentary.
7.00 **Secrets of the Zoo** The staff await the zoo's first giraffe birth in more than 20 years.
8.00 **Hostile Planet** Bear Grylls narrates footage of ocean-dwelling wildlife.
9.00 Bear narrates footage of mountain-dwelling wildlife.
10.00 **Alaska: The Next Generation** Chevie Roach looks to revive an old trapping cabin.
11.00 **Ice Road Rescue** Kristoffer and Erik perform a rush hour rescue.
12.00 M'T **Northwoods Survival**
1.00 AM **Africa's Deadliest**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Monster Fish**

Discovery History

174 147 181

7.00 AM **The Dinosaur Feather Mystery** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works**
1.00 PM **NASA's Unexplained Files**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **The Dinosaur Feather Mystery** Theories concerning the evolution of birds, explaining how feathered creatures can be traced back to winged dinosaurs.
9.00 **Secrets Underground** Rob Nelson investigates a potentially disastrous fault-line network.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **NASA's Unexplained Files**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
2.00 PM **Abandoned Engineering** A marooned ironclad structure off the coast of England.
3.00 An American prison for the violent and deranged with links to an infamous cult leader.
4.00 Forgotten relics from the defence of America's homeland.
5.00 **Sorry!** Triple bill.
7.00 **Sorry!** Timothy finally lands a date with his dream girl, but mother's meddling blackmail prompts him to stand her up.
7.40 Timothy gives his parents and girlfriend a house tour.
8.20 Muriel tells her brother to buy his own home.
9.00 Timothy is given a lucky charm, but soon discovers exactly who is shaping his destiny.
9.35 Ex-advertising executive Morris Codman practices a philosophy of selfishness.
10.20 **Sorry!** Sitcom.
5.35 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

ID

154 140 166

8.00 AM **Murder Chose Me**
9.00 **American Monster**
11.00 **Disappeared** Angel Garcia.
12.00 NOON **Evil Lives Here**
1.00 PM **American Monster**
3.00 **Disappeared** Macin Smith.
4.00 **Evil Lives Here**
5.00 **Forbidden: Dying for Love**
7.00 **Faking It: Tears of a Crime** A mother's disappearance.
8.00 The case of Paralympian Oscar Pistorius, who shot his girlfriend dead in 2013.
9.00 **American Monster: Abuse of Power** Examining the deaths of a pastors previous wives.
10.00 **Portals to Hell** Jack Osbourne and Katrina Weidman gain access to the Shanghai Tunnels of Portland, Oregon.
11.00 **Haunted Towns** Ghost hunters investigate a botched hanging in a Wyoming frontier town.
12.00 M'T **The Dead Files**
2.00 AM **Forbidden: Dying for Love**
4.00 **to 5.00** AM **Faking It: Tears of a Crime**

+1 hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Sewer Divers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Big**
1.00 PM **Roadworthy Rescues**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Sydney Harbour Patrol**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers** Double bill.
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars** Henry and Fuzz find a Mini Clubman racing car in Surrey.
9.00 **Kevin Hart's Muscle Car Crew** A discussion about stance and paint leads the Boyz to visit the Peterson Museum of LA.
10.00 **Sydney Harbour Patrol**
11.00 **Wheeler Dealers**
12.00 M'T **Shed and Buried: Classic Cars** As shown at 8.00pm.
1.00 AM **Richard Hammond's Big**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Xeno** (2025, 15) ★★★
7.50 **PREMIERE I Know What You Did Last Summer** As 8.00pm.
9.50 **King Ivory** As 11.45pm.
12.10 PM **The Cut** Sports thriller. (2024, 12, 99min) ★★★
2.00 **M3GAN 2.0** Thriller sequel. (2025, 15, 120min) ★★★
4.10 **How to Train Your Dragon** Fantasy with Mason Thames. (2025, PG, 125min) ★★★★
6.25 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★

8.00 I Know What You Did...

8.00 **PREMIERE I Know What You Did Last Summer** Horror reboot starring Madelyn Cline. A group of friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bone Lake** Comedy thriller starring Alex Roe. A couple's holiday is upended when they're forced to share a mansion with a mysterious couple. (2024, 18, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **King Ivory** Crime thriller starring James Badge Dale. (2024, 15, 140min)
2.05 AM **Neighborhood Watch** Thriller starring Jeffrey Dean Morgan. (2025, 15, 92min)
3.45 **Reckless** Action comedy. (2026, 15, 105min)
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Adventure

303 303 403 503 517

7.40 AM **Men in Black II** Comedy sequel. (2002, PG) ★★★
9.20 **A Minecraft Movie** Fantasy. (2025, PG, 101min) ★★★
11.10 **How to Train Your Dragon**
1.25 PM **Men in Black 3** Comedy sequel. (2012, PG) ★★★★
3.25 **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101min) ★★
5.10 **The Hobbit: The Desolation of Smaug** Adventure sequel. (2013, 12, 161min) ★★★★

5.10 The Hobbit: Desolation...

8.00 **The Hobbit: The Battle of the Five Armies** Fantasy adventure sequel starring Martin Freeman, Richard Armitage, Ian McKellen and Luke Evans. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **How to Train Your Dragon** Adventure starring Mason Thames. A young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Teenage Mutant Ninja Turtles** As shown at 3.25pm.
2.35 **Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel. (2016, 12, 112min) ★★★
4.30 **to 6.20** AM **Bookworm** Comedy starring Elijah Wood. (2024, 12, 103min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.05 AM **The Bodyguard** (1992)
8.15 **Jackie** As shown at 3.50am.
10.00 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
12.15 PM **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
1.55 **Two Mules for Sister Sara** Comedy starring Clint Eastwood. (1969, 15, 114min) ★★★
3.55 **Escape to Victory** War drama. (1981, PG, 111min) ★★

5.55 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
8.00 **Dunkirk** Christopher Nolan's drama with Kenneth Branagh. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
9.50 **Empire of the Sun** Drama starring Christian Bale as a young boy who learns to survive in a Japanese internment camp. (1987, PG, 152min) ★★★★

12.25 AM **The Brutalist** Drama starring Adrien Brody, Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
3.50 **Jackie** Biopic starring Natalie Portman as Jacqueline Kennedy. (2016, 15, 100min) ★★★★
5.40 **to 7.25** AM **Quartet** As 12.15pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **If You Were the Last** (2023)
8.10 **Jules** As shown at 2.00am.
9.50 **Lovely, Dark, and Deep** (2023)
11.25 **The Lost Boys** Horror with Corey Haim. (1987, 15, 98min) ★★★★
1.05 PM **The Accursed** Horror. (2022, 15, 90min) ★★
2.50 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
4.35 **A Quiet Place** Horror with Emily Blunt. (2018, 15, 90min) ★★★★

6.15 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
8.00 **Mickey 17** Comedy starring Robert Pattinson. In 2054, a criminal agrees to be reprinted every time he perishes. (2024, 15, 137min) ★★★
10.30 **Evolution** Comedy with David Duchovny. A meteor lands in the desert, bringing with it an alien life form that begins to evolve at an astonishing rate. (2001, PG, 101min) ★★★★

12.20 AM **If You Were the Last** Comedy. (2023, 15) ★★★★
2.00 **Jules** Drama with Ben Kingsley. (2023, 12, 87min) ★★★
3.40 **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
5.15 **to 6.50** AM **Gator Creek** Horror thriller. (2025, 15, 87min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **Grow** Fantasy comedy. (2025, PG, 107min) ★★★★
8.55 **Look Who's Talking Too** Comedy sequel starring Kirstie Alley. (1990, 12, 77min) ★
10.30 **Paul Blart: Mall Cop** (2009)
12.10 PM **Paul Blart: Mall Cop 2**
1.50 **Sonic the Hedgehog 3**
3.50 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
6.00 **E.T. The Extra Terrestrial** Steven Spielberg's fantasy. (1982, U, 114min) ★★★★★

6.00 E.T. The Extra Terrestrial

8.00 **Paul Blart: Mall Cop** Comedy starring Kevin James and Jayma Mays. An overweight security guard becomes an unlikely hero when a gang target his mall's bank and takes the staff hostage. (2009, PG, 91 min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Journey to the Center of the Earth** Adventure starring Brendan Fraser. A trio of explorers encounter terrifying creatures after they stumble upon a passage to the centre of the Earth. (2008, PG, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
1.10 AM **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
2.50 **E.T. The Extra Terrestrial**
4.50 **to 6.35** AM **Breaking Point** Drama. (2023, 12) ★★★

Sky Cinema Action

307 307 407 507 521

6.40 AM **The Patriot** Period drama. (2000, 15, 167min) ★★★
9.30 **Morbius** (2022, 12) ★★
11.15 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
1.35 PM **Godzilla x Kong: The New Empire** Fantasy sequel. (2023, 12, 115min) ★★★
3.30 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
5.40 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★

9.55 Venom: The Last Dance

8.00 **The Meg** Action thriller starring Jason Statham, Li Bingbing and Rainn Wilson. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Venom: The Last Dance** Fantasy adventure sequel starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Uncharted** Fantasy with Tom Holland and Mark Wahlberg. (2022, 12, 116min) ★★★
1.45 AM **Yes, Madam!** Comedy. (1985, 18, 93min) ★★★
3.25 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
5.40 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.05 AM **It's Complicated** (2009)
8.10 **Dumb and Dumberer: When Harry Met Lloyd** (2003, 12) ★
9.50 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
11.40 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
1.40 PM **Hope Springs** Comedy. (2012, 12, 98min) ★★★
3.30 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
5.45 **Love Actually** Comedy. (2003, 15, 135min) ★★★

8.00 Ted

8.00 **Ted** Comedy starring Mark Wahlberg and Mila Kunis. A 35-year-old Boston slacker's best friend is the stuffed teddy bear who magically came to life when he was an eight-year-old boy. (2012, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Ted 2** Comedy sequel starring Mark Wahlberg and Amanda Seyfried. The foul-mouthed talking teddy fights a court case for the right to be legally recognised as a person. (2015, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Jackass: The Movie** Slapstick comedy. (2002, 18, 87min) ★
1.20 AM **Jackass Number Two** Slapstick comedy sequel. (2006, 18, 92min) ★★
2.55 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.35 **The Cinema List: Bingeable**
5.00 **to 6.50** AM **Gremlins** Horror. (1984, 12, 106min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **The Thicket** As 12.25am.
8.10 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
10.15 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
12.25 PM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
2.25 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
4.20 **Dirty Harry** Crime thriller. (1971, 15, 103min) ★★★★★
6.15 **Black Bag** Espionage thriller. (2024, 15, 94min) ★★★★

10.05 A Clockwork Orange

8.00 **Collateral** Crime thriller starring Tom Cruise and Jamie Foxx. A ruthless contract killer chooses an unwilling LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **A Clockwork Orange** Futuristic satire starring Malcolm McDowell and Patrick Magee. In the near future, a violent young thug is arrested and reconditioned using a revolutionary form of mind control. (1971, 18, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Thicket** Drama starring Peter Dinklage. (2024, 15, 108min) ★★★
2.20 **Dirty Harry** As 4.20pm.
4.10 **to 6.00** AM **American Star** Thriller starring Ian McShane. (2023, 15, 107min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Comancheros** Western. (1961, PG) ★★★
1.10 PM **Sea Wife** Romantic drama. (1957, PG, 82min) ★★
2.50 **Drums Along the Mohawk** John Ford frontier adventure. (1939, PG, 103min) ★★★
5.00 **The Mark of Zorro** Adventure. (1940, b/w, U, 94min) ★★★★
6.50 **Men in Black: International** Fantasy comedy sequel. (2019, 12, 110min) ★★★

9.00 The Last Stand

Men in Black: International (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Last Stand** Action thriller starring Arnold Schwarzenegger. An Arizona sheriff and his deputies try to stop a Mexican drug kingpin escaping over the border. With Forest Whitaker and Johnny Knoxville. (2012, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Warlock** Horror fantasy starring Julian Sands. A devil-worshipping warlock escapes execution in the 16th century by travelling to Los Angeles in 1988. (1988, 15, 102min) ★★
1.15 **to 3.15** AM **Happy Death Day 2U** Horror comedy sequel starring Jessica Rothe, Israel Broussard and Phi Vu. (2019, 15, 100min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Cult Classics

302 302 402 502 516

6.55 AM **The Lawnmower Man**
9.20 **Pitch Black** Sci-fi horror. (1999, 15, 108min) ★★★★
11.10 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
12.45 PM **Mad Max 2** Thriller sequel. (1981, 18, 95min) ★★★★
2.25 **Mad Max Beyond Thunderdome** Action thriller sequel starring Mel Gibson. (1985, 15, 107min) ★★★
4.15 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
6.15 **10 Cloverfield Lane** Thriller with Mary Elizabeth Winstead. (2016, 12, 103min) ★★★★
8.00 **Cloverfield** Offbeat disaster movie starring Lizzy Caplan, TJ Miller and Michael Stahl-David. (2007, 15, 81min) ★★★
9.40 **28 Days Later** Horror starring Cillian Murphy. A small group of people struggle to survive when a deadly virus devastates the UK. (2002, 18, 113min) ★★★★
11.40 **Pulp Fiction** Quentin Tarantino's crime comedy with Bruce Willis. (1994, 18, 154min) ★★★★★
2.15 AM **From Dusk Till Dawn** Horror. (1995, 18, 108min) ★★★★
4.05 **to 6.30** AM **The Lawnmower Man** Thriller with Pierce Brosnan. (1992, 15, 105min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **...And Justice for All** Black comedy. (1979, 15, 119min) ★★★
9.25 **Amadeus** Peter Shaffer's drama. (1984, PG, 158min) ★★★★★
12.10 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
2.35 **Alfie** Comedy with Michael Caine. (1966, 15, 114min) ★★★★
4.35 **Shirley Valentine** Comedy. (1989, 15, 108min) ★★★★
6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Police comedy sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
10.55 **Police Academy** Comedy starring Steve Guttenberg. (1984, 15, 95min) ★★★
12.35 AM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
2.05 **Police Academy 3: Back in Training** Comedy. (1986, PG) ★
3.35 **Blue Hawaii** Elvis Presley musical. (1961, PG, 103min) ★★
5.20 **to 8.05** AM **Hatari!** (1962) ★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** As 3.55am.
8.05 **Super Charlie** As 11.15pm.
9.35 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
11.10 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
12.50 PM **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
2.10 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
4.00 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
5.50 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
7.35 **Despicable Me 4** Animated sequel with the voice of Steve Carell. (2024, U, 94min) ★★★
9.25 **Monsters vs Aliens** Animated sci-fi comedy adventure. (2009, PG, 90min) ★★★
11.15 **Super Charlie** Family animation. (2025, PG, 82min)
12.50 AM **10 Lives** Animated comedy. (2024, U, 98min) ★★★
2.20 **Penguins of Madagascar** Animation. (2014, U) ★★★★
3.55 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
5.30 **to 7.20** AM **Monsters vs Aliens**

Movies 24

312 313 419

7.00 AM **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
9.00 **A Match In Manhattan** Drama. (2024, PG, 90min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
3.00 **Mystery Island: Play for Keeps** Drama with Elizabeth Henstridge. (2025, PG, 90min) ★★
5.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
7.00 **The Love Hunt** Comedy starring Scout Taylor-Compton. A real estate executive discovers her inheritance from her father depends on finding lost treasure. (2023, PG, 89min) ★★
9.00 **A Paris Proposal** Comedy starring Alexa PenaVega. Two work colleagues are mistaken for a couple and must keep up the pretence for a client's benefit. (2023, PG, 84min) ★★
11.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
1.00 AM **Mystery Island: Winner Takes All** Drama. (2025, PG) ★★
3.00 **to 5.00** AM **Love's Fast Lane** Drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman**
6.30 **Cinebox Memories**
6.35 **Mrs Mike** Romantic drama. (1949, b/w, PG, 99min) ★★
8.30 **The Black Tent** Romantic adventure. (1956, U, 93min) ★★
10.20 **The Wrong Arm of the Law** Comedy starring Peter Sellers. (1962, b/w, U, 94min) ★★★★
12.10 PM **Scotland Yard** 32/39. (S1)
12.45 **Never Back Losers** 6/11. (S2)
1.55 **Lord Jim** Seafaring adventure. (1965, PG, 154min) ★★
4.55 **Cinebox Memories**
5.00 **Shadow of Fear** Spy thriller. (1963, b/w, U, 63min) ★★
6.10 **Green for Danger** Comedy. (1946, b/w, PG, 91min) ★★★★
8.00 **Z Cars** 26/31. (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **Supernatural** 2/8. (S1)
10.05 **Cellar Club with Caroline Munro**
10.10 **Messiah of Evil** Horror thriller. (1973, 18, 89min) ★★
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Hammer House of Mystery and Suspense** (S1)
1.35 **Meet John Doe** Comedy drama. (1941, U, 123min) ★★★★
4.05 **The Fall of the House of Usher** Horror. (1950, b/w, PG) ★★
5.25 **Hardy Victim De Laurel**
5.30 **to 6.00** AM **Out of Town**

FRIDAY Sport

20 February

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE LPGA Tour Golf** Day two of the Honda LPGA Thailand at Siam Country Club.
8.00 **Sky Sports Breakfast**
10.00 **LIVE DP World Tour Golf** Day two of the Magical Kenya Open at Karen Country Club in Nairobi.
1.00 PM **LIVE Men's T20 World Cup Australia v Oman.** Coverage of the Group B match from Pallekele International Cricket Stadium in Kandy, as the group stage of the tournament comes to an end.
5.00 **LIVE WTA & ATP Tennis** Coverage from Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
7.30 **LIVE EFL Blackburn Rovers v Preston North End.** Coverage of the Championship match at Ewood Park. Kick-off is at **8.00pm**.
10.30 **LIVE PGA Tour Golf** Day two of the Genesis Invitational staged at the Riviera Country Club.
1.00 AM **Sky Sports News**
3.30 **to 6.00** AM **LIVE LPGA Tour Golf** Day three of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Transfer 360** Double bill.
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday** Roman Kemp hosts the Premier League weekend preview show.
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show** Analysis.
8.30 **Premier League Stories** The journey of former Leicester City forward Shinji Okazaki.
9.00 **Premier League Preview** A look ahead to the weekend's matches.
9.30 **The Big Interview** An interview with a Premier League personality.
10.00 **Fantasy Show** The latest Fantasy Premier League advice.
10.30 **Premier League Stories**
11.00 **Premier League Years** A look at memorable moments from the 2007/08 season.
1.00 AM **PL Retro** Arsenal v Tottenham Hotspur from 2008.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2009/10**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2018/19 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Round-Up**
2.15 **SPFL Highlights**
2.45 **EFL Highlights** Championship.
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights**
6.00 **Scottish Football VAR Review**
6.30 **EFL Highlights** Championship.
7.30 **LIVE EFL Blackburn Rovers v Preston North End.** Coverage of the Championship match staged at Ewood Park. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights**
11.00 **Old Firm Derby Best Goals**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **There's Only One Sauzee**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Men's T20 World Cup**
1.00 PM **LIVE Men's T20 World Cup Australia v Oman.** Coverage of the Group B match from Pallekele International Cricket Stadium, Kand, as the group stage of the tournament ends. After this game the top two teams from each of the groups goes into the Super 8 stage, which then splits the remaining eight teams into two groups of four.
5.00 **Best of ICC WT20** India v Pakistan in the 2007 final.
5.15 **Best of England v South Africa** Action from the 2011 Cricket World Cup Group B match.
5.30 **Best of ICC WT20** Highlights of England v India at Lord's in 2009.
5.45 Action from England v Australia in the 2010 final.
6.00 **Men's T20 World Cup**
8.30 **Men's T20 World Cup** Action from Australia v Oman in Kandy.
9.00 India v Pakistan.
9.30 Highlights from South Africa v United Arab Emirates.
10.00 Australia v Oman.
10.30 Afghanistan v Canada.
11.00 England v West Indies.
12.00 M'T **to 6.00** AM **Men's T20 World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **LIVE LPGA Tour Golf** Day two of the Honda LPGA Thailand staged at Siam Country Club.
8.00 **Ladies European Tour Golf**
9.00 **HotelPlanner Tour Golf**
9.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
10.00 **LIVE DP World Tour Golf** Day two of the Magical Kenya Open at Karen Country Club in Nairobi.
3.00 PM **TGL Bitesize**
3.15 **LIVE PGA Tour Golf** Coverage of the second day of the Genesis Invitational at Riviera Country Club in Pacific Palisades, California.
1.00 AM **The Open – Official Films**
2.00 **PGA Tour Golf**
3.00 **Chronicles of a Champion Golfer** A profile of Nick Faldo.
3.30 **to 6.00** AM **LIVE LPGA Tour Golf** Day three of the Honda LPGA Thailand at Siam Country Club.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA Tennis** Doha Open review.
11.00 **WTA & ATP Tennis**
1.00 PM **LIVE WTA Tennis** Coverage of the semi-finals on day six of the Dubai Tennis Championships held at Aviation Club Tennis Centre.
4.30 **LIVE WTA & ATP Tennis** Coverage of the Tours, including the ATP Doha Open, WTA Dubai Tennis Championships, ATP Rio Open and ATP Delray Beach Open.
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
6.45 **Myles Rowe and His Camera**
6.50 **LIVE Formula 1** Coverage of the first session of the sixth day of pre-season testing in Bahrain.
11.05 **F1 Feature**
11.20 **Formula 1** Abu Dhabi Grand Prix.
11.40 **F1 Features**
11.55 **LIVE Formula 1** Coverage of the second session of the sixth day of pre-season testing.
4.10 PM **Story of the 2025 Season**
4.20 **Lando Norris's Career**
4.30 **PL Greatest Games**
5.00 **NRL** The Grand Final.
6.00 **Premier League Darts**
10.00 **Gerwyn Price: Welsh Glory**
10.30 **The Greatest Leg – 2023 Final**
11.00 **One Championship Weekly**
11.30 **PL Greatest Games**
12.00 M'T **Formula 1** Highlights.
2.00 AM **PGA Tour Golf**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **ATP & WTA Tennis**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **F1 Feature**
6.15 **Testing Wrap**
6.45 **Myles Rowe and His Camera**
6.50 **LIVE Formula 1** Coverage of the first session of the sixth day of pre-season testing in Bahrain.
11.05 **F1 Feature**
11.20 **Formula 1** Abu Dhabi Grand Prix.
11.40 **The Story of the 2025 Season**
11.50 **F1 Explained: Pit Lane Battle**
11.55 **LIVE Formula 1** Coverage of the second session of the sixth day of pre-season testing.
4.10 PM **Story of the 2025 Season**
4.20 **Lando Norris's Career**
4.30 **Formula 1** Highlights.
7.00 **Ted's Notebook**
7.45 **Carlos Sainz & the Lie Detector**
8.00 **Testing Wrap**
8.30 **Formula 1** Season highlights.
9.00 **Testing Wrap**
9.30 **Formula 1** Highlights.
11.30 **Testing Wrap**
12.00 M'T **to 6.00** AM **The Best of F1**

TNT Sports 1

410 413 521 408 430

6.00 AM **Ally's Social Club**
8.30 **Men's Cycling** Highlights.
11.30 **LIVE Cycling** Coverage from the fifth stage of the men's UAE Tour.
1.00 PM **LIVE Men's Cycling Pro Series** Coverage from the third Stage of the Tour of Andalucia.
3.00 **LIVE Men's Cycling Pro Series** Coverage from the third stage of the Tour of Algarve.
5.00 **Football** Highlights and features.
7.30 **LIVE PREM Rugby Cup Gloucester Rugby v Sale Sharks.** Coverage of the Pool A match staged at Kingsholm Stadium. Kick-off is at **7.45pm**.
10.00 **UEFA Champions League**
10.30 **Premier League Preview**
11.00 **Premier League: Big Interview**
11.30 **The Fantasy Show**
12.00 M'T **WRC Review** Rally Sweden.
1.00 AM **PREM Rugby Cup**
2.00 **Premier League Preview**
2.30 **The Fantasy Show**
3.00 **Isuzu UTE A-League**
4.00 **to 6.00** AM **LIVE Isuzu UTE A-League Wellington Phoenix v Auckland FC.** Coverage of the Australian top-flight match at Sky Stadium in Wellington. Kick-off **4.00am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Olympic Games**
8.00 **Buongiorno Milano**
9.00 **LIVE Winter Olympic Games – Freestyle Skiing** Coverage from qualifying for the women's ski cross at Livigno Snow Park.
10.00 The 14th day in Italy.
10.45 **Freestyle Skiing** Coverage of the women's ski cross final staged at Livigno Snow Park.
12.30 PM **Curling** Coverage from the first semi-final of the women's curling staged at Cortina Curling Olympic Stadium.
4.00 Further day 14 coverage.
5.00 Coverage of the first heat of the 2-woman bobsleigh staged at Cortina Sliding Centre.
6.15 **Freestyle Skiing** Coverage from the men's freeski halfpipe final at Livigno Snow Park.
8.00 **Ice Hockey** Coverage from the first semi-final of the men's ice hockey at Milano Santagiulia Ice Hockey Arena.
10.45 **Ciao Cortina** The latest news.
11.15 **Athletes to Watch**
11.30 **Winter Olympic Games**
3.30 AM **Ciao Cortina**
4.00 **to 6.00** AM **Winter Olympic Games**

Sky Sports Action

412 410 517 507 426 446

6.00 AM **Super League Highlights**
7.00 **LIVE NRL New Zealand Warriors v Dolphins.** The pre-season match from Sydney. Kick-off **7.00am**.
9.00 **My Icon** Shaun Gayle.
9.10 **LIVE NRL Wests Tigers v Penrith Panthers.** The pre-season match from Leichhardt Oval. Kick-off **9.10am**.
11.15 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **NBA Basketball**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.30 **NFL Highlights**
5.30 **NBA Basketball**
7.30 **LIVE Super League Bradford Bulls v Catalans Dragons.** Coverage of the top-flight match from Bartercard Odsal Stadium. Kick-off **8.00pm**.
11.00 **NFL Highlights**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
3.45 **Super League Highlights**
4.30 **My Icon** Sporting influences.
4.50 **to 6.50** AM **LIVE NRL Cronulla-Sutherland Sharks v Canberra Raiders.** From Polytec Stadium. Kick-off **4.50am**.

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast** The latest headlines and reports.
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
1.00 PM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
7.30 **LIVE Super League Bradford Bulls v Catalans Dragons.** Coverage of the top-flight match from Bartercard Odsal Stadium, as the hosts play their first home game back in the top flight of English rugby since 2014. The Bulls are playing in the Super League thanks to an off-season expansion which also saw Toulouse Olympique and York Knights added to the 2026 top-flight season. Kick-off **8.00pm**.
10.15 **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the WTA Dubai Tennis Championships, ATP Doha Open, ATP Rio Open and ATP Delray Beach Open.
3.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Europa League & Conference League Highlights**
7.00 **Discovery Golf**
7.30 **Serie A – Full Impact**
8.00 **Isuzu UTE A-League Highlights**
8.30 **LIVE Isuzu UTE A-League** Adelaide United v Perth Glory.
10.30 **European Football Highlights**
1.15 PM **Inside Serie A**
1.45 **UEFA Europa League**
2.45 **UEFA Conference League**
3.15 **LIVE Winter Olympic Games – Ice Hockey** Men's semi-final.
5.45 **Curling** Men's match.
9.00 **The Fantasy Show**
9.30 **Ultimate Pool** Recent action.
11.00 **LIVE World Superbikes** Third Superbike free practice session at Phillip Island Grand Prix Circuit.
11.30 **Superbike Rewind**
1.45 AM **LIVE World Superbikes** The Superbike Superpole session.
2.30 **Superbike Rewind**
3.15 **to 6.00** AM **LIVE World Superbikes** From Australia.

TNT Sports 4

414 416 524 411 434

6.00 AM **Highlights**
8.45 **LIVE V8 Supercars Championship** Sydney 500.
10.15 **T20 International Cricket**
11.15 **Rolex SailGP Championship**
12.15 PM **Discovery Golf**
12.45 **LIVE Winter Olympic Games – Biathlon** Men's mass start.
2.15 **Curling** Women's semi-final.
3.15 **Speed Skating** Coverage from the women's 1,500m.
5.15 **Bobsleigh** The first heat of the 2-woman bobsleigh.
6.00 **Winter Sports**
6.45 **LIVE Winter Olympic Games – Bobsleigh** The second heat.
7.45 **Short Track Speed Skating** Coverage from day six.
9.45 **TNT Sports Reload**
10.00 **Men's Cycling** Highlights.
1.00 AM **Highlights**
5.30 **to 7.30** AM **LIVE A-League Women** Canberra United v Western Sydney Wanderers. K-o **5.30am**.

Premier Sports 1

419 551

6.00 AM **Football** Highlights.
9.00 **NASCAR Highlights**
10.00 **Swedish Hockey League**
12.00 NOON **NHL: This is Hockey**
12.30 PM **Football** Highlights.
1.30 **LaLiga Match Highlights**
2.00 **Temples of Sport**
2.30 **Women's Football Weekly**
3.00 **Top 14 Rugby Union**
3.30 **Eredivisie Highlights**
4.25 **The Rugby Pod**
5.55 **World of FreeSports**
6.25 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Athletic Bilbao v Elche.** From San Mames. Kick-off **8.00pm**.
10.00 **Sporting Greats**
10.30 **Africa Eco Race** Motorsports.
10.45 **LaLiga Match Highlights**
10.55 **LIVE Argentine Primera Boca Juniors v Racing Club.**
1.00 AM **Women's Football Weekly**
1.30 **World of FreeSports**
2.00 **Swedish Hockey League**
4.00 **to 6.00** AM **Brasileiro Serie A**

Premier Sports 2

420 552

6.00 AM **Coppa Italia** Another chance to see Napoli v FC Como.
8.00 **Football's Greatest**
9.00 **Top 14 Rugby Union** A replay of Bordeaux Begles v Castres.
11.00 Perpignan v Pau.
1.00 PM **Temples of Sport** Iconic sporting venues around the globe.
2.00 **LaLiga** A match replay.
4.00 **Football's Greatest**
5.00 **LaLiga** Real Sociedad v Getafe.
7.00 **Football's Greatest** The finest players discuss their careers.
8.00 **German Cup** A chance to see Bayern Munich v RB Leipzig.
10.00 **Football's Greatest** History's finest players discuss their careers.
11.00 **Elite Ice Hockey League** Glasgow Clan v Manchester Storm.
1.00 AM **NHL: This is Hockey** The growth of ice hockey in Brazil.
1.30 **NASCAR O'Reilly Series** Action from the latest round of the season in Daytona.
4.30 **to 6.00** AM **Motorsport**

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

BBC iPLAYER Rafi the Wishing Wizard

Weekdays, 5.30pm, CBeebies & BBC iPlayer

Hold onto your brooms, there's a new magical personality in the CBeebies House! Say hello to seven-year-old Rafi, a young wizard who, along with her dads Dash and Jake, is here to bring some chaos and comedy to our afternoons.

Each magical episode follows Rafi on her adventures as she decides how to use her one wish a day. We're predicting this will quickly become a favourite watch.

NETFLIX Over the Moon

Available now, Netflix

This animated film from 2020 is a hidden gem on Netflix but with the Year of the Horse cantering in on Tuesday, it makes perfect Lunar New Year viewing.

The gorgeous musical follows Fei Fei, a young Chinese girl who builds a rocket to the moon to prove that the legendary Moon Goddess is real. With a voice cast featuring a mix of Broadway stars and well-known actors (including *Hamilton*'s Phillipa Soo, Ken Jeong and Sandra Oh), you're sure to recognise a few voices!

More great shows to watch this week...

King Tweety

Sun, Wed & Fri, 5pm, Boomerang

Looney Tunes fans will love this 2022 adventure in which Tweety Pie learns he's the heir to the royal bird kingdom, and heads to the Canary Islands (of course!), with Sylvester and Granny for company.

Blue Peter

Friday 6pm, CBBC & BBC iPlayer

We're in for a treat as the queens from *Six the Musical* perform a show-stopping number. Plus, a behind-the-scenes look at *The Next Step* tour, and Abby meets the animals down on JB Gill's farm.

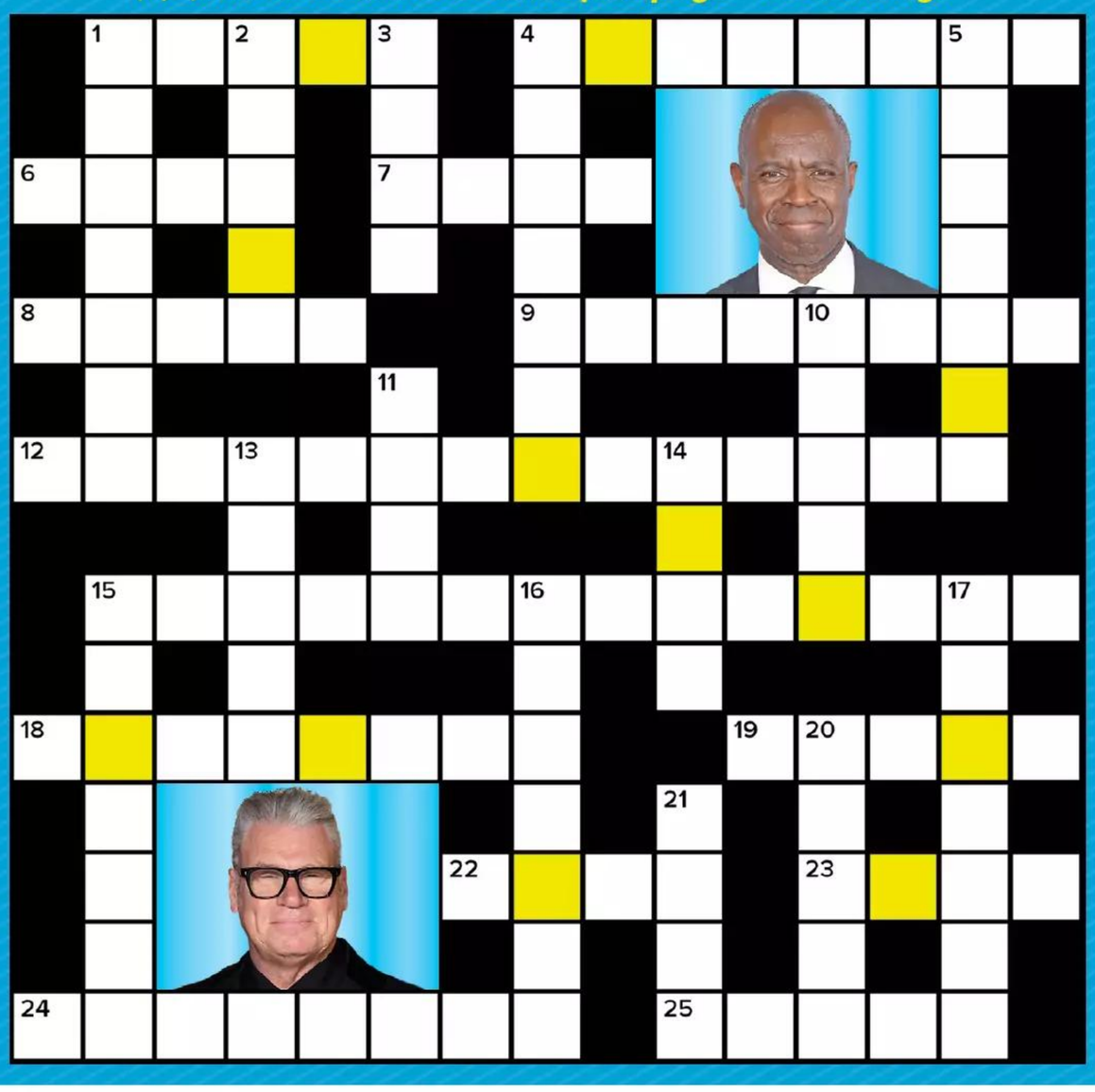
The Creature Cases

Available now, Netflix

There's a new chapter in the animated adventure series, with agents Kit Casey and Sam Snow travelling the world to solve mysteries.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a Scottish comedian (4,8). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: *Mastermind* host since 2021, Clive ----- (5)
4 First part of the Narnia series, *The Lion, the Witch and the* -------- (8)
6 Brand name of the gadgets used by Wile E Coyote (4)
7 C4 sketch show with Doon Mackichan, *Smack the* ---- (4)
8 Jennifer -----, American singer, songwriter and actor (5)
9 Heather --------, played Sammy Jo Carrington in *Dynasty* (8)
12 Played Pam Shipman in sitcom *Gavin & Stacey* (6,8)
15 Starred as Hercule Poirot in the 2022 film *Death on the Nile* (7,7)
18 Actor who plays Evan in *Keeping Faith*, Bradley ---- (8)
19 Alexei -----, played the Russian landlord in *The Young Ones* (5)
22 ---- Bailey, winner of *Strictly Come Dancing* in 2020 (4)
23 Kit Harington's role in *Game of Thrones*, Jon ---- (4)
24 Taylor Swift album (8)
25 Star of TV drama *Gossip Girl*, ----- Lively (5)

DOWN

1 Singer on The Pogues' hit from 1987 *Fairytale of New York*, Kirsty ------- (7)
2 *Big Little Lies* and *The Morning Show* actor, ----- Witherspoon (5)
3 Played Dr Eric Foreman in medical drama *House*, Omar ---- (4)
4 Star of James Cameron's 1998 film *Titanic*, Kate ------- (7)
5 BBC daytime challenge show, ------- *Hunt* (7)
10 Liz -----, Tina Fey's character in sitcom *30 Rock* (5)
11 ---- *in a Lifetime*, 1981 hit for American band Talking Heads (4)
13 1999 film with Bruce Willis and Haley Joel Osment, *The Sixth* ----- (5)
14 Holly ----, played Dr Frankie Wharton in *Waking the Dead* (4)
15 See picture clue: Film critic and TV presenter Mark ------- (7)
16 Isabel -------, plays Victoria Sugden in *Emmerdale* (7)
17 Adam Sandler comedy film released in 1996, *Happy* ------- (7)
20 ----- Tyler, US talk-show host and actor (5)
21 David Fincher movie from 1999 starring Brad Pitt, *Fight* ---- (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, NETFLIX.

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Coming soon

Tanya Reynolds and Jason Sudeikis

Ted Lasso

Jason Sudeikis is back on the pitch in the football comedy

FIRST LOOK

It's all kicking off as award-winning comedy *Ted Lasso* returns for a fourth series on Apple TV.

The new run, airing this summer, finds one-time American college-football coach Ted (Jason Sudeikis) heading back to Richmond upon Thames in London after spending time in his native Kansas City. But following his stint coaching UK Premier League men's team AFC Richmond – AKA the Greyhounds – he is now overseeing the training of a second-division women's squad, who face big challenges as they try to climb the ranks.

Sudeikis and co-star Waddingham

STAR PLAYERS

Hannah Waddingham reprises her role as AFC Richmond's owner Rebecca Welton, alongside Juno Temple as PR guru Keeley Jones, Brett Goldstein as player turned coach Roy Kent, Brendan Hunt as coach Willis Beard, and Jeremy Swift as Director of Football Operations Leslie Higgins.

Meanwhile, new faces this time around include Tanya Reynolds, Jude Mack, Faye Marsay, Rex Hayes, Aisling Sharkey, Abbie Hern and Grant Feely.

'As we all continue to live in a world where so many factors have conditioned us to "look before we leap", in Season 4 the folks at AFC Richmond learn to leap before they look,' teases Sudeikis, who also executive produces the show, 'discovering that wherever they land, it's exactly where they're meant to be.'

WHAT'S NEXT FOR...

Anjli Mohindra

In ITV1's six-part legal thriller **Saviour**, the actor will portray solicitor Indy, who must defend a young man, Ben (Archie Fisher), accused of murder. Aidan Gillen plays Ben's police-officer father Eddie.

Joe Sugg

The YouTuber and his partner, *Strictly* pro Dianne Buswell, will host Sky History series **Raiders of the Lost Crafts**, in which the couple travel around the UK learning about vanishing trades and restoring items.

Solly McLeod

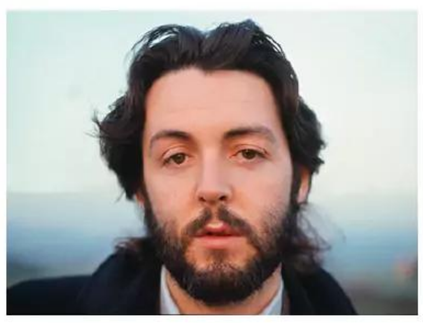
C4's four-part drama **Careless** sees the actor as a Scottish backpacker who heads to Sydney and becomes the carer for a rock star (Richard Roxburgh) living with multiple sclerosis, but danger ensues.

Coming Back

The fourth run of BBC1's Belfast-set crime drama **Blue Lights**, starring Sian Brooke as response officer Grace Ellis, will feature the return of murdered cop Gerry Cliff (Richard Dormer, right) for an episode exploring the past.

Next week

On sale Tuesday 17 February



Man on the Run

Prime Video's documentary showcases Sir Paul McCartney's post-Beatles career.

Dirty Business

C4's drama with Jason Watkins explores the potential scandal involving polluted waterways.

The Lady

Mia McKenna-Bruce headlines ITV1's drama about ex-royal dresser and killer Jane Andrews.

Paradise

Xavier (Sterling K Brown) makes some new discoveries in the return of Disney+'s thriller.

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